

HERITAGE HIGH SCHOOL  
DAILY ANNOUNCEMENTS  
February 05, 2025



**LUNCH MENU:** Popcorn Chicken Mashed Potato Bowls

**ON THIS DAY IN HISTORY-** 1958 U.S. diplomat Clifton Wharton Sr. was confirmed as minister to Romania, becoming the first African-American to head a U.S. mission in Europe

- **NEW:** BSU shirts for sale

**BSU**  
APPAREL SALE!

The BSU is selling sweat-shirts and t-shirts!  
Scan the QR code to place your order!  
Both items are on sale through February 21st.






ORDERS WILL BE  
AVAILABLE FOR  
PICK UP IN MARCH!  
INFO WILL BE IN  
THE  
ANNOUNCEMENTS

(Feb 21)

- **NEW:**

Want to be a Blue Crew Leader?

BLUE  
CREW  
LEADER  
INFO  
MEETING

Feb. 11 and Feb 12 @ lunch  
In ES 101

CURRENT SOPHOMORES  
AND JUNIORS ONLY



- **Southern California Fire Relief Drive:** Please donate any spare change or dollar bills to help schools affected by the Palisades fires. **Students will be walking around from 2/3-2/28 with a cart during**

Heritage High School does not discriminate on the basis of race, color, national origin, sex, or disability.

**lunch with donation jugs for you to donate the money to.** This will be a **class competition** and the class that donates the most money will win a donut prize in the third quarter. Please look at the attached document below for more information.

(Feb 28)

- **Hey Patriots!**

Show your Patriot pride and celebrate **Valentine's day** by dressing up in **white, pink or red** on 2/13!"



- **COMIC ARTISTS WANTED** - We are printing our school newspaper for the first time in over a DECADE this year! We are hoping to have a comic section and are looking for **staff/students** who would like to submit their comics to be considered. The comics can be about anything relevant to our school/community. *Submission deadline is 2/16.* Details & Submissions due by 2/16 on the Google Form: <https://forms.office.com/r/trjcv0e4xD>
- Come to Pat Plus on February 13<sup>th</sup> for Valentine's Day Cookie Decorating! Use the QR Code or the link on the Heritage Instagram to sign up. See you there!



- **Shrek the Musical**

Tickets are now on sale for "Shrek The Musical" presented by the HHS Rising Stars. **Performances run from February 21 through March 8, including two matinees.** Tickets are \$14 general admission and \$10 for students/senior citizens. For more info and to buy tickets, visit [hhsrisingstars.net](https://hhsrisingstars.net).

- **PROM DRESS DONATION**



- **Pat Plus Guest Speaker: Naval Special Warfare**

*Open to all students*

**6 Feb:** email/see Lt Col Morris, N103 for a pass  
[morrisb@luhsd.net](mailto:morrisb@luhsd.net)

**Navy Chief Scalise, Naval Special Warfare recruiting will be speaking on how to become a Navy SEAL and more!**

**Career options include:**

SEALS

Special Boat Teams

Explosive Ordnance Disposal

Mobile Communication Teams

Tactical Cryptologic Support Teams

Navy Divers

Hospital Corpsmen

U.S. Navy Special Operations Careers | Navy.com



(Feb 6)



- **Transcript requests**

**Here are online resources to find out how to register and order transcripts through parchment.**

<https://ca01001129.schoolwires.net/cms/lib/CA01001129/Centricity/Domain/443/How%20to%20Order%20Transcript.pdf>

**CLUBS/ACTIVITIES:**

- **NEW: NHS**

**The February NHS meeting is Tuesday, 02/11 at lunch in the theater. Meetings are mandatory for all members, if you will be absent for any reason, you must email [NHSforHeritage@gmail.com](mailto:NHSforHeritage@gmail.com).** If you are a sophomore or junior and just applied for spring membership, please plan on attending.

*We will be discussing Spring Service Projects (2/11)*

- **NEW: NHS info**

Attention any Sophomores or Juniors if you would like to apply to NHS for spring semester applications are on the HHS NHS website. <https://ca01001129.schoolwires.net/Domain/371>

Applications should be completed and submitted by the end of the day on Friday, February 7th. If you have any questions, please contact Ms. Lynch in C 109. (2/7)

- **CSF info** (Feb 7)



**REMINDER: APPLY NOW FOR CSF MEMBERSHIP**



Applications for Fall Semester 2024  
are due by Feb 7, 2025

**Applications available online or in Room A111.  
All applications must be turned in with a copy  
of your transcript or semester grades to Mrs.  
Perry by 2/7 - no exceptions.**

The California Scholarship Federation (CSF) honors high school students for their academic excellence and community service. Students are required to apply each semester.



