

Liberty Union High School District

Administrative Regulation

Classification: Students

Policy No. **AR 5131.63**

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Effective 5/12/93

Revised 9/14/05

Subject: Anabolic Steroids

The following warning, reproduced in 10-point bold type, shall be posted in every locker room of schools with classes in grades 9-12 and contained in any contracts for the lease or rental of the school's athletic facilities: (Civil Code 1812.97)

Warning: Use of steroids to increase strength or growth can cause serious health problems. Steroids can keep teenagers from growing to their full height; they can also cause heart disease, stroke, and damaged liver function. Men and women using steroids may develop fertility problems, personality changes, and acne. Men can also experience premature balding and development of breast tissue. These health hazards are in addition to the civil and criminal penalties for unauthorized sale, use, or exchange of anabolic steroids.

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