



SPRING 2025

LET'S GET STARTED!

REGISTRATION BEGINS

February 10th for Residents | February 18th for Non-Residents



ONLINE

tiny.cc/RegisterSCS

Log in or create an account
to register.



IN PERSON

Community Services Hub

Mon - Fri, 8am - 4pm



BY PHONE

(207) 730-4150

Mon - Fri, 8am - 4pm



CONTACT US



(207) 730-4150



comserv@scarboroughmaine.org



418 Payne Road, Scarborough, ME



www.scarboroughmaine.org

- We accept all major credit cards, cash, check, and money orders. A service charge of 2.49% will be applied to all credit card transactions.
- Non-residents may incur additional fees for some programs.
- Refunds (minus processing fee) will be issued for any cancellation or change made by an individual. For youth and adult programs, the processing fee is \$15.

- Those who do not attend the program or do not cancel at least 7 days prior to the start of a program are subject to no refund.
- Full refunds will be issued if Community Services cancels a program.
- Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please allow up to two weeks to process refund.



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ACTIVE ADULT PROGRAMS

WEEKLY ACTIVITIES

Community Lunches

Come enjoy a delicious lunch with friends! All lunches include coffee, a roll, and dessert.

AGES: 55+
LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesdays
TIME: Doors open | 11:00 am
 Lunch | 11:30 am
FEE: \$8 suggested donation (*paid at door*)
DEADLINE: Monday prior by 12:00 pm



DATE

MEAL

March 5

Meatloaf
Exercise & Aging Talk

March 12

Boiled Dinner
Music w/ Michael School

March 19

Chicken Pot Pie
Chair Yoga

March 26

Jambalaya
Short BINGO

April 2

Turkey Dinner
Fire Extinguisher Information

April 9

Pot Roast
Sparks Ark

April 16

Ziti w/ Meatballs
Home Respite Care

April 23

Haddock
Lunch & Learn: History of PWD

April 30

Chop Suey
Short BINGO

May 7

Italian Sandwiches
Lunch & Learn: A Seal's Journey

May 14

Beef Stroganoff
Lunch & Learn: The Common Loon

May 21

Pulled Pork

May 28

Lasagna
Short BINGO

Party Bridge

Strategize, compete, and make new connections with fellow participants every Monday at Party Bridge! Games start promptly at 9:30 am. **No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Mondays
TIME: 9:30 am - 12:30 pm
FEE: \$1 (*paid at door*)
CLOSED ON: Feb 17, Apr 21, May 26

BINGO

Join us for coffee and socializing beginning at noon. Bingo starts promptly at 12:30 pm. **No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Mondays
TIME: 12:00 - 2:00 pm
FEE: \$2 (*paid at door*)
CLOSED ON: Feb 17, Apr 21, May 26

Games & Gather

Get together for coffee, snacks, a plethora of games and comradery! **No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Tuesdays & Fridays
TIME: 9:00 am - 12:00 pm
FEE: FREE

Chair Yoga

Join Anne Esguerra, a C-IAYT certified Yoga Therapist, for in-person chair yoga sessions every week. She offers a practice that leans into the curiosity of self study filled with avenues of accessibility, permission and exploration. Thanks to a partnership with Martin's Point Health Care, we are able to offer these weekly classes for FREE!

No registration is required but if you would like to be added to our email list, please give us a call at 207-730-4150.

LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesdays
TIME: 9:00 - 10:00 am
FEE: FREE

Musicians Circle

Do you play guitar, fiddle, ukulele, or another musical instrument? Do you like to sing? Are you looking for someone to jam with? Join Ron and Sheri Aube for a musicians circle! All levels are welcome. **Please bring your own instruments, music, and stands. No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesdays
TIME: 3:00 - 5:00 pm
FEE: FREE

SPECIAL EVENTS

Senior Citizen Appreciation Dinner

Join us for an exciting evening to see what the Scarborough School District has been up to! Enjoy a delicious dinner prepared by the nutrition department and served by students, watch live performances from various school clubs, and admire student work and achievements on display. Don't forget to enter for a chance to win some great raffle prizes! **Meal choices are chicken with rice and vegetables or pasta with meatballs. Doors open at 4:00 PM, and dinner will be served at 4:30 PM.**

AGES: 55+
LOCATION: Wentworth School, 20 Quentin Drive
DATE: Apr 8 | Tuesday
TIME: 4:00 pm - 6:00 pm
FEE: FREE (*registration required*)
MIN / MAX: 0 / 100

CLASSES


Tech Talk

Join Jim Keenan, owner of Keenan Technologies, for a helpful session on understanding your computer or tablet. Jim will provide an overview of your device, and address your questions. This free event requires registration, so please include any specific questions you have for Jim during the sign-up process. **Bring your questions and devices with you.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Feb 27 | Thursday
TIME: 10:30 am - 11:15 am
FEE: FREE (*registration required*)
MIN / MAX: 5 / 8
DEADLINE: Monday prior

Back in Motion Balance Clinic

This program is designed to help you improve strength, stability, and confidence in your daily movements. As we age, maintaining good balance is essential for preventing falls and staying active. In this class, you'll be guided through a series of gentle exercises aimed at enhancing coordination, improving posture, and strengthening key muscles that support balance. Our goal is to create a safe and supportive environment where you can work at your own pace, build your skills, and feel more secure in your ability to move freely and independently. Let's get started on the path to better balance and greater peace of mind! **No registration required.**

