

# February 2025 Menu

Monday

03

**Breakfast**

W Home Baked Mixed Berry Muffin  
W Breakfast Cereal of the Day  
Chefables Seasonal Fruit Milk

**Lunch**

W Natural Chicken Tenders  
W V Cheese Quesadilla  
Roasted Butternut Squash  
Chefables Seasonal Fruit Milk

**P.M. Snack**

W Homemade Soft Pizza Pretzel Stick  
Chefables Banana "Chips" (Dried Banana Slices)

Tuesday

04

**Breakfast**

W Home Baked KuKu Squares  
W NEW Home Baked Blueberry Muffin  
Chefables Seasonal Fruit Milk

**Lunch**

W V Egg Salad Sandwich  
W Beef Burger on Honey WG Bun  
W V Grilled Cheese Sandwich  
Sweet Corn Salad with Buttermilk Dressing  
Bagged Baby Carrots  
Corn  
Chefables Seasonal Fruit Milk

**P.M. Snack**

W Home Baked Crackers  
Chefables Raisins

Wednesday

05

**Breakfast**

W Home Made Concha!  
Chefables Seasonal Fruit Milk

**Lunch**

W Chicken Salad Sandwich  
W Chicken Alfredo Pasta  
W V Brown Rice & Beans  
Roasted Carrots + Toasted Pumpkin Seeds  
Peas  
Chefables Seasonal Fruit Milk

**P.M. Snack**

A2 Organic Vanilla Yogurt  
W Yummy Chefables Rolled Oats Cereal

Thursday

06

**Breakfast**

W Home Baked Mixed Berry Muffin  
Chefables Seasonal Fruit Milk

**Lunch**

W Classic Chicken Sandwich on Honey WG Bun  
W V Cheese Quesadilla  
Bagged Mixed Roasted Chefables Beans  
Corn  
Chefables Seasonal Fruit Milk

**P.M. Snack**

Chefables Very Own Cheese Sticks  
W Home Baked Delimanjoo

Friday

07

**Breakfast**

W Home Baked KuKu Squares  
W NEW Cheddar Cheese & Scallion Bagel  
Orange  
Milk

**Lunch**

W V Slice of Cheese Pizza  
Bagged Baby Carrots  
Chefables Seasonal Fruit Milk

10

**Breakfast**

W Home Baked Mixed Berry Muffin  
W Breakfast Cereal of the Day  
Chefables Seasonal Fruit Milk

**Lunch**

W Natural Chicken Tenders  
W V Mac & Cheese  
Chefables Spinach  
Chefables Seasonal Fruit Milk

**P.M. Snack**

W Homemade Soft Pizza Pretzel Stick  
Chefables Banana "Chips" (Dried Banana Slices)

11

**Breakfast**

W NEW Home Baked Poppy Seed Muffin  
Chefables Seasonal Fruit Milk

**Lunch**

W Chicken Salad Sandwich  
W All Beef HOT DOG on Honey WG Bun  
W V Grilled Cheese Sandwich  
Baby Carrots  
Bagged Baby Carrots  
Peas  
Chefables Seasonal Fruit Milk

**P.M. Snack**

W Homemade Brazilian Cheese and Coconut Stick

12

**Breakfast**

W Home Made Concha!  
Chefables Seasonal Fruit Milk

**Lunch**

Sliced Turkey  
W Turkey Spaghetti Bolognese  
W V Brown Rice & Beans  
W V SLICED Bread  
Roasted Carrots + Toasted Pumpkin Seeds  
Green Beans  
Chefables Seasonal Fruit Milk

**P.M. Snack**

W Homemade Mozzarella Filled Soft Pretzel Roll

13

**Breakfast**

W Home Baked Lemon Ricotta Pancakes  
Chefables Seasonal Fruit Milk

**Lunch**

COLD Southwest Chicken & Cabbage Salad  
W Chicken Corn Dog  
W V NEW Buttermilk Cheddar Cheese Biscuit  
Bagged Mixed Roasted Chefables Beans  
Chefables Seasonal Fruit Milk

**P.M. Snack**

Chefables Very Own Cheese Sticks  
W Home Baked Delimanjoo

14

**Breakfast**

W Home Baked Mixed Berry Muffin  
Chefables Seasonal Fruit Milk

**Lunch**

W V Slice of Cheese Pizza  
Bagged Baby Carrots  
Chefables Seasonal Fruit Milk

17

Closed

18

Closed

19

Closed

20

Closed

21

Closed

24

**Breakfast**

W Home Baked Mixed Berry Muffin  
W Breakfast Cereal of the Day  
Chefables Seasonal Fruit Milk

**Lunch**

W V NEW Homemade Beef & Cheese Triangle Ravioli (red sauce)  
W V Brown Rice & Beans  
Peas  
Chefables Seasonal Fruit Milk

**P.M. Snack**

Chefables Very Own Cheese Sticks  
W Homemade "POP" Rice

25

**Breakfast**

W Home Baked Carrot Raisin Breakfast Bread  
Chefables Seasonal Fruit Milk

**Lunch**

W Chicken Salad Sandwich  
W Chicken Corn Dog  
W V Grilled Cheese Sandwich  
Sweet Corn Salad with Buttermilk Dressing  
Bagged Baby Carrots  
Corn  
Chefables Seasonal Fruit Milk

**P.M. Snack**

W Homemade Brazilian Cheese and Coconut Stick

26

**Breakfast**

W Home Made Concha!  
Chefables Seasonal Fruit Milk

**Lunch**

W Chicken Fajita Burrito  
W V Cheese Quesadilla  
Zucchini  
Chefables Seasonal Fruit Milk  
**P.M. Snack**  
W Homemade Mozzarella Filled Soft Pretzel Roll

27

**Breakfast**

W Home Baked Whole Grain 50/50 Waffles  
Chefables Seasonal Fruit Milk

**Lunch**

W Buffalo Chicken Wrap  
W All Beef HOT DOG on Honey WG Bun  
W V Bean and Cheese Pupas  
Broccoli Slaw  
Bagged Mixed Roasted Chefables Beans  
Roasted Carrots  
Chefables Seasonal Fruit Milk

**P.M. Snack**

Chefables Very Own Cheese Sticks  
W Home Baked Delimanjoo

28

**Breakfast**

W Breakfast Cereal of the Day  
Chefables Seasonal Fruit Milk

**Lunch**

W V Slice of Cheese Pizza  
Bagged Baby Carrots  
Chefables Seasonal Fruit Milk

Notes

- This institution is an equal opportunity provider.
- Lowfat (1% milk or non-fat milk offered/served at ALL breakfast, and Lunch meals. All Milk served is rBST-free.
- Chefables reserves the right to substitute stated menu items if it becomes unavailable in the market or due to unforeseen circumstances.



Just some of the vegetables this month: Arugula Asian greens asparagus avocado beets bok choy broccoli rabe Brussels sprouts cabbage carrots cauliflower celery chard collard kale leeks lettuces mushrooms mustard onion parsnips potatoes radicchio radishes rutabagas scallions spinach sunchokes squash (winter) sweet potato turnips



Just some of the fruits this month: Apple Asian pear cherimoyas Grapefruit dates kiwi kumquat lemon limes mandarin oranges pomelos persimmons

NEW = New menu offering | W = Whole Grain Rich | V = Vegetarian Menu Option | 🌱 = Field Trip Menu Option |