SWEETWATER



February 2025

Sweetwater Elementary School, a top rated Volusia County School http://schools.volusia.k12.fl.us/sweetwater/
386-322-6230 school phone #
386-506-0012 school fax #

Volume 31, Issue 6

Dear Parents,

It is with great pleasure I have returned to my role as principal at Sweetwater Elementary. I want to thank Mrs. Fraine for her excellent work as principal over the past year. We wish her the very best in her new role as principal of Mainland High School.

We have four months ahead to prepare our students, and ensure they are ready for the next grade level. Attendance every day is crucial to them being prepared. Our teachers have a huge task in front of them. But they are ready for the challenge!! Having your child here every day will give them the very best chance to accomplish the goals ahead.

Thank you for ensuring they are here and on time as we finish out this school year!

Sincerely,

Tamara Hopkins

### Sweetwater Mission

We, the caring community of learners at Sweetwater Elementary, strive toward a lifetime of achieving our "personal best", guided by a positive attitude in a nurturing environment.

### Volusia County Vision

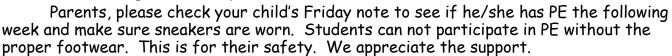
"Through the individual commitment of all, our students will graduate with the knowledge, skills, and values necessary to be successful contributors to our democratic society."

### Pelican Press

February is "Healthy Heart" month! In P.E., we have discussed nutrition and the importance of regular exercise. We hope everyone is taking advantage of the cooler, less humid weather and getting outside to exercise. J

We have completed our fitness testing and permission slips will be sent home in the next few weeks with our Fitness Festival qualifiers. The Fitness Festival will take place on Friday, March 14th (it's a teacher duty day) at Silver Sands Middle School.

Monday, February 3<sup>rd</sup> is the kick-off for our Special Area fund raiser, "Game On!" Please look for information coming home with your Pelican(s) that afternoon!



© Coach Cooney, Coach K and Coach Meadows



### **Sweetwater Elementary School**

### Order Online

### BuyTheYearbook.com

Find your school or enter ID#: 386347

\$35.00

**Until Sold Out** 

### **ORDER YOUR YEARBOOK TODAY!**

¡Ordene su anuario hoy!

A limited number of yearbooks have been ordered and may not be available later, so please reserve your copy today. Se ha pedido una cantidad limitada de anuarios y es posible que no estén disponibles más adelante, así que reserve su copia hoy.

No cash, checks, or money orders will be accepted at the school. / ¡Pedidos en linea solamente! No se aceptarán efectivo, cheques ni giros postales en la escuela



Online options available Opciones online disponibles

PERSONALIZE YOUR COVER Personaliza tu portada Deadline: 12/31/2024

**CREATE** A YEARBOOK AD Crear un anuncio anuario Deadline: 2/14/2025



### **Sweetwater Elementary School**

DONATIONS DUE BY:

2/17/2025

REGISTER 8 SHARE #0

### PoP4kids.org/reg



With your help, we will be raising funds to support our special area classes. We are asking every student to REGISTER & SHARE by entering 10 or more contacts to reach our group goal!

Please register your student(s) at <a href="mailto:app.Pop4Kids.org/reg/code/ANVWA">app.Pop4Kids.org/reg/code/ANVWA</a>. We are counting on these funds for the benefit of every child. This funding does not come from other sources so your participation, at any level, is critical. Thank you for your help & support!

CHECKS PAYABLE TO

GROUP CODE

**Sweetwater Elementary School** 

**ANVWA** 



### HOW TO PARTICIPATE

- REGISTER today at app.PoP4Kids.org/reg/code/ANVWA
- 2. SHARE by entering 10+ adult cell numbers/email addresses online. 😚 🖼 💬
- 3. WIN from over \$100,000 in nationwide prize giveaways including Disney Family Trip.

COMPLETE STEPS 1 & 2 BY MIDNIGHT TONIGHT TO EARN GOLDEN TICKET PRIZES TOMORROW!