AGES:	55+	
LOCATION:	SCS Hub, 418 Payne Road	
DATE:	Feb 3 - Mar 17 Mondays	
TIME:	2:30 pm - 3:30 pm	
FEE:	FREE	Sponsored by:
CLOSED ON:	Feb 17	 Back in Motion PHYSICAL THERAPY LLC

Active Living Every Day

Active Living Every Day is an evidence-based program designed for older adults who want to increase their physical activity levels. This 12-week program focuses on learning to be more active but is **not** an exercise program. Each week, participants will engage in hour-long sessions that emphasize goal setting, habit-building, and peer support. You'll discover how to overcome personal barriers to physical activity, set realistic goals, and stay motivated to lead a more active lifestyle.

AGES:	55+
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Mar 4 - May 27 Tuesdays
TIME:	10:30 am - 11:30 am
FEE:	FREE (registration required)
DEADLINE:	Tuesday prior
CLOSED ON:	May 20



AARP Driver Safety Class

Did you know that Maine law requires auto insurance companies to provide a discount on liability and collision coverage for drivers age 55 and older who complete an approved motor vehicle accident prevention course? SCS and Age-Friendly Scarborough are partnering with AARP to offer the Smart Driver Safety Course, which may help you lower your vehicle insurance costs.

This program is the nation's first and largest classroom refresher driving course designed specifically for mature and experienced drivers. Offered as a four-hour class, it covers defensive driving techniques, new traffic laws, rules of the road, and more. Participants will also learn how to adjust their driving to accommodate age-related changes in vision, hearing, and reaction time.

AGES:	55+
LOCATION:	SCS Hub, 418 Payne Road
DATE:	May 22 Thursday
TIME:	10:00 am - 2:00 pm
FEE:	\$25 (\$5 discount for AARP members) Pay instructor on day of class
DEADLINE:	Friday, May 16

FIRST AID

Hands-Only CPR

The Hands-Only CPR course is designed to teach the basics of performing CPR, with a primary focus on chest compressions to assist someone experiencing sudden cardiac arrest. This class is intended for the general public, including those with no prior CPR experience. Participants will learn how to recognize cardiac arrest, perform effective chest compressions, and use an AED.

The hands-only CPR classes do not include a course completion card. You must register for a Heartsaver CPR course to receive a card.

AGES: 14+
LOCATION: Public Safety building, 275 U.S. Route 1
DATE: Apr 16 | Wednesday
TIME: 6:00 pm - 8:00 pm
FEE: FREE (*registration required*)
MIN / MAX: 6 / 50
DEADLINE: Friday, Apr 11

Heartsaver CPR & AED

Based on the latest science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC), this course is designed for individuals with limited or no medical training who need a CPR and AED course completion card to meet job, regulatory, or other requirements.

Participants will learn how high-quality CPR improves survival, the concepts of the Chain of Survival, how to recognize when someone needs CPR, and how to perform high-quality CPR for adults, children, and infants. The course also covers performing CPR with assistance, providing effective breaths using mouth-to-mouth or a mask for all age groups, using an AED on adults and children, and recognizing and responding to choking in adults, children, and infants.

AGES: 14+
LOCATION: Public Safety building, 275 U.S. Route 1
DATE: May 21 | Wednesday
TIME: 6:00 pm - 9:00 pm
FEE: \$60
MIN / MAX: 6 / 25
DEADLINE: Friday, May 16

Basic Life Support for Healthcare Professionals

Based on the latest science and education from the American Heart Association's Guidelines Update for CPR and Emergency Cardiovascular Care (ECC), this course is designed for healthcare professionals and other personnel who need to perform CPR and basic cardiovascular life support skills in a variety of in-facility and prehospital settings.

Participants will learn high-quality CPR for adults, children, and infants; the AHA Chain of Survival with a focus on the Basic Life Support components; the importance of early AED use; effective ventilations using a barrier device; the role of teamwork in multi-rescuer resuscitation; how to perform as an effective team member during multi-rescuer CPR; and how to relieve foreign-body airway obstruction (choking) in adults and infants.

AGES: 14+
LOCATION: Public Safety building, 275 U.S. Route 1
DATE: Jun 18 | Wednesday
TIME: 6:00 pm - 9:00 pm
FEE: \$65
MIN / MAX: 6 / 25
DEADLINE: Friday, Jun 13



SAND FOR SENIORS

Scarborough senior citizens in need of sand for their driveways and sidewalks can have a bucket of sand delivered FREE to their residence.

Contact Jake Murphy with your request at jmurphy@scarboroughmaine.org. Be sure to leave your name, telephone number, and address.

TRIPS



These boots were made for walkin' and that's just what you'll do if you see this symbol next to a trip.

Don Quixote Ballet

This classical and comedic story follows the eccentric Don Quixote and his sidekick Sancho Panza as they come across Kitri, her love interest Basilio, and her disapproving father Lorenzo. Filled with memorable music and rollicking choreography, the fun unfolds as Kitri and Basilio try to outsmart her father as Don Quixote and the people of the town join in the merriment!

