

Northwell's Center for Hope

1981 Marcus Ave, Suite C125

Lake Success, NY 11042

(516) 216-5194

Groups for children ages 4-18 who have experienced the death of a parent or sibling

<https://childrenshospital.northwell.edu/your-visit/center-for-hope>

Cope Foundation (Grief Support GROUPS)

225 Bryant Ave

Roslyn, NY 11576

(516) 832-2673

COPE has a support group for grieving teens. The group is currently running virtually once a month on Thursday night. If interested, you can complete the intake form <https://copefoundation.org/intake-form/> and they will reach out to you.

They also run Camp Erin NYC in the summer, which is a weekend long camp for bereaved children and teens if that seems of interest for the future. See more information here:

<https://copefoundation.org/camp-erin-new-york-city/>

NewDay Counseling Services

135 Trinity Place

West Hempstead, NY 11552

(917) 924-8678 | (917) 359-8395

https://newday-counseling-services.business.site/?utm_source=gmb&utm_medium=referral

Insurances: GHI, Aetna, Cigna, Optum, United Health Care, Magna Care, Beacon health, not taking Medicare or Medicaid

The Happier Me (Chana Pfeifer, LCSW)

422 Berrywood Ct.

West Hempstead, NY 11552

(516) 592-1107

<https://thehappierme.com/grief-counseling-long-island/>

Insurance: Aetna

Right Path Counseling

Rightpathcounselingli@gmail.Com

400 Jericho Turnpike, Suite 104

Jericho N.Y. 11753

(516) 247-6457

Insurance: Empire NYSHIP

Out of network benefits - BCBS, Aetna, United Healthcare, Cigna

<https://www.rightpathcounselingli.com/>

Healing and Growth Counseling

4770 Sunrise Highway Suite 102

Massapequa Park, NY 11762

(516) 774-1792

Insurance: CareConnect, Cigna, Island Group Administration, MagnaCare, Out of Network

The New Hope Mental Health Counseling Services

41B W Merrick Road

Valley Stream, NY 11580

[\(646\) 681-7762](tel:6466817762)

Languages: Spanish, Haitian Creole and Bengali

Insurances: 1199SEIU, Aetna | Aetna Coventry, Affinity Health Plan, Anthem, BCBS | BlueCross and BlueShield, Beacon | Beacon Health Options, Blue Cross, Blue Shield, Cigna, EmblemHealth, Empire BlueCross BlueShield, GHI, HIP | Health Plan of New York, Health Republic, HealthFirst, Humana, MagnaCare, MetroPlus Health Plan, Optum, Oxford, TRICARE, Out of Network

Jamron Counseling

410 E Jericho Turnpike, Mineola, NY 11501

Leon Zohrabian, LMHC, (347) 687-6616

Katie Fowler, MHC-LP (516) 669-2920

Tasha Kinzonzi, MHC-LP, (516) 218-3141

<https://www.jamroncounseling.com/copy-of-williamsburg>

New York Behavioral Health

520 Franklin Ave Garden City NY

(646) 681-1481

<https://www.newyorkbehavioralhealth.com/>

Psychological Services of Long Island

400 South Oyster Bay Road

Hicksville, NY 11801

516-818-8383

Insurance: BCBS, Aetna, no Medicaid or Medicare

<https://www.psychologicalserviceslongisland.com/>

Debbie Dembinsky, LMHC

300 Garden City Plaza, Suite 304

Garden City, NY 11530

(718) 607-0051

<https://www.gardencity-therapy.com/psychotherapy-services-provided>

Lighthouse Mental Health Counseling Services

108 South Franklin Avenue

Valley Stream, NY 11580

(917) 920-3108

Insurance: 1199, Aetna, BCBS, Cigna, Empire Blue Cross Blue Shield, Optimum, and United Healthcare.

Better Life Associates

166 Cow Neck Road

Port Washington, NY 11050

(516)241-3838

<https://betterlifeassociates.com/services>

Garden City Therapy

233 7th St Suite 200

Garden City, NY 11530

(516) 828-2622

<http://www.gardencitytherapy.com/>

Insurance: Fidelis, Empire BCBS, Optum, Oxford, UnitedHealthcare (including community health plan) and Cigna

The Long Island Mental Health Counseling Group

1211 Stewart Avenue Suite 100

Bethpage, NY 11714

(516) 727-7465

<http://www.licounselinggroup.com/>

Insurance: Aetna, Care Connect, Cigna, Empire BC/BS, Fidelis, HealthFirst, Healthnet, Magnacare, MHN, United Healthcare

Salgado Psychotherapy

Support@SalgadoPsychotherapy.com

(516) 853-6138

Valley Stream NY –telehealth only right now

Languages: English, Spanish

Insurances : Oxford, Oscar, United Health, Aetna, and Cigna.

