



## Senior Shout Out

**Date: 2/7/25**

Contact Mrs. Singleton, A-C High School Counselor  
[msingleton@amanda.k12.oh.us](mailto:msingleton@amanda.k12.oh.us)

### **\*IMPORTANT ANNOUNCEMENTS**

\*Be sure to check your email at least once per day for important news from Mrs. Singleton , Ms. Feliciano, Mr. Dennis & Mrs. Richardson (Class Advisor).

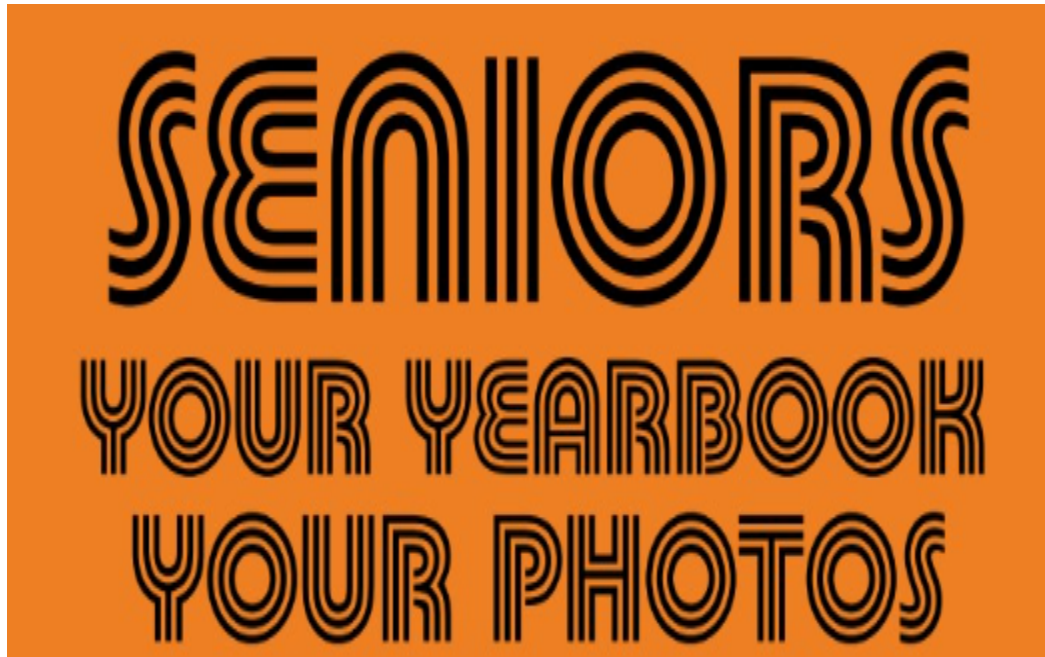


[Order Tickets Here](#)

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Post-Graduation Plans (Google Form) emailed to you by Mrs. Singleton  
\*complete ASAP

*How to Ask for a Letter of Recommendation*



*Senior Photo Submissions for the Yearbook:*

*Please send your senior photo submission for the yearbook to  
Mr. Scott Iles via email: [siles@amanda.k12.oh.us](mailto:siles@amanda.k12.oh.us)*



*Order Yearbooks and Senior Ads Here:*

# NOW IS THE TIME!!! PURCHASE YOUR YEARBOOK ONLINE!

**IT'S TIME TO PURCHASE YOUR 2024-2025  
AMANDA-CLEARCREEK HIGH SCHOOL YEARBOOK!**

Visit HR Imaging Partners at  
**book.hrimaging.com**

Click 'Order Now!'