- **ASVAB TEST FOR SPRING SEMESTER - REGISTER TODAY!**

**TEST DATE: FEB 26, 2025**

**TIME: 8:00AM-11:00AM**

**LOCATION: HHS COLLEGE & CAREER CENTER**

Seniors/Juniors don't know what you want to do after high school? Don't worry, just take the ASVAB Career Exploration Program test. The ASVAB is a free comprehensive career planning program. It includes a multiple-aptitude test battery, an interest inventory, and also offers career planning tools designed to help you explore occupational opportunities.

REGISTRATION LINK

<https://forms.office.com/r/7Ce3ECgyeb?origin=lprLink>

(Feb. 26)

## COLLEGE & CAREER

- **NEW: THURSDAY FEBRUARY 6, 2025: UNIVERSAL TECHNICAL INSTITUTE - GUEST SPEAKER PRESENTATION DURING PAT PLUS @ 11:16AM-12:00PM**

Are you interested in a career in [Automotive Technology & Motorcycles](#), [NASCAR Racing](#), [Robotics](#), [Welding](#) or [Diesel Technology](#)? Join us on Thursday during Pat Plus in the HHS College & Career Center for a presentation from Universal Technical Institute (UTI). Learn about these great programs and how to apply!

Visit the College & Career Center to get a pass for the presentation.

For questions, contact Mr. Gomar at [gomarm@luhsd.net](mailto:gomarm@luhsd.net)

(Feb 6)

- **NEW: PG&E Student Scholarships – Apply today!**

PG&E is offering scholarship opportunities for high school students.

**Applicants for ALL scholarships listed must:**

**(deadline for these scholarships is March 22, 2025):**

-Be a high school senior or graduate, have received GED certification or be an undergraduate or postsecondary undergraduate student. Veterans and adults returning to school are encouraged to apply.

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- Have a primary residence that is a PG&E customer in California at the time of application.
- Plan to enroll full time in an accredited college or university in the fall.

**Applicants for the Better Together STEM Scholarships must:**

**(deadline for these scholarships is March 14, 2025):**

- Be a high school senior or graduate, have received GED certification or be an undergraduate or postsecondary undergraduate student. Veterans and adults returning to school are encouraged to apply.
- Have a primary residence that is a PG&E customer in California at the time of application.
- Plan to enroll as a full-time undergraduate student in an eligible STEM field at any accredited four-year college or university in California or a Historical Black College or University (HBCU) for the entire upcoming academic year. The applicant must be pursuing their first undergraduate degree.

Click here to apply to PG&E Scholarships: [Grants & Scholarships](#)

- **Horatio Alger Scholarship for Juniors 11th Grade – Due on March 1st, 2025**



**SCHOLARSHIPS  
FOR HIGH SCHOOL JUNIORS**

HORATIO  
ALGER  
ASSOCIATION  
of Distinguished Americans, Inc.

*Transform adversity  
into opportunity and  
pursue the American  
Dream through higher  
education!*

**600+ SCHOLARSHIPS  
UP TO \$25,000 EACH\***

+ personalized financial aid counseling,  
college selection advising, and  
other support services

**APPLY  
NOW**

APPLY NOW: [horatioalger.org/scholarships](http://horatioalger.org/scholarships)  
DEADLINE: March 1

\* Requirements Include:

- U.S. citizenship
- Household income under \$65,000

QR code for application

- **High School Pre-Health Symposium at UC Davis - March 8th, 2025**

Heritage High School does not discriminate on the basis of race, color, national origin, sex, or disability.

***We would like to invite you and your students to our High School Pre-Health Symposium at UC Davis happening on Saturday, March 8th from 8:00 a.m. to 4:00 p.m.***

Registration is now open!

This one-day event will feature various health professionals, health professions advisors, undergraduate pre-health students, panels, interactive workshops, and more! This is a unique opportunity for high school students to explore and learn about the many health professions out there and about what they can do now as high school students. While parents/guardians, counselors, and teachers are welcome to join, this symposium has been designed specifically with students in mind.

