

Weymouth Families,

Please see the attached for this week's Friday folder. It includes:

- WTS Student Council Valentine's Lollipop flyer
- Weymouth Township Valentine's Pet Supply Drive flyer
- WACYL Softball and Teeball registration flyer
- Buena baseball and softball flyer
- PAL Sports flyer
- Memos from Nurse Hooven
- February Meal menus

Have a wonderful weekend!

HAPPY

Valentines Day

14 FEBRUARY

Jolly Lolly grows

Selling on

Feb 3rd-14

\$1 Lollipops

Sold

at lunch time

Delivering on the

14th

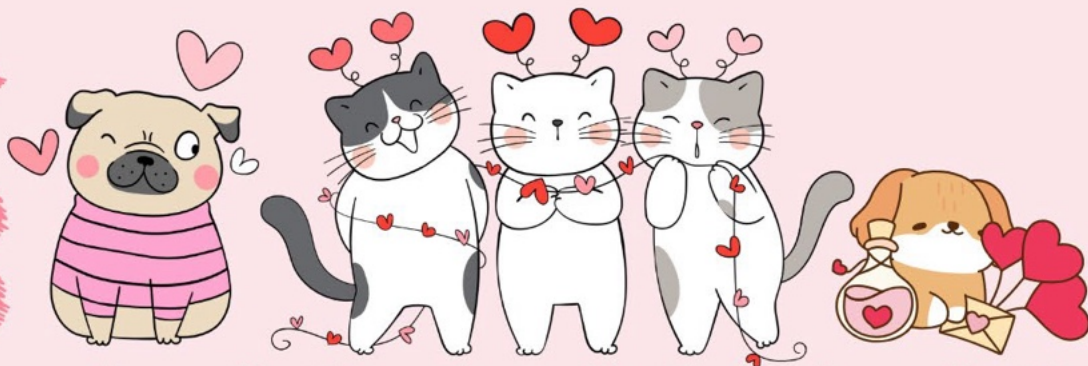




Valentine's Pet Supply Drive

Weymouth Township is collecting supplies for Woodland Whiskers to distribute to animals in need! We will be collecting donations through February 15th!

**Drop Off Location:
45 South Jersey Avenue
Dorothy NJ, 08317**



WACYL

SOFTBALL+TEEBALL

REGISTRATION

Go to
WACYL.com for
more info

MARCH 1ST TO 15TH

Boys and Girls All Play

Ages 4 to 13

Plays Mid-April to June

Sponsors + Volunteers
needed

COST
\$75



2025 BUENA BASEBALL SOFTBALL

Great memories are born from great opportunities!

BASEBALL/SOFTBALL REGISTRATION

Looking for players of all skills and abilities!

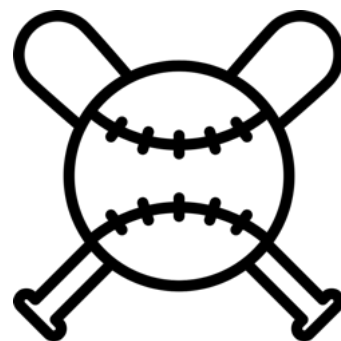
Divisions:

Baseball

- T-ball
- Coach Pitch
- Minors
- Majors
- Seniors

Softball

- Coach Pitch (8u)
- Minors (10u)
- Majors (12u)
- Juniors (14u)
- Seniors (16u)



Registration Fee: \$130 for all divisions!

ONLINE REGISTRATION:

NOW UNTIL FEB. 12
WWW.BUENABALL.COM

IMPORT DATES:

SKILLS ASSESSMENT: SUNDAY, FEB. 16 @ BUENA REGIONAL HIGH SCHOOL GYM
BASEBALL SENIORS: TBD
ALL PLAYERS (EXCEPT T-BALL) MUST ATTEND!

Opening Day: April 12th



REGISTER NOW!



BUENA BASEBALL SOFTBALL

P.O. Box 169
Minotola, NJ 08341

Baseball: Jason Myers 609-513-5083
Softball: Amber Seehousz 856-275-9090
Email: Buenabasesoft@gmail.com



POLICE ACTIVITIES LEAGUE
of Atlantic County and Egg Harbor Township
2542 Ridge Ave, EHT



EVENTS AT THE CROSSPLEX

SPRING LEAGUES & PROGRAMS

NFL FLAG FOOTBALL

Ages 5 to 13, co-ed
Season: April 1 to June 1
Games on Sundays
Registration closes March 15

FIELD HOCKEY PROGRAM

Ages 11 to 14
Season: March 19 to April 23
Sessions on Wednesdays
Registration closes March 7