Enter 10+ contacts by midnight to earn Galaxy Grippers.



Enter 10+ contacts by midnight to earn Glowzilla Gorilla.





Enter 20+ contacts for a chance to WIN a Mini Fridge full of cash!

POPIL OFFICIAL POPILION OFFICIAL COLDENSION OF FICIAL COLDENSION OF FICI

STUDENT'S NAME

TEACHER

will be verified against our report.

PARENT'S SIGNATURE











### WIN PRIZES BASED ON THE TOTAL DONATIONS YOU COLLECT!

ALL PRIZES ARE EARNED ON AN INDIVIDUAL BASIS. NOT ON A COMBINED FAMILY TOTAL.



ENTER 10 OR MORE CONTACTS
FOR A CHANCE TO WIN A

DISNEY FAMILY VACATION





### Attention 5" Grade Parents:

Middle school registration will be taking place this month.

Counselors from Creekside and Silver Sands will be coming to visit zoned students and help them with their elective selections. Core courses are determined by grades, test scores and teacher recommendations.

A program book will be coming home with your child. Please check out the elective options being offered.

Please remember, your child's zoned middle school is based on your documented home address. If you have moved, please come in and change your address ASAP. You will need an updated driver's license and a utility bill or other proof of address.

SILVER SANDS - (Parent night held January 29)

Counselors coming to Sweetwater on 2/10

CREEKSIDE - Parent Night 2/12 @6:00 PM

Counselors coming to Sweetwater on 2/14

CAMPBELL- Parent Night Registration TBD

To reach the guidance office, please call 386-322-6230 extension 33497 or email tmhoward@volusia.k12.fl.us or smelliot@volusia.k12.fl.us .





Are you ready for our next Coffee Talk?

We are finalizing the details now for a Spring event that will take place before Spring Break.

Be on the lookout for details on our school and PTA Facebook page as well as shared by your child's teacher.



### DID YOU KNOW:

School counselors are certified and licensed educators who hold a graduate degree in Counseling or Mental Health.

School counselors are active school leaders. As members of school leadership and student support teams, school counselors collaborate with family members, principals, teachers, and other support staff to develop and implement school-wide programs, classroom and individual student activities to improve student outcomes.

School counselors are proactive, and data driven. Counselors use data to create guidance programs that address students' academic, social, and emotional development.

School counselors advocate for equitable education for all students and work to remove systemic barriers.

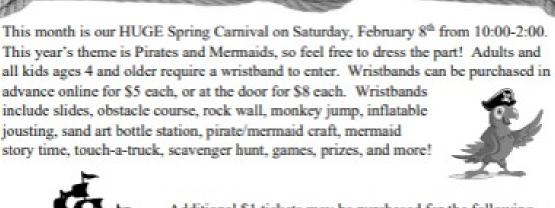






### February PTA News

Last month, because of your generosity, PTA was able to offset the cost of buses for a 4th grade field trip, fund a 'Super Me' assembly for our primary grade level students, and fund an inschool visit from the Central Florida Zoo for our Kindergarten students! For all the big and small ways that you give to PTA, we extend our heartfelt gratitude. Day after day our school feels the dramatic impact of our PTA!





Additional \$1 tickets may be purchased for the following activities: face painting, balloon animals, fish game, snow cone hamster wheel, cake walk, pop corn, cotton candy, hot cocoa, pie the pirate, and pirate pig race game.

The following food trucks will be there to make sure no pirate or mermaid goes hungry:

Tennesteve Trash, Wrap Daddy, Smoke Rings, and Wheelhouse Coffee









ADMIT ON

Friday

21

Our February PTA Spirit Night is at Skyzone! Plan on coming out with your child from 6:00-7:30 for a fun night at Skyzone! A portion of all sales will be donated to our PTA.

