

SOPHOMORE REGISTRATION GUIDELINES 2025-2026

1. **Guideline for building your junior program** – You are encouraged to consider your academic aspirations as you plan your junior program; seek out the advice of your teachers, counselor and parents as you select your program. It should be a balanced schedule that will sufficiently **challenge you** in each subject area **without overwhelming yourself**. All students **must** be scheduled for a minimum of six courses per semester in addition to P.E. Remember that in 11th grade, you will also be devoting time to preparing for the SATs/ACTs and researching colleges.
2. **Course Catalog for 2025-2026**
3. **Graduation Requirements**: Make sure you are close to completing your remaining requirements:
Art/Music/Drama (1 cr); Practical Arts (.50 cr); Computer (.50 cr); Health (11th grade)
4. **All juniors will continue** with their English, Social Studies, Math and Science courses. We strongly recommend that you continue the study of your Foreign Language (L.O.T.E.) throughout high school.
5. **AP Courses** – *Speak to your teachers immediately if you wish to be considered for an AP course for next year.* It is necessary that you receive departmental approval in order to register for an AP course. Should any courses be open to self-selection (for those not recommended), you will be notified via email and be sure to follow the instructions carefully. Students are not permitted to pursue the self-select process for more than one AP course and should be cautious about not enrolling in more AP courses than they can comfortably handle. *Remember, AP courses are not for everyone and are not required in order to be admitted to college.*
6. **Physical Education** – All students must be registered for P. E. classes each semester. AM Fitness is a PE alternative (departmental approval required).
7. **Lunch** – All students should plan for a lunch/break during their school day.
8. **Nassau Tech (BOCES)** offers technical or vocational training in more than 50 occupations. Each student spends a half day at the Barry Tech Center. The remaining half day is devoted to study in required subjects for graduation here at North. More information can be found on their website:
<https://www.nassauboces.org/barrytech>. If interested or you have questions, see your counselor ASAP.
9. **Schedule Change Policy** – You are making a commitment to this schedule for your **entire sophomore year**. In those cases when a change is absolutely necessary, a couple of policies to keep in mind are:
 - a. Dropping a course – No full-year course shall be dropped from a student’s schedule after the start of the second quarter, and no half-year course shall be dropped after the midpoint of the first quarter.
 - b. Add/Drop Combination – **must be** completed within the first two weeks of the course.
 - c. Course level changes **must** be made by the start of the second quarter (changes will be made only if there is space in the new course). Grades do not follow from one level course to another.