

**LONE PINE HIGH SCHOOL**  
**2018 – 2019**  
**ATHLETIC CODE HANDBOOK**



**“HOME OF THE GOLDEN EAGLES”**

Dear Parent/Guardian:

The attached is a copy of 2018-2019 LPHS Athletic Code. Each student who plays a CIF Sport, participates on the Ski Race Team, or Cheerleading Squad must agree to abide by all rules and regulations contained in this booklet.

Students and Parents/Guardians please read this document carefully. You will be held accountable for all the material contained within it.

Please bring your \$30.00 for your ASB card to the front office.

**PLEASE SIGN BELOW AND RETURN THE FOLLOWING TO YOUR COACH  
BEFORE YOUR FIRST GAME:  
2018-2019 ATHLETIC CODE SIGNATURE PAGE  
PERMISSION/RELEASE FROM LIABILITY & GENERAL AUTHORIZATIONS  
CODE OF ETHICS**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Print

\_\_\_\_\_  
Student Print

Date\_\_\_\_\_

Date\_\_\_\_\_

## LONE PINE HIGH SCHOOL

### 2018-2019 ATHLETIC CODE

1. The purpose of this Code is to promote a high level of individual and team achievement, harmony, and cooperation among students, coaches, school, and community.
2. Interscholastic athletics at Lone Pine High School are considered to be an extension of the regular school program governed by the rules, regulations, and policies pertaining to all students. It is a privilege for students to represent their school in any activity.
3. Board policy, CIF rules, and California Education Codes are included as part of this code as they apply.
4. In addition, certain specific rules and regulations have been established to maximize athletic performance. These rules and regulations pertain to athletes in all sports involving interscholastic competition as well as skiing/snowboarding, cheerleading, student trainers, student managers, volunteer assistants, and other team support personnel under the supervision of the coach. Coaches of each sport will be responsible for all athletes knowing the rules and regulations.
5. Lone Pine High School subscribes to the California Interscholastic Federation Code of Athletics. Our athletes agree to abide by this code.
  - A. To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
  - B. To eliminate all possibilities which tend to destroy the best values of the game.
  - C. To stress the values derived from playing the game fairly.
  - D. To show courtesy to visiting teams and officials.
  - E. To establish a happy relationship between visitors and hosts.
  - F. To respect the integrity and judgment of sports officials.
  - G. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
  - H. To encourage leadership, initiative, and good judgment by the players of a team.
  - I. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional wellbeing of the individual player.
  - J. To remember that an athletic contest is only a game, not a matter of life and death for the player, coach, school, officials, fans, community, state, or nation.
6. The LPHS Athletic Code consists of training and general conduct standards, which are intended to promote the highest level of success that our athletes and teams can achieve. We view success as the realization of predetermined personal and group goals.

7. The coaches, administration, and the Governing Board of Trustees of the Lone Pine Unified School District will enforce the specific provisions for this Code, Board Policy, CIF rules, California Education Code, and state law. Any conditions or situations not covered by the Code will require administrative interpretation based on the philosophy of the Code and general policy of the Governing Board. The decision of the Governing Board is final.
8. **PHYSICAL EXAMINATIONS:** Each athlete must have a physical examination by a licensed physician before she or he is eligible to practice or participate in any sport. A physical examination is valid for one calendar year (12 months). **Students who play football are required to have medical insurance that covers tackle football or purchase the additional insurance available to them through the school before they may start practice.**
9. **ELIGIBILITY:**
  - A. **ACADEMIC ELIGIBILITY:** The goal of the Board of Trustees is to have all students study, earn the highest grades possible, and also participate in the athletic program.
  - B. In the spirit of the Code, ineligibility lists are designed as preventative and correctional measures. The lists are printed each Wednesday following the end of the semester grading period.
  - C. Each athlete will maintain satisfactory academic grades, citizenship, behavior, and attendance. The Athletic Director will take any action necessary to maintain an adequate level of achievement and attendance for all athletes.
  - D. Specifically, a high school student must be enrolled in at least 6 classes at Lone Pine High School and must have a 2.0 or better grade point average for the end of the quarter report card (Athletic eligibility is subject to Administrative discretion). Students who are severely struggling in their classes may not be able to play at practices, or games, if little to no effort is being shown inside and outside of the classroom. All regular school classes in which the student is enrolled and all outside classes for which high school credit is authorized will be used in the grade point computation. Seniors who are on course for graduation may drop down to five classes their senior year.  
  
**Note:** Students who receive two or more U's in citizenship on a report card from two or more teachers will be ineligible. Ineligible students may not participate in athletics, including practices. Students may also not be allowed to participate in other school activities per administrative discretion.
  - E. Athletic eligibility will be checked every quarter grading period and at the end of summer school. A student who is found to be ineligible after a quarter grading period or after summer school will be declared ineligible for the following quarter grading period. There will be no academic probation period except for incoming freshmen who will have a probationary period for the first quarter grading period of their freshmen year.
10. A student cannot go back to his teacher and get extra credit work to raise a grade for eligibility purposes after grades have been issued.
11. Based on decisions made by the IEP team, a special education student may, under special conditions, be exempt.