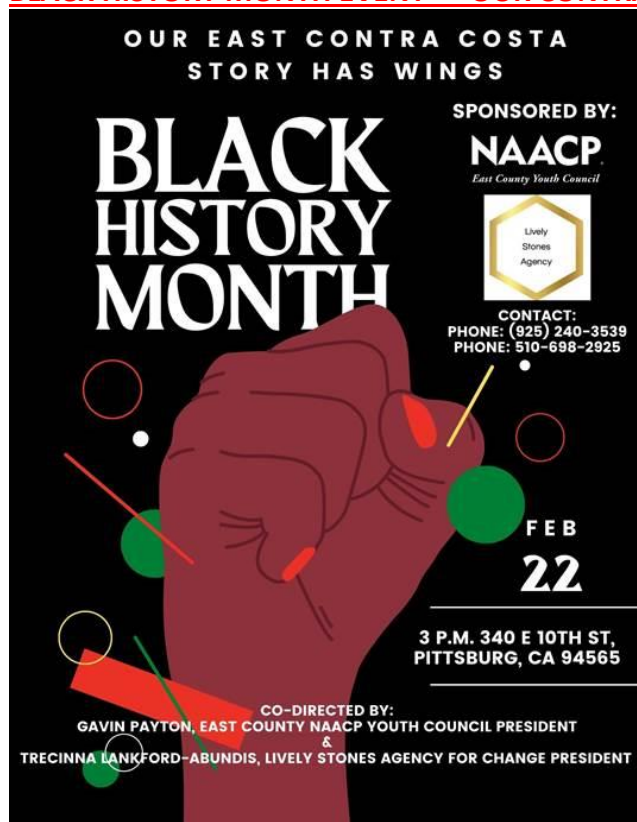
**Tickets are \$25 for high school students and \$50 for parents, guardians, counselors, and teachers.**

Your ticket will include a water bottle, breakfast, lunch, and access to the full day's event. Per policy of the UC Davis Youth Protection Services, all parents/guardians of minors must complete a set of forms after they have registered. Students, parents/guardians, counselors, and teachers can register at <https://hpa.ucdavis.edu/HSS>

**Space is limited to 400 high school students and 50 parents/guardians/counselors.** Registration will close by February 28th, 2025 or when we have reached max capacity. Be sure to register early! Tickets are non-refundable after February 28th, 2025.

For more information about the HS Symposium and registration, check out our website at <https://hpa.ucdavis.edu/HSS>. Our website will continue to be updated as we get closer to the event. If you have any questions, feel free to email at [healthprofessionsadvising@ucdavis.edu](mailto:healthprofessionsadvising@ucdavis.edu)

- **BLACK HISTORY MONTH EVENT – “OUR CONTRA COSTA STORY HAS WINGS” - FEB. 22, 2025**



- **PSAT 10 TEST SPRING SEMESTER – REGISTRATION IS NOW OPEN!**

PSAT 10 consists of a reading test, writing and language test, and math test. It's great practice for the PSAT/NMSQT in 11th grade, which qualifies students for the National Merit Scholarship Program. The PSAT 10 will help students identify which AP courses they're most likely to do well in.

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The PSAT 10 is open to 9th and 10th grade students.

**Registration deadline: 2/17/25.**

Register

here: [https://heritagehighschool.myschoolcentral.com/\(S\(1syctu2ywn13aolowxr3rsce\)\)/Index.aspx#/1/product/20949](https://heritagehighschool.myschoolcentral.com/(S(1syctu2ywn13aolowxr3rsce))/Index.aspx#/1/product/20949)

- **INTERESTED IN A CAREER IN HEALTHCARE?**

The Stanford Health Care Tri-Valley Clinical Academy, which is a 2-week immersive program tailored to high school students interested in healthcare careers. **This year, the program will take place from July 21 to August 1, 2025.** The program consists of interactive activities and lectures (for example: heart, lung, and brain dissections, CPR certification, bronchoscopy, ultrasound, and peripheral IV insertion) to expose students to clinical medicine while allowing them to network with Stanford faculty and staff. We hope that you will connect with us if you are interested in the Clinical Academy.