This innovative program mixes dance performance, lecture, and demonstration for a behind-the-scenes look at performing arts production. Presented by Artistic Director Nell Shipman and the dancers of the Portland School of Ballet. We will grab lunch in the area after the show.

AGES: 55+
LOCATION: Westbrook, ME
DATE: Mar 14 | Friday
TIME: 9:00 am - 2:30 pm
FEE: \$10
Lunch cost on your own.
MIN/MAX: 6 / 10
DEADLINE: Friday, Mar 7

Madeleines at Portland Stage

Enjoy a heartfelt new work by Maine playwright, Bess Welden. *Madeleines* tells the story of Debra and Jennifer, two sisters grieving the death of their mother, a professional baker. When a secret hidden among their mother's recipes is discovered, the siblings fracture and their understanding of family is put to the test. A play about sweets, familial rivalry, and learning to let go, Welden's work asks us to examine how and what we forgive.

AGES: 55+
LOCATION: Portland, ME
DATE: Mar 20 | Thursday
TIME: 12:00 pm
FEE: \$50
MIN/MAX: 6 / 10
DEADLINE: Wednesday, Feb 19

Mystery Lunch

Are you ready for a little adventure? Join us for a "lunchapade." We won't tell you where we are going, but we will tell you that we will travel up to 60 minutes to a mystery lunch destination and you will find entrees for \$20 or less. Bring your appetite and an open mind on this lunch trip at a top secret location!

AGES: 55+
LOCATION: Top Secret, ME
DATE: Mar 28 | Friday
 Apr 25 | Friday
TIME: 11:00 am - 3:00 pm
FEE: \$10
Lunch cost on your own.
MIN/MAX: 6 / 13
DEADLINE: Thursday prior

Lakes Region Strings Concert

Join us for a noonday concert by the Lakes Region String Quartet. Established in early 2015, the quartet was formed when the principal string players of the New Hampshire Lakes Region Symphony were invited to perform a piece for the orchestra's spring concert. The quartet delights in playing various musical styles, but classical string quartet compositions remain dear to their hearts.

This performance will last 45 minutes without an intermission. We will find lunch in the area after the concert.

AGES: 55+
LOCATION: Portland, ME
DATE: Apr 3 | Thursday
TIME: 11:30 am - 3:30 pm
FEE: \$10
Lunch cost on your own.
MIN/MAX: 6 / 10
DEADLINE: Thursday, Mar 27





Blaine House Tour



Discover the rich history of the Blaine House, the official residence of Maine's governors since 1919. This guided tour explores the first-floor rooms of the 1833 mansion, offering a glimpse into the life and times of teacher-turned-political leader James G. Blaine.

The Blaine House is home to an array of historical artifacts, works of art, furniture, and furnishings, all carefully preserved and maintained by the Maine State Museum. We will head to Cloud 9 restaurant in Augusta after for lunch. They offer a lunch buffet which includes an assortment of brick oven pizzas, salad bar & soup of the day.

AGES: 55+
LOCATION: Augusta, ME
DATE: Apr 11 | Friday
TIME: 8:45 am - 3:30 pm
FEE: \$10
Lunch cost on your own.
MIN/MAX: 6 / 10
DEADLINE: Friday, Apr 4

Tea Party at Rachel's on the Green

Join us for an afternoon Tea Party at Rachel's on the Green in Cumberland! Each table will have their own selection of elegant tea sandwiches, delicate desserts, and piping hot tea. A concert will follow the tea service. Fascinators included.

AGES: 55+
LOCATION: Cumberland, ME
DATE: Apr 24 | Thursday
TIME: 11:00 am - 2:30 pm
FEE: \$30
MIN/MAX: 6 / 10
DEADLINE: Thursday, Feb 20

Sunflower Farm & Goat Snuggles



Join us for a fun-filled visit to Sunflower Farm Creamery in Cumberland, a family-owned and operated Nigerian Dwarf goat dairy. We will have the chance to learn about the farm's history, their goat milk products, and get to meet with the adorable baby goats! We will find lunch nearby before we return.

AGES: 55+
LOCATION: Cumberland, ME
DATE: May 2 | Friday
TIME: 10:00 am - 3:30 pm
FEE: \$15
Lunch cost on your own.
MIN/MAX: 8 / 13
DEADLINE: Friday, Apr 25



Strawberry Banke Museum



Step back in time and explore over 350 years of history at the living history museum of Strawberry Banke in Portsmouth, New Hampshire. Enjoy a self-guided tour of the historic houses on their original sites, meet and talk with costumed roleplayers, watch traditional crafts demonstrations, and explore heirloom gardens and historical landscapes. We will stop for lunch at the Weathervane Seafood Restaurant in Kittery before returning.

