

Bellmont Grades 6-12 January 2025 Lunch Menu (Menus are subject to change without notice) (This institution is an equal opportunity employer & provider)

Monday 1-6	Tuesday 1-7	Wednesday 1-8	Thursday 1-9	Friday 1-10
Chicken Nuggets 15g or Mozzarella Sticks 16g w/Marinara 3g Scalloped Potatoes 22g/Green Beans 3g Celery Sticks 3g w/Peanut Butter 5g Applesauce Cup 13g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Banana Muffin 28g Milk 25g PBJ Kit 48g Turkey Chef Salad w/Roll & Croutons 48g Pepperoni or Cheese Pizza	Cheese Stuffed Breadsticks 34g w/Marinara 3g or Boneless Wings (PI or Spicy) 17g French Fries (6-8) 20g Broccoli w/Cheese (9-12) 4.5g Baby Carrots 12g Blueberries 20g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Doritos (9-12) 20g Cookie (6-8) 18g Milk 25g Yogurt Kit 67g Ham Chef Salad w/Roll & Croutons 48g or Chicken Caesar Salad w/Roll & Croutons 48g Chef's Choice or Cheese Pizza	Cheeseburger 21g or Mini Corn Dogs 20g French Fries (9-12) 20g Broccoli w/Cheese 4.5g (6-8) Celery Sticks 3g w/Peanut Butter 5g Strawberry Cup 38g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Doritos (6-8) 20g Cookie (9-12) 18g Milk 25g PBJ Kit 48g Turkey Chef Salad w/Roll & Croutons 48g Buffalo Chicken or Cheese Pizza	Beef Nachos 3g or Homemade Chicken Quesadilla 35g Refried Beans 27g Mixed veg 13g Fresh Broccoli 3g Pear Cup 12g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Tortilla Chips 35g, Sour Cream, Salsa, Shredded Cheese, Jalapenos Jell-O 17g Milk 25g Yogurt kit 67g Ham Chef Salad w/Roll & Croutons 48g Taco Salad w/Roll & Doritos 68g Pepperoni or Cheese Pizza	Chicken Tenders (PI or Spicy) 15g or Breadsticks w/Cheese 34g String Cheese 2g Mashed Potatoes 15g/Corn 21g Baby Carrots 12g Peach Cup 12g Assorted Whole Fruit 18g 100% Fruit Juice cup 15g Ice Cream Sandwich 26g Milk 25g PBJ kit 67g Ham Chef Salad w/Roll & Croutons 48g Sausage or Cheese Pizza
Monday 1-13	Tuesday 1-14	Wednesday 1-15	Thursday 1-16	Friday 1-17
Chicken Nuggets 15g or Pretzel 28g w/Cheese Sauce 28g String Cheese 2g Mashed Potatoes 15g/Corn 21g Celery Sticks 3g w/Peanut Butter 5g Applesauce Cup 13g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Cheetos 13g Milk 25g PBJ Kit 48g Turkey Chef Salad w/Roll & Croutons 48g Pepperoni or Cheese Pizza	Asian Chicken 17g w/Rice 32g or Jalapeno Breadstick Bites 41g Steamed Broccoli 4.5g Baby Carrots 12g Mixed Fruit Cup 18g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Fortune Cookie 3g Fudge Brownie 40g Milk 25g Yogurt Kit 67g Ham Chef Salad w/Roll & Croutons or 48g Italian Chef Salad w/Breadstick & Croutons 48g	Breaded Chicken Sandwich 35g (PI or Spicy) or Corn Dog 30g Baked Beans 29g Mixed Veg 13g Celery Sticks 3g w/Peanut Butter 5g Apple Slices 7g w/Caramel 25g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Jonny Pop 38g Doritos 20g Milk 25g PBJ Kit 48g Turkey Chef Salad w/Roll & Croutons 48g	Chicken Alfredo 34g w/Garlic Toast 15g or Mozzarella Sticks 16g w/Marinara 3g Green Beans 3g/Corn 21g Caesar Salad w/Croutons 9g Fresh Broccoli 3.5g Pear Cup 12g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Chocolate Éclair 22g Milk 25g Yogurt Kit 67g Ham Chef Salad w/Roll & Croutons 48g or Taco Salad w/Roll & Doritos 68g	Breadsticks w/Cheese 34g Mini Quesadilla 38g String Cheese 2g Carrots 12g/Mixed Veg 13g Baby Carrots 12g Peach Cup 18g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Chocolate Pudding 24g Milk 25g PBJ Kit 48g Ham Chef Salad w/Roll & Croutons 48g Sausage or Cheese Pizza

