Freedom High School Physical Education

STUDENT CONTRACT

1. All students are expected to dress daily in correct attire or they will not have an opportunity to earn full credit.
2. Correct attire consists of : **Physical Education Shorts** (Navy blue, available in student store)
   Physical Education T-Shirts (Grey, available in student store)
   Athletic shoes w/ shoelaces and socks (no stacked soles)
   Plain or Freedom sweat shirts and sweat pants are optional (available in student store)
3. To help prevent theft, it is strongly recommended that you put your name on all PE attire.
4. For safety reasons, it is **District Policy** that **no jewelry** is to be worn in PE. Students wearing jewelry **will not be allowed to participate and will lose eight points.**
5. There is no acceptable reason for not being correctly attired to participate in Physical Education. Students with a parent's excuse and/or medical excuses will come to roll call correctly attired when physically possible.
6. Students may be excused from participation with a parent's note for a **maximum** of **two** P.E. periods. After two class periods, a written medical from a doctor is required. It is necessary for the doctor to explain in detail what activities can or cannot be performed, and for how long.
7. A medical note which prevents a student from all participation in PE for 6 weeks or longer, will be recommended to their counselor and assistant principal for class reassignment.
8. All students are expected to be **fair, honest, polite, demonstrate good sportsmanship, and participate with maximum effort daily. Foul language will not be tolerated and will result in loss of participation points.**
9. Athletes and support squad members enrolled in Physical Education classes are expected to dress and participate at all times. Those not following this rule will not be allowed to participate in games or practice the day of the infraction.
10. It is strongly recommended that all students use proper hygiene to prevent offensive odors and promote good health.
11. Lockers and locker combinations are not to be shared or traded. All items must be locked in a locker. **Freedom High School is not responsible for lost or stolen belongings. A lost or missing lock must be reported to the PE office immediately.**
12. Gum, candy, food and drinks are not allowed in the gym or in any Physical Education facility. **They will be confiscated and thrown away.**
13. Students having problems should report all incidents to a teacher.
14. Students are expected to comply with locker room rules and school policies.

Each student has the opportunity to earn ten points per day. In order to earn all ten points, the student needs to be dressed in the correct attire, be on time, participate to their maximum ability, follow all rules and cooperate with the teacher as well as the other students. If a student is absent, they must make up the day to earn their ten points back. Make ups can be completed during study hall periods, on assigned Wednesday's, and special arrangements between teacher and student. Only **EXCUSED** absences may be made up.

NON-PARTICIPATION POLICY: It is **very important that** students participate in Physical Education—not participating will have an extreme negative impact on their grade. When students choose not to participate, they are inhibiting their ability to pass their PE class. If a student is not properly dressed and chooses not to borrow loaner clothes, or if they are wearing any jewelry, they will not be allowed to participate. There are disciplinary consequences for each non-participation. After six non-participations, a student fails Physical Education and will be dropped from the class. Loaner clothes are available for students to borrow if they forget their own. This is for emergency situations only and the privilege of borrowing clothes will be rescinded if abused.

FRESHMAN CORE
80% Participation

10% Skill Evaluation/Written Project

10% Cognitive

SOPHOMORE CORE
80% Participation

10% Written Project/Skill Evaluation

10% Cognitive

ELECTIVE CLASSES
90% Participation, effort, conduct

10% Skill Evaluation/ Cognitive

Please Print, and sign all required fields, and turn into your Physical Education teacher prior to its due date. This paper represents your first assignment in you PE class.

PRINTED NAME:_____ **PERIOD:**_____

I have read, understand and agree to follow the Liberty Union High School District Physical Education Policies and expectations.

_____	_____	_____
Parent/Guardian Signature	Student Signature	Date
_____	_____	_____
Teacher	Principal	Semester