Please note that this program is designed for high school juniors and seniors. Participants must be 16 or older at the start of the program. While there is a tuition fee, we offer scholarship opportunities for select students. **Please refer to our website for scholarship eligibility.**

To learn more about the Clinical Academy: <https://med.stanford.edu/shvca.html>

To learn more about Stanford Health Care Tri-Valley: <https://stanfordhealthcare.org/tri-valley>

Contact for more info: [trivalleyclinicalacademy@stanford.edu](mailto:trivalleyclinicalacademy@stanford.edu)

Event will be held in Pleasanton, CA - Applications will open soon!

- **ASIAN PACIFIC COMMUNITY FUND SCHOLARSHIP**

The [Asian Pacific Community Fund](#) (APCF) is excited to announce that our 2025 scholarship applications are now open! We are offering over \$400,000 in scholarship funding to high school seniors in their support of higher education.

## Key Information

**Application Deadline:** Monday, April 21, 2025, at 11:59 PM PDT

**Scholarships Available:** Please visit our [website](#) and view the attached scholarship flyers below which your students may be interested in.

## Eligibility

We have several scholarship opportunities available for students who fit these criteria:

- High School Seniors or First-Year College Students
- Plan to attend a U.S. Accredited 4-Year College/University or Community College in Fall 2025
- Have a minimum cumulative unweighted GPA of 2.5
- Household income at or below County Low Income Level, or demonstrated financial need

All applications must be submitted through our online common application. Students can review specific eligibility requirements and apply directly through our [scholarship page](#). (April 25)





## Liberty Union High School District

LUHSD presents an opportunity for grade 11 students to take SAT during our March break.

### \*Grade 11 Students



**SAT during  
the  
school day!**



**March 18, 2025**

What: Scholastic Aptitude Test (SAT)  
 Who: Heritage Grade 11 students  
 When: During break on March 18, 2025  
 Where: Heritage High School  
 Cost: \$60 paid to Heritage Web Store *no later than February 18th, 2025 at the following link:* [https://heritagehighschool.myschoolcentral.com/\(S\(w3oz2qzpswep0vs0hastujo1\)\)/Index.aspx](https://heritagehighschool.myschoolcentral.com/(S(w3oz2qzpswep0vs0hastujo1))/Index.aspx)  
 Students that qualify for Free or Reduced lunch are eligible for a fee reduction  
 Required: *To receive test scores, students must create a College Board Account before test day at [www.collegeboard.org](http://www.collegeboard.org).*

(March 18)

### • **Rising Stars Scholarship Application Now Open! (Scholarship is only available to Juniors)**

**Deadline:** March 4, 2025

**Who can Apply:** Current High School Juniors

**Link to Application:** [bit.ly/risingstars2026](http://bit.ly/risingstars2026)

Selected students will receive mentoring support, financial assistance, and college and career guidance. The goal of the Rising Stars Program is to provide students with the individualized support they need to be successful.

*Any applications received after the March 4th deadline will automatically be disqualified*

### **OVERVIEW**

#### **Rising Stars Program Requirements:**

Must be a current high school junior

Will be a senior in the 2025-2026 school year

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Low-income or living on government assistance  
 Committed to earning a 4-year college education  
 G.P.A. of 2.0 or higher  
 Must live within the nine-county Bay Area

**All students are eligible to apply, regardless of their immigration or citizenship status**

**Below are the steps to the application process:**

The application will close on March 4th at 11:59 p.m.

After the application closes, 6 groups of 3 will read through the applications

If you are invited to be interviewed, you will be notified in May

The finalist will be interviewed by 3 people on the Rising Stars team

The interview team will make final selections and Students selected for the Rising Stars program will be notified by the end of June

**\*\*If invited for an interview, you will be asked to provide proof of family income with 2024 tax returns or other documentation, if needed.\*\***

To learn more about our program visit: <https://www.studentsrisingabove.org>

If potential applicants or community members have any questions, they can reach Luna Flores, at [selection@studentsrisingabove.org](mailto:selection@studentsrisingabove.org) with any outreach and selection questions.

(March 4)

• **2025 DCS Brentwood High School Scholarship Program-Apply today!**

The Delta Community Services (DCS) Brentwood High School Scholarship Program is intended to provide support to graduating high school seniors who are in need of financial support to continue their education in an accredited Vocational/Trade School, Community College, or University. The initial program will provide:

**Three \$1,200 scholarships for 3 graduating seniors from each school below:**

- Heritage High School
- Liberty High School
- Freedom High School

**One \$1,000 scholarship for 1 graduating senior from each school below:**

- La Paloma High School
- Independence High School

This would provide for a total of a total of 11 scholarships at a cost of \$12,800. At the discretion of the DCS Board of Directors, based on the submitted scholarship nominations, the distribution of the scholarships across the five high schools may be adjusted.