AGES: 55+
LOCATION: Portsmouth, NH
DATE: May 9 | Friday
TIME: 9:15 am - 4:15 pm
FEE: \$32
Lunch cost on your own.
MIN/MAX: 8 / 13
DEADLINE: Friday, May 2

Dolphin Marina Restaurant

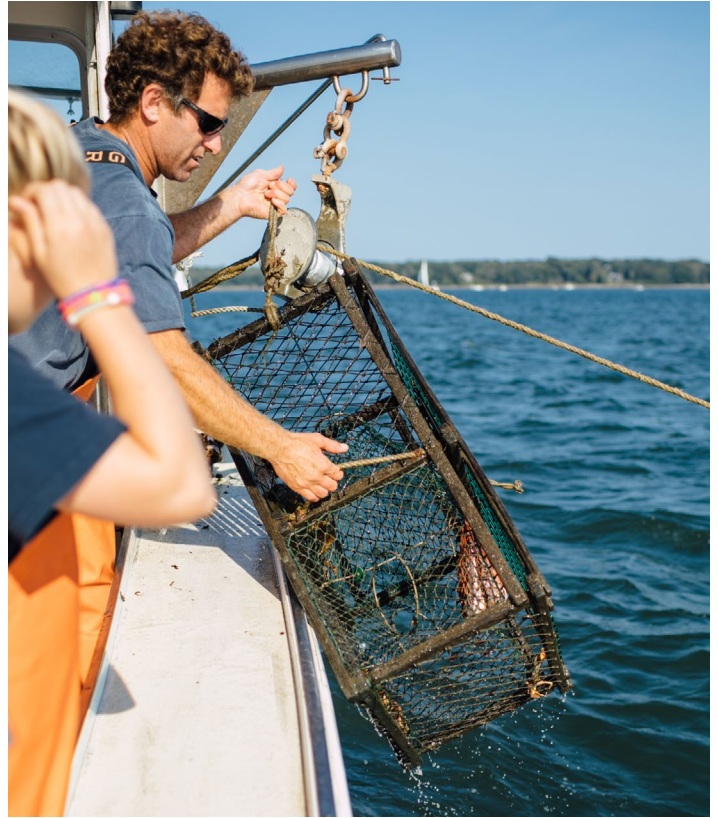
Join us for a visit to the Dolphin Marina restaurant in Harpswell, which sits on the water's edge and offers spectacular views of Casco Bay. Known for their specialties of fish chowder, lobster stew, and blueberry muffins, they also feature local seafood, hand cut steaks, daily blackboard specials, and homemade desserts.

AGES: 55+
LOCATION: Harpswell, ME
DATE: May 16 | Friday
TIME: 10:30 am - 3:30 pm
FEE: \$10
Lunch cost on your own.
MIN/MAX: 5 / 13
DEADLINE: Friday, May 9

Willows Awake Winery

Join us for a wine tasting experience at the picturesque Willows Awake Winery in Leeds. This 8-acre vineyard is home to over 5,000 vines of cold-hardy grape varieties. Following the tasting, we'll enjoy lunch at the onsite restaurant, No. 10 Eatery. The restaurant prides itself on creating wine-inspired dishes using Willows Awake wines and locally sourced ingredients. **Participants will need to be able to walk the 75 feet between the tasting room and the restaurant, over a gravel parking lot.**

AGES: 55+
LOCATION: Leeds, ME
DATE: May 30 | Friday
TIME: 11:00 am - 4:30 pm
FEE: \$20
Included: Transportation and wine tasting. Lunch cost on your own.
MIN/MAX: 6 / 13
DEADLINE: Friday, May 23



Lucky Catch Lobster Tour



Come join us for an excursion on the waters of Casco Bay while we learn about lobster habits, conservation efforts and the difference between hard shells, shedders, shorts, culls, and keepers. Participate in the baiting and hauling of the traps, or sit back and relax as we cruise near picturesque lighthouses, historic civil war forts, and the "Seal Rocks".

We will find lunch along Commercial Street before heading home. Any lobsters we catch can be purchased after the cruise for wholesale "boat" price and cooked at the Portland Lobster Company for a fee.

The excursion is 80-90 minutes and it is recommended we use a restroom before boarding. There is a low-capacity bathroom suitable for emergency use only onboard.


AGES: 55+
LOCATION: Portland, ME
DATE: Jun 5 | Thursday
TIME: 9:15 am - 3:00 pm
FEE: \$50
Lunch cost & lobster on your own.
MIN/MAX: 7 / 9
DEADLINE: Thursday, May 29

Currier Museum of Art

Discover the Currier Museum of Art in Manchester, NH, home to an extraordinary collection of European, American, and contemporary paintings and sculptures. It is also the only museum in the world featuring two homes designed by the iconic architect Frank Lloyd Wright. Enjoy lunch at the museum café, which offers a variety of fresh salads, seasonal soups, and sandwiches.

Following our exploration of the museum’s art collection, we’ll embark on guided tours of two Frank Lloyd Wright masterpieces: The Zimmerman House and the Usonian Automatic. These remarkable homes, built in the 1950s, showcase Wright’s revolutionary approach to American residential design. Don’t miss this rare opportunity to experience the only Wright-designed buildings in New England open to the public!

- AGES:** 55+
- LOCATION:** Manchester, NH
- DATE:** Jun 13 | Friday
- TIME:** 10:30 am - 6:00 pm
- FEE:** \$55
- MIN/MAX:** 10 / 13
- DEADLINE:** Friday, Jun 6



TRIP REFUND POLICY

Due to the nature of trips (pre-purchase of admission, required minimum headcount, etc.), trips are not refundable after the advertised deadline date **UNLESS** we have a waitlist and can fill your spot in a timely manner.

ACTIVE

Tennis in the Parks

Led by a USTA-approved coach, participants will have fun and get great exercise while developing the skills to serve, rally, and play tennis. The program is perfect for first-time and beginner players, as well as returning novice players.