Find your school  
Enter zip code 43102, or your school name  
select 'Amanda-Clearcreek High School'

Enter your student's name

Add yearbook to the cart (only \$50 each), then click next

Add personalization option for only \$5 to cart (if interested)

Review your order

Review IMPORTANT info page & click 'checkout'

Enter payment & click 'pay with credit card'

## DON'T MISS OUT ON THE MEMORIES!



**NEED ASSISTANCE?**

Call HR Imaging: 740.369.4215

**YEARBOOKS ARE \$50**

**ADD PERSONALIZATION  
FOR ONLY \$5!**

# BUSINESS AND SENIOR ADS

## BE A PART OF AMANDA-CLEARCREEK HIGH SCHOOL'S YEARBOOK!

IT'S EASY! SIMPLY FOLLOW THESE STEP BY STEP INSTRUCTIONS:

**1. Visit [yearbookmarket.com](http://yearbookmarket.com)** and type your school name "Amanda-Clearcreek High School". Select it to access your school's store.

**2. Select the *Create a Dedication Ad* option** If this is your first time using Yearbook Market, create a new account. If you are a returning visitor, log into your existing account.

**3. Choose the ad format you would like to create.** There may be one or more size options available.

There are several layouts to choose from: Classic, Contemporary, Grads, Local Business or you can select Your Own Design to create an ad from scratch or upload a predesigned ad as a jpg. Select the ad style of your choice to customize it.

The ad template will open in an editor.

**4. Click on *Add Photos*** to upload images.

After uploading, drag the photos, one at a time, into the empty frames in your design.

To recenter/zoom an image in your template, click on the image frame, then choose the crop tool from the tool bar. Use the yellow guidelines to reframe your photo, then hit *Apply* to complete the cropping.

You may also add a border and/or a shadow around your images, using the border tool.

**5. Click on an empty text frame to add *custom text*.** You must have the text selected to change the size and font options.

If desired, apply color, outline and shadow option to your text using the *Color and Borders* tool.

**6. Click on the *Layouts* option** if you wish to try another template before finalizing your ad.

To switch templates, drag a new layout to your page-your ad will update. *Note that some of your customizations may be lost.*

**7. Click the *Save & Exit* button** at the top right of your screen if you would like to save your progress and complete your ad at a later time.

The next time you log into the Yearbook Market, you will be able to reopen your ad in the Editor.

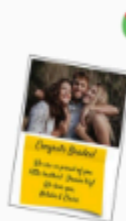
**8. Click *Add to Cart*** when your design work is finished. Complete the checkout process. Your finished ad will be transmitted to your school's yearbook staff, usually within one business day.

## DON'T MISS OUT!

ORDER FIRST! SPACE IS LIMITED! ORDER DEADLINE IS MARCH 17, 2025



Full Page Ad: \$200  
 1/2 Page Ad: \$100  
 1/4 Page Ad: \$50  
 1/8 Page Ad: \$25



use Google Chrome for best results!



NEED ASSISTANCE? Click on the  icon at the bottom of the ad designer page





*April 26 details to come*

***Are you planning to become a teacher?***

If you are planning to attend college to become a teacher after graduation and are interested in coming back to teach at A-C, please email Mrs. Singleton for an amazing scholarship opportunity.

Once you respond, we can schedule a meeting to discuss the next steps toward obtaining this funding.

**FREE COLLEGE APP WAIVERS:**

- Muskingum University, **Apply Free**
- Ohio University, use code: **RufusRocks**
- Pennsylvania Western University, use code; **CRPENNWEST**

## ACT

### ACT Practice TEST PREP

- [ACT Registration](#)
- [ACT Superscore Explained](#)
- [ACT Fee Waiver Eligibility](#), \*see Mrs. Singleton if you qualify