**The criteria for selection will be:**

- Graduation from one of the five designated high schools
- Minimum 2.75 GPA (Flexibility for demonstrated improvement for La Paloma and Independence candidates)
- Proof of acceptance from a Vocational/Trade School, Community College or University
- Brief statement of financial need and post-high school academic goals
- Brief letter of support from a high school faculty or administrator

Winners will be nominated by each of the high school administrations, subject to the approval of the DCS Education Committee.

Application Submission Form and Checklist

**Heritage High School does not discriminate on the basis of race, color, national origin, sex, or disability.**

Student Name: \_\_\_\_\_  
Student ID: \_\_\_\_\_  
School: \_\_\_\_\_  
Submission date: \_\_\_\_\_  
Expected graduation year: \_\_\_\_\_  
GPA: \_\_\_\_\_

Attach the following documents:

- ~ Proof of acceptance vocational/trade school, community college or a university
- ~ Brief personal statement of financial need and post-high school academic goals
- ~ Brief letter of support from a high school faculty or administrator

Must submit application to [boughtonk@luhsd.net](mailto:boughtonk@luhsd.net)

Due: March 14, 2025 (PAPER APPLICATIONS ARE AVAILABLE IN HHS COLLEGE & CAREER CENTER) or Online

- **ASVAB TEST FOR SPRING SEMESTER - REGISTER TODAY!**

**TEST DATE: FEB 26, 2025**

**TIME: 8:00AM-11:00AM**

**LOCATION: HHS COLLEGE & CAREER CENTER**

Seniors/Juniors don't know what you want to do after high school? Don't worry, just take the ASVAB Career Exploration Program test. The ASVAB is a free comprehensive career planning program. It includes a multiple-aptitude test battery, an interest inventory, and also offers career planning tools designed to help you explore occupational opportunities.

**REGISTRATION LINK**

<https://forms.office.com/r/7Ce3ECgyeb?origin=lprLink>

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## **SCHOLARSHIP OPPORTUNITY! APPLY TODAY**

Chevron Corporation's **Black Employee Network (BEN), San Ramon chapter** would like to cordially invite high school seniors to participate in our **2024-2025 College Scholarship Program**, which recognizes talented college-bound high school seniors. Our committee **awards seven scholarships** to deserving seniors attending schools located in the San Francisco, Alameda, and East Contra Costa County communities. The recipients are selected based on **(1) the quality of their application essay, (2) demonstrated leadership skills and/or community involvement, and (3) scholastic achievement**. Scholarship awards are in monetary increments of **\$5,000 and \$2,000**.

To be considered for this scholarship, students must complete the following steps:

1. Provide basic personal information (name, email address, phone number, etc.) using this application [2024-2025 Scholarship Application](#) (click link to open MS Forms application). The application also includes space to highlight up to 3 extracurricular and/or community service activities in which the student has participated.
2. RSVP to attend the essay writing workshop in application question #22.
3. Request their school counselor send a copy of the student's school transcript to [SRBENScholarship@Chevron.com](mailto:SRBENScholarship@Chevron.com) (click link to open email).
4. Select just 1 of the 5 essay topics in application Section III and write a 500-to-750 word essay. The PDF copy of their essay should be attached to an email sent to [SRBENScholarship@Chevron.com](mailto:SRBENScholarship@Chevron.com) (click link to open email).

We strongly recommend that interested students complete Steps #1-3 immediately and do not wait until completion of the required essay to submit their application. The application should take no longer than 15-30 minutes to complete. They can then focus most of their time on completion of the essay. We have allowed up to 5 weeks for this step.

