

Dear Parent/Guardian:

The attached is a copy of 2015-2016 LPHS Athletic Code. Each student who plays a CIF Sport, participates on the Ski Race Team, or Cheerleading Squad must agree to abide by all rules and regulations contained in this booklet.

Students and Parents/Guardians please read this document carefully. You will be held accountable for all the material contained within it.

PLEASE SIGN BELOW AND RETURN THIS 2015-2016 ATHLETIC CODE SIGNATURE PAGE TO THE HIGH SCHOOL OFFICE BEFORE YOUR FIRST GAME.

Parent/Guardian Signature

Student Signature

Parent/Guardian Print

Student Print

Date_____

Date_____

LONE PINE HIGH SCHOOL

2015-2016 ATHLETIC CODE

1. The purpose of this Code is to promote a high level of individual and team achievement, harmony, and cooperation among students, coaches, school, and community.
2. Interscholastic athletics at Lone Pine High School are considered to be an extension of the regular school program governed by the rules, regulations, and policies pertaining to all students. It is a privilege for students to represent their school in any activity.
3. Board policy, CIF rules, and California Education Codes are included as part of this code as they apply.
4. In addition, certain specific rules and regulations have been established to maximize athletic performance. These rules and regulations pertain to athletes in all sports involving interscholastic competition as well as skiing/snowboarding, cheerleading, student trainers, student managers, volunteer assistants, and other team support personnel under the supervision of the coach. Coaches of each sport will be responsible for all athletes knowing the rules and regulations.
5. Lone Pine High School subscribes to the California Interscholastic Federation Code of Athletics. Our athletes agree to abide by this code.
 - A. To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
 - B. To eliminate all possibilities which tend to destroy the best values of the game.
 - C. To stress the values derived from playing the game fairly.
 - D. To show courtesy to visiting teams and officials.
 - E. To establish a happy relationship between visitors and hosts.
 - F. To respect the integrity and judgment of sports officials.
 - G. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.

- H. To encourage leadership, initiative, and good judgment by the players of a team.
 - I. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual player.
 - J. To remember that an athletic contest is only a game, not a matter of life and death for the player, coach, school, officials, fans, community, state, or nation.
6. The LPHS Athletic Code consists of training and general conduct standards, which are intended to promote the highest level of success that our athletes and teams can achieve. We view success as the realization of predetermined personal and group goals.
7. The coaches, administration, and the Governing Board of Trustees of the Lone Pine Unified School District will enforce the specific provisions for this Code, Board Policy, CIF rules, California Education Code, and state law. Any conditions or situations not covered by the Code will require administrative interpretation based the philosophy of the Code and general policy of the Governing Board. The decision of the Governing Board is final.
8. **PHYSICAL EXAMINATIONS:** Each athlete must have a physical examination by a licensed physician before she or he is eligible to practice or participate in any sport. A physical examination is valid for one calendar year (12 months). **Students who play football are required to have medical insurance that covers tackle football or purchase the additional insurance available to them through the school before they may start practice.**
9. **ELIGIBILITY:**
- A. **ACADEMIC ELIGIBILITY:** The goal of the Board of Trustees is to have all students study, earn the highest grades possible, and also participate in the athletic program.
 - B. In the spirit of the Code, ineligibility lists are designed as preventative and correctional measures. The lists are printed each Wednesday following the end of the quarter grading period.
 - C. Each athlete will maintain satisfactory academic grades, citizenship, behavior, and attendance. The Athletic Director will take any action necessary to maintain an adequate level of achievement and attendance for all athletes.

- D. Specifically, a high school student cannot fail any classes in a quarter grading period to remain eligible for the following quarter grading period. The student must be enrolled in at least 6 classes at Lone Pine High School, and must have a 2.0 or better grade point average for the end of the semester report card. All regular school classes in which the student is enrolled and all outside classes for which high school credit is authorized will be used in the grade point computation. Seniors who are on course for graduation may drop down to five classes their last semester. **However, one “F” or more than one “D” makes the student ineligible regardless of the number of classes passed.**

Note: Students who receive two or more U's in citizenship on a report card from two or more teachers will be ineligible. Ineligible students may not participate in athletics, including practices, ASB, school pep rallies, Homecoming and Bud Hill Day activities taking place during school hours, including class royalty and escorts, FFA activities. Also, other various school activities that would cause students to miss valuable class time.

