

MARCH 2025

Health-e Pro



MON	TUE	WED	THU	FRI
<p>3</p> <p>#1 Cheeseburger #2 Veggie Burger (M)</p> <p>Broccoli & Pineapple Tidbits</p>	<p>4</p> <p>#1 Beef Soft Taco #2 Plant Based Meat Soft Taco (M)*</p> <p>Baby Carrots & Apple Churro</p>	<p>5</p> <p>Brunch For Lunch #1 Dutch Waffle w/ Chicken Sausage Patty</p> <p>Celery Sticks & Peach Cup</p>	<p>6</p> <p>#1 Teriyaki Beef Dippers w/ Brown Rice</p> <p>Kidney Beans & Pears Sugar Cookie</p>	<p>7</p> <p>#1 Toasted Turkey Ham & Cheese Sandwich w/ Tomato Soup</p> <p>Peas & Apple</p>
<p>10</p> <p>#1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread</p> <p>Broccoli & Mandarin Oranges</p>	<p>11</p> <p>#1 Sweet & Sour Chicken Meatballs w/ Brown Rice</p> <p>Baby Carrots & Strawberry Cup Chocolate Chip Cookie</p>	<p>12</p> <p>#1 Pepperoni Pizza #2 Cheese Pizza (M)</p> <p>Celery Sticks & Fruit Cocktail</p>	<p>13</p> <p>#1 Pasta w/ Meat Sauce #2 Pasta w/ Plant Based Meat Sauce (M)*</p> <p>Garbanzo Beans & Apple Confetti Cookie</p>	<p>14</p> <p>#1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Corn & Grapes</p>
<p>17</p> <p>#1 Chicken Alfredo #2 Rebellious Plant-Based Chicken Alfredo (M)</p> <p>Broccoli & Raisins</p>	<p>18</p> <p>#1 Cheesy Rippers w/ Pizza Dipping Sauce (M)</p> <p>Baby Carrots & Banana Tuxedo Cookie</p>	<p>19</p> <p>Brunch For Lunch #1 Pancakes w/ Chicken Sausage Patty</p> <p>Celery Sticks & Orange</p>	<p>20</p> <p>#1 Lasagna w/ Whole Grain Breadstick #2 Plant Based Meat Lasagna w/ Whole Grain Breadstick (M)*</p> <p>Black Beans & Peaches Double C.C. Cookie</p>	<p>21</p> <p>#1 Whole Grain Corndog</p> <p>Peas & Mixed Berry Cup</p>
<p>24</p> <p>#1 Chicken Burger #2 Veggie Burger (M)</p> <p>Broccoli & Pineapple Tidbits</p>	<p>25</p> <p>#1 Nacho Supreme #2 Plant Based Meat Nacho Supreme (M)*</p> <p>Baby Carrots & Apple Snickerdoodle</p>	<p>26</p> <p>#1 Pepperoni Pizza #2 Cheese Pizza (M)</p> <p>Celery Sticks & Pears</p>	<p>27</p> <p>#1 Mac & Cheese (M)</p> <p>Pinto Beans & Peaches Chocolate Chip Cake</p>	<p>28</p> <p>#1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Corn & Craisins</p>
<p>31</p> <p>#1 Hot Dog in Bun</p> <p>Broccoli & Fruit Cocktail</p>				

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:
#3 Yogurt Lunch (M)
#4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.00
Milk = \$0.50
Adults = \$5.25

The Issaquah School District provides equal opportunities in its programs, activities and employment.