

# MARCH 2025

Health-e Pro



MON	TUE	WED	THU	FRI
<b>3</b> Bacon Cheeseburger  Broccoli & Pineapple Tidbits	<b>4</b> Tacos w/ Tortilla Chips Plant Based Meat Tacos w/ Tortilla Chips*  Pinto Beans & Apple Churro	<b>5</b> French Toast Sticks or Pancakes w/ Chicken Sausage and Egg Patty  Baby Carrots & Peach Cup	<b>6</b> Orange Chicken w/ Brown Rice  Celery & Pears Double C.C. Cookie	<b>7</b> BBQ Pulled Turkey Sandwich  Peas & Apple
<b>10</b> Chicken Alfredo w/ Whole Grain Breadstick Rebellious Plant-Based Chicken Alfredo w/ Whole Grain Breadstick Broccoli and Mandarin Oranges	<b>11</b> Pulled Turkey Enchiladas w/ Green Chile Sauce & Tortilla Chips  Garbanzo Beans & Strawberry Cup Chocolate Chip Cookie	<b>12</b> Pasta w/ Meat Sauce & Breadstick /Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll*  Baby Carrots & Fruit Cocktail	<b>13</b> Spicy Schezwan Chicken w/ Brown Rice  Celery & Apple Confetti Cookie	<b>14</b> Chicken Tenders w/ Mashed Potatoes & Gravy  Corn & Grapes
<b>17</b> Oven Fried Chicken Drumstick w/ Whole Grain Cornbread  Broccoli & Raisins	<b>18</b> Nachos Plant Based Meat Nachos*  Black Beans & Banana Peanut Butter Cookie	<b>19</b> Mac & Cheese w/ Whole Grain Roll  Baby Carrots & Orange	<b>20</b> Sweet & Sour Chicken w/ Brown Rice  Celery & Peaches Snickerdoodle	<b>21</b> <b>No MS Lunch</b> Chili Cheese Dog  Peas & Mixed Berry Cup
<b>24</b> Western Cheeseburger  Broccoli & Pineapple Tidbits	<b>25</b> Chicken Fajitas  Kidney Beans & Apple Tuxedo Cookie	<b>26</b> Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll*  Baby Carrots & Pears	<b>27</b> Chicken Teriyaki w/ Brown Rice  Celery & Peaches Chocolate Chip Cake	<b>28</b> Chicken Meatball Sub  Corn & Craisins
<b>31</b> Chicken Swedish Meatballs w/ Mashed Potatoes & Whole Grain Roll  Broccoli and Fruit Cocktail				

## ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

\*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

## MEAL PRICES

**Eligible students receive meals at no cost**

Student Lunch = \$4.25

Milk = \$0.50

Adults = \$5.25

A la carte items are available.  
Prices vary by item.

*The Issaquah School District provides equal opportunities in its programs, activities and employment.*