Sincerely, Sweetwater Elementary PTA Board

## ( )

### SICK DAY GUIDELINES

### Children should stay home if:

- Has a fever of 101.0 degrees or higher
- Has been vomiting or has diarrhea
- Has symptoms that keep him/her from participating in school, such as:
  - Very tired or lack of appetite
  - o Cough that he/she cannot control, sneezing often
  - Headache, body aches, earache
  - Sore throat- a little sore is OK, but a bad sore throat could be strep throat, even if there is no fever. Other signs of strep throat in children are a headache and upset stomach, or rash. Call your doctor if your child has these signs. A special test is needed to know if it is strep throat.
- Keep your child home if he/she is coughing or sneezing often because this spreads the sickness to others.

### 24 HOUR RULE:

- FEVER: Keep your child home until his/her FEVER has been gone WITHOUT medicine for 24 hours. Colds can be contagious for at least 48 hours. Returning to school too soon may slow recovery and make others sick.
- VOMITING or DIARRHEA: Keep your child home for 24 hours after the <u>LAST</u> time he/she vomited or had diarrhea.
- ANTIBIOTICS: Keep your child home until 24 hours after the <u>FIRST</u> dose of antibiotic for anything like an ear infection or strep throat.

We often have many children and adults with colds coming to school, and each one is passing their sickness to others. Remember to wash hands and cover coughs and sneezes. Please help others from becoming sick by keeping your child home while the sickest.

For more information, or if you have questions, please contact the school clinic or the Health Services office (386) 734-7190 Ext. 20448.

# February 2025

3 3 3 3 3 3 4 5 5 5 5 5 5 5 5 5 5 5 5 5	Mon National School Counseling Week "Game-On" Kick-Off Assembly 3rd Grade Blue Springs State Park Field Trip 0 5th Grade Silver Sands Registration 7 President's Day Holiday No SCHOOL "Game-On" Fundraiser Ends	Jenna Shirts Kindergarten Athens Theater Field Trip Jenna Shirts Jenna Shirts	bositivi-Tee Shirts 3rd Grade Science VST3 NO Early Release No Early Release Early Release, 1:30 Positivi-Tee Shirts NO Early Release PTA MOAS Night, 5:30-7:00	6 Class Pictures Kona Ice Good News Club, 2:35 Good News Club, 2:35 Kona Ice Good News Club, 2:35 Kona Ice Good News Club, 2:35	Fri Spirit Day Spirit Day Spirit Day Spirit Day Pat Millar Scholarship Deadline Spirit Day Sth Grade Science VST2 Sth Grade Science VST2	1 8 Carnival, 10:00-2:00 15 Musical Workday
ο <u>S</u>	Strictation Creekside Registration Schoolwide Science Fair	SAC Meeting, 3:00	Farly Release, 1:30	Good News Club, 2:35	Spirit Day Pizza With The Principal Reflections Party	

## **March 2025**

Sat	1	PTA Auction Ends	15	22	29 Musical Workday
Fri		7 Spirit Day PTA Auction Begins	Teacher Duty Day/ Student Holiday NO SCHOOL	NO SCHOOL	28 Spirit Day Pizza With The Principal
Thu		6 2nd-5th Grade ELA VBA3 Kona Ice Good News Club, 2:35	5th Grade SeaWorld Field Trip Kona Ice Good News Club, 2:35	NO SCHOOL	Kona Ice Good News Club, 2:35
Wed		S Positivi-Tee Shirts Early Release, 1:30	Positivi-Tee Shirts NO Early Release	19 NO SCHOOL	26 Positivi-Tee Shirts Early Release, 1:30
Tue		4 Jenna Shirts 2nd-5th Grade Math VBA3	Jenna Shirts Sth Grade Science VBA3	NO SCHOOL	25 Jenna Shirts
Mon		3 American Red Cross Day KG-2nd Grade Vehicle Day	10	17 Spring Holiday Begins NO SCHOOL	24/31 Classes Resume
Sun		2	6	16	23/30





### **Breakfast K-5** February 2025

Breakfast Prices: Students: Complimentary Adults and visiting children: \$4.00 Prepay at MySchoolBucks.com

This institution is an equal opportunity provider.

Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday	7
Pancake Breakfast Sandwich Donut Holes Blueberry 60/cs Pineapple Cup JUICE APPLE 100% CRTN 70/40z/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 98/cs Cocca Puffs Gluten-Free Lucky Charms Cinnamon Toast		Egg and Cheese on a sweet bun Strawberry Pop-Tart Diced Peach Cup JUICE ORANGE 100% CRTN 70/40z/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast		Chicken Biscuit YOGURT STRAW/BAN 48/402/cs Orange Mandarin Section Cups 72/4.5oz/cs JUICE APPLE 100% CRTN 70/40z/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast		Country Egg Scramble Tater Tot Muffin Banana 72/2oz/cs Mixed Fruit Cup JUICE ORANGE 100% CRTN 70/4oz/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast		French Toast Sticks YOGURT STRAW/BAN 48/402/cs JUICE APPLE 100% CRTN 70/40z/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast	
Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday	14
Mini Corn Pups Glazed Dunkin Sticks 60/cs Pineapple Cup JUICE APPLE 100% CRTN 70/402/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast		Sausage Breakfast Pizza YOGURT STRAW/BAN 48/40z/cs Diced Pear Cup JUICE ORANGE 100% CRTN 70/40z/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast		Chicken Griddle ChocChip Muffin 72/2oz/cs Mixed Fruit Cup JUICE APPLE 100% CRTN 70/4oz/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast	1000	Bacon Egg & Cheese on a Sweet Bun YOGURT STRAW/BAN 48/4oz/cs Tater Tot Diced Peach Cup JUICE ORANGE 100% CRTN 70/4oz/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast		French Toast Sticks Strawberry Pop-Tart JUICE APPLE 100% CRTN 70/40z/cs Choice of Fresh Fruit Gluten-Free Cheerios Gluten-Free Honey Nut Cheerios CEREAL CINN TST RDUC SUG BWLPK 96/cs Cocoa Puffs Gluten-Free Lucky Charms Cinnamon Toast	