**Submission of scholarship applications, essays and transcripts are due no later than 6:00pm PST, Friday, December 6, 2024.**

**We are also inviting applicants to attend a MS Teams meeting on Monday evening, November 18, 2024, at 6:00pm PST, where several of our Black Employee Network members will provide coaching on how to write a strong essay. Here is the link to the MS Teams meeting. Students can simply click on or copy "Join the Meeting Now" link below into their Internet browser to connect to the meeting. Optional – Students can download the MS Teams application before the meeting, but this should not be necessary.**

Topic: Chevron San Ramon Black Employee Network Scholarship Essay Workshop  
Time: Nov 18, 2024, 06:00 PM Pacific Time (US and Canada) – 1 Hour Duration

### **Microsoft Teams** [Need help?](#)

#### **Join the meeting now**

Meeting ID: 297 746 391 543

Passcode: DeXQif

#### **Dial in by phone**

[+1 281-810-1223,,964966436#](tel:+12818101223964966436) United States, Houston

[Find a local number](#)

Phone conference ID: 964 966 436#

**Winners will be notified of scholarship award selections by January 31, 2025.** They will also be invited, along with their families, to attend our Black History Celebration to be held on

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Wednesday, February 12, 2025, at our San Ramon corporate headquarters. They will be recognized by our Black Employee Network members, senior Chevron Executives, and other Chevron employees in attendance.

If you or any of your student(s) have questions, please feel free to email the San Ramon BEN Scholarship Committee at [SRBENScholarship@Chevron.com](mailto:SRBENScholarship@Chevron.com). To ensure the applicants have sufficient time to complete their applications and essays as well as attend the essay writing workshop, we ask that you share this information with your students as soon as possible upon receipt of this communication.

- **LOCAL SCHOLARSHIPS 2024-25 IS NOW OPEN!**

PLEASE NOTE: STUDENTS MUST BE LOGGED INTO MICROSOFT 365 ACCOUNT TO ACCESS THE SCHOLARSHIP APPLICATION.

REQUIREMENT: YOU MUST BE A SENIOR CLASS OF 2025 IN ORDER TO APPLY. ALL APPLICATIONS ARE DUE ON 1-17-25. NO LATE APPLICATIONS WILL BE ACCEPTED.

FOR QUESTIONS, PLEASE VISIT COLLEGE & CAREER CENTER OR EMAIL: [gomarm@luhsd.net](mailto:gomarm@luhsd.net)

CLICK HERE TO APPLY FOR LOCAL SCHOLARSHIPS:

<https://forms.office.com/r/1qC2GrXp9B?origin=lprLink>



SENIORS:

SPORTS:

- **BOYS VOLLEYBALL**

*Open gym Saturday 2:00 at Heritage*

Tryouts begin Monday Feb. 10<sup>th</sup> at 6:00AM

Parent meeting Thursday February 13<sup>th</sup> in C111 at 6pm

- **TENNIS INFO**

**We hope to conclude tryouts by Friday 2/15.** They will start Monday 2/10 at 3:45pm with a skills assessment and then Tue-Fri with challenge matches.

Tentatively, we will have our parent meeting in **Tues 2/25 at 6pm.**

Open courts **Mon -Fri from 3:45-5:45pm**



- **Baseball tryouts** are 3 days. **Monday-Wednesday starting on Feb 10. We will go from 3:30-5.**

We will have players only meeting in the upper gym at lunch on Friday 2/7 to check off paperwork and give players an agenda for tryouts and our process of notifying players who make one of the three teams.