- AGES:** 18+
- LOCATION:** High School Tennis Courts
- DATE:** May 3 - Jun 14 | Saturdays
- TIME:** 5:00 pm - 6:15 pm
- FEE:** \$100
- MIN/MAX:** 7 / 8

TRAVEL

Iceland’s Magical Northern Lights

Experience the “land of fire and ice” and chase the aurora borealis across an ethereal wonderland. In the dark of the night, search for the northern lights as you drift along on an evening starlit cruise. Travel the “Golden Circle,” home to renowned natural wonders, and spend time at Thingvellir National Park, gaze at Gullfoss waterfall, and see the explosive geothermal fields at Geysir. Explore Skógar Museum and see traditional turf-built homes. Walk on a black volcanic sand beach. See Jökulsárlón glacial lagoon filled with floating icebergs. Relax in the warm, mineral-rich water of the Blue Lagoon. Spend your days surrounded by natural wonders and your nights in search of the elusive dancing lights.

This trip includes transportation to and from airport, round-trip airfare, air taxes/fees/surcharges, hotel transfers, and 11 meals (6 breakfasts, 5 dinners).

For more information, contact Nicole Hall at 207-730-4158 or nhall@scarboroughmaine.org.

- DATE:** Oct 18 - Oct 24, 2025 | Sun - Fri
- FEE:** **Double Room** | \$4,199 (per person)
Single Room | \$4,699





TEEN PROGRAMS

EARLY RELEASE TRIPS

- Trips are open to Scarborough students in Grades 6-8.
- SCS will pick up and depart from the Middle School at 1:00 pm.
- Students must be picked up at the specified return time at the SCS Hub, 418 Payne Road.

Urban Air

Get your bounce on! The Deluxe Pass gives access to trampolines, Wipeout, Warrior Course, Pro Zone, Climbing Hill, Battle Beam, Drop Zone and tubes. Remember to bring your Urban Air socks, or bring an extra \$3.50 to purchase socks. Bring money to purchase food at the park.

GRADES: 6-8
LOCATION: Scarborough, ME
DATE: Mar 5 | Wednesday
TIME: 1:00 - 4:00 pm
FEE: \$35
MIN/MAX 5 / 12
DEADLINE: Wednesday, Feb 26 by 4:00 pm



Maine Escape Games

Join us for a visit to Maine Escape Games. We will divide into two groups and attempt to escape **Allister's Secret** and **Southport School for Wizards** rooms before the time runs out. The first group to escape wins bragging rights! Bring money for a snack after our escape game experience.

GRADES: 6-8
LOCATION: Maine Escape Games | SoPo, ME
DATE: Apr 9 | Wednesday
TIME: 1:00 - 4:00 pm
FEE: \$42
MIN/MAX 5 / 12
DEADLINE: Wednesday, Apr 2 by 4:00 pm

Geocaching Adventure

Using the Geocaching app, we will travel around Scarborough to find as many hidden geocaches as we can. This is a great way to work on navigation skills, visit new places, and spend time outside. Bring money for a snack stop along the way.

GRADES: 6-8
LOCATION: Scarborough, ME
DATE: May 7 | Wednesday
TIME: 1:00 - 4:00 pm
FEE: \$10
MIN/MAX 5 / 12
DEADLINE: Wednesday, Apr 30 by 4:00 pm

FIRST AID

Hands-Only CPR

The Hands-Only CPR course is designed to teach the basics of performing CPR, with a primary focus on chest compressions to assist someone experiencing sudden cardiac arrest. This class is intended for the general public, including those with no prior CPR experience. Participants will learn how to recognize cardiac arrest, perform effective chest compressions, and use an AED.

The hands-only CPR classes do not include a course completion card. You must register for a Heartsaver CPR course to receive a card.

AGES: 14+
LOCATION: Public Safety building, 275 U.S. Route 1
DATE: Apr 16 | Wednesday
TIME: 6:00 pm - 8:00 pm
FEE: FREE (**registration required**)
MIN / MAX: 6 / 50
DEADLINE: Friday, Apr 11

Heartsaver CPR & AED

Based on the latest science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC), this course is designed for individuals with limited or no medical training who need a CPR and AED course completion card to meet job, regulatory, or other requirements.

Participants will learn how high-quality CPR improves survival, the concepts of the Chain of Survival, how to recognize when someone needs CPR, and how to perform high-quality CPR for adults, children, and infants. The course also covers performing CPR with assistance, providing effective breaths using mouth-to-mouth or a mask for all age groups, using an AED on adults and children, and recognizing and responding to choking in adults, children, and infants.

AGES: 14+
LOCATION: Public Safety building, 275 U.S. Route 1
DATE: May 21 | Wednesday
TIME: 6:00 pm - 9:00 pm
FEE: \$60
MIN / MAX: 6 / 25
DEADLINE: Friday, May 16

Basic Life Support for Healthcare Professionals

Based on the latest science and education from the American Heart Association's Guidelines Update for CPR and Emergency Cardiovascular Care (ECC), this course is designed for healthcare professionals and other personnel who need to perform CPR and basic cardiovascular life support skills in a variety of in-facility and prehospital settings.

