

PARQUES Y RECREACIÓN

CLUB DE NATACIÓN FUSIÓN

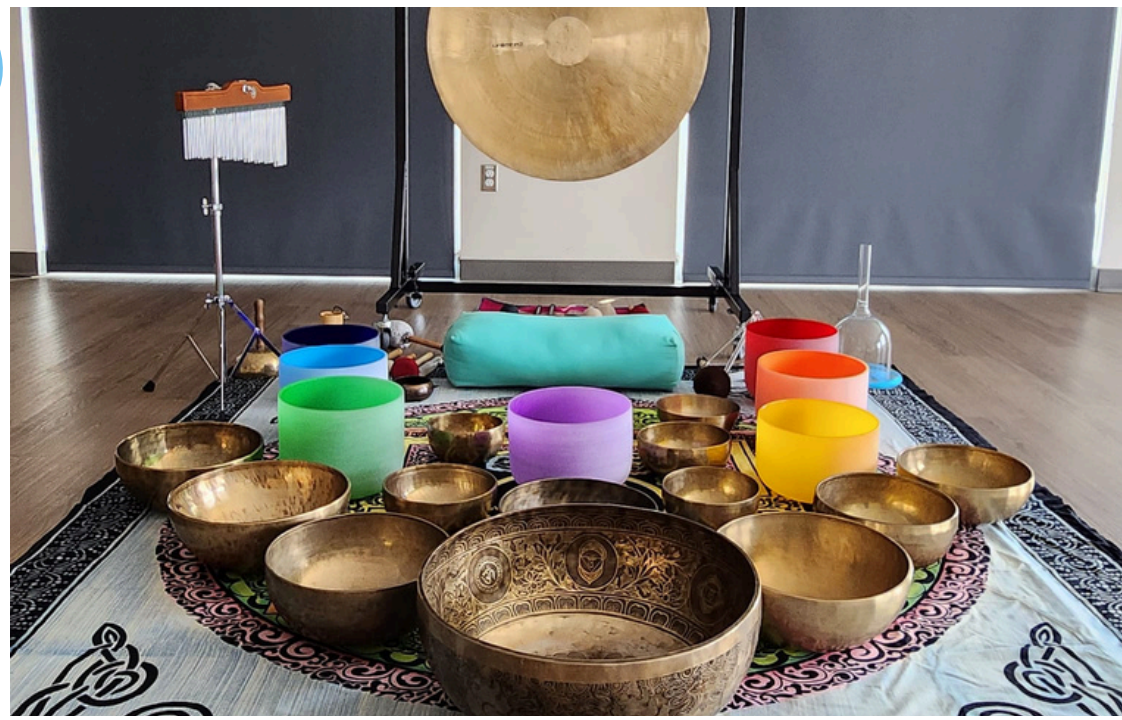


¡Únase al club de natación Northglenn Fusion!

¡Experimente la emoción y el entusiasmo de la natación competitiva!

Nuestros entrenadores expertos se dedican a ayudar a los nadadores de todos los niveles a dominar habilidades esenciales, mejorar la eficiencia en el agua y adoptar el valor del espíritu deportivo. ¿Estás listo para dar el paso? ¡Las pruebas están en curso!

Para obtener información sobre las pruebas, envíe un correo electrónico al entrenador Sharp a jsharp@northglenn.org o llame al 765.427.8447



BAÑODE SONIDO

Ven y sumérgete en una sesión de Baño de Sonido de 90 minutos el sábado 15 de febrero de 11:30 a 1:00 horas. Descubre los efectos transformadores que la vibración y el sonido pueden tener en tu cuerpo, mente y campo energético. Tómame un merecido descanso del ajetreo de la vida diaria para relajarte, recargar energías y reconectarte contigo mismo. Para garantizar tu comodidad, te recomendamos traer una esterilla de yoga, una almohada, una manta o cualquier cosa que te ayude a sentirte cómodo mientras descansas en el suelo.