**Our parent meeting is scheduled for 2/19.**

## BASKETBALL ACTIVITIES

JEFF CARTER

JASON BONILLA

CHRIS MORALES

VARSITY BASKETBALL COACH

JV BASKETBALL COACH

FRESHMAN BASKETBALL COACH

PATRIOTHOOP@GMAIL.COM

MRUNIQUE08@YAHOO.COM

4CHRISMORALES@GMAIL.COM

925.719.2464

925.752.5603

925.788.0781

Heritage Head Coach Directory		
Sport	Name	Email
Athletic Director	Nate Smith	<a href="mailto:smithn@luhsd.net">smithn@luhsd.net</a>
FALL SPORTS		
Football	Dave Fogelstrom	<a href="mailto:fogelstr@luhsd.net">fogelstr@luhsd.net</a>
Flag Football	Jessica Banchieri	<a href="mailto:banchierij@luhsd.net">banchierij@luhsd.net</a>
Girls Volleyball	Janet Hannigan	<a href="mailto:hannigan@luhsd.net">hannigan@luhsd.net</a>
Girls Golf	Mark Tinder	<a href="mailto:tinderm@luhsd.net">tinderm@luhsd.net</a>
Girls Tennis	Beth Hill	<a href="mailto:bethahill98@gmail.com">bethahill98@gmail.com</a>
Boys Water Polo	Chris Duttera	<a href="mailto:chrisduttera@gmail.com">chrisduttera@gmail.com</a>
Girls Water Polo	Lindsey Heaney	<a href="mailto:lheaney@brentwood.k12.ca.us">lheaney@brentwood.k12.ca.us</a>
Cross Country	Mark Weiler	<a href="mailto:mweiler_13@hotmail.com">mweiler_13@hotmail.com</a>
WINTER SPORTS		
Boys Basketball	Jeff Carter	<a href="mailto:patriothoop@gmail.com">patriothoop@gmail.com</a>
Girls Basketball	Mark Hurtado	<a href="mailto:markhurtado@antiochschools.net">markhurtado@antiochschools.net</a>
Boys Wrestling	Eric Krimm	<a href="mailto:erickrimm@yahoo.com">erickrimm@yahoo.com</a>
Girls Wrestling	Shannon Yancey	<a href="mailto:yanceys@luhsd.net">yanceys@luhsd.net</a>
Boys Soccer	Randy James	<a href="mailto:jamesr@luhsd.net">jamesr@luhsd.net</a>
Girls Soccer	Sienna Zabroski	<a href="mailto:szabroski4@gmail.com">szabroski4@gmail.com</a>
SPRING SPORTS		
Baseball	Kevin Brannan	<a href="mailto:patriotbaseball@att.net">patriotbaseball@att.net</a>
Softball	Ron Rivers	<a href="mailto:riversrsoftball@yahoo.com">riversrsoftball@yahoo.com</a>
Boys Golf	Dave Fogelstrom	<a href="mailto:fogelstr@luhsd.net">fogelstr@luhsd.net</a>
Boys Volleyball	Janet Hannigan	<a href="mailto:hannigan@luhsd.net">hannigan@luhsd.net</a>
Boys Tennis	Beth Hill	<a href="mailto:bethahill98@gmail.com">bethahill98@gmail.com</a>
Track & Field	Terrcel Florioli	<a href="mailto:tflorioli@gmail.com">tflorioli@gmail.com</a>
Swimming/Diving	Theresa Romo	<a href="mailto:theresamromo@gmail.com">theresamromo@gmail.com</a>
Stunt Cheer	Brittani Barmann	<a href="mailto:brittanibarmann@yahoo.com">brittanibarmann@yahoo.com</a>
MULTIPLE SEASONS		
Unified Sports	Melissa McCarthy	<a href="mailto:mccarthym@luhsd.net">mccarthym@luhsd.net</a>
Dance	Jen Guerrero	<a href="mailto:guerreroj@luhsd.net">guerreroj@luhsd.net</a>
Rally Squad	Valerie Raudebaugh	<a href="mailto:raudebau@luhsd.net">raudebau@luhsd.net</a>
eSports	TBD	

## ATHLETICS SCHEDULE

### Week of February 3, 2025

**Monday 2/3**

Frosh Boys Soccer vs Cornerstone Christian at HHS, 7 pm

No release

**Tuesday 2/4**

F/JV/V Boys Basketball at Deer Valley, 4/5:30/7 pm

F 2:30 release

JV/V Boys Soccer at Deer Valley, 4/6 pm

JV 2:30 release

JV/V Girls Soccer vs Deer Valley at HHS, 4/6 pm

JV 2:45 release

JV/V Girls Basketball vs Deer Valley at HHS, 5/6:30 pm

No release

**Wednesday 2/5**

JV/V Wrestling vs Liberty at HHS, 6/7 pm

No release

Frosh Boys Soccer vs Northgate at HHS, 7 pm

No release

**Thursday 2/6**

No events scheduled

**Friday 2/7**

F/JV/V Boys Basketball at Pittsburg, 4/5:30/7 pm

F 2:20 release

JV/V Boys Soccer at Pittsburg, 4/6 pm

JV 2:20 release

JV/V Girls Soccer vs Pittsburg at HHS, 4/6 pm

JV 2:45 release

JV/V Girls Basketball vs Pittsburg at HHS, 5/6:30 pm

No release

**Saturday 2/8**

Boys Wrestling – NCS Dual Team Championships at Liberty, 9 am

No release