



ORRHS Guidance Newsletter

Current Guidance Happenings

It's Course Selection Time

Students are selecting courses for the 2025-2026 school year. Here is the presentation that students heard from the guidance team: [Course Request Process](#) . Course cards are due back by Friday, February 14th.

Junior Meetings, Starting February 3rd

Counselors will begin meeting with juniors starting **February 3rd** to begin discussing the steps involved in the post-high school planning process, and introducing students to on-line college/career search tools. Presentations will take place during the student's study hall and will last approximately 50 minutes. Please check EHall Pass for meeting times and location. Bring your questions!

MEFA College Admissions Night for Families in Grade 10 & 11, February 12th

SAVE THE DATE of February 12th: Guidance will be hosting a presentation through MEFA on College Admissions for families of students in grades 10 and 11. This will be held in the library at 6 pm.

Scholarships

You can find AVAILABLE SCHOLARSHIPS in the Guidance Office and also on the Guidance website. Visit the [guidance page](#) on the school website and click on Scholarship Information on the right side of the page. Scholarships are updated often, so check back regularly.

SAVE THE DATE, Northeast Maritime Open House, March 22nd

Please join Northeast Maritime Institute for their annual Spring Open House on Saturday, March 22nd from 11-2. Northeast Maritime Institute offers a different college experience. A cohort style education and hands-on learning are key components of the Associate in Applied Science in Nautical Science degree, transferring the concepts covered in the classroom to practical applications in labs, in their full-bridge simulators, on board their training vessels, and during summer externship experiences.

It is NMI's passion to deliver a high-quality education that is affordable and gives students the opportunity to earn a living right after graduation. Not only are they receiving a college degree, but they are also receiving the professional tools and skills to succeed in life and in their careers in the maritime industry.

NMI graduates leave the program with 78 credits of general education and nautical science courses as well as completion of the required professional licensing examinations on campus and receive an extensive list of license endorsements and recognized training to easily navigate upward in the maritime industry.

Northeast Maritime enrolls students twice yearly and is accepting applications for the Fall 2025 and Spring 2026 cohorts. Applications can be found on their website at <https://cms.nmi.edu/>.


Bridgewater State University - Virtual Future Educators Conference

Bridgewater State University invites you to their Virtual Future Educators Conference - Empower Your Future: Become a Teacher on March 21st from 8:30-12:00 PM. This event is geared towards high school students who may be interested in a career in teaching.

The keynote speaker is Ms. Luisa Sparrow, the 2025 Massachusetts Teacher of the Year. Following her presentation, there will be several breakout sessions with teachers throughout Massachusetts. Their expertise covers early and elementary education, special education, middle and high school.

The [conference website](#) is available and you may register through the QR code or through [this link](#).

Career of the Week

CAREER OF THE WEEK		PERSONAL FINANCIAL ADVISOR
		 https://www.bls.gov/ooh/
WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none">• MEET WITH CLIENTS TO DISCUSS THEIR FINANCIAL GOALS• EXPLAIN TO POTENTIAL CLIENTS THE TYPES OF FINANCIAL SERVICES THEY PROVIDE• EDUCATE CLIENTS AND ANSWER QUESTIONS ABOUT INVESTMENT OPTIONS AND POTENTIAL RISKS• RECOMMEND INVESTMENTS TO CLIENTS OR SELECT INVESTMENTS ON THEIR BEHALF• HELP CLIENTS PLAN FOR SPECIFIC CIRCUMSTANCES, SUCH AS EDUCATION OR RETIREMENT• MONITOR CLIENTS' ACCOUNTS AND DETERMINE IF CHANGES ARE NEEDED TO IMPROVE FINANCIAL PERFORMANCE OR TO ACCOMMODATE LIFE CHANGES, SUCH AS GETTING MARRIED OR HAVING CHILDREN• RESEARCH INVESTMENT OPPORTUNITIES	<p>PERSONAL FINANCIAL ADVISORS TYPICALLY NEED A BACHELOR'S DEGREE,</p> <p>ALTHOUGH EMPLOYERS USUALLY DO NOT REQUIRE A SPECIFIC COURSE OF STUDY. HOWEVER, COMMON FIELDS OF DEGREE INCLUDE BUSINESS, SOCIAL SCIENCE, OR MATHEMATICS. COURSES IN INVESTMENTS, TAXES, ESTATE PLANNING, AND RISK MANAGEMENT MAY BE HELPFUL.</p>	<p>PROJECTED JOB GROWTH 17% BETWEEN 2023-2033</p> <p>MEDIAN SALARY: \$99,580</p>

SEL Tip of the Week

Navigating conflict - When navigating conflict, you will benefit from staying calm, listening actively, and trying to see the other person's perspective. Take deep breaths before responding and use respectful language to express feelings and needs. Practice active listening, repeating back what you heard to ensure understanding—this can help clear up misunderstandings. Finding a solution doesn't always mean agreeing completely, but rather working toward a compromise that respects everyone involved.