



# KIS Card is Vālenz<sup>®</sup> Health

## Imaging & Surgery Simplified.

When you take advantage of our surgery and imaging benefits, you will receive the most common surgical and imaging procedures at **NO COST\*** to you. Typical procedures include: Orthopedic, General Surgery, Colonoscopies, MRI, CT and PET Scans.

## How it works?

Before seeking in-network providers through your health plan, just call us before your elective procedure. By choosing one of our providers, you will always pay **\$0\***.



### Call

Call our navigator at (877) 438-5479 to find out more about your procedure and how the program works. We will assist you in finding the right facility nearby.



### Schedule

Our navigator will help schedule your procedure. Upon scheduling, they will then provide you with a voucher to take to your initial consultation.



### Save

You will pay \$0\* out of pocket for choosing one of our providers. Every aspect of your procedure is covered by Valenz Health.

\*\$0 Out-of-Pocket is subject to plan coverage requirements



### Be healthy

After you have had your procedure through one of our providers, our navigator will follow up to make sure you are making a full recovery. We want to make sure you are getting better so you can live a healthy life!

Call, schedule, save – for smarter, better, faster healthcare.

(877) 438-5479



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# KIS Card is Valenz<sup>®</sup> Health **FAQs**

## What Do Your Imaging and Surgery Benefits Offer?

Valenz<sup>®</sup> Health offers affordable imaging and surgery benefits. Our cost containment solution saves **30-80% under average insurance pricing**. We handle more than **430 elective surgeries, colonoscopies and all major imaging**. As an added advantage, our care options are within **60 miles** of your home.

## How Does It Work?

Our imaging and surgery benefits are implemented alongside your current self-funded health plan and employees call our navigators for any elective procedure prior to scheduling. This benefit is classified as an Out-of-Network benefit that has no cost to you.

## How Much Does It Cost?

It is **NO COST to you** as your employer provides your imaging and surgical benefits as part of your medical plan.

## How Far Will Employees Travel to a Provider?

We believe in a near care model that is designed to give you care options within 60 miles of your home. You have access to more than **1,600 surgical centers and 2,600 imaging centers nationally across 46 states**.

## How Does This Work Alongside My Health Plan?

Our program is set-up as a **stand beside solution to your current health plan**. We add a plan amendment to your current SPD that classifies our benefits as **Out-of-Network benefits that have no cost to you**.

## How Does This Work With an HSA or HDHP?

There is a special work around that occurs with an Health Savings Account or High Deductible Health Plan that allows your employer to extend imaging and surgical costs at no cost to employees.

- You may be asked to pay a portion of the procedure cost.
- Your employer would then reimburse you for that amount.

## How Do Employees Utilize the Program?

Simply call our navigator at **(877) 438-5479** to find out more about your procedure and how the program works. We will assist you in finding the right facility nearby.

**To qualify for these imaging and surgical benefits, you must schedule through our care navigator.**

**Call, schedule, save – for smarter, better, faster healthcare!**

**(877) 438-5479**

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## Exhibit B

### Arthroscopy - General

Knee (Arthroscopy) - Diagnostic with or without synovial biopsy  
Knee (Arthroscopy) - with lateral release or Microfracture  
Shoulder (Arthroscopy) - Surgical, Capsulorrhaphy  
Elbow (Arthroscopy) - Diagnostic with or without synovial biopsy  
Wrist (Arthroscopy) - Diagnostic with or without synovial biopsy  
Hip (Arthroscopy) - Simple  
Ankle (Arthroscopy)  
Bilateral Knee Arthroscopy

### Ear, Nose & Throat

Bilateral Myringotomy with Tubes  
Bone Anchored Hearing Aid Device (BAHA: Includes Device)  
Foreign Body Removal  
Inner Ear - Stapedectomy  
Mastoidectomy (Simple)  
Miringoplasty  
Ossiculoplasty  
Tymp-Mastoid  
Tympanoplasty  
Bilateral Submucosal Resection of Turbinates  
Septoplasty  
Sinus/Turbinates Bilateral (Simple)  
Nasal Fracture Complex Open  
Nasal Fracture Simple Closed  
Biopsy or Excision of Lymph Nodes(s); Open, Deep Cervical Nodes(s)  
Parotidectomy  
Thyroglossal Duct Cyst Excision  
Thyroidectomy Total Thyroid Lobectomy, Unilateral; with Contralateral Subtotal Lobectomy, including Isthmusectomy  
Thyroidectomy Total Thyroid Lobectomy, Unilateral; with or without Isthmusectomy  
Thyroidectomy Partial Thyroid Lobectomy, Unilateral; with or without Isthmusectomy  
Thyroidectomy, Complex  
Adenoidectomy  
Adenoidectomy and BMT  
Tonsillectomy  
Tonsillectomy / BMT  
Tonsillectomy and Adenoidectomy and BMT  
UPP

