



# Lake Oswego High School

# Forecasting Worksheet

This worksheet is to be filled out before you enter courses into StudentVue Online Forecasting. Entered below are the standard grade level courses, as well as space to enter electives and alternative electives. Go to the LOHS Website to access the online Curriculum Guide, which contains all course descriptions, prerequisites, and graduation requirements. You may also reference the Quick Course Reference Guide found using the "Forecasting" link under Academics on our homepage. To verify your graduation requirements, you can obtain a copy of your transcript in StudentVue under the Course History tab (click on the blue Unofficial Transcript button).

Student Name: \_\_\_\_\_

SEMESTER 1	
Course Name	
1.	English 10 <u>or</u> English 10 Honors
2.	U.S. History
3.	Math: determined by math teacher
4.	Science:
5.	Lifetime Health <u>or</u> Physical Education
6.	
7.	
8.	

**Online Forecasting in StudentVUE is due: February 19, 2025**

**Scheduling Notes:**

*This worksheet is for full year planning; please know that Semester courses can end up in either semester.*

*Two years (4 semesters) of a World Language and One year (2 semesters) of Fine Arts (Performing or Visual) are required to earn a district diploma.*

*Recommended: Each semester, students in grade 10 should have 7 credited classes and are encouraged to have a study hall or non-academic class to allow for support time.*

SEMESTER 2	
Course Name	
1.	English 10 <u>or</u> English 10 Honors
2.	U.S. History
3.	Math: determined by math teacher
4.	Science:
5.	
6.	
7.	
8.	

<b>Alternate Courses:</b> Print <u>4</u> courses below in priority, and <u>check</u> Semester 1 or Semester 2 credit for each course.		
1.	Sem 1	Sem 2
2.	Sem 1	Sem 2
3.	Sem 1	Sem 2
4.	Sem 1	Sem 2

# LOHS 2025-26 Forecasting Quick Course Reference by Grade Levels - 10th Grade

See Online [CURRICULUM GUIDE](#) for all course details and required (■) prerequisites!  
Classes are listed by department, then by course name, number of credits, and grade levels.

## Computer Science Pathway

AP Computer Science A	1.0	10-12 ■
AP Comp Sci Princ.	1.0	9-12 ■
Intro to AI	0.5	10-12 ■
Intro to Cybersecurity	0.5	10-12 ■
Intro to Programming	0.5	9-12 ■
Programming C++	1.0	10-12 ■
Programming Projects	0.5	10-12 ■

## Culinary Pathway

Adv. School to Farm Intern	1.0	10-12 ■
Culinary Arts I	0.5	9-12
Culinary Arts II	0.5	9-12 ■
Farm to Table - Spring	0.5	9-12 ■
Farm to Table - Fall	0.5	10-12 ■
Intro to Agriculture	0.5	9-12

## Engineering

Digital Media	0.5	9-12
Engineering Concepts	1.0	10-12 ■

## English

Adv. Comm Skills	0.5	9-12
English 10	1.0	10
English 10 Honors	1.0	10 ■

### English Electives

Creative Writing	0.5	10-12
Journalism	0.5	9-12
Lit Through Film	0.5	10-12
Newspaper	1.0	10-12
Poetry	0.5	9-12
Queer Literature	0.5	9-12
Reading For Enjoyment	0.5	9-12
Videogames as Narratives	0.5	10-12
Yearbook	1.0	10-12 ■

## English Language Development

ELD Lit./Comp. (EN)	1.0	9-12 ■
English Lang. Dev.	1.0	9-12 ■

## Fine Arts - Performing

A Cappella	1.0	10-12 ■
Acting 1	0.5	9-12
Acting 2	0.5	9-12 ■
Acting 3	0.5	10-12 ■
AP Music Theory	1.0	10-12
Bel Canto Choir	1.0	10-12 ■
Concert Band	1.0	9-12 ■
Jazz Band	1.0	9-12 ■
Laker Choir	1.0	9-12
Philharmonic Orchestra	1.0	9-12 ■
Symphonic Band	1.0	9-12 ■
Symphony Orchestra	1.0	9-12 ■
Theater Tech	0.5	9-12
Treble Choir	1.0	9-12
Wind Ensemble	1.0	9-12 ■
Windjammers	1.0	10-12 ■