	Tuesday	18	Wednesday	19	Thursday	20	Friday	21
	Chicken Biscuit		Cinnamon Roll		Bacon Egg Cheese Biscuit		French Toast Sticks	
	Muffin Banana 72/2oz/cs		Strawberry Pop-Tart		Glazed Dunkin Sticks 60/cs		YOGURT STRAW/BAN	
	Applesauce, Cinnamon Cups		Mandarin Orange Fruit Cup		Tater Tot		48/4oz/cs	
	JUICE ORANGE 100% CRTN 70/4oz/cs		JUICE APPLE 100% CRTN 70/4oz/cs		Diced Peach Cup		JUICE APPLE 100% CRTN 70/4oz/cs	
	Choice of Fresh Fruit		Choice of Fresh Fruit		70/4oz/cs		Choice of Fresh Fruit	
	Gluten-Free Cheerios		Gluten-Free Cheerios		Choice of Fresh Fruit		Gluten-Free Cheerios	
	Gluten-Free Honey Nut Cheerios		Gluten-Free Honey Nut Cheerios		Gluten-Free Cheerios Gluten-Free Honey Nut		Gluten-Free Honey Nut Cheerios	
	CEREAL CINN TST RDUC SUG BWLPK 96/cs		CEREAL CINN TST RDUC SUG BWLPK 96/cs		Cheerios CEREAL CINN TST RDUC		CEREAL CINN TST RDUC SUG BWLPK 96/cs	
	Cocoa Puffs		Cocoa Puffs		SUG BWLPK 96/cs		Cocoa Puffs	
	Gluten-Free Lucky Charms		Gluten-Free Lucky Charms		Cocoa Puffs		Gluten-Free Lucky Charms	
	Cinnamon Toast		Cinnamon Toast		Gluten-Free Lucky Charms		Cinnamon Toast	
	2140001001				Cinnamon Toast			
Monday	24 Tuesday	25	Wednesday	26	Thursday	27	Friday	28
Pancake Breakfast Sandwich	Egg and Cheese on a sweet		Chicken Biscuit		Country Egg Scramble		French Toast Sticks	
Donut Holes Blueberry 60/cs	bun		YOGURT STRAW/BAN		Tater Tot		YOGURT STRAW/BAN	
Pineapple Cup	Strawberry Pop-Tart		48/4oz/cs		Muffin Banana 72/2oz/cs		48/4oz/cs	
JUICE APPLE 100% CRTN	Diced Peach Cup		Orange Mandarin Section Cups		Mixed Fruit Cup		JUICE APPLE 100% CRTN	
70/4oz/cs	JUICE ORANGE 100% CRTN		72/4.5oz/cs		JUICE ORANGE 100% CRTN		70/4oz/cs	
Choice of Fresh Fruit	70/4oz/cs		JUICE APPLE 100% CRTN 70/4oz/cs		70/4oz/cs		Choice of Fresh Fruit	
Gluten-Free Cheerios	Choice of Fresh Fruit		Choice of Fresh Fruit		Choice of Fresh Fruit		Gluten-Free Cheerios	
Gluten-Free Honey Nut	Gluten-Free Cheerios		Gluten-Free Cheerios		Gluten-Free Cheerios		Gluten-Free Honey Nut Cheerios	
Cheerios	Gluten-Free Honey Nut Cheerios		Glatell Free Glicelles		Gluten-Free Honey Nut		CEREAL CINN TST RDUC	
CEREAL CINN TST RDUC	011001100		Gluten-Free Honey Nut Cheerios		Cheerios		SUG BWLPK 96/cs	
SUG BWLPK 96/cs Cocoa Puffs	CEREAL CINN TST RDUC SUG BWLPK 96/cs		CEREAL CINN TST RDUC		CEREAL CINN TST RDUC		Cocoa Puffs	
			SUG BWLPK 96/cs		SUG BWLPK 96/cs Cocoa Puffs		Gluten-Free Lucky Charms	
			I SUG BWLPK 96/CS					
Gluten-Free Lucky Charms	Cocoa Puffs		Cocoa Puffs					
					Gluten-Free Lucky Charms Cinnamon Toast		Cinnamon Toast	





### **Lunch K-5** February 2025

Lunch Prices: Students: Complimentary Adults and visiting children: \$5.00 Prepay at MySchoolBucks.com

