



Weston Ranch High School
Cougar Athletic Department

Mike Hale
Ronald Wayman
Athletic Director

Lauren Washington
Athletics Secretary

Cougar Track and Field 2025

Date	Time	Level	Opponent	Location
3/1	8:30 AM	JV/V	Viking	Stagg
3/8	10:00 AM	JV/V	Tournament	Sacramento State Hornets Stad.
3/27	4:30 Pm	JV/V	Stagg	Stagg
4/3	4:30 PM	JV/V	Tokay/Edison	WRHS
4/5	10:00 AM	JV/V	Tournament	Veterans Memorial Stad. Buchana
4/11	TBD	JV/V	Tournament	Arcadia
4/12	TBD	JV/V	Tournament	Arcadia
4/17	4:30	JV/V	Bear Creek/Franklin	Bear Creek
4/26	10:30 AM	JV/V	Tournament	American River College Stad.
5/1	4:30	JV/V	McNair/Chavez	Chavez
5/6	5:00 PM	JV/V	Tournament	Stagg
5/8	5:00 PM	JV/V	Tournament	Stagg
5/14	TBD	JV/V	Division 3 Cham	Tokay
5/16	TBD	JV/V	Division 3 Cham	Tokay
5/23	TBD	JV/V	Tournament	Folsom
5/24	TBD	JV/V	Tournament	Folsom
5/30	TBD	JV/V	CIF State	TBD
5/31	TBD	JV/V	CIF State	TBD
6/19	TBD	JV/V	Tournament	Univ. Ore.
6/20	TBD	JV/V	Tournament	Univ. Ore.
6/21	TBD	JV/V	Tournament	Univ. Ore.
6/22	TBD	JV/V	Tournament	Univ. Ore.

Head Varsity Coach: Clayton Buttram
Assistant Varsity Coaches: April West, Miguel Torrente, Darrell Johnson, Dewuane Johnson, Miguel Arivas, and Malik Vega Tatum