## Careers & Trades

## CCP

***\*Be sure to send Mrs. Singleton copies of your spring schedules.***



## College Info, Planning, Preview Days & Virtual Visits

### Ohio Colleges & Universities

**University of Austin** \*free tuition for 4 years for all accepted students

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## Campus Info & Visits

- [Adelphi University](#)
- [American Musical & Dramatic Academy](#)
- [Anderson University](#) \*scholarship eligibility for visiting
- [Ashland University](#)
- [Baylor University](#)
- [Bowling Green State University](#)
- [Boston University](#)
- [Capital University](#)
- [Clemson University](#)
- [Columbus College of Art & Design](#)
- [Columbus State Community College](#)
- [Embry-Riddle Aeronautical University](#)
- [Hocking College](#)
- [Kenyon College](#)
- [Kent State University](#)
- [Lipscomb University](#)
- [Marshall University School of Pharmacy](#)
- [Mount Carmel College of Nursing](#)
- [Ohio Christian University](#)
- [Ohio Dominican University](#)
- [Ohio University](#)
- [Ohio University Honors Program](#)
- [Otterbein University](#)
- [Pennsylvania Western University](#)
- [Point Park University](#)
- [Shawnee State University](#)
- [The Ohio State University](#)
- [University of Alaska, Fairbanks](#)
- [University of Akron](#)
- **[University of Austin](#) \*free tuition for 4 years for all admitted students**
- [University of Cincinnati](#)
- [University of Dayton](#)
- [University of Kentucky](#)
- [University of Rio Grande](#)
- [Williams College](#)

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## Campus Info & Visits (cont.)

- [Wilmington College](#)
- [Wright State University](#)
- [Youngstown State University](#), Penguin Preview Days through Feb. 14

## Common App

### Common App

- Navigate your college application process with this great resource.



### SENDeDu

- A free, secure electronic document transfer service for the college application process







## FAFSA & Financial Aid Resources

### 2025–26 FAFSA® Form Coming Soon

The 2025–26 Free Application for Federal Student Aid (FAFSA®) form is NOW AVAILABLE!

### How to Prepare for the FAFSA Form

To be ready to complete the FAFSA as soon as it's available, consider the following steps:

1. Students should **create a [StudentAid.gov](https://studentaid.gov) account**
  2. **Learn about the documents** you may need.
  3. **Determine their dependency status** and whether your parent(s) will need to provide information.
  4. If you are a dependent student, use the **Who's My FAFSA Parent?** wizard to identify the required contributors.
- [FAFSA](#)
  - [FAFSA Checklist](#)



## Jobs, Career

[Career One Stop](#)

[Ohio Means Jobs Planning for the Future](#)



## Military & Academies

- [Our Forces](#)

## NCAA

### NCAA Eligibility

## PE Waivers

- If you qualify for a PE waiver from school-sanctioned athletics or marching band, be sure to mark the appropriate box in Final Forms or complete this [PE Waiver](#).

# How to Avoid Scholarship Scams

## Scholarships

- [9/11 Promise Scholarship](#), March 15
- [American Agri Women Scholarship](#), March 1
- AMVETS Local, April 1 \* emailed by Ms. Feliciano
- [AMVETS \(military families\)](#), April 30
- [Anderson University](#)
- [Army Scholarship Fund \(military families\)](#), April 15
- [Builders Exchange of Central Ohio Scholarship](#) \* construction-related degrees, Feb. 21
- [Children of Warriors National Scholarship](#) \***children of veterans**, March 1
- [Columbus Foundation Scholarships](#), March 1
- [Community Impact Scholarship](#), Feb. 12
- [Connex Foundation Scholarship](#), March 10
- Education First Credit Union Scholarship, March 15 \*emailed by Mrs. Singleton
- Fairfield County Farm Bureau \*emailed by Mrs. Singleton, March 31
- [The Fairfield County Foundation Scholarships](#) \*opens on Dec. 1; closes on March 7
- Fairfield County Soil and Water Conservation District Scholarship\* details have been emailed to you by Mrs. Singleton, March 31
- [FastWeb](#) Scholarship Search
- [Foundation for Women in Accounting Scholarship](#) \***females studying accounting**, March 30
- Franklin B. Walter Award \*emailed by Mrs. Singleton, Feb 13
- [Hocking College Scholarships](#)
- Hosler Scholarship \***email Mrs. Singleton for application**, March 1
- [Kenyon College Scholarships](#)