- E. Athletic eligibility will be checked every quarter grading period and at the end of summer school. A student who is found to be ineligible after a quarter grading period or after summer school will be declared ineligible for the following quarter grading period. There will be no academic probation period except for incoming freshmen who will have a probationary period for the first quarter grading period of their freshmen year.
- F. Summary:
Athletes will be declared ineligible for any of the following:
- One or more F's
 - Two or more D's
 - Incomplete grade (except in a situation beyond the student's control)
 - Less than a 2.0 GPA
 - U's in Citizenship from two or more teachers
 - Refer to Student Handbook page 4 for questions
- G. The “ineligible list” will be available at noon on Wednesday after the end of each quarter grading period.
10. The regular school-grading period is that time when all students in the school are graded. If two grades are given at the end of a grading period, scholastic eligibility shall be established according to the grade issued for credit.
11. A student cannot go back to his teacher and get extra credit work to raise a grade for eligibility purposes after grades have been issued.

12. Based on decisions made by the IEP team, a special education student may, under special conditions, be exempt.
13. All Athletes can be declared ineligible due to a violation(s) of school rules, including but not limited to, attendance irregularities, discipline problems, or poor conduct.
14. Any type of suspension from school will result in immediate ineligibility for all athletic activities for the period for suspension, and any additional time that may be determined by the principal.
15. If an athlete is ill and cannot attend school, it is fair to assume that he or she is too ill to go to games, or participate in other school activities. Therefore, students will not be allowed to participate in any school activity on a day when he or she has been absent from school. **Students must attend ALL classes the day before, the day of and the day after an athletic event. Players must be in school from the beginning of school (zero period) until the time for the team to leave. If you are tardy 16 minutes, you will be counted as absent and not allowed to attend the game. This applies to both home and away games. Medical appointments are not affected by this policy. This policy also applies to Friday attendance before a Saturday game.**
16. If an athlete is excused from school to represent Lone Pine High School for any type of activity, he or she **MUST attend all classes the following day or prove illness with a doctor's note**. Lack of sleep will not be an acceptable excuse and will be considered a class cut. Failure to attend will result in a one-game suspension for the next game.
17. The School Board intends that student eligibility will be strongly impacted when students have been determined to be using alcohol, tobacco, drugs, and/or steroids, or who have willfully been in the presence of others using alcohol or drugs.

Lone Pine High athletes represent their team, their school, and their community and therefore are expected to maintain high standards of conduct. Only those students who are willing to make the sacrifices necessary to maintain these high standards should go out for sports at LPHS.

- A. Any athlete who uses or possesses drugs or alcohol on campus or at any school activity will receive the following consequences:
 1. Suspension
 2. Sheriff's Department involvement
 3. Ineligible for a quarter from school activities

B. Any athlete who is at a party or other activity where minors are using alcohol and/or drugs condones by his or her presence the use of drugs or alcohol. Any athlete documented by legal authority will receive the following consequences:

1. The first offense will result in suspension from all team activities, including one or more contest. In addition, the athlete, depending on the circumstances, may be required to render school or community service as prescribed by the principal. The athlete is also subject to disciplinary action by his/her coach.
2. The second offense will result in the athlete being declared ineligible for a term of a quarter or the remainder of the sport season, whichever is longer. In addition, two weeks of school or community service may be required.
3. A third offense will result in one year's loss of eligibility.
4. Any athlete who violates the terms of their county court-order probation will be ineligible for six weeks.

18. Please read the following CIF Violence and Conduct rules carefully:

“Any student who physically assaults the person of a game or event official shall be banned from interscholastic athletics for the remainder for the students’ eligibility. A game or event official is defined as a referee, umpire, or another official assigned to interpret or enforce rules of competition at an event or contest. A student may, after a lapse of 18 calendar months from the date of the incident, apply for reinstatement of eligibility to the State Commissioner.”

Player Conduct Rule:

“Any player ejected for fighting or any player who leaves the confines of the bench or team area during a fight that may break out or has broken out shall be disqualified from participating in the remainder of the game and will be ineligible for the team’s next contest.”

Please be apprised that if a student violates either of these rules, he or she will also be subject to suspension according to the school rules pertaining to fighting at school or at a school activity.