Regístrate escaneando el código QR:



NINJACROSS

¿Buscas emoción durante tus descansos? ¡Los obstáculos de NinjaCross en Northglenn Recreation Center le esperan! NinjaCross ofrece dos recorridos divertidos y emocionantes: uno para principiantes y otro para avanzados. NinjaCross está abierto durante el descanso de Adams 12 de 1:00 a 3:00 horas los días 3, 17 y 19 de febrero, 10 y 31 de marzo, 2, 4 y 14 de abril. Los participantes deben medir al menos 48 pulgadas de alto y es posible que se requiera una prueba de natación. No pierdas la oportunidad de poner a prueba tus habilidades y divertirte al máximo.



¡Trabaja en el Centro de Recreación de Northglenn! ¿Quieres estar activo y divertirte en tu trabajo? Hay puestos disponibles a tiempo parcial. Visita: www.northglenn.org/recjobs

CLASES DE NATACIÓN



¡Inscríbete para clases de natación de invierno/primavera! Se acerca la fecha límite de inscripción para las clases de marzo. La inscripción para residentes es el 19 de febrero y la fecha límite para no residentes es el 26 de febrero. Para conocer más fechas de inscripción, visite www.northglenn.org/aquatics o escanee el código QR para registrarse.



HÁBITOS SALUDABLES CON 4H

Únase a nosotros en Hábitos Saludables: Higiene Personal con 4-H todos los martes a partir del 4 de marzo de 4:00 a 5:00 p.m. En esta clase descubrirás respuestas a preguntas sobre higiene como: ¿Por qué huelen las axilas? ¿Por qué la piel está tan seca en Colorado? ¡También tendrás la oportunidad de hacer tus propios jabones y desodorantes! Hay cupos limitados, regístrate en <https://tinyurl.com/healthyhabitwith4h>



AVENTURAS DE ADOLESCENTES



¿Buscas algo que hacer durante las vacaciones de mediados de invierno? Ofrecemos aventuras para adolescentes del 17 al 21 de febrero. Realice viajes divertidos a destinos locales y haga nuevos amigos! Los viajes parten del Centro de Recreación de Northglenn a las 9:00 a. m. y regresan a las 3:00 p. m. El costo incluye la entrada, el transporte y la supervisión. Traiga un almuerzo para llevar, una botella de agua y ropa para clima frío. ¡La inscripción debe realizarse al menos una semana antes de la fecha del viaje! Edades de 10 a 17 años. La tarifa es de \$45 para residentes y \$50 para no residentes.

Los destinos se encuentran en línea en northglenn.org/teens. Regístrese para Teen Adventures escaneando el código QR.



Para obtener más información e inscribirse en programas de recreación, llame al 303.450.8800 o visite www.northglenn.org/registration



2025 SPEEDBALL



6-7U
Division
8U
Division

WHAT IS SPEEDBALL? Visit our website or Scan the QR code for info
cbpabaseball.org

MORE ACTION. MORE FUN.

REGISTRATION IS OPEN!!!!

Register by 2/15 for TWO LTAD and SpeedBall skills camps or by 3/15
for ONE camp. Camp dates will be in February and March.

- Practices 2x week starting in March
- Saturday games 4/5-6/14
- Playoffs/Championship games 6/7 & 6/14

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"MAKING MAGIC ONE VACATION AT A TIME!"



**MY SERVICES
ARE FREE!**

Disney pays me because they know
guests that use a Travel Agent have
a better experience

WHAT I CAN DO FOR YOU:

Book your Disney Vacation Package
Reserve Transportation
Make Dining Reservations
Wait on hold with Disney so you don't have to
Provide Tips & Tricks
Answer Questions

dhardin@mickeytravels.com

**I PLAN UNIVERSAL
VACATIONS TOO!**

dhardin@letsadventuretravel.com





SPRING 2025

REGISTER NOW SAVE UP TO \$20

WHEN YOU REGISTER BEFORE
FEBRUARY 14, 2025

i9 Sports® is the nation's largest multi-sport provider focused solely on high-quality, community-based youth sports programs.

- Organized programs for ages 3–14.
- Age-appropriate instruction for each division.
- Volunteer coach's background checked and certified.
- All skill levels are welcome. No tryouts!
- One day per week! - Practice is held before the game
- Sportsmanship values like respect and teamwork are taught and recognized every week!
- Saturday & Sunday Leagues!
- No additional fees after registration.
- Jersey Is Included!

