

# SAISD PRE-KINDERGARTEN FAMILY CONNECTION NEWSLETTER



## Raining Hearts

It is somehow quite appropriate that our character trait focus of kindness falls in the same month as Valentine's Day. Most kids really like Valentine's Day - and not just for the yummy candy!!! Kids crave opportunities to be connected, to contribute, and to care. That provides a perfect opportunity to emphasize kindness and caring for one another - both essential skills for empathy and emotional regulation. In the precious picture book, The Day It Rained Hearts, one day the sky opens and pours hearts on Cornelia Augusta, who catches them. Each heart is special in its own way, and Cornelia Augusta knows exactly who to send each one to. Enjoy **connecting** with your child as you watch this [book read aloud](#) on YouTube and talk about **contributing and caring**.



Three [activities you can do](#) with your PreK student to boost their speech and language skills!

## Character Trait of the month: Kindness

Kindness is the ability and willingness to express care and compassion for others. Kindness is a choice to use our time, talent, and resources to better the lives of others and the world through genuine acts of love, compassion, generosity, and service.



## Family Connections:



Check out these resources for helping your child at home!



**SAISD  
Independence  
Guide**



Link: [Circle Activity Collection: Family](#)

Parent Hub

<https://www.facebook.com/saisdprek>

## February Curriculum Overview

Theme: Stories: A Place to Dream

Letters & Sounds: Q, R, S, T, U

Language Skills: Parts of a story, Identifying words beginning with a given sound, sequencing, onset-rime, rhyming awareness

Math: . Operations: addition, numbers 6-10, classifying categories, ordinal numbers

Colors: Pink

Shapes: heart, cube, cone, sphere

CKH Character Trait: Kindness

FEBRUARY