### Ear, Nose & Throat (Cont.)

Frenulectomy  
Esophagoscopy With or Without Dilatation/Biopsy  
Diagnostic Laryngoscopy with Biopsy  
Tonsillectomy and Adenoidectomy

### Elbow

Bursectomy (Elbow)  
Distal Biceps Re-attachment (Includes Hardware)  
Ulnar Nerve Transposition / Epicondylectomy

### Foot & Ankle

Achilles Repair  
Tarsal Tunnel Release  
Brostrom Repair, secondary, disrupted ligament, ankle, collateral  
Bilateral Bunionectomy  
Bunionectomy  
Hammertoe (1)  
Hammertoe (2)  
Hammertoe (3)  
Arthrodesis, Great Toe; Metatarsophalangeal Joint  
Plantar Fasciotomy / Tarsal Tunnel  
Osteotomy Partial Excision  
Gastrocnemius Recession  
Plantar Fasciotomy  
Neuroma Excision

### Fractures

Closed Reduction and Casting  
Percutaneous Pinning - Finger 1-2 Pins  
Simple Fracture Requiring Open Reduction  
Complex (includes rodding Humerus/Tibia/Femur)

### General Surgery

Axillary Node Dissection  
Hemorrhoidectomy  
Biopsy or Excision Open Deep Axillary Nodes  
Laparoscopic Cholecystectomy (Gall Bladder Removal)  
Incisional Hernia Repair  
Epigastric Hernia Repair  
Inguinal Hernia Repair  
Umbilical Hernia Repair  
Ventral Hernia Repair  
Pilonidal Cyst Removal  
Laparoscopic Appendectomy

### GI

Colonoscopy and EGD  
EGD  
Colonoscopy

### GU

Anterior Repair  
Cystoscopy for Stone / Stent Placement  
Cystoscopy with Pyelography  
Epididymectomy – Partial  
Epididymectomy – Total  
Hydrocelectomy  
Laser Transurethral Resection of Prostate  
Mini-Arc Urethral Suspension  
Posterior Repair  
Transurethral Resection, Bladder Tumor  
Transurethral Resection, Prostate

### Hardware Removal

Complex  
Simple

### Hip

Hip Arthroscopy (Simple)  
Hip Arthroscopy (Complex)  
Total Hip Arthroplasty (Hip Replacement, includes implants)

### Imaging

MRI  
CT Scans  
PET Scans  
Arthrograms  
X-ray in conjunction with MRI/CT

### Knee

Anterior Cruciate Ligament Repair (Arthroscopic)  
Anterior Cruciate Ligament Repair with Allograft (Arthroscopic)  
Posterior Cruciate Ligament Repair (Arthroscopic)  
Medial Collateral Ligament (Arthroscopic)  
Tibial Tubercle Osteotomy (Arthroscopic)  
Complete Synovectomy (Arthroscopic)  
Chondroplasty  
Medial & Lateral Meniscectomy (Arthroscopic)  
Total Knee Arthroplasty (Knee Replacement)

## Exhibit B

### Shoulder

Open Rotator Cuff Repair  
(Shoulder)  
Shoulder Manipulation (with  
anesthesia)  
Repair Pectoralis Muscle Rupture  
Bankart Stabilization (Shoulder)  
Distal Clavicle Excision (Shoulder)  
Rotator Cuff Repair (Arthroscopic)  
Extensive debridement (Shoulder)  
Subacromial Decompression  
(Arthroscopic)  
Total Shoulder Arthroplasty /  
Replacement

### Spine

Microdiscectomy  
Lumbar Laminectomy  
Anterior Cervical Discectomy with  
Fusion, 1 level (includes  
hardware)  
Anterior Cervical Discectomy with  
Fusion, 2 level (includes  
hardware)

### Wrist & Hand

Carpal Tunnel Release (Open)  
Dupuytren's Contracture  
Trigger Finger  
Excision of lesion of tendon sheath  
or joint capsule (eg, cyst,  
mucous cyst, or ganglion), hand  
or finger  
Fasciectomy, partial palmar with  
release of single digit including  
proximal interphalangeal joint,  
with or without Z-plasty, other  
local tissue rearrangement, or  
skin grafting  
Ganglion Excision  
Synovectomy, tendon sheath,  
radical (tenosynovectomy),  
flexor tendon, palm and/or  
finger, each tendon  
Suspensionplasty, Arthroplasty,  
interposition, intercarpal or  
carpometacarpal joints

*This list is meant as a summary of elective procedures available through the KISx program at the current time. Procedure availability can vary throughout the country, if we do not have a facility that is within a reasonable distance. Certain procedures may not be available until we are able to get facilities on board. New procedures may be added at any time without notice. Pediatric Surgeries are generally not covered through this program.*