Participants will learn high-quality CPR for adults, children, and infants; the AHA Chain of Survival with a focus on the Basic Life Support components; the importance of early AED use; effective ventilations using a barrier device; the role of teamwork in multi-rescuer resuscitation; how to perform as an effective team member during multi-rescuer CPR; and how to relieve foreign-body airway obstruction (choking) in adults and infants.

AGES: 14+
LOCATION: Public Safety building, 275 U.S. Route 1
DATE: Jun 18 | Wednesday
TIME: 6:00 pm - 9:00 pm
FEE: \$65
MIN / MAX: 6 / 25
DEADLINE: Friday, Jun 13



YOUTH PROGRAMS

ACTIVE

Indoor Soccer

Experience the high-speed thrill of indoor soccer! There will be no practices during this indoor season, only action-packed games every Saturday. Teams will be co-ed if needed to run.

Registration for this program opened early to ensure teams and game schedules can be made in time. Be sure to sign up before the deadline!

GRADES:	PreK-6
LOCATION:	Scarborough Gyms
DATE:	Mar 1 - Apr 5 Saturdays
TIME:	8:00 - 4:00 pm
FEE:	\$55
MIN/MAX:	24 / 140
DEADLINE:	Friday, Feb 14

Youth Lacrosse Clinic

This program focuses on teaching the basics of lacrosse to prepare players for the upcoming season. Participants will compete in various lacrosse games like storm lacrosse, chumash, ultimate, and more. Older players will enhance their skills through small-field lacrosse games. **Instructor: Scarborough Youth Lacrosse Staff.**

Grades 5-8 must bring equipment. Grades K-4 will have sticks and goggles available to use.

GRADES:	K-8
LOCATION:	HS Plummer Gym
DATE:	Mar 2 - Mar 23 Sundays
TIME:	Grades K-2 3:00 - 4:00 pm Grades 3-5 4:00 - 5:00 pm Grades 6-8 Girls 5:00 - 6:00 pm Grades 6-8 Boys 6:00 - 7:00 pm
FEE:	\$35 resident \$50 non-resident
MIN/MAX:	15 / 80
DEADLINE:	Sunday, Feb 23



SCHEDULE

Time and location for games will vary based on the division and gym availability. Games are typically held no earlier than 8:00 am and are played no later than 4:00 pm. Detailed information will be available on our website closer to the program start date.

SPECIAL REQUEST POLICY

Coach and player requests are limited to one request per participant. **You may request one coach OR one player.** Although we try our best, we cannot guarantee that your choice will be honored.

COACHES' MEETING

The coaches' meeting will be held prior to the start of the season to receive their team rosters with contact information. Coaches will be in touch with families shortly after by email or phone.

Mini Gym Class Heroes

Nothing beats old-school gym games and activities! Join us for this four-part series where each week we will introduce a new game, like indoor soccer, basketball, jump the creek, obstacle courses, tag and more! **Instructor: SCS Staff.**

AGES:	3-5
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Mar 4 - Mar 25 Tuesdays
TIME:	10:45 - 11:15 am
FEE:	\$40
MIN/MAX:	6 / 20
DEADLINE:	Thursday, Feb 27

Mini Hits

This program is an introduction to baseball and will help get your little athlete comfortable with the basic rules and fundamentals of the sport. Parent involvement is encouraged. **Instructor: SCS Staff.**

Participants should wear comfortable clothing. A glove is recommended but not required.

AGES: 2.5-5
LOCATION: HS Softball Field
DATE: Apr 3 - May 1 | Thursdays
TIME: 10:45 - 11:15 am
FEE: \$30
MIN/MAX: 6 / 14
DEADLINE: Thursday, Mar 27

Spring Cross Country

This program involves learning the proper technique used in running through different terrain such as woods, fields, and walking paths. Practices are held Mondays and Thursdays, with optional cross-country meets on Wednesdays at various locations beginning at the end of April. Transportation not provided. **Instructor: Stephanie Bornstein.**

GRADES: 1-6
LOCATION: Memorial Park
DATE: Apr 21 - Jun 12 | Mon & Thur
XC Meets on Wednesdays
TIME: 5:00 - 6:00 pm
FEE: \$65 (+\$10 for optional t-shirt)
MIN/MAX: 10 / 75
DEADLINE: Friday, Apr 18



Tennis in the Parks

This tennis program is perfect for first-time or beginner tennis players. Led by approved USTA tennis coaches, this program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play! **Instructor: USTA tennis coaches.**

Participants will receive a new age-appropriate racket and ball to keep.

GRADES: 1-8
LOCATION: High School Tennis Courts
DATE: May 3 - Jun 14 | Saturdays
TIME: **Grades 1-2** | 2:00 - 3:00 pm
Grades 3-5 | 3:00 - 4:00 pm
Grades 6-8 | 4:00 - 5:00 pm
FEE: \$90
MIN/MAX: 7 / 8
DEADLINE: Wednesday, Apr 30

STEM



Science Made FUN!
hightouch hightech

To the Moon & Beyond!