SPRING SEASON STARTS: 03/29/2025

Register Now  i9sports.com
 303-462-1520

Each location is independently owned and operated.



ALL-GIRLS FLAG FOOTBALL & SOCCER

Our girls-only programs motivate young female athletes to keep playing sports by providing a supportive environment with more representation. The longer girls play sports, the more it benefits their overall development.



SCAN FOR
MORE INFO



SPRING 2025

REGÍSTRESE AHORA AHORRE HASTA \$20

CUANDO TE REGISTRES ANTES
14 DE FEBRERO DE 2025

i9 Sports® es el proveedor multideportivo más grande del país centrado únicamente en programas deportivos juveniles comunitarios de alta calidad.

- Programas organizados para edades de 3 a 14 años.
- Instrucción apropiada para la edad de cada división.
- Antecedentes del entrenador voluntario verificados y certificados.
- Todos los niveles de habilidad son bienvenidos. ¡Sin pruebas!
- ¡Un día por semana! - La práctica se realiza antes del partido.
- ¡Cada semana se enseñan y reconocen valores deportivos como el respeto y el trabajo en equipo!
- Ligas de sábado y domingo!
- Sin cargos adicionales después del registro.
- ¡La camiseta está incluida!

INICIO TEMPORADA PRIMAVERA: 29/03/2025

Regístrese ahora

➡ i9sports.com
☎ 303-462-1520

Cada ubicación es de propiedad y operación independiente.

FÚTBOL Y FÚTBOL FEMENINO CON BANDERA ESTADOUNIDENSE

Nuestros programas exclusivos para niñas motivan a las atletas jóvenes a seguir practicando deportes brindándoles un entorno de apoyo con más representación. Cuanto más tiempo practican deportes las niñas, más beneficia su desarrollo general.



ESCANEAR PARA
MÁS INFORMACIÓN



12920 Lowell Blvd, Broomfield
(303) 536-1318

codeninjas.com/co-broomfield

NO SCHOOL, ALL COOL

Ignite curiosity and creativity! Our day camps offer unforgettable adventures in immersive worlds, exciting robotic challenges and hands-on STEM experiences. Perfect for kids aged 5 to 14, these camps are designed for learning, innovation and endless fun!



School break camps,
with full-week or daily
options, Feb 17th – 21st
and March 31st – April 4th.

Themed week-long
camps, with full and
half-day options, over
entire 2025 summer.



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FIVE STAR SCHOOLS, ITS BOARD, THE SUPERINTENDENT, OR THIS SCHOOL.

Winter Illnesses

URGENT CARE CLINICS

We have clinics in Aurora, Brighton, Broomfield, Northglenn, Thornton, and Westminster.

VISIT US

**Need a Sports
Physical?**

\$35

Our Urgent Care Clinics

- Open 7 days a week
- Evening hours
- All ages welcome!
- X-rays available
- Telehealth option
- Walk-in or pre-register online

Get started today at advurgent.com or TEXT US!

Enfermedades de Invierno

URGENT CARE CLINICS

Tenemos clínicas en Aurora, Brighton, Broomfield, Northglenn, Thornton y Westminster.

VISÍTANOS

**¿Necesitas un
Examen Físico
Deportivo?**

\$35

Our Urgent Care Clinics

- Abierto los 7 días de la semana
- Horas de la tarde
- ¡Todas las edades son bienvenidas!
- Radiografías disponibles
- Opción de telesalud
- Sin cita previa o preinscripción en línea

Envíanos un mensaje de TEXTO o visita advurgent.com.

FEBRUARY 17-21
7:30AM -6:00PM

12421 WASHINGTON ST THORNTON, CO

KIDS **MID-WINTER** **CAMP**

AGES
5-12
YEARS

ACTIVITIES INCLUDE

**MARTIAL ARTS, TUMBLING, STEM ACTIVITIES,
LEGOS, CRAFTS, INDOOR LAWN GAMES, & MORE!**

REGISTRATION IS NOW OPEN!

