



CARDINAL CONNECTION

News from the Activities Office

LOOKING AHEAD

Thursday Feb 6th

- *Boys Hockey vs St Cloud Crush 7pm/ JV 5pm*
 - [tickets](#)
- *Boy Basketball @ Willmar 7:15pm / JV , B team, 9th 5:45pm*
 - [tickets on GoFan](#)
- *Wrestling Triangular @ Wheaton*
 - [livestream on Hudl](#)



Friday Feb 7th

- *Jazz Band @ NDSU Jazz Festival*
- *Girls Basketball @ Fergus Falls 7:15pm / JV, B team 5:45pm*
 - [tickets on GoFan](#)

Saturday Feb 8th

- *Boys & Girls Basketball Breakdown Tournament*
 - *4:30 Girls vs Delano*
 - [tickets on GoFan](#)
 - *6pm Boys vs Orono*
 - [tickets on GoFan](#)
 - *Gymnastics Conference Championship @ Detroit Lakes 1pm*
 - *Boys Hockey @ Champlin Park 3pm / JV 1pm Champlin Park Ice Forum*
 - *Speech meet @ Staples*
-



Central Lakes Conference -Alexandria

CLC Conference for current info, all conference, stats, records, ***school calendars***.

[Central Lake Conference](#)

Live Streaming AAHS Events

Livestream Alexandria Cardinal home games.

Highlights are also posted from previous games.

[Alexandria Area High School on Hudl](#)



Recent Results

Boys Basketball

Alexandria 93 - Delano 57

The Varsity Boys Basketball Team defeated Delano in a non-conference game. The first half was tightly contested due to good Tiger shooting and low energy defense by the Cardinals (42-39). In the second half the Cards buckled down on defense, allowing only 18 Tiger points, to open a lead and go on for the win. Next action will be conference opponent, Willmar, on Thursday.

Boys Basketball JV

Alexandria 60 - Delano 37

The JV Boys Basketball Team played Delano on the road Tuesday night. The Cards took the lead right away and never looked back. It was a team win that saw a fairly balanced scoring column. The JV Team will set their sights to Willmar on Thursday.

Girls Hockey - Section Quarter Final

Alex 4 - St. Cloud 1

The Lady Cards took the ice Tuesday for the first round of playoffs in section 8AA. The Cards earned a #4 seed in a tough section and secured home ice for the first round. The #5 seed St. Cloud Crush came to town where they took a 1-0 lead heading into the 2nd period before the Cards found their groove and put up 3 goals. Senior, Kennedy Ellingson would get the Cards going with an unassisted goal before Senior, Julia Doherty would grab the go ahead goal with an assist from K. Ellingson and Lilly Dutton. Jersey Severson would cap of the Cardinal push in the second period to make

it a 3-1 lead with an assist from Anna Korynta. It would stay a 3-1 game until late in the 3rd before Teagan Cullen would make the empty netter to give the Cards a little more breathing room. The Cards put up 43 shots on net and senior Rachael Mohr would grab the quarter-final win between the pipes with 13 saves on the night. The Cards look to hit the road for Semi-Final Saturday against the #1 seeded Moorhead Spuds. Go Cards!

Girls Basketball

Alexandria 94 - Rocori 24

It was Senior Night at Alexandria Area High School as the Cardinals hosted the Spartans from Cold Spring. The Cardinal Seniors got things off to a big start as all 5 Seniors hit double figures before halftime and we cruised to the win with the entire team seeing the Varsity court for action. Scoring was Macee Linow 17, Camree Miller 14, Hadley Thul 13, Chloe Scholl 12, Allie Haabala 12, McKinley Hoelscher 7, Lauren Beyer 6, Scottie Brown 4, Kate Hennessy 2, Gretta Kelly 2, Kendra Wolf 2. Rebounding leaders were Hadley Thul, who notched a double double with 14, Chloe Scholl 4, McKinley Hoelscher 4. The Cardinals hit big numbers in assisted baskets with 29 assists! Leaders were Hadley Thul 7, Camree Miller, Kate Hennessy, MaCee Linow all with 4, Chloe Scholl and McKinley Hoelscher with 3. Steal leaders Camree Miller 7, Hadley Thul 6, Chloe Scholl 5. Defensive deflections were led by Thul disrupting the spartan offense with 8. Thul also led the block party with 2. The cardinals are now 17-3 overall and 12-0 in the CLC. Next action is Fergus Falls away on Thursday. We also honored our Seniors last night. MaCee Linow, Chloe Scholl, Allie Haabala, Camree Miller and Hadley Thul all took to spotlight as we enjoyed a well deserved recognition prior to tip off and a celebration after in the Commons. This group of talented young leaders and women have solidified themselves in the AGB record books both individually and more importantly as TEAM SUCCESSES and they aren't done yet! Their commitment, dedication and leadership are exemplary to their teammates and we thank them and their families for all they are and have contributed to the program. They are also a lot of fun in case anyone is wondering and always bring energy and

fun to the process and journey. Wings Way Up Seniors... thank you! Thank you to the Junior parents and Mark Ripley for all of the special touches to Senior Night as well. We would also like to give the Cardinal Pep Band a HUGE SHOUTOUT as they were very IMPRESSIVE and brought great energy to the gym!