## Scholarships (cont.)

- [Marshall University](#)
- [Men's College Scholarship](#), April 1
- [NPC Centennial Scholarship](#), March 9
- [Ohio University Scholarships](#)
- [Ohio University-Lancaster Scholarships](#)
- [Pilot International Scholarships](#) \*education majors, March 17
- [Robert Mack Scholarship Foundation](#) \***Healthcare Engineering**, Feb. 15
- [Shawnee State University Scholarships](#)
- [Shell Oil Company Technical Scholarship](#) \***energy industry**, March 15
- [Tzu Chi Scholarship](#), March 31
- [United Negro College Fund](#)
- [University of Rio Grande Scholarships](#)
- [Vinton County National Bank Scholarship](#), March 1





## Self-Care

# Self-Care for Teens



Self-care is when you take time to do things to improve your mental, physical, and emotional health. By taking care of yourself often, you are better able to cope with stress or other feelings that you may experience. Read below to learn how you can start practicing self-care!

## Take a Break

As a teen, you probably have a lot going on in your life such as school, homework, chores, sports, clubs, recitals, or other activities or events. All of these responsibilities can be overwhelming. It can be helpful to try making your schedule lighter by taking a break from certain stressful activities, if you are able to. Even going out with friends can be stressful. Sometimes, you can just say "no, thank you", and spend time on your own.



## Do Your Favorite Things

When's the last time you did something fun? Sometimes when we get too busy, we stop doing things that make us feel happy. Make a list of hobbies and activities that you enjoy doing that you haven't done in a while. Make a plan to do the things on your list soon!

## Disconnect

Sometimes it can be helpful to put down the phone and get away from social media for a little while. Always being on social media can have a negative impact on your mood. Instead, think of things that you can do that don't require electronics. What are you able to come up with?

## Re-examine Your Friend Group

Do you have friends that stress you out or that always try to involve you in their drama? This can be harmful to your mental and emotional health. Make sure you are surrounding yourself with people that make you feel happy most of the time. Self-care includes staying away from people that might stress you out or cause you to feel anxious, sad, or upset.

## Take Care of Your Body

Your physical health is very important in your ability to cope with stress and negative feelings. Make sure that you're getting enough sleep every night. Exercise often, and eat healthy meals. Stay away from unhealthy habits such as drugs, alcohol, or other harmful substances. It can be damaging to your mind and body and can also lead to addiction.





Text: **4hope**  
to 741741

**Crisis Text Line**  
24/7 support available

**Crisis Text Line: text "HOME" to 741741**

**Nationwide Children's Youth Hotline: 1-614-722-1800**

**Teen Hotline: 1-614-294-3300**

**Sexual Assault Hotline: 1-800-656-4673**

**Safe Schools Tip Line: Call or text 1-844-723-3764**

**Suicide Lifeline: 1-800-273-8255 or 1-614-221-5445**

**Lancaster Police Department: 740-687-6680**

**Sheriff's Department: 740-652-7900**



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## Transcripts

- Be sure to request ALL transcripts through [PARCHMENT](#) . You can have your records sent anywhere you like, simply by completing the form. You can also request to see your transcript by selecting “Self-View” at any time.

## Volunteer Opportunities

- Helping others is extremely rewarding and helps you become more compassionate and empathetic to your fellow community members. \*BONUS--it also offers networking opportunities while building your college and scholarship résumés!

Check with the following organizations who might need your help:

A-C Athletic Boosters  
Chelsea’s Christmas for Kids  
Foundation Dinners  
Meals on Wheels  
Fairfield County District Library  
Red Cross

A Community Cares  
Fairhope Hospice  
United Way  
The Salvation Army  
Humane Society  
Fairfield Medical Center

[High School Community Service Google Form for Graduation Seal](#)

