

LIBERTY

CROSS COUNTRY

Liberty Cross Country 2024 Preseason						
Week	Day		Date	Time	Location	Address
1	1	MON	8-Jul	8-10AM	Liberty - Room I-2	
	2	TUE	9-Jul	8-10AM	Liberty - Room I-2	
	3	WED	10-Jul	8-10AM	Liberty - Room I-2	
	4	THUR	11-Jul	8-10AM	Liberty - Room I-2	
	5	FRI	12-Jul	8-10AM	Liberty - Room I-2	
	6	SAT	13-Jul	8-10AM	Veteran's Park	3841 Balfour Rd., Brentwood
Week	Day					
2	1	MON	15-Jul	8-10AM	Liberty - Room I-2	
	2	TUE	16-Jul	8-10AM	Alta Park	1970 Andalucia Ln, Brentwood
	3	WED	17-Jul	8-10AM	Oak Meadow Park	180 Crawford Dr, Brentwood
	4	THUR	18-Jul	8-9:30	Veteran's Park	3841 Balfour Rd., Brentwood
	5	FRI	19-Jul	8-10AM	Heron Park	950 Garin Pkwy, Brentwood
	6	SAT	20-Jul	8-10AM	Cornell Park	505 Discovery Bay Blvd, Discovery Bay
Week	Day					
3	1	MON	22-Jul	8:30-10:30AM	Veteran's Park	3841 Balfour Rd., Brentwood
	2	TUE	23-Jul	8:30-10:30AM	Oak Meadow Park	180 Crawford Dr, Brentwood
	3	WED	24-Jul	8:30-10:30AM	Heron Park	950 Garin Pkwy, Brentwood
	4	THUR	25-Jul	8:30-10:30AM	Veteran's Park	3841 Balfour Rd., Brentwood
	5	FRI	26-Jul	8:30-10:30AM	Oak Meadow Park	180 Crawford Dr, Brentwood
	6	SAT	27-Jul	8:30-10:30AM	Round Valley Regional Park	19450 Marsh Creek Rd, Brentwood
Week	Day					
4	1	MON	29-Jul	3:45-5:30PM	Liberty - Room I-2	
	2	TUE	30-Jul	3:45-5:30PM	Liberty - Room I-2	
	3	WED	31-Jul	3:45-5:30PM	Liberty - Room I-2	
	4	THUR	1-Aug	3:45-5:30PM	Liberty - Room I-2	
	5	FRI	2-Aug	3:45-5:30PM	Liberty - Room I-2	
	6	SAT	3-Aug	8-10AM	Contra Loma Regional Park	1200 Frederickson Ln, Antioch
Week	Day					
5	1	MON	5-Aug	3:45-5:30PM	Liberty - Room I-2	
	2	TUE	6-Aug	3:45-5:30PM	Liberty - Room I-2	
	3	WED	7-Aug	3:45-5:30PM	Liberty - Room I-2	
	4	THUR	8-Aug	3:45-5:30PM	Liberty - Room I-2	
	5	FRI	9-Aug	3:45-5:30PM	Liberty - Room I-2	
	6	SAT	10-Aug	8-10AM	Veteran's Park	3841 Balfour Rd., Brentwood