	Chef's Choice or Cheese Pizza	Buffalo Chicken or Cheese Pizza	Pepperoni or Cheese Pizza	
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Monday 1-20	Tuesday 1-21	Wednesday 1-22	Thursday 1-23	Friday 1-24
Chicken Nuggets 15g or Cheese Stuffed Breadsticks 34g w/Marinara 3g Mashed Potatoes 15g/Corn 21g Celery Sticks 3g w/Peanut Butter 5g Applesauce Cup 13g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Doritos 20g Milk 25g PBJ Kit 48g Turkey Chef Salad w/Roll & Croutons 48g Pepperoni or Cheese Pizza	Chili Soup 16g w/Cinnamon Roll 36g or Grilled Cheese on Texas Toast 38g Potato Wedges (6-8) 20g Broccoli w/Cheese (9-12) 4.5g Baby Carrots 1g Mixed Fruit Cup 18g Assorted Fruit Cup 18g 100% Fruit Juice Cup 15g Nutty Bar 11g Milk 25g Yogurt Kit 67g Ham Chef Salad w/Roll & Croutons 48g Chicken Caesar Salad w/Roll & Croutons 48g Chef's Choice or Cheese Pizza	Bacon Cheeseburger 21g or Popcorn Chicken 15g Potato Wedges (9-12) 20g Broccoli w/Cheese (6-8) 4.5g Apple Slices 7g w/Caramel 25g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Jell-O 17g Milk 25g Yogurt Kit 67g Turkey Chef Salad w/Roll & Croutons 48g Buffalo Chicken or Cheese Pizza	Tenderloin 37g or Hot Italian Sub 27g Baked Beans 29g/Mixed Veg 13g Fresh Broccoli 3g Pear Cup 12g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Ice Cream Cup 19g Milk 25g Yogurt Kit 67g Ham Chef Salad w/Roll & Croutons 48g or Taco Salad w/Roll & Doritos 48g Pepperoni or Cheese Pizza	Breaded Chicken Sandwich 35g (PI or Spicy) or Mini Corn Dogs 20g Cooked Carrots 13g / Mixed Veg 13g Baby Carrots 12g Peach Cup 18g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Sun Chips 19g Milk 25g PBJ Kit 48g Ham Chef Salad w/Roll & Croutons 48g Sausage or Cheese Pizza
Monday 1-27	Tuesday 1-28	Wednesday 1-29	Thursday 1-30	Friday 1-31
Chicken Nuggets 15g or Mozzarella Sticks 16g w/Marinara 3g Mashed Potatoes 15g/Corn 21g Celery Sticks 3g w/Peanut Butter 5g Applesauce Cup 13g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Blueberry Muffin Milk 25g PBJ Kit 48g Turkey Chef Salad w/Roll & Croutons 48g Pepperoni or Cheese Pizza	Cheese Stuffed Breadsticks 34g w/Marinara Sauce 3g or Boneless Wings 17g (PI or Spicy) French Fries (6-8) 20g Broccoli w/Cheese (9-12) 4.5g Baby Carrots 12g Blueberries 18g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Doritos (9-12) 20g Cookie (6-8) 18g Milk 25g Yogurt Kit 67g Ham Chef Salad w/Roll & Croutons 48g or	Cheeseburger 21g or Mini Corn Dogs 20g French Fries (9-12) 20g Broccoli w/Cheese (6-8) 4.5g Celery Sticks 3g w/Peanut Butter 5g Strawberry Cup 38g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Doritos (6-8) 20g Cookie (9-12) 18g Milk 25g PBJ Kit 48g	Beef Nachos 3g or Mini Quesadilla 35g Refried Beans 27g/Mixed Veg 13g Fresh Broccoli 3g Pear Cup 12g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Tortilla Chips 35g, Sour Cream, Salsa, Shredded Cheese, Jalapenos Jell-O 17g Milk 25g Yogurt Kit 67g	Chicken Tenders (PI or Spicy) 15g or Breadsticks w/Cheese 34g String Cheese 2g Scalloped Potatoes 22g/Green Beans 3g Baby Carrots 12g Peach Cup 18g Assorted Whole Fruit 18g 100% Fruit Juice Cup 15g Ice Cream 19g Milk 25g PBJ Kit 48g

	Chicken Caesar Salad w/Roll & Croutons 48g Chef's Choice or Cheese Pizza	Turkey Chef Salad w/Roll 48g Croutons Buffalo Chicken or Cheese Pizza	Ham Chef Salad w/Roll & Croutons 48g or Taco Salad w/Roll 48g Pepperoni or Cheese Pizza	Ham Chef Salad w/Roll & Croutons 48g Sausage & Cheese Pizza
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Pizza pepperoni 22g Sausage 22g Pizza Cheese 29g Pizza BBQ Chicken 42g Pizza Buffalo 22g BBQ Cup 11g Ranch Cup 4g Ketchup pc 2g