



NORTH CREEK HIGH SCHOOL

RUNNING START PACKET



Please refer to the following steps for Running Start enrollment

Step	Who	Action
Step 1	Student	Attend a Running Start 101 session at NCHS in the Spring. If you did not attend a 101 session, YOU MUST review the 101 presentation on our website .
Step 2	Student & Parent	Read through this NCHS Running Start Packet & Complete
<i>If Running Start seems like a good fit, continue to the next steps.</i>		
Step 3	Student	Go to your chosen Community College Running Start webpage and follow steps for Enrollment (Apply, Contract, Placement, CORE, RSEVF, etc.) <i>College websites are linked in presentation</i>
Step 4	Student	Student must place into English 101 in order to be in RS. Check college website for ways to qualify.
Step 5	Student	Plan your courses for <i>at least</i> your first quarter. Use these choices to fill out your RSEVF. A planning sheet is provided in this packet.
ONCE & ONLY ONCE ALL ABOVE STEPS ARE COMPLETED		
Step 6	Student & Counselor	Make an appointment with your counselor to turn in the following: 1. Fully Completed Running Start Enrollment Verification Form (RSEVF) 2. NCHS Running Start Contract (the part with student and parent/guardian initials)
Step 7	Student	Go back to Enrollment process with your College and complete final steps – email in all requested forms.
Step 8	Student	REGISTER FOR CLASSES through CTC Link (College Website) <i>The Running Start office will be a great resource for you while you are a student on their campus.</i>

Be sure to stay connected with your Counselor and touch base quarterly to fill out next quarter's RSEVF and school activities!

North Creek High School Running Start Agreement

Full Name: _____ Student ID#: _____ Class of _____

Please provide your **college** email here: _____

The North Creek High School counselors want students to be fully informed of the added responsibilities and unique circumstances that participation in the Running Start program entails. In order to participate in the Running Start program both students and parents need to review this agreement, **initialing each line item.**

Student Initial/Parent Initial

1. ____/____ Students are responsible for maintaining full time status. Full-time Running Start (15 *credits per quarter or a combination of Running Start and NCHS classes*). Students **must** get permission from their NCHS counselor **PRIOR** to dropping a Running Start (RS) class. It is the student's responsibility for dropping any RS classes prior to the drop deadlines.
2. ____/____ If RS students drop/withdraw from RS classes for any reason, this could jeopardize on-time graduation and have implications on their transcripts. **Students must immediately return to NCHS for a # of classes to make up full time enrollment.**
3. ____/____ Entrance into RS varies for each community college. All students must place into English 100 and/or Math 100 or higher to be in RS. Course numbers 099 and below are not eligible for RS funding and will have to be paid for by the student. See your counselor to determine how these classes will translate into high school credits.
4. ____/____ Due to the fact that the grading periods are not aligned, RS is recommended to be a year-long commitment. **Starting or ending RS mid-year may adversely impact student's credits.**
5. ____/____ It is the responsibility of RS students and parent/guardians to stay informed regarding Diploma Requirements, college application/testing deadlines and Graduation ceremony information. This can be done by checking emails, Remind messages, and the NCHS website.
6. ____/____ Colleges treat RS students as college students and will not communicate attendance or academic concerns to the parent without a signed release on file with the college.
7. ____/____ NCHS is on a semester (18 week) schedule and the community colleges are on a quarter (11 week) schedule. Starting, ending, and vacation dates will be different. Missing school at one facility because the other is not in session will not be accepted as an excused absence. **RS courses and transportation time cannot conflict with a student's NCHS schedule. NCHS classes take priority. Parents must call the attendance office to excuse any absences due to alternate schedules (assembly days, PTSA testing, etc.).**
8. ____/____ The earlier students register at the college, the better their chances will be to get their desired courses. There is no guarantee that students will be able to register for the classes desired at the community college. Monitoring all RS deadlines is the responsibility of the student.
9. ____/____ All RS grades received will become a permanent part of the student's high school **and** college transcripts. Students must take all courses for a letter grade. College academic courses frequently require a high level of self-discipline. **The college will not send progress reports or warnings; therefore, students are responsible for monitoring their own progress**

10. ____/____RS students must maintain a minimum **2.0 GPA**. If the student's GPA falls below a 2.0, the student is placed on academic probation at the community college. If the GPA is not raised above the 2.0 minimum during the next grading period, the community college will withdraw the student from the RS program which could impact on-time graduation
11. ____/____Each quarter, students must complete the Enrollment Verification Form required to register for RS classes and get their counselor's signature. **Students are responsible for making an appointment for their counselor's signature.**
12. ____/____Students with disabilities who have a 504 Accommodation Plan or Individual Education Plan (IEP) are responsible for informing and providing documentation of the disability to the community college.
13. ____/____Some post-secondary schools, especially those out of state, may not accept RS courses for college credit. Those who do may have special rules about specific courses and whether students can transfer their Running Start credits. It is the student's responsibility to make sure she/he understands these requirements.
14. ____/____ If RS students meet WIAA eligibility standards, they are eligible to participate in high school athletics and activities at NCHS. However, the scheduling of RS and athletics/activities can be challenging as RS classes vary from quarter to quarter. ***Athletics eligibility applies to RS classes - you may not drop "F's" from RS to qualify for athletics.**
15. ____/____RS Students are only allowed on the NCHS campus before school, after school, and during the periods they are scheduled in NCHS classes. The only exception to this would be school- sanctioned events such as assemblies or class meetings and the student must follow sign in procedures in the main office.
16. ____/____RS courses may impact future financial aid as the credits count towards the maximum allowable credits a student may receive aid for.
17. ____/____It is expected that all graduation requirements are completed at the college by the end of winter quarter of senior year.
18. ____/____If there are remaining graduation requirements that must be taken in spring quarter of senior year then the student must be able to prove they are passing the requirements in order to participate in graduation ceremonies
19. ____/____Please see the chart below for the number of free classes allowed at the College through the Running Start program. Students who exceed this amount will be responsible to pay for any additional RS credits. Books, school fees, lab fees, parking fees, and transportation are the responsibility of the student
20. ____/____ Part Time Running Start will require students to be enrolled in a number of NCHS classes that allows them to be a fully enrolled student. In the case that students have NCHS classes, they must be continuous in periods (no holes in the schedule).

