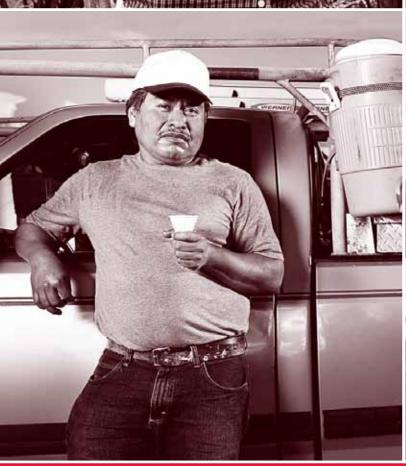
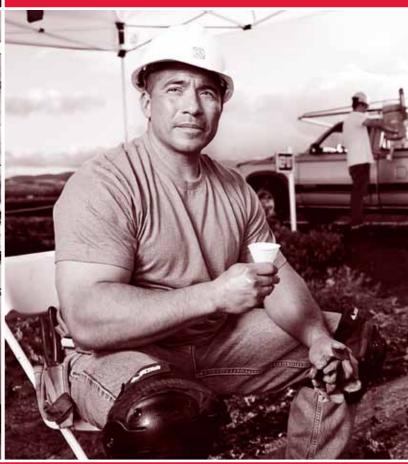
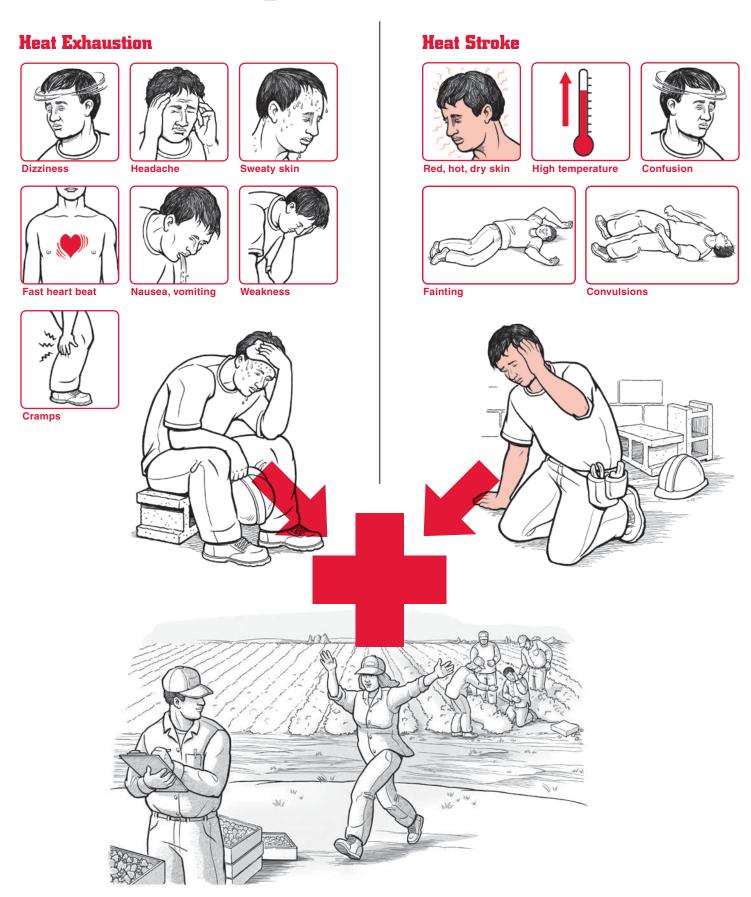


The work can't get done without them.





Two types of heat illness:

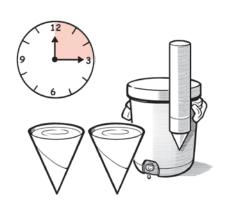


Heat kills - get help right away!

Stay safe and healthy!

Drink water even if you aren't thirsty – every 15 minutes







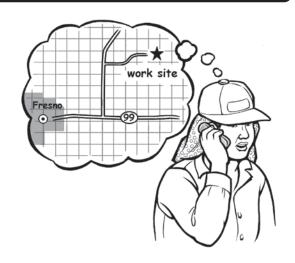


Wear a hat and light-colored clothing

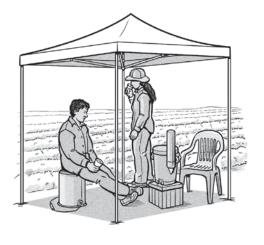
Know where you are working in case you need to call 911

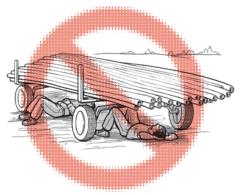






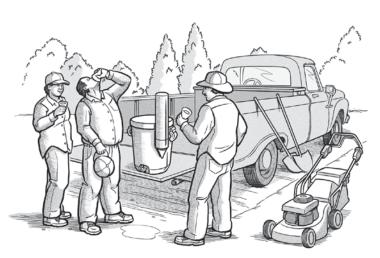
Rest in the shade



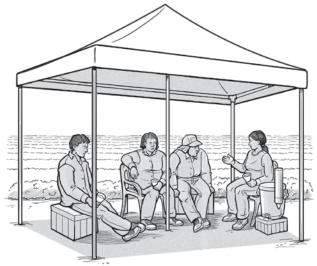


Heat illness can be prevented!

By law, your employer must have:



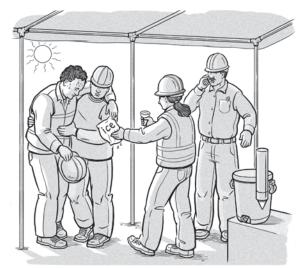




Shade and Rest







Emergency Plan



For more information, call the Heat Helpline: 1-877-99-CALOR (1-877-992-2567)