CALL/TEXT (303) 908-4332
WWW.PEAKSUMMERCAMP.COM

**SCAN TO
REGISTER!**





Vista Eye Care

Improve Your Child's Vision with Vista Eyecare's Vision Therapy

Vision Therapy is a personalized program designed to improve how the eyes work together and enhance visual skills. If your child struggles with reading, focusing, or sports performance, vision therapy can help correct these issues and boost their overall visual function.

At Vista Eyecare, our vision therapy programs are tailored to meet your child's specific needs, improving eye tracking, focusing, and depth perception.

Don't wait to help your child's vision and performance.
Schedule a consultation today by calling Vista Eyecare!

**These materials are neither sponsored nor endorsed by Adams 12 Five Star Schools, its Board, the Superintendent, or this school.*

PARKS & REC PRESS

FUSION SWIM CLUB



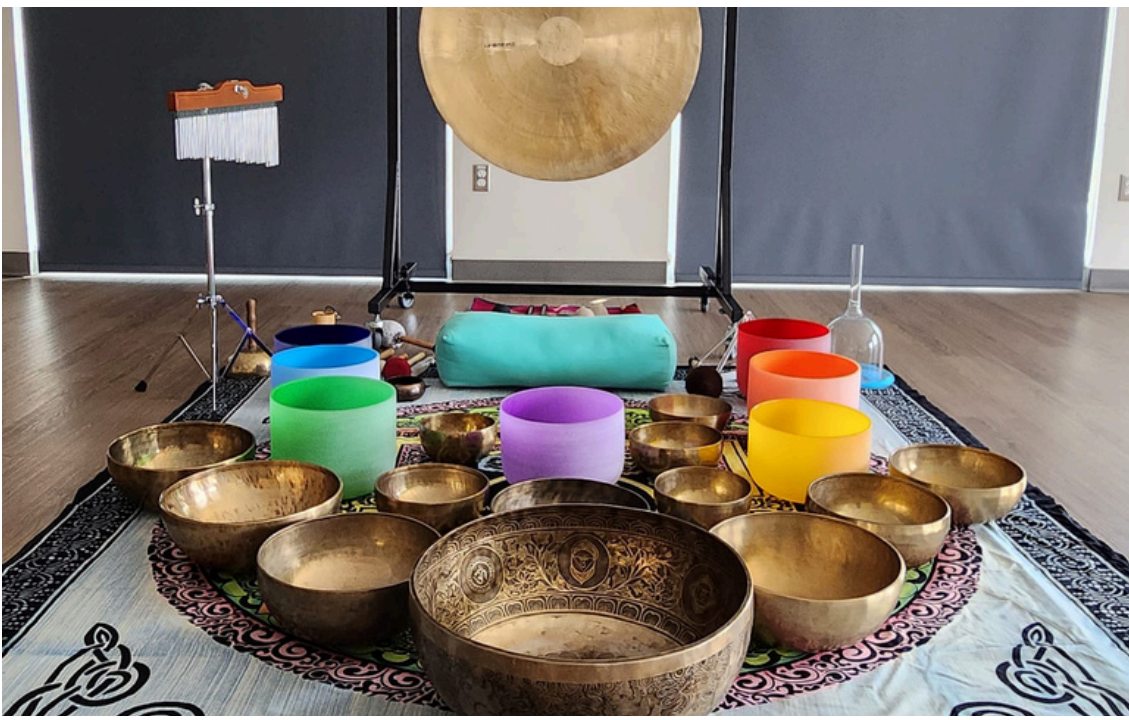
Come join the Northglenn Fusion Swim Club!

Experience the thrill and excitement of competitive swimming!

Our expert coaches are dedicated to helping swimmers of all levels master essential skills, improve efficiency in the water, and embrace the value of sportsmanship.

Ready to take the plunge? Tryouts are ongoing!

For tryout information email coach Sharp at jsharp@northglenn.org or call 720.427.8447



SOUND BATH

Come and immerse yourself in a 90-minute Sound Bath session on Saturday, Feb. 15. from 11:30 a.m. to 1:00 p.m. Discover the transformative effects that vibration and sound can have on your body, mind, and energy field. Take a well-deserved break from the hustle and bustle of daily life to relax, recharge, and reconnect with yourself. To ensure your comfort, we recommend bringing a yoga mat, pillow, blanket, or anything that helps you feel cozy while resting on the floor.