12. All Athletes can be declared ineligible due to a violation(s) of school rules, including but not limited to, attendance irregularities, discipline problems, or poor conduct. The length of the ineligibility imposed will be determined by the school principal or superintendent.
13. Any type of suspension from school will result in immediate ineligibility for all athletic activities for the period for suspension, and any additional time that may be determined by the principal.
14. **Students must attend ALL classes the day before, the day of and the day after an athletic event. Players must be in school from the beginning of school until the time for the team to leave. If you are tardy 16 minutes, you will be counted as absent and not allowed to attend the game. This applies to both home and away games. Medical appointments are not affected by this policy. However, medical excuses must state the time(s) of the appointment. This policy also applies to Friday attendance before a Saturday game.**
15. If an athlete is excused from school to represent Lone Pine High School for any type of activity, he or she **MUST attend all classes the following day or prove illness with a doctor's note stating time of doctor visit.** Lack of sleep will not be an acceptable excuse and will be considered a class cut. Failure to attend will result in a one-game suspension for the next game.
16. The School Board intends that student eligibility will be strongly impacted when students have been determined to be using alcohol, tobacco, drugs, and/or steroids, please see Drug Testing (#27).

Lone Pine High athletes represent their team, their school, and their community and therefore are expected to maintain high standards of conduct. Only those students who are willing to make the sacrifices necessary to maintain these high standards should go out for sports at LPHS.

- A. Any athlete who uses, distributes, sells or possesses drugs, alcohol, cigarettes, vape product, e-cigarettes or alcohol on campus or at any school activity will receive the following consequences:
    1. Suspension
    2. Sheriff's Department involvement
    3. Ineligible for a semester from school activities and sports.
  - B. If a participant violates the provisions of this code, the following penalties shall be imposed:
    1. The first offense will result in suspension from all team activities, including one or more contest. In addition, the athlete, depending on the circumstances, may be required to render school or community service as prescribed by the principal. The athlete is also subject to disciplinary action by his/her coach.
    2. The second offense will result in the athlete being declared ineligible for the remainder of the sport season. In addition, two weeks of school or community service may be required.
    3. A third offense will result in one year's loss of eligibility.
    4. Any athlete who violates the terms of their county court-order probation will be ineligible for six weeks.
17. **Please read the following CIF Violence and Conduct rules carefully:**

"Any student who physically assaults the person of a game or event official shall be banned from interscholastic athletics for the remainder for the students' eligibility. A game or event

official is defined as a referee, umpire, or another official assigned to interpret or enforce rules of competition at an event or contest. A student may, after a lapse of 18 calendar months from the date of the incident, apply for reinstatement of eligibility to the State Commissioner.”

### **Player Conduct Rule:**

“Any player ejected for fighting or any player who leaves the confines of the bench or team area during a fight that may break out or has broken out shall be disqualified from participating in the remainder of the game and will be ineligible for the team’s next contest.”

Please be apprised that if a student violates either of these rules, he or she will also be subject to suspension according to the school rules pertaining to fighting at school or at a school activity.

18. All athletes will travel to and from contests on the bus or prescribed travel conveyance. With prior approval from the principal, a student may be picked up by a designated adult, when written notification by the parent/guardian is submitted to the principal 24 hours in advance and the designated adult has a valid “School Driver Registration Form” on file with the district. Any person providing transportation to a child other than their own, the parent must have a “School Driver Registration Form” on file at the school site office. Check with the office. The student must be picked up in person by the designated adult. Students will NOT be released to friends. Students who live in Independence may, if they have written permission on file, drive their vehicles from Lone Pine to Independence to meet the bus. Students who live as far south as Pearsonville may do the same for trips south of Lone Pine. Students may not transport any other student when taking part in this privilege. Parents/Guardians driving their children home from an away game must notify the coach and sign out on the coaches’ register. Do not orally request bus driver to keep track of this.

**Note:** It is difficult for coaches to provide an accurate estimation of arrival times back to Lone Pine following athletic events. It will be a player’s responsibility to call, or ask the coach to call, his or her parents if it appears that the team will be arriving back in Lone Pine later than what was previously announced. Due to players’ ages, differing transportation and other factors, this may be of more concern to some than others.

19. The standards for traveling attire and behavior will be established by the coach of each sport and provided to players.
20. Bus drivers have complete authority over all occupants of the bus. The bus rules are to be enforced by the coach(es).
21. **INDIVIDUAL SPORTS REQUIREMENTS:** Each and every athlete is expected to meet the rules and regulations set by his or her coach(es), as long as those requirements are not in conflict with, or in violation of, District or CIF rules and regulations.
22. **INJURIES:** All injuries must be reported promptly to the coach, office or Athletic Director with the student injury report. Players obtaining medical services without first notifying a member of the coaching staff, except in emergencies, could result in the players’ family assuming financial responsibility for the service. It is the responsibility of each athlete to take the necessary precautions against aggravating existing injuries. Athletes under the care of a physician for injury or illness may not return to practice until written permission is given that athlete is cleared to play.

