

**Elizabethtown Area School District
Scope & Sequence - Quick Reference**



Department: Health and Physical Education

Course: Intro to Health Services

Grade Level(s): 9-10

Course Description: This course is designed for ninth and tenth-grade students who are interested in a career in the medical or health-related fields. Students will explore a variety of possible health careers such as educators, nurses, therapists (physical, occupational, speech), physicians, technicians, athletic trainers, and paramedics through discussion, research, speakers and field trips. The first marking period will consist of a review of human anatomy and physiology along with common medical terminology. Students will follow the American Red Cross guidelines for Community First Aid and Safety instruction and upon completion of all requirements will be CPR/AED/First Aid certified. Students will study anatomy, physiology, conditioning and first aid as it applies to sports and sports injuries. The course will allow hands-on experience through practical application of first aid concepts. This course is recommended for academically committed students interested in health-related careers. Commitment to studying outside of class time is required and expected.