TINY TROTTERS RUNNING CLUB

Ages: 3 to 6
Season: April 3 to April 24
Sessions on Thursdays
Registration closes March 21

ADULT DODGEBALL LEAGUE

18+ Division & 30+ Division
Season: April 10 to May 15
Games on Thursdays
Registration closes March 28

VOLLEYBALL PROGRAM

Ages: 8 to 15. co-ed
Season: June 4 to July 9
Sessions on Wednesdays
Registration closes May 23

YOUTH SOCCER SKILLS PROGRAM

Ages 5 to 14, co-ed
Season: April 14 to June 9
Sessions on Mondays
Registration closes May 1

3V3 SOCCER TOURNAMENT

Divisions: U10, U12, U14 all co-ed
On President's Day, Monday Feb. 17
Registration closes February 10

SOCCER DEVELOPMENT CLINICS

Jr. Strikers (U8)

Clinic on March 8, 9am-12pm
Registration closes February 28

Rising Stars (U10)

Clinic on March 15, 9am-12pm
Registration closes March 7

Elite Soccer (U12/U14)









Clinic on April 12, 9am-12pm
Registration closes April 4

Need a place to practice or host a clinic? Rent our field today!
Email Crossplex@ehtpal.org for more info.

Crossplex@ehtpal.org
(609) 645-8413



Scan to register or visit
ehtpal.org/crossplex

Symptoms of COVID-19	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
FEVER 	✓		✓		
COUGH 		✓	✓	✓	✓
SORE THROAT 	✓	✓	✓		✓
SHORTNESS OF BREATH 				✓	
FATIGUE 		✓	✓	✓	✓
DIARRHEA OR VOMITING 	✓		✓		
RUNNY NOSE 		✓	✓		✓
BODY/ MUSCLE ACHES 	✓	✓	✓		

✓ Symptom of illness



cdc.gov/coronavirus

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Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Cinnamon Toast Crunch Fruit 1% White Milk	4 Oatmeal Breakfast Bar Fruit 1% White Milk	5 Cinnamon Chex Fruit 1% White Milk	6 Warm Muffin Fruit 1% White Milk	7 Kix Cereal Fruit 1% White Milk	What is a Meal? Pre-K students are served the three following components for school breakfast. - Whole Grain - Fresh Fruit or Cupped - 1% White Milk Whole Grain Cereals Cinnamon Toast Crunch, Cinnamon Chex, Kix
10 Cinnamon Toast Crunch Fruit 1% White Milk	11 Oatmeal Breakfast Bar Fruit 1% White Milk	12 Cinnamon Chex Fruit 1% White Milk	13 Warm Muffin Fruit 1% White Milk	14 Kix Cereal Fruit 1% White Milk	
17 No School	18 Oatmeal Breakfast Bar Fruit 1% White Milk	19 Cinnamon Chex Fruit 1% White Milk	20 Warm Muffin Fruit 1% White Milk	21 Kix Cereal Fruit 1% White Milk	
24 Cinnamon Toast Crunch Fruit 1% White Milk	25 Oatmeal Breakfast Bar Fruit 1% White Milk	26 Cinnamon Chex Fruit 1% White Milk	27 Warm Muffin Fruit 1% White Milk	28 Kix Cereal Fruit 1% White Milk	
Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com			Meal Prices Student Breakfast \$1.75 Reduced Breakfast \$0.00 Faculty Breakfast \$2.25		



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3	4	5	6	7	What is a Meal? Students are served in the classroom. - Whole Grain - Protein - Vegetable - Fruit -1% Milk Daily Alternates Uncrustable Meal with Veggie, Fruit and 1% White Milk
Chicken Nuggets Baked Beans Cupped or Fresh Fruit 1% White Milk	Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	Grilled Cheese Onion Rings Cupped or Fresh Fruit 1% White Milk	Hot Dog on a Bun Sweet Peas Cupped or Fresh Fruit 1% White Milk	Stuffed Crust Pizza Veggie Patch Cupped or Fresh Fruit 1% White Milk	
10	11	12	13	14	
Chicken Nuggets Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk	Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	Grilled Cheese Green Beans Cupped or Fresh Fruit 1% White Milk	Hot Dog on a Bun Fresh Broccoli Cupped or Fresh Fruit 1% White Milk	Pizza Crunchers Veggie Patch Cupped or Fresh Fruit 1% White Milk	
17	18	19	20	21	
No School	Pancakes & Sausage Corn Cupped or Fresh Fruit 1% White Milk	Grilled Cheese Celery & Carrots Cupped or Fresh Fruit 1% White Milk	Hot Dog on a Bun Fries Cupped or Fresh Fruit 1% White Milk	French Bread Pizza Veggie Patch Cupped or Fresh Fruit 1% White Milk	
24	25	26	27	28	
Chicken Nuggets Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk	Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	Grilled Cheese Celery & Carrots Cupped or Fresh Fruit 1% White Milk	Hot Dog on a Bun Corn Cupped or Fresh Fruit 1% White Milk	Cheesy Pizza Veggie Patch Cupped or Fresh Fruit 1% White Milk	
Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com			Meal Prices Student Lunch \$3.50 Reduced Lunch \$0.00 Faculty Lunch \$4.50		