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Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday	7
Tangerine Chicken Fried Rice PBJ Bundle Broccoli CUCUMBERS CHL SL 50/3oz/cs Orange Mandarin Section Cups 72/4.5oz/cs Choice of Fresh Fruit		Cheese Pizza Pepperoni Pizza Nardone's Turkey Cheese Croissant Corn CELERY CHL STICKS 50/3oz/cs Diced Pear Cup Choice of Fresh Fruit		Stuffed Cheese Sticks PBJ Bundle Roasted Green Beans CARROTS CHL BABY WHL PEEL 100/20z/cs Pineapple Cup Slushie Berry Berry Blue 60/cs Choice of Fresh Fruit		BBQ shredded chicken sandwich Cobb Salad Muffin Banana 72/2oz/cs Southern Baked Beans TOMATOES FR GRAPE 50/3OZ/Cs Sidekick BlueRaspberry 84/4.4oz/cs Diced Peach Cup Choice of Fresh Fruit		Baked Chicken Penne K-5 Texas toast Boneless Chicken Salad Muffin Banana 72/2oz/cs Side Salad CARROTS CHL BABY WHL PEEL 100/2oz/cs Applesauce, Cinnamon Cups Choice of Fresh Fruit	
Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday	14
Boneless Chicken & Mini Waffles PBJ Bundle Roasted Green Beans CUCUMBERS CHL SL 50/3oz/cs Diced Pear Cup Choice of Fresh Fruit		Cheeseburger Ham Cheese Croissant Potato Smiles CELERY CHL STICKS 50/3oz/cs Diced Peach Cup Choice of Fresh Fruit		Pepperoni Cheese Bread PBJ Bundle Corn CARROTS CHL BABY WHL PEEL 100/2oz/cs Slushie Berry Berry Blue 60/cs Orange Mandarin Section Cups 72/4.5oz/cs Choice of Fresh Fruit		Beef and Cheese Nacho Chip Tortilla Round 64/1.45oz/cs Salad, Ham and Cheese K5 Muffin Banana 72/2oz/cs Refried Beans TOMATOES FR GRAPE 50/3OZ/Cs Mixed Fruit Cup Choice of Fresh Fruit		Chicken Alfredo Texas toast Taco Salad Chip Tortilla Round 64/1.45oz/cs Broccoli CARROTS CHL BABY WHL PEEL 100/2oz/cs Sidekick BlueRaspberry 84/4.4oz/cs Applesauce, Cinnamon Cups Choice of Fresh Fruit	
		Tuesday Cheese Pizza Pepperoni Pizza Nardone's Turkey and Cheese Bun Broccoli CELERY CHL STICKS 50/3oz/cs Orange Mandarin Section Cups 72/4.5oz/cs Choice of Fresh Fruit	18	Wednesday Chicken wings Chicken Wings with Sweet Teriyaki Sauce Biscuit PBJ Bundle Southern Baked Beans TOMATOES FR GRAPE 50/3OZ/Cs Pineapple Cup Choice of Fresh Fruit	19	Thursday Corndog, Chicken Grilled Fajita Chicken Salad Muffin Banana 72/2oz/cs Corn CUCUMBERS CHL SL 50/3oz/cs Applesauce, Cinnamon Cups Choice of Fresh Fruit	20	Friday Chicken Sandwich Cobb Salad Muffin Banana 72/2oz/cs Sweet Potato Crinkle Fries CARROTS CHL BABY WHL PEEL 100/2oz/cs Sidekick BlueRaspberry 84/4.4oz/cs Diced Peach Cup Choice of Fresh Fruit	21

Monday	24	Tuesday	25	Wednesday	26	Thursday	27	Friday	28
Tangerine Chicken Fried Rice PBJ Bundle Broccoli CUCUMBERS CHL SL 50/3oz/cs Orange Mandarin Section Cups 72/4.5oz/cs Choice of Fresh Fruit		Cheese Pizza Pepperoni Pizza Nardone's Turkey Cheese Croissant Corn CELERY CHL STICKS 50/3oz/cs Diced Pear Cup Choice of Fresh Fruit		Stuffed Cheese Sticks PBJ Bundle Roasted Green Beans CARROTS CHL BABY WHL PEEL 100/2oz/cs Pineapple Cup Slushie Berry Berry Blue 60/cs Choice of Fresh Fruit		BBQ shredded chicken sandwich Cobb Salad Muffin Banana 72/2oz/cs Southern Baked Beans TOMATOES FR GRAPE 50/3OZ/Cs Sidekick BlueRaspberry 84/4.4oz/cs Diced Peach Cup Choice of Fresh Fruit		Baked Chicken Penne K-5 Texas toast Boneless Chicken Salad Muffin Banana 72/2oz/cs Side Salad CARROTS CHL BABY WHL PEEL 100/2oz/cs Applesauce, Cinnamon Cups Choice of Fresh Fruit	

### **Please Support Our Business Partners!**

















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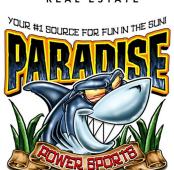












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