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Nordic Ski

Tuesday, Feb. 4

The snowstorm over the weekend brought some energy and spark into the nordic ski team and the timing was just right. On Tuesday, the Cardinals battled it out in the Section 8 meet at Maplelag. The thrill and excitement from CLC carried on into section races.

The boys team, energized and focused, battled through the pursuit race with tenacity. All five pursuit athletes finished within the top 30 after the freestyle portion, setting the stage for the classic round later in the afternoon. Several athletes not only held their positions but found an extra gear, climbing the rankings as the day progressed. The boys sprint team of Drew Englund and Erick Bergerson further showcased their drive, advancing to the sprint finals and finishing 5th overall. The team ultimately secured a 5th place finish in Section 8, capping off an impressive season. We are proud of how the boys represented their program throughout the season.

Meanwhile, the girls team came out strong, taking an early lead following the freestyle segment of the pursuit. Three of the five varsity pursuiteres were placed in the top ten heading into the afternoon, and the girls sprint team of Jojo Kjolhaug and Brooklyn Jurchenko helped maintain that lead by advancing to the sprint finals and finishing 3rd overall. Their solid performances maintained the Cardinals' dominance, as they headed into the classic portion of the pursuit with a narrow lead over the competition.

As the race unfolded, the girls team gave everything they had, pushing through to a dramatic finish. After the classic leg, Alexandria and Fergus Falls were tied, setting the stage for a tense tiebreaker to determine the Section 8 champion. Officials took the top three pursuit times from each team to calculate the winner, and in a razor-thin margin, the Cardinals edged out the Otters by just 5 seconds. The Alexandria girls were crowned Section 8 champions and secured their state qualification.

The Cardinals will now prepare for their upcoming state competition at Giants Ridge next week, Wednesday and Thursday.

Boys Varsity-Pursuit

Jakin Miller- 14th (33:16)

Joren Dahl- 16th (33:37)

Sullivan Rooney- 26th (35:41)

Maxwell Chinn- 27thth (36:00)

Matty Soderholm- 28th (36:07)

Boys Varsity- Relay

Erick Bergerson/Drew Englund - 5th (16:11)

Girls Varsity- Pursuit

Kasey Soderholm- 3rd (37:35)

Mackenzie Jurchenko- 9th (39:19)

Bobbi Nichols- 10th (39:35)

Mila Warzecha- 13th (39:55)

Ava Biboltz- 23th (42:36)

Girls Varsity- Relay

Brooklyn Jurchenko/Johanna Kjolhaug- 3rd (17:42)



[Download](#)

Boys Swim & Dive

Even though the team was again missing key athletes, they were able to defeat CLC opponent Sartell for the first time since 2022 by a score of 95 to 91. The team started the meet with a win in the 200 medley relay with the team of Gavin Peterson, Andy Wacek, Micah Kietzmann, and Zach Iverson. The relay team of Cayden Abell, Cam Kosters, Keaton Dummer, and Tony Olson placed third. Cooper Running easily won the 200 freestyle with Cam Kosters swimming to a lifetime best time. Andy Wacek won the 200 IM. Tony Olson qualified for the section meet and placed fourth. Micah

Kietzmann placed second in the 50 freestyle and Zach Iverson was third. Kyler Kavanagh narrowly missed the pool record in diving by .9 points but easily won. Krew Muscha placed second and Ryan Sanden placed fourth. Alexandria delivered a 1-2 punch in the 100 butterfly with Cooper Running and Keaton Dummer. Micah Kietzmann placed third in the 100 freestyle, followed by Zach Iverson and Gavin Peterson. Carson Bumgarner placed third in the 500 freestyle, followed by Eli Wimmer in fourth. Alexandria went on to win their second relay of the night with the team of Can Kosters, Zach Iverson, Andy Wacek, and Cooper Running. Cayden Abell swam to a lifetime best in the 100 backstroke and placed second with Gavin Peterson in third and Keaton Dummer in fourth. Andy Wacek won the 100 breaststroke with Cam Kosters in fifth place. Alexandria finished the meet with a second place finish in the 400 freestyle relay. The team of Eli Wimmer, Keaton Dummer, Micah Kietzmann just need to finish the race to secure the win for the team.

