



MARCH | 2025

LAKWOOD LOCAL SCHOOLS HIGH SCHOOL AND MIDDLE SCHOOL *Chef Salad is offered daily as a 3rd choice*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 #1 Chicken Wrap #2 P.B. and Jelly Pocket Baked Beans Fruit Milk	4 #1 Taco Triangles #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk	5 #1 Pizza #2 P.B. and Jelly Pocket Cucumbers w/ Ranch Fruit Milk	6 #1 Hot Italian Sub #2 P.B. and Jelly Pocket Tossed Romaine Salad Fruit Milk	7 #1 Cheeseburger #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk
10 #1 Nacho Cheese w/ Tortilla Chips #2 P.B. and Jelly Pocket Steamed Broccoli Fruit Milk	11 #1 Soft Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Cookie Milk	12 #1 Pizza #2 P.B. and Jelly Pocket Carroteenies w/ Ranch Fruit Milk	13 #1 Chicken Patty Sandwich #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk	14 NO SCHOOL
17 #1 Chicken Fajita Bowl w/Rice #2 P.B. and Jelly Pocket Black Beans Fruit Shamrock Cookie Milk	18 #1 Cheeseburger #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk	19 #1 Pizza #2 P.B. and Jelly Pocket Steamed Corn Fruit Milk	20 #1 Johnny Marzetti w/ Breadstick #2 P.B. and Jelly Pocket Tossed Romaine Salad Fruit Milk	21 #1 Bosco Stix w/ Marinara #2 P.B. and Jelly Pocket Steamed Broccoli Fruit Milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 #1 Breakfast Sandwich #2 P.B. and Jelly Pocket Baked Tater Tots Fruit Juice Milk	1 #1 Walking Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Cookie Milk	2 #1 Pizza #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk	9 Carroteenies are offered daily as a second vegetable choice	4 ALL GRAINS SERVED ARE MADE FROM WHOLE GRAINS

ALL STUDENT MEALS ARE FREE
 Adult Lunch-\$4.25
 Adult Breakfast-\$2.00
 Extra Milk-\$.50

BREAKFAST MENU DAILY CHOICES MAY INCLUDE:
 Eggo Pancakes/Waffles
 Tony's Breakfast Pizza
 Egg and Cheese
 Omelet/Toast
 Assorted Kellogg Cereals
 Whole Grain Pastries
 Whole Grain Pop Tarts
 Cereal Bars
 Warm Breakfast Sandwiches
 Cheese Stick
 Yogurt Cup
 Cocoa bar
 Texas Toast
 Fruit, Milk and Juice are offered with all breakfast entrees.
 Students who eat breakfast are more likely to maintain a healthy weight and are able to concentrate better in class. Feed your body the right fuel to perform your best!!