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Orange Juice	4 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	5 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	6 Warm Muffin Fresh or Cupped Fruit Orange Juice	7 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	What is a Meal? Students must have at least 3 of the 4 components for the school breakfast price. - Whole Grain - Protein - Fruit - Milk A minimum ½ cup serving of fruit must accompany a reimbursable breakfast. Daily Alternate -WG Pop-Tart with a Cheese Stick -Yogurt & Graham Crackers -Oatmeal Bar & Cheese Stick -Cereal & Graham Crackers Milk 1% white, FF White
10 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Orange Juice	11 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	12 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	13 Warm Muffin Fresh or Cupped Fruit Orange Juice	14 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	
17 No School	18 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	19 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	20 Warm Muffin Fresh or Cupped Fruit Orange Juice	21 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	
24 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Orange Juice	25 Bagel and Cream Cheese Fresh or Cupped Fruit Orange Juice	26 Jimmy Dean Breakfast Stick Fresh or Cupped Fruit Orange Juice	27 Warm Muffin Fresh or Cupped Fruit Orange Juice	28 Egg & Cheese Croissant Fresh or Cupped Fruit Orange Juice	
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Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Chicken Nuggets with a Breadstick Buffalo Chicken Wrap FEATURED VEGGIES Baked Beans Fresh Cucumber Slices	4 Asian Sesame Chicken over Noodles Ham & Cheese Sandwich FEATURED VEGGIES Roasted Broccoli Grape Tomatoes	5 Cowboy Burger Grilled Cheese Sandwich FEATURED VEGGIES Onion Rings Celery & Carrots Sticks	6 Chili with Cornbread Turkey & Cheese Sandwich FEATURED VEGGIES Sweet Peas Fresh Broccoli	7 Stuffed Crust Pizza Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Salad of the Week Week-1 (Garden Salad with Yogurt) -Served with a Dinner Roll Week-2 (Asian Chicken Salad) -Served with a Dinner Roll Week-3 (Chicken Caesar Salad) -Served with a Dinner Roll Week-4 (Chef's Salad) -Served with a Dinner Roll Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, and strawberry Daily Alternates Uncrustable Meal with Cheese Stick and Goldfish
10 Mac & Cheese Buffalo Chicken Wrap FEATURED VEGGIES Stewed Tomatoes Fresh Cucumber Slices	11 Nachos Grande Ham & Cheese Sandwich FEATURED VEGGIES Corn Grape Tomatoes	12 Chicken Parm. with Pasta Grilled Cheese Sandwich FEATURED VEGGIES Green Beans Celery & Carrots Sticks	13 Fish Sticks with Goldfish Ham & Cheese Sandwich FEATURED VEGGIES Roasted Garbanzo Beans Fresh Broccoli	14 Pizza Crunchers Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	
17 No School	18 Popcorn Chicken & Mashed Potato Bowl Ham & Cheese Sandwich FEATURED VEGGIES Corn Grape Tomatoes	19 BBQ Chicken with Cornbread Grilled Cheese Sandwich FEATURED VEGGIES Baked Beans Celery & Carrots Sticks	20 Hot Ham & Cheese on a Pretzel Bun Turkey & Cheese Sandwich FEATURED VEGGIES Fries Fresh Broccoli	21 French Bread Pizza Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	
24 Scrambled Eggs and Pancakes Buffalo Chicken Wrap FEATURED VEGGIES Diced Potatoes Fresh Cucumber Slices	25 Chicken Alfredo over Pasta Turkey & Cheese Sandwich FEATURED VEGGIES Roasted Broccoli Grape Tomatoes	26 Hot Turkey Sandwich Grilled Cheese Sandwich FEATURED VEGGIES Roasted Garbanzo Beans Celery & Carrots Sticks	27 BBQ Pulled Pork on a Hawaiian Roll Ham & Cheese Sandwich FEATURED VEGGIES Corn Fresh Broccoli	28 Cheesy Pizza Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	
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