Register by scanning the QR code:



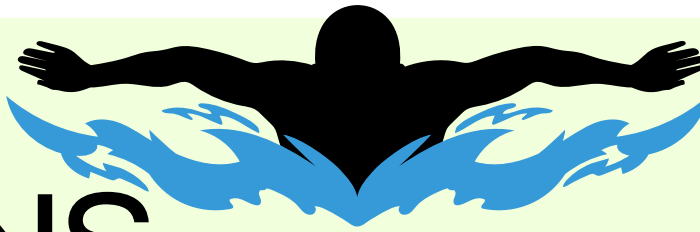
NINJACROSS

Looking for excitement during your breaks? Take on the NinjaCross obstacle course at the Northglenn Recreation Center! NinjaCross offers two fun and exciting courses: one for beginners and one for advanced. NinjaCross is open for Adams 12 breaks from 1:00 - 3:00 p.m. on Feb. 3, 17, 19, Mar. 10, 31, April 2, 4, and 14. Participants must be at least 48 inches tall, and a swim test may be required. Don't miss your chance to test your skills and have a blast.



Work for the Northglenn Recreation Center! Want to be active and have fun at your job? Part-time positions available, Visit: www.northglenn.org/recjobs

SWIM LESSONS



Register for Winter/Spring swim lessons! The registration deadline for March classes are coming up. Resident registration is 2/19, and the non-resident deadline is 2/26. For more registration dates go to www.northglenn.org/aquatics or scan the QR code to register.



HEALTHY HABITS WITH 4H

Join us for Healthy Habits: Personal Hygiene with 4-H every Tuesday starting March 4 from 4:00 - 5:00 p.m. In this class you will discover answers to hygiene questions such as: Why do armpit smell? Why is your skin so dry in Colorado? You will also get a chance to make your own soaps and deodorants! Limited spots available, register at <https://tinyurl.com/healthyhabitswith4h>



TEEN ADVENTURES



Looking for something to do over mid-winter break?? We are offering Teen Adventures Feb. 17 until Feb. 21. Take fun trips to local destinations and make new friends! Trips depart from the Northglenn Recreation Center at 9:00 a.m. and return by 3:00 p.m. Cost includes admission, transportation, and supervision. Please bring a sack lunch, water bottle, and cold weather clothing. Registration is due at least one week in advance of the trip date! Ages 10-17. Fee is \$45 for residents, \$50 for non-residents.

Destinations are listed online at northglenn.org/teens. Register for Teen Adventures by scanning the QR code.



For more information and to register for recreation programs, call 303.450.8800 or visit www.northglenn.org/registration



HYLAND HILLS HOCKEY

Located at
Ice Center at the
Promenade
Westminster
Colorado

Spring Ice Hockey In Metro Denver

Programs for everyone: Beginner to Advanced

Competitive, Recreational, & Tournament Teams

Weekly Skills Sessions, Dryland Program

Goalie Specific Training

Shooting Room Training

Unique In House Program

Girls Programs

Learn to Play Program

- ☒ EXPERIENCED COACHES
- ☒ MULTIPLE ICE TOUCHES
- ☒ THE PROGRAM FOR YOU

Questions? Email Us

William Lee

Executive Director
william.lee@hhha.org

Brian TenEyck

Hockey Director
brian.teneyck@hhha.org

Register @ www.Hylandhillshockey.com



Adobe Express



HI-YAA!

HAVE A KICKIN' VALENTINE'S DAY!

TO: YOUR FAMILY

FROM: OUR PEAK FAMILY



2 FREE WEEKS OF MARTIAL ARTS CLASSES!

INCLUDES A PRIVATE INTRODUCTORY LESSON AND UP TO FIVE
GROUP CLASSES FOR KIDS AGES 3+, TEENS, AND ADULTS.



SCAN QR CODE ABOVE OR GO TO:
WWW.PEAKMARTIALARTSACADEMY.COM



CONFIDENCE. FOCUS. RESPECT.

THORNTON: 303-453-1200

REUNION: 720-459-7344

12421 WASHINGTON ST THORNTON, CO 80241
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