

Middle School Entry Survey

Page description:

Sexual Risk Avoidance Education Program (SRAE) Participant Entry Survey - 8th Grade

Thank you for your help with this important study. This survey includes questions about your family, friends, school, and also your attitudes and behaviors. Your name will not be on the survey and your responses will remain private to the extent permitted by law. We want you to know that:

1. Your participation in this survey is voluntary.
2. We hope that you will answer all of the questions, but you may skip any questions you do not wish to answer.
3. The answers you give will be kept private to the extent permitted by law.

1. How old are you?

10
11
12
13
14
15
16

2. What grade are you in? (If you are currently on vacation or in summer school, indicate the grade you will be in when you go back to school.)

5th
6th
7th
8th
9th
My school does not assign grade levels.
I am not currently enrolled in school.

3. When you are at home or with your family, what language or languages do you usually speak? MARK ALL THAT APPLY.

English

Spanish

Other (please specify)

*

4. Are you Hispanic or Latino?

Yes

No

5. What is your race? MARK ALL THAT APPLY.

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White or Caucasian
- Other (Please specify)

*

6. What is your sex?

- Male
- Female

7. Are you currently....? MARK ALL THAT APPLY.

- Living with family [parent(s), guardian, grandparents, or other relatives]
 - In foster care, living with a family
 - In foster care, living in a group home
 - Couch surfing or moving from home to home
 - Living outside, in a tent city or homeless camp, in a car, in an abandoned vehicle or in an abandoned building
 - Staying in an emergency shelter or transitional living program
 - Staying in a hotel or motel
 - In juvenile detention center, juvenile group home, and/or under the supervision of a probation officer
 - None of the above
-

8. In the past 3 months, have you...

	Yes	No
a. drunk alcohol (more than a few sips, including beer, wine, and liquor)?	<input type="radio"/>	<input type="radio"/>
b. smoked cigarettes or cigar products (cigars, cigarillos or little cigars)?	<input type="radio"/>	<input type="radio"/>
c. used other tobacco products? (such as chewing tobacco, snuff, dip, or snus)	<input type="radio"/>	<input type="radio"/>
d. used electronic vapor products (such as JUUL, Vuse, MarkTen, and blu)? (electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, hookahs, hookah pens, and mods)	<input type="radio"/>	<input type="radio"/>
e. used marijuana (also called pot, weed, or cannabis)?	<input type="radio"/>	<input type="radio"/>
f. taken prescription pain medication without a doctor's prescription or differently than how a doctor told you to use it?	<input type="radio"/>	<input type="radio"/>

9. In the past 3 months, how often would you say you...

	All of the time	Most of the time	Some of the time	None of the time
a. resisted or said no to peer pressure?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. managed your emotions in healthy ways (for example, ways that are not hurtful to you or others)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. thought about the consequences before making a decision?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. talked to my parent, guardian, or caregiver about sex?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. For each of the items below, please mark how true each statement is of you.

	Not true at all	Somewhat true of me	Very true of me
a. I make plans to reach my goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I care about doing well in school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I save money to get things I want.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. I would speak up or ask for help if I am being bullied in person or online, via text, while gaming, or through other social media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. I would speak up or ask for help if others are being bullied in person or online, via text, while gaming, or through other social media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. For each of the items below, please mark how true each statement is of you.

	Not true at all	Somewhat true of me	Very true of me
a. I understand what makes a relationship healthy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I would be able to resist or say no to someone if they pressured me to participate in sexual acts, such as kissing, touching private parts, or sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I would talk to a trusted person/adult (for example, a family member, teacher, counselor, coach, etc.) if someone makes me uncomfortable, hurts me, or pressures me to do things I don't want to do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Page description:
Word Definitions

1. Sexual Activity - Sexual activity or 'having sex' refers to WILLINGLY participating in sexual intercourse, oral sex, anal sex, and/or any type of genital contact or stimulation between two persons.

2. Sexual Abstinence - Sexual abstinence or 'being abstinent' is choosing NOT to have sex or engage in sexual activity.

12. For each of the following, mark whether you agree or disagree.

	Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree
Viewing pornography is harmless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most teens have had sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It's important for me to wait until I'm married before having sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Boundaries are worth respecting in relationships.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Waiting until marriage to have sex is the healthiest choice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I expect to be married someday.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Contraceptive methods protect my whole person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Romantic, loving relationships do not require sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14. For each of the following, mark whether you agree or disagree.

	Strongly disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree
I have great value.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to talk to parents or a trusted adult about sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual activity can be positive and healthy when I am married.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most youth like me will probably wait until marriage to have sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The choices I make now will affect my future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to have a plan to avoid viewing pornography.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual activity affects the whole person (emotionally, socially, intellectually, physically, and ethically).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I deserve to be protected and respected.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have identified a trusted adult whom I can discuss important things with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

15. How CONFIDENT are you that you could do each of the following?

	Not At All Confident	A Little Confident	Somewhat Confident	Confident	Completely Confident
Identify if your relationships are unhealthy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wait until you are ready to have sexual intercourse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoid situations that could lead to unwanted sexual activity (like being alone with someone in a bedroom)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Firmly say "no" to sexual activity, even if someone is pressuring you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoid people who make you feel pressured to have sexual intercourse when you do not want to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
End a relationship with someone pressuring you to have sexual intercourse when you do not want to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Middle School Exit Survey

Page description:

[Sexual Risk Avoidance Education Program \(SRAE\) Participant Exit Survey - 8th Grade](#)

Thank you for your help with this important study. This survey includes questions about your family, friends, school, and also your attitudes and behaviors. Your name will not be on the survey and your responses will remain private to the extent permitted by law. We want you to know that:

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17. What grade are you in? (If you are currently on vacation or in summer school, indicate the grade you will be in when you go back to school.)