- Out of network rate is \$200.
- Offers sliding scale/reduced fee depending on availability.

Northeast Psychological Wellness

Telehealth only

Phone: 646-450-3064

northeastpsychological.com

Languages: English, Mandarin

Insurances: In-network: Oxford, United Health Care, Aetna, Oscar

<https://www.northeastpsychological.com/services/>

Long Island Family and Trauma Counseling Services

CarreroLMHC@gmail.com

Telehealth only

516-360-0147

<https://www.carrerolmhc.com/contact>

Insurance: Aetna, Oxford, United Healthcare, Oscar, UMR, and Humana

South Shore Counseling at Great Neck

233 E Shore Rd Suite 102

Great Neck, NY 11021

(516) 785-0323

Languages: English, Spanish

Insurances: Oxford, UHC, Magna Care, Emblem, Nyship, 1199, No Medicaid

Consultation and Treatment Services

99 Tulip Ave, Suite 305

Floral Park, NY 11001

2138 Wantagh Ave

Wantagh, NY 11793

631-466-7053

Insurance: Aetna, Beacon, Cigna, Meritain Health, NYSHIP (OON), Optum, Oxford, United Healthcare UHC, United Behavioral Health UBH, Blue Cross BCBS, World Trade Center, no Medicare

<https://www.cathymenzies.com/>

SJT Counseling – both in person & virtual

1300 Jericho Turnpike Suite 203

New Hyde Park, NY 11040

516-619-7399

<https://www.sjtcounseling.com/>

Insurances: Cigna, UHC, BCBS, Health First , doesn't accept Medicaid

Mental Health Counseling Wellness Services, PLLC

1300 Union Tpke Suite 308

New Hyde Park, NY 11040

(516) 400-6438

Insurance: Cigna

<https://www.mentalhealthcounselingwellness.com/>

Blossoming Cherry Mental Health Counseling

213 Hempstead Avenue First Floor

Lynbrook, NY 11563

(516) 219-1096

Telehealth & in person

Insurances: Beacon (including EmblemHealth/GHI, NYSHIP Empire Plan, but NOT Medicaid plans), Cigna, Empire Blue Cross Blue Shield (commercial plans only, NOT Medicaid plans), Fidelis, HealthFirst, MagnaCare, United Healthcare/Oxford (commercial plans only, NOT Medicaid plans)

Languages: English/Spanish

<https://blossomingcherrymentalhealth.com/services/>

J Corea Counseling

585 Stewart Ave. Suite 700

Garden City, NY 11530

516-280-7285

Insurances: Aetna, 1199, Cigna, BCBS, MagnaCare

<https://jcoreacounseling.com/our-services>

Help to Heal Counseling

Languages: English and Spanish speaking

Psychotherapy -Telehealth only

Insurances: Affinity Health Plan, Cigna, EmblemHealth, Empire BlueCross BlueShield, GHI, HIP | Health Plan of New York, MetroPlus Health Plan, NYSHIP | NY State Empire Plan, Oxford, Aetna

<https://preciouswholenesscounseling.com/meet-the-team>

Dr. Melinda Blitzer

3 Carpenter Pl, Sea Cliff, NY 11579

(516) 353-2513

Insurance: Northwell United, Cigna

Virtual & in person (vaccinated)

psychologytoday.com/us/therapists/melinda-blitzer-sea-cliff-ny/44331

First Step Therapy & Wellness Group

28 East Old Country Road

Hicksville NY 11801

Check website for contact information for a specific therapist

<https://firststeptherapygroup.com/index.html>

Lisa Leaner

1009 Glen Cove Ave

Glen Head 11545

516-671-4084

108-28 68th Drive

Forest Hills, NY 11375

(917) 714-6713

Virtual & In person

Insurance: Cigna, BCBS, Aetna, UHC, Magelen, Optum, Beacon

<https://www.psychologytoday.com/us/therapists/lisa-r-lerner-forest-hills-ny/42295>

Felice Barasch-Giedt

309 Madison Street Suite 7

Westbury, NY 11590

516-849-1515

EPIC Long Island

1500 Hempstead Turnpike

East Meadow 11554

516-739-7733

<https://www.epicli.org/program-services/mental-health-clinic/>

Insurance: Medicare/Medicaid, all Child Health Plus, GHI, HIP Emblem, United Health Care

Doesn't accept BCBS, Oxford, Cigna, Aetna