From the Moon to Mars, what keeps it all moving and what else is out there? Learn about comets and meteors and how they impact the surface of the moon and Mars. Get ready to pack for your next space trip, get a taste of space food and so much more! **Instructor: High Touch High Tech of Maine.**

GRADES: K-2
LOCATION: SCS Hub, 418 Payne Road
DATE: Mar 5 - Apr 9 | Wednesdays
TIME: 4:15 - 5:15 pm
FEE: \$115
MIN/MAX: 10 / 18
DEADLINE: Wednesday, Feb 26

Edison's Workshop

Join us on an electrifying journey through everything electricity! Experience everything about static and current electricity, touch lightning, build circuits, discover how electric energy is transferred to other types of energy and more. **Instructor: High Touch High Tech of Maine.**

GRADES: 3-4
LOCATION: SCS Hub, 418 Payne Road
DATE: Mar 6 - Apr 10 | Thursdays
TIME: 4:15 - 5:15 pm
FEE: \$115
MIN/MAX: 10 / 18
DEADLINE: Wednesday, Feb 26

Super Science Seminars

Calling all curious scientists! Join us for an exciting series of hands-on learning adventures where we uncover the secrets of prehistoric creatures, Maine's wild predators, and the giants of the ocean. Each themed session is packed with fascinating facts, interactive games, and engaging activities designed to inspire a love for science! **Instructor: Pat Reagan.**

AGES: 8-12
LOCATION: SCS Hub, 418 Payne Road
DATE: Mar 22 - Apr 5 | Saturdays
TIME: 9:00 - 11:00 am
FEE: \$125
MIN/MAX: 5 / 20
DEADLINE: Monday, Mar 17



SPECIAL EVENTS

Park Hop Egg Hunt

The Easter Bunny visited Scarborough and dropped eggs all over town! Can you retrace the Bunny's tracks and help find the eggs?

Keep an eye on our website and Facebook page for the coloring page map of locations where the Bunny was last seen hopping around. Submit the completed map for the chance to be 1 of 6 participants to win a basket full of goodies!

LOCATION: Scarborough, ME
DATE: Mar 3 - Mar 31
FEE: FREE

Bunny Breakfast

Join us on Saturday, April 12 in the Wentworth Cafeteria for a yummy breakfast with our favorite special guest... the Easter Bunny! The menu includes pancakes, sausage, hash browns, and fruit, along with all of the fixings. Don't forget to bring your camera for a photo op with the Bunny!

LOCATION: Wentworth School
DATE: Apr 12 | Saturday
TIME: 9:00 - 11:00 am
FEE: \$10 per family

Sponsored by:
 **empeople**
CREDIT UNION



Blood Drive

Roll up your sleeves and help save lives! We are partnering with the American Red Cross to hold a community blood drive on Tuesday, April 22 at the SCS Hub. **For more information or to make an appointment, visit redcrossblood.org or call 207-730-2158.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Apr 22 | Tuesday
TIME: 9:00 am - 2:00 pm



Family Formal Dance

Families come in all shapes and sizes... Moms, dads, siblings, grandparents, aunts, uncles, cousins, friends, and even your favorite neighbors! No matter who you call family, bring the people who mean the most to you and join us for a night to remember at our 4th Annual Spring Fling Family Formal Dance on Friday, May 3rd!

Professional photography offered on site, as well as a selfie station for those fun and silly poses. Music provided by local radio DJs Joe Lerman and Rob Steele. Light refreshments and snacks provided.

LOCATION: Wentworth School
DATE: May 3 | Saturday
TIME: 6:00 - 8:00 pm
FEE: \$8 per person

COMMUNITY INFO

EMPLOYMENT OPPORTUNITIES

Interested in working for us? We are always on the look out for dedicated individuals interested in the parks and rec world.

Whether it's child care, parks maintenance, beaches, cable tv, or recreation, we would love for you to join our team!



To view job openings in our department and all others from the Town of Scarborough, visit:
tiny.cc/ApplySCS

STAY CONNECTED

Scarborough Community TV

SCTV is Scarborough's local programming station that airs official town meetings, a bulletin board slideshow, and public access shows, such as sporting events and concerts.

We offer extensive training and studio equipment use at no charge to our residents. We encourage new producers to take a tour of our facilities and to become active station members!

Tune into Channels 1301 and 1302 on your television or view livestreams and archived videos online at youtube.com/ScarboroughMainePublicMeetings.

Town E-Newsletter

Want to stay up to date with town happenings? Sign up for the Town of Scarborough E-Newsletter and get sent an email every month with the latest news.

Visit scarboroughmaine.org to join the mailing list.

FOLLOW US ON SOCIAL MEDIA

to stay up to date with the latest news, events & updates.



@ScarboroughComServ

PASSPORTS



Planning international travel? For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State.

Passport Acceptance Hours

TUES	9:00 am - 11:00 am
WED	9:00 am - 5:00 pm
THUR	9:00 am - 11:00 am

Appointments are scheduled throughout the day in 30-minute intervals, which is usually plenty of time to process applications for individuals as well as families. All appointments take place at the Scarborough Community Services Hub, located at 418 Payne Road. Call 207-730-4150 to schedule.



For printable applications, information on documentation, required fees, and other passport and international travel information, please visit [Travel.State.Gov](https://travel.state.gov) or call us at 207-730-4150.

What You Need to Bring

→ APPLICANT

Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

→ MINORS AGE 15 & UNDER

It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

→ ADULTS AGE 16 & 17

It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

→ PROOF OF U.S. CITIZENSHIP

Certified U.S. birth certificate OR previous U.S. Passport.

→ PHOTO IDENTIFICATION

Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID).

