

"The Courts" at the High School Cafe

MARCH 2025

Meal Prices					
Breakfast	Free				
Lunch	Free				
Reduced Lunch	Free				
Milk	\$0.40				
Adult Meals (includes tax)	\$5.42				

MON	TUE	WED	THU	FRI
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31 - CLOSED				

Visit us to learn about healthy eating, nutrition, carbohydrate counts, allergies, exercise, and much more!

Breakfast Served Daily

Lunch consists of Meat or Meat Alternate, Vegetable, Fruit, Grains/Bread & Milk

<u>Daily</u> <u>Vegetable and</u> <u>Fruit Selection</u>	Meal of the Day Court	Mexican Court	Chicken Court	Pizza Court	
Monday Carrot Sticks & Peaches Tuesday Kidney Bean Salad & Mixed Fruit Wednesday Corn and Pepper Salad, French Fries & Pears Thursday Broccoli Florets & Applesauce Friday Celery Sticks & Apple Slices	Mozzarella Sticks with Marinara Sauce Ham and American Cheese on Roll Turkey and American Cheese on Roll Yogurt Parfait, Assorted Wraps & Grilled Chicken Salad Sandwiches served with Lettuce, Tomato & Condiment Daily Vegetable and Fruit Selection Milk Selection	Build your own Tacos or Nachos Lettuce, Tomato, Salsa, Cheese Sauce Rice Daily Vegetable and Fruit Selection Milk Selection	Spicy Chicken Pattie Sandwich Crispy Chicken Pattie Sandwich Grilled Chicken Sandwich Popcorn Chicken w/French Bread Sandwiches served with Lettuce, Tomato & Condiment Daily Vegetable and Fruit Selection Milk Selection	Pizzeria Style Cheese Pizza (plain or w/topping) Daily Vegetable and Fruit Selection Milk Selection	Breakfast Kiosk available at Main Entrance daily

Halal meals available when requested 24 hours in advance to the cafeteria staff.

Please note that meals are cooked in non-halal oven.

Menu subject to change without notice