Classes at NCHS	Free College Credits
0	21
1	18
2	16
3	14
4	12
5	10
6	8
7	6

Please sign below verifying that you have read and understood the Agreement for participating in Running Start.

Student Name (print)

Student Signature

Date

Parent Name (print)

Parent Signature

Date

Return completed & signed contract to your Counselor during your RS appointment

Updated January 2025

Running Start Course Planning Sheet

Junior Year		
<i>NCHS Fall Semester</i>		<i>NCHS Spring Semester</i>
RS Fall Quarter	RS Winter Quarter	RS Spring Quarter
Senior Year		
<i>NCHS Fall Semester</i>		<i>NCHS Spring Semester</i>
RS Fall Quarter	RS Winter Quarter	RS Spring Quarter

# of NCHS semester classes	Free credits allowed through RS
0	21
1	18
2	16
3	14
4	12
5	10
6	8
Additional Graduation Requirements	
Graduation Pathway	Washington State History
High School and Beyond Plan	

NORTHSHORE SCHOOL DISTRICT EQUIVALENCY GRID

	Bellevue College www.bellevuecollege.edu 425.564.2026	Cascadia College www.cascadia.edu 425.352.8146	Edmonds College www.edcc.edu 425.640.1761	Everett Community College www.everettcc.edu 425.388.9211	Lake WA Institute of Tech www.lwttech.edu 425.739.8100 ext.435	Seattle Community Colleges www.seattlecolleges.com 206.587.3836	Shoreline Community College www.shoreline.edu 206.546.4591
ENGLISH	ENGL& 101, ENGL& 111, ENGL& 112, ENGL 131, ENGL 201, ENGL 210, ENGL 219, ENGL 220, ENGL 221, ENGL 226, ENGL 228, ENGL 229, ENGL& 235, ENGL 237, ENGL 238, ENGL 239, ENGL& 244, ENGL& 245, ENGL& 246, ENGL 253, ENGL 254, ENGL 255, ENGL 260, ENGL 261, ENGL 263, ENGL 264, ENGL 266, ENGL 271, ENGL 272	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL& 114, ENGL& 235, ENGL& 236, ENGL& 237, ENGL& 244, ENGL& 245, ENGL& 254, ENGL& 255, ENGL& 238	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 235	ENGL& 101, ENGL& 102, ENGL 103, ENGL 105, ENGL& 111, ENGL 240, ENGL 253	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 235	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 201, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 246, ENGL& 254, ENGL& 256, ENGL 257, ENGL 258	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 200, ENGL& 244, ENGL& 245, ENGL& 246
US HISTORY	HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 137, HIST& 148
CONT. NAT'L - WORLD/CIVCS	POLS& 101, POLS& 202, POLS 173, POLS 204, INTST 201	POLS& 101, POLS& 202, POLS& 203, POLS& 204, POLS 206, GS 101, GS 150	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 101, POLS& 202, POLS& 203, POLS& 204	POLS& 202	POLS& 101, POLS 112, POLS& 202, POLS& 203, POLS 220	POLS& 101, POLS& 202, POLS& 203, POLS 221, INTST 200, INTST 201
WORLD HISTORY	HIST 102, HIST 103	HIST& 126, HIST& 127, HIST& 128, HIST& 210	HIST& 117, HIST& 118, HIST& 127	HIST 111, HIST 112	HIST& 126	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST 234, HIST 235, HIST 236
WASHINGTON STATE HISTORY	HIST& 214	HIST& 214	HIST& 214	HIST& 214	Not Available	HIST& 214	HIST& 214
HEALTH	HLTH 250	NUTR& 101	HLTH 100, NUTR& 101	PEHW 203	NUTR& 101	HEA 160, HEA 125	NUTR& 101
LIFE FITNESS	PE 110, PE 111, PE 112	Not Available	PE 100, PE 105, PE 162, HLTH 150	Not Available	FTNS 100, FTNS 102	PEC 130, PEC 132, PEC 143, PEC 150, PEC 151, PEC 165	PE 134, PE 136, PE 139, PE 217, PE 236, PE 239
FINE ARTS, MATH, PE, SCIENCE	Any Fine Arts, Math, PE or Science courses level 100 or greater offered at the community college (see credit conversion information below). NOTE: ANTH& 215 has been vetted to meet a lab science requirement. This is the only Anthropology course currently approved for Science credit.						
CAREER & TECHNICAL EDUCATION	Any Business, Technology, Vocational or Family and Consumer Education course level 100 or greater (see credit conversion information below).						
NOTE: Community College courses with "&" in the course title (shown in bold) indicate courses that are equivalent at community colleges across the state. A course with this symbol that appears on this list at one college may be taken for credit at any college, as long as it also contains the equivalency symbol (&) at the college where taken. updated 09/28/23 vnk				College Credit to High School Credit Conversion			
				College Credit(s)	High School Credit Applied to Transcript		
				6	1.20		
				5	1.00		
				4	0.80		
				3	0.60		
				2	0.40		
				1	0.20		