Next up is the CLC Championships back at Sartell on February 15.



alex sartell.docx

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ANNOUNCEMENTS

Triple 'A' Award

Congratulations to Seniors Lydia Oldenkamp and Daniel Jackson on winning the Triple 'A' Award for Alexandria Area High School. The Academics, Arts, and Athletics Award, commonly known as the Triple 'A' Award, honors high school seniors throughout the state who have a 3.0 or higher-grade point average and who participate in League-sponsored athletic and fine arts activities. Each MSHSL region selects one male and one female winner to move on to the State competition where the winners receive a four year, \$1,000 scholarship.



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SAVE THE DATE

**2025 CARDINAL
SOFTBALL PLAYER
MEETING**

FEB 7 - 7:15 AM



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DISCOVERY MIDDLE SCHOOL

COMMUNITY SKATE DAY

SKATING • FOOD • FUN

JOIN US ON THE DMS RINK

SUNDAY, FEBRUARY 16, 2025 FROM 11AM - 2PM

SKATE RENTAL AVAILABLE THROUGH COWING ROBARDS (DOWNTOWN)
PULLED PORK SANDWICHES, SIDES & BEVERAGES AVAILABLE FOR PURCHASE



**WEATHER PERMITTING*

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UPCOMING BAND DATES

February 18: 8th Grade Pep Band Night at AAHS

MARCH is MUSIC IN OUR SCHOOLS MONTH!

March 4: Viking Band @ Grand Arbor and Nelson Gables

March 10: 6th Grade Band Concert w/ DMS and AAHS Jazz Ensembles

March 11: Marching Band Kickoff Meeting

March 13: Willmar Jazz Festival

March 17: Kiwanis Concert (Wind Ensemble)

April 4: CLC Music Festival (Wind Ensemble)

April 9: 8AA North Contest (Symphonic Band)

April 28: Spring Jazz Concert

April 30: 8AA North Solo/Ensemble Contest

May 15: AAHS Bands Spring Concert

May 19: 7th and 8th Grade Band Concerts

May 22: 6th Grade Band Concert

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Alexandria CLC Performers of the Week - Winter 2024-25

- Hadley Thul, 12th grade, Girls Basketball, in 3 games, scored 63 pts, 34 rebs, 11 assists, 10 steals and 2 blocks.
- Emma Ramstorf, 12th grade, Girls Hockey, in 3 games, scored 3 goals and 2 assists.
- Chloe Scholl, 12th grade, Girls Basketball, in 2 games, scored 25 pts, 16 reb's, 3 assists and 4 steals.



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- Luke Maanum, 12th Grade, Wrestling, at 215 lb., he had 3 pins & picked up his 75th career win.
- Lilly Dutton, 11th Grade, Girls Hockey, in 2 games, scored 4 goals (hat trick in 1 game).
- Cooper Running, 12th Grade, Boys Swim & Dive, placed 1st in 200 F & 100 Fly & anchored 200 & 400 relays.
- Jersey Severson, 11th, Girls Hockey, in 2 winning games, 3 goals and 1 assist.
- MaCee Linow, 12th, Girls Basketball, in 2 games, she had 34 pts, 10 rebounds, 5 steals & 3 assists.
- Andy Wacek, 10th, Boys Swim, won 200 IM, 2nd in 100 breast, swam on winning 200 free relay.
- Kira Johnson, 9th, Gymnastics, at Moorhead she scored career high 9.7 on floor and 36.5 in the AA
- Nolan Fettig, 11th, Wrestling, last week he had 4 pins and won the 127 lb Alex Big Ole.
- Kyler Kavanagh, 11th, Boys Swim & Dive, set pool record in diving with a score of 295.50
- Emma Ramstorf, 12th, Girls Hockey, in one game, she scored 2 goals in a team win.
- Addison Twa, 12th, Gymnastics, scored Personal Bests on floor (9.4) vs Moorhead.

- Zach Richards, 12th, Wrestling, he won 8 matches with 7 of the matches with bonus pts.



Cardinal Clothing Store

Purchase apparel for all of your favorite Alexandria Cardinal fans TODAY! Check out our featured apparel items below or select a category on the left to get started! Go Cards! All items must be picked up at Alexandria Area High School in the main office during regular office hours.

[🔗 alexschools.epaytrak.com](https://alexschools.epaytrak.com)



Mariah Wirth

Mariah is using Smore to create beautiful newsletters
