

FWISD High School Lunch Menu March 2025

by sodexo				
Monday	Tuesday	Wednesday	Thursday	Friday
3 Popcorn Chicken with Roll Chicken Cobb Salad with Baked Pretzel Waffle Fries Fresh Broccoli	4 Chicken Alfredo Pasta with Garlick Breadstick Turkey/Cheese Sandwich Pinto Beans Glazed Carrots Fresh Broccoli	5 Chicken Shawarma Flatbread Breaded Beef Fingers with Dinner Roll Spicy Chicken Chef Salad with Dinner Roll Mashed Potatoes with Gravy Celery Sticks Strawberry Milk	6 Beefy Mac with Garlic Breadstick Turkey/Cheese Sandwich Eggoji Waffle with Sausage Pinto Beans Fresh Baby Carrots	7 Baja Fish Tacos with Creamy Coleslaw Bacon Cheeseburger Chicken Cobb Salad with Baked Pretzel Waffle Fries Fresh Salad
10 Meatball Flatbread Beef Nachos with Spanish Rice Bufalo Chicken Wrap Chicken Tenders with Roll Roasted Zucchini Fresh Baby Carrots	11 Southwest Baked Potato with Twisted Breadstick Chicken Tenders with Dinner Roll Chicken Potato Bowl with Garlic Breadstick Chicken Cobb Salad with Baked Pretzel Mashed Potatoes Fresh Cherry Tomatoes	12 BBQ Chicken Fries with Twisted Breadstick Beef Nachos with Spanish Rice Chili Cheese Dog Turkey/Cheese Sandwich French Fries Steamed Carrots Pinto Beans Strawberry Milk	13 BBQ Chicken Sandwich Boneless Buffalo Wings with Dinner Roll Mac and Cheese with Garlic Breadstick Popcorn Chicken with Roll Popcorn Chicken Salad with Roll Waffle Fries Fresh Baby Carrots	14 Baja Fish Tacos with Creamy Coleslaw Hot Dog with Baked Lays Cheddar Cheese Nachos with Spanish Rice Powder Sugar French Toast Sticks with Sausage Turkey/Cheese Sub Pinto Beans Tater Tots
			20	
24 No School!	25 Boneless Buffalo Wings with Dinner Roll Spicy Chicken Chef Salad with Dinner Roll French Fries Fresh Baby Carrots	26 Chicken Alfredo with Spinach and Twisted Breadstick Beefy Mac with Breadstick Chicken and Waffle Meatball Flatbread Turkey Chef Salad with Baked Pretzel French Fries Celery Sticks Strawberry Milk	27 Beef Nachos with Spanish Rice Orange Popcorn Chicken with Fried Rice Yogurt and Cheese Plate with Baked Pretzel Roasted Zucchini Glazed Carrots	28 Baja Fish Tacos with Creamy Coleslaw Chicken Potato Bowl with Garlic Breadstick Chicken Tenders with Roll Grilled Cheese Sandwich Turkey Chef Salad with Baked Pretzel Roasted Broccoli Fresh Cherry Tomatoes
31 Southwest Baked Potato with Twisted Breadstick Chili Cheese Tamale with Spanish Rice Yogurt and Cheese Plate with Baked Pretzel Pinto Beans Fresh Cucumbers				Selections Vary Daily: Cheese, Meat-Lover's, Buffalo Chicken, or Pepperoni Pizza, Hamburger, Cheeseburger, Spicy or Regular Chicken Sandwich, Seasonal Fresh or Canned Fruit, Milk
WOMEN'S HISTORY MONTH	Month Breakfast	NATIONAL POTATO CHIP DAY	Contraction of the second seco	NATIONAL NUTRITION MONTH (R