## Fine Arts - Visual

Art 1	0.5	9-12
Art 2	0.5	9-12 ■
Art 3	0.5	10-12 ■
Ceramics 1: Beginning	0.5	9-12
Ceramics 2: Advanced	0.5	9-12 ■
Ceramics 3: Sculpture	0.5	10-12 ■
Graphic Design	0.5	9-12
Graphic Design 2	0.5	9-12 ■
Photography 1	0.5	9-12
Photography 2	0.5	9-12 ■
Photography 3	0.5	10-12 ■

## Health

Lifetime Health	0.5	9-12
Sports Medicine (EL)	0.5	10-12

## Marketing Pathway

Mktg. 1	0.5	9-12
Mktg. 2 Advertising	0.5	10-12 ■
Mktg. 2 Sports/Entertainment	0.5	10-12 ■
Mktg. 3 Entrepreneur	0.5	10-12 ♦

## Math

Placement by math teacher or placement test		
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## Other Educational Offerings

College/Career Readiness	0.5	10-12
Income/Money Mgmt.	0.5	9-12
Leadership	1.0	9-12 ■
Link Crew Leadership	0.5	9-12
Peer Mentor	0.5	9-12 ♦

## Physical Education

Advanced Train/Performance	0.5	9-12 ■
Lifetime Sports	0.5	9-12 ■
Mindfulness/Yoga	0.5	10-12
Personal Fitness/Yoga	0.5	9-12
Physical Education (Required)	0.5	9-12
Team Sports	0.5	9-12 ■
Unified PE	0.5	9-12
Weight Training	0.5	9-12 ■

## Science

AP Biology	1.0	10-12 ■
Biology	1.0	9-12 ■
Chemistry	1.0	10-12 ■
Ecology/Conservation	1.0	10-12 ■
Geoscience	1.0	9-12
Intro to Chemistry	0.5	10-12 ■
Intro to Physics	0.5	10-12 ■
Physics	1.0	10-12 ■

## Social Studies

U.S. History	0.5	10-12
U.S. Gov/Civics	0.5	10-12
World Hist/Geography	1.0	9-12

### Social Studies Electives

Adv. Constitutional Law	0.5	10-12 ■
AP European History	1.0	10-12
Constitutional Law	0.5	9-12
Criminal Justice	0.5	10-12
History of Warfare	0.5	10-12
Psychology 1	0.5	10-12
Psychology 2	0.5	10-12
Sociology	0.5	10-12
Sustainability	1.0	9-12

## Supportive Programming

Case Manager Placement		
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## World Language

ASL 1	1.0	9-12
ASL 2	1.0	9-12 ■
ASL 3	1.0	9-12 ■
Chinese 1	1.0	9-12
Chinese 2	1.0	9-12 ■
Chinese 3	1.0	9-12 ■
Chinese 4	1.0	9-12 ■
AP Chinese	1.0	10-12 ■
French 1	1.0	9-12
French 2	1.0	9-12 ■
French 3	1.0	9-12 ■
French 4	1.0	9-12 ■
AP French	1.0	9-12 ■
Spanish 1	1.0	9-12
Spanish 2	1.0	9-12 ■
Spanish 3	1.0	9-12 ■
Spanish 4	1.0	9-12 ■
AP Spanish	1.0	9-12 ■
AP Spanish Lit	1.0	9-12 ■

## Off-Campus Opportunities

Classes at Lakeridge HS**	0.5 or 1.0	9-12
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\*\* contact counselors to discuss

■ Prerequisite, audition, or teacher recommendation required

♦ Application required

For more info, see the curriculum guide