23. If you quit two teams (after the first scrimmage or game) during your high school career, you will no longer be eligible to play sports. This does not include being forced to quit due to illness, injury, or grievous circumstances as approved by the Athletic Director and Principal.

In order to further foster commitment and reduce conflicts between practices and games/track meets, students will be limited to participating in just one sport per season. This rule particularly affects track/baseball/softball/golf/ski race team/ and basketball teams.

Cheerleaders may be on the ski race team only if they do not travel to away basketball games during the race season.

24. **COMMITMENT TO YOUR SCHOOL:** The Associated Student Body (ASB) is responsible for many expenses concerning athletics. It is expected that our athletes support the ASB by purchasing an ASB card each year for \$30. A family with 2 or more high school students may purchase an ASB card for \$50 per family. Any athlete completing a season for a varsity sport earns a chenille letter. This letter is free if the student has an ASB card, otherwise the letter can be purchased from the office for \$20.00.
25. **EQUIPMENT:** Athletes are required to turn in all school- issued equipment at the end of their sports season. This must be done prior to the student participating in further school activities. Generally, the time limit is one week. All athletes are financially responsible for all school equipment issued to them. Unauthorized possession of any school equipment by any student will result in administrative action, including possible suspension, declaration of ineligibility, or expulsion. **IMPORTANT: An athlete will not be permitted to participate in the next season of sport or other school activities (i.e. graduation) until he or she has been signed out by his or her coach as having turned in all equipment and uniforms issued.**
26. **APPEALS:** An athlete who has been disciplined under the code for any reason has the right to appeal to the Athletic Council. Such petition must be made in writing to the Athletic Director. The Athletic Council is made up of Principals (High School and Elementary), the Athletic Director(s), and the student Athletic Commissioner. This Council shall report its findings and conclusions to the Superintendent. The Superintendent's decision is final. The Board may review the Superintendent's decision at its discretion.
27. **DRUG TESTING:** All students who are participating in a sport or qualifying extracurricular activity shall be eligible for testing and agree to be tested by signing the document within this packet. Per AR 5131.61, failure to sign all documents in the packet shall deem the student ineligible for participation. Students shall be selected at random for testing. Each test will be conducted under the supervision of the Athletic Director and/or Administrator. Student athletes who refuse to take part in the testing process will be removed from their current team and may only become eligible for a subsequent sport through a hearing process in front of the Athletic Council. Test kits are considered "screening" devices and any positive or inconclusive test samples shall be sent to a licensed laboratory for confirmation of results. Students whose lab results are positive shall be considered in violation and are subject to removal from current team with eligibility for subsequent season subject to terms outlined in section 16 (B). A student whose test kit indicates the sample has been tampered with shall be retested.

## PERMISSION/RELEASE FROM LIABILITY & GENERAL AUTHORIZATIONS

- **Student to ride to/from school sponsored activities in school authorized vehicles**
- **Permission to participate in competitive extra-curricular activity**
- **Required athletic drug testing**
- **Cardiac/Concussion Acknowledgements**

As a student participant and school representative, I hereby agree to accept and abide by the standards, rules and regulations set forth by the Lone Pine Unified School District and by the sponsors of any activity in which I participate.

Therefore, I authorize Lone Pine High School to drug-test a urine specimen I provide. I also authorize the release of information concerning the results of that test to the District and to my parent(s)/guardian(s). This signed agreement shall be deemed a consent pursuant to the Family Education Right to Privacy Act for the release of the above information to the parties named herein.

Also, as parent/guardian of LPHS student athlete/participant of school sponsored activities, I understand that my child will need to be transported to and from events in school authorized transportation that may include school buses operated by school bus drivers, passenger vans and vehicles operated by school approved/authorized drivers. As such, I agree to and do hereby indemnify and hold harmless the Lone Pine Unified School District, its officers, agents, employees, and authorized operators from every claim or demand made from liability, loss, damage, or expense, of any nature whatsoever, which may be incurred by reason of my child(ren) riding in any of the above named vehicles as operated as described.

Also, I give my permission for my student to be under the general supervision of the teams' coach, driver, or other chaperone for all athletic trips during any athletic season my child is participating.

Also, my signature below acknowledges that I did receive the Sudden Cardiac Arrest Information Sheet and Concussion Information Sheet. I have reviewed and understand the symptoms and warning signs of Sudden Cardiac Arrest and the CIF protocol to incorporate SCA prevention strategies into my student's sports program.

Parent \_\_\_\_\_  
Name Signature Date

Athlete \_\_\_\_\_  
Name Signature Date