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My school does not assign grade levels.
I am not currently enrolled in school.

18. When you are at home or with your family, what language or languages do you usually speak? MARK ALL THAT APPLY.

English

Spanish

Other (please specify)

19. Are you Hispanic or Latino?

Yes

No

20. What is your race? MARK ALL THAT APPLY.

American Indian or Alaska Native

Asian

Black or African American

Native Hawaiian or Other Pacific Islander

White or Caucasian

Other (please specify)

21. What is your sex?

Male

Female

22. Are you currently....? MARK ALL THAT APPLY.

- Living with family [parent(s), guardian, grandparents, or other relatives]
 - In foster care, living with a family
 - In foster care, living in a group home
 - Couch surfing or moving from home to home
 - Living outside, in a tent city or homeless camp, in a car, in an abandoned vehicle or in an abandoned building
 - Staying in an emergency shelter or transitional living program
 - Staying in a hotel or motel
 - In juvenile detention center, juvenile group home, and/or under the supervision of a probation officer
 - None of the above
-

23. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do any of the following, choose "About the same.")

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. make decisions to not drink alcohol?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. make decisions to not smoke cigarettes or cigar products (cigars, cigarillos, or little cigars)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. make decisions to not use other tobacco products? (such as chewing tobacco, snuff, dip, or snus)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. make decisions to not use electronic vapor products (such as JUUL, Vuse, MarkTen, and blu)? (electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, hookahs, hookah pens, and mods)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. make decisions to not use marijuana (also called pot, weed, or cannabis)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. make decisions to not take prescription pain medication without a doctor's prescription or differently than how a doctor told you to use it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

24. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do any of the following, choose "About the same.")

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. resist or say no to peer pressure?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. manage your emotions in healthy ways (for example, ways that are not hurtful to you or others)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. think about the consequences before making a decision?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. talk with my parent, guardian, or caregiver about sex?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

25. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do any of the following, choose "About the same.")

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. make plans to reach your goals?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. care about doing well in school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

26. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do any of the following, choose "About the same.")

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. better understand what makes a relationship healthy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. resist or say no to someone if they pressured me to participate in sexual acts, such as kissing, touching private parts, or sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. talk to a trusted person/adult (for example, a family member, teacher, counselor, coach, etc.) if someone makes you uncomfortable, hurts you, or pressures you to do things I don't want to do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

27. Has being in the program made you more likely, about the same, or less likely to...

(Note: If the program has not affected your likelihood to do any of the following, choose "About the same.")

	Much more likely	Somewhat more likely	About the same	Somewhat less likely	Much less likely
a. plan to delay having sexual intercourse until you graduate high school or receive your GED	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. plan to delay having sexual intercourse until you graduate college or complete another education or training program	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. plan to delay having sexual intercourse until you are married	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. plan to be married before you have a child	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. plan to have a steady full-time job before you get married	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. plan to have a steady full-time job before you have a child	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

28. Even if you didn't attend all of the sessions or classes in the program, how often in this program...

	All of the time	Most of the time	Some of the time	None of the time
a. did you feel interested in the program sessions and classes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. did you feel the material presented was clear?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. did discussions or activities help you to learn program lessons?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. did you have a chance to ask questions about topics or issues that came up in the program?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. did you feel respected as a person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I Decide For Me Middle School Exit Survey

Page description:

Word Definitions

1. Sexual Activity - Sexual activity or 'having sex' refers to WILLINGLY participating in sexual intercourse, oral sex, anal sex, and/or any type of genital contact or stimulation between two persons.

2. Sexual Abstinence - Sexual abstinence or 'being abstinent' is choosing NOT to have sex or engage in sexual activity.

31. For each of the following, mark whether you agree or disagree.

	Strongly disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree
I have great value.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to talk to parents or a trusted adult about sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual activity can be positive and healthy when I am married.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most youth like me will probably wait until marriage to have sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The choices I make now will affect my future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to have a plan to avoid viewing pornography.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual activity affects the whole person (emotionally, socially, intellectually, physically, and ethically).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I deserve to be protected and respected.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have identified a trusted adult whom I can discuss important things with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

32. How CONFIDENT are you that you could do each of the following?

	Not At All Confident	A Little Confident	Somewhat Confident	Confident	Completely Confident
Identify if your relationships are unhealthy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wait until you are ready to have sexual intercourse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoid situations that could lead to unwanted sexual activity (like being alone with someone in a bedroom)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Firmly say "no" to sexual activity, even if someone is pressuring you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Avoid people who make you feel pressured to have sexual intercourse when you do not want to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
End a relationship with someone pressuring you to have sexual intercourse when you do not want to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. What were the most helpful parts of the IDFM presentation?

34. How will you apply this information to your life?