19. All athletes will travel to and from contests on the bus or prescribed travel conveyance. With prior approval from the principal, a student may be picked up by a designated adult, when written notification by the parent/guardian is submitted to the principal 24 hours in advance and the designated adult has a valid “School Driver Registration Form” on file with the district. Any person providing transportation to a child other than their own must have a “School

Driver Registration Form” on file at the school site office. Check with the office. The student must be picked up in person by the designated adult. Students will NOT be released to friends. Students who live in Independence may, if they have written permission on file, drive their vehicles from Lone Pine to Independence to meet the bus. Students who live as far south as Pearsonville may do the same for trips south of Lone Pine. Students may not transport any other student when taking part in this privilege. Parents/Guardians driving their children home from an away game must notify the coach and sign out on the coaches’ register. Do not orally request bus driver to keep track of this.

Note: It is difficult for coaches to provide an accurate estimation of arrival times back to Lone Pine following athletic events. It will be a player’s responsibility to call, or ask the coach to call, his or her parents if it appears that the team will be arriving back in Lone Pine later than what was previously announced. Due to players’ ages, differing transportation and other factors, this may be of more concern to some than others.

20. The standards for traveling attire and behavior will be established by the coach(es) of each sport and provided to players.
21. Bus drivers have complete authority over all occupants of the bus. The bus rules are to be enforced by the coach(es).
22. **INDIVIDUAL SPORTS REQUIREMENTS:** Each and every athlete is expected to meet the rules and regulations set by his or her coach(es), as long as those requirements are not in conflict with, or in violation of, District or CIF rules and regulations.
23. **INJURIES:** All injuries must be reported promptly to the office with the student injury report. Players obtaining medical services without first notifying a member of the coaching staff, except in emergencies, could result in the players’ family assuming financial responsibility for the service. It is the responsibility of each athlete to take the necessary precautions against aggravating existing injuries. Athletes under the care of a physician for injury or illness may not return to practice until written permission is given that athlete by that physician.
24. **COMMITMENT TO YOUR TEAM:** Quitting a sport to play on another team or sport is **NOT ALLOWED** and will count as the athlete’s first quit of their high school career. Example: A student may not start basketball practice, play in the first scrimmage game and then quit basketball to join the Ski/Snowboard Race Team. A quit is counted after the first scrimmage game (or equivalent) of any sport.

- A. If you quit two teams (after the first scrimmage or game) during your high school career, you will no longer be eligible to play sports. This does not include being forced to quit due to illness, injury, or grievous circumstances as approved by the Athletic Director and Principal.

In order to further foster commitment and reduce conflicts between practices and games/meets, students will be limited to participating in just one sport per season. This rule particularly affects track/baseball/softball/golf/ski race team/ and basketball teams. Cheerleaders may be on the ski race team only if they do not travel to away basketball games during the race season.

25. **COMMITMENT TO YOUR SCHOOL:** The Associated Student Body (ASB) is responsible for many expenses concerning athletics. It is expected that our athletes support the ASB by purchasing an ASB card each year for \$30. A family with 2 or more high school students may purchase an ASB card for \$50 per family. Any athlete completing a season for a varsity sport earns a chenille letter. This letter is free if the student has an ASB card, otherwise the letter can be purchased from the office for \$15.
26. **EQUIPMENT:** Athletes are required to turn in all school- issued equipment at the end of their sports season. This must be done prior to the student participating in further school activities. Generally, the time limit is one week. All athletes are financially responsible for all school equipment issued to them. Unauthorized possession of any school equipment by any student will result in administrative action, including possible suspension, declaration of ineligibility, or expulsion. **IMPORTANT: An athlete will not be permitted to participate in the next season of sport or other school activities (i.e. graduation) until he or she has been signed out by his or her coach as having turned in all equipment and uniforms issued.**
27. **APPEALS:** An athlete who has been disciplined under the code for any reason has the right to appeal to the Athletic Council. Such petition must be made in writing to the Athletic Director. The Athletic Council is made up of Principals (High School and Elementary), the Athletic Director, and the student Athletic Commissioner. This Council shall report its findings and conclusions to the Superintendent. The Superintendent's decision is final. The Board may review the Superintendent's decision at its discretion.