→ PASSPORT PHOTO

This service is provided by area businesses. We do not provide this service.

→ COMPLETED FORMS

We recommend planning ahead and completing the necessary forms prior to your appointment to make the process faster.



FACILITIES & RENTALS

Blue Point Park

241 Pine Point Road

- Tennis court
- Pickleball court (uses existing tennis nets)
- Basketball court

Black Point Park

160 Black Point Road

- Multi-use field
- Playground with toddler swings

Memorial Park

5 Durant Drive

- Walking trail
- Fountains and gazebo
- Multi-use field
- Skateboard park
- Pickleball courts
- Cornhole boards and chess tables
- Concession stand with restrooms

Peterson Sports Complex

138 Old Blue Point Road

- Multi-use fields
- Walking trail
- Playground
- Little League baseball field
- Little League softball field
- Softball field

Scarborough Middle School Sports Complex

21 Quentin Drive

- Multi-use fields
- Baseball field
- Softball field

Scarborough High School Sports Complex

11 Municipal Drive

- Turf field
- Track
- Baseball field
- Softball fields
- Multi-use fields
- Basketball courts
- Tennis courts
- Pickleball courts (must bring own nets)
- Ice rink
- Concession stand with restrooms

Scarborough River Wildlife Sanctuary

206 Pine Point Road

- Marked walking trails
- Scenic overlook

Springbrook Sports Complex

11 Longmeadow Road

- Softball field
- Little League softball field
- Walking path
- Playground
- Concession stand with restrooms

Willey Sports Complex

42 Tenney Lane

- Baseball field
- Little League baseball field
- Multi-use field
- Walking path
- Playground
- Concession stand with restrooms

BEACHES

Pine Point Beach

Public parking on Avenue 5

- A long sandy beach on Saco Bay that extends from the jetty at Pine Point to Old Orchard Beach.

Ferry Beach

Public parking at 50 Ferry Road

- A sandy beach along the Scarborough River channel known for its calm waves shallower waters at low tide.

Higgins Beach

Public parking at 41 Ocean Avenue

- A sandy beach located within a quaint residential neighborhood that dates back to the late 1800s.

Each municipal parking lot has public restrooms and showers open during the summer season.

DOGS ON BEACH REMINDER

Furry friends are welcome at the beaches all hours of the day after Labor Day, but please keep in mind the leash rules for the time of day.

For detailed information about our beaches, including the Animal Control Ordinance, please refer to scarboroughmaine.org.

Labor Day through May 14



Dawn - 1pm 3pm - Dusk

Dogs may be off leash if **under voice and sight control**.



1pm - 3pm

Dogs must be **on leash** at all Town beaches.



Scoop the Poop

Help keep our beaches beautiful and **clean up after your dog**.

RENTALS & RESERVATIONS

Field & Facility Reservations

Need to reserve a field or facility? All reservations are accepted through our online reservation system, which can be found on our website. Using your organization's username and password, you are able to:

- Update your organization's contact information.
- Check field and facility availability in real-time.
- Request a field or facility.
- Print request confirmation for your records.
- Make a payment for reservation online using a debit or credit card.

To access your group's username and password, or to create a new account, please call our office at 207-730-4150 or email us at reservations@scarboroughmaine.org.

Kayak Rack Rentals

Tired of lugging your kayak to and from the beach? Our department maintains kayak storage racks at the Pine Point Co-Op, Ferry Beach, and Clay Pitts boat launch. Each rack has 16 spots available.

- Scarborough residents and taxpayers may enter their name into the lottery for a chance to secure a space for the season beginning **February 1 through February 24**.

No fee will be assessed for the lottery enrollment. If you are selected, each kayak spot is \$150 for the season. Please visit our website for the most up to date information.

OUTDOOR AMENITIES

Outdoor Lighting Management

The following courts and fields have outdoor lights that can be schedule through the Community Services Department:

- Basketball Courts
- McFarland Baseball Field
- Tennis Courts
- Track
- Turf Field
- Rt. 114 Multi-Use Field
- Varsity Softball Field

RATES

Basketball and Tennis Courts.....	\$15 per hour
Track.....	\$15 per hour
Turf, Baseball and Softball Fields.....	\$70 per hour

SPONSORSHIPS

Sponsorship Opportunities

Scarborough Community Services works with businesses of all sizes, as well as individuals, to form partnerships through sponsorship and advertising opportunities. With you by our side, we can meet the needs of our growing community in new and engaging ways. Your partnership with us demonstrates that you share our dedication to enhancing the quality of life for all residents and want to make a positive impact on the Town of Scarborough.

Interested in growing your business while supporting your community? Check out our updated Sponsorship Opportunities Brochure on our website for established event and program partnership possibilities.

If you have something else in mind, maybe a special skill, product, or needed service you would like to contribute, or if you would like to customize a sponsorship package, please contact us at comserv@scarboroughmaine.org.

Why Sponsor?

- ➔ Make a lasting impact in the Scarborough community.
- ➔ Help provide great programs & events for all ages.
- ➔ Promote your business in front of 1,000's of people.
Connect with your audience face-to-face.
- ➔ Gain greater recognition & good will in Scarborough.
- ➔ Give back to the community you call home!



THANK YOU TO OUR CURRENT SPONSORS!

