

## PLEASANT HILL MIDDLE/HIGH SCHOOL ANNOUNCEMENTS FEBRUARY 5, 2025

*As a reminder, students need to remain in their respective hallways during the school day. Between 1st and 7th periods, high school students should not be in the middle school hallway and middle school students should not be in the high school hallway.*

*Middle School Students Lunch: The main gym and Middle School Commons will be open for middle school lunch. So if you want to get active and play some sports, head over to the main gym. Or, come hang out with friends and play some of your favorite games in the Middle School commons! However, please note that the Middle School commons will only be accessible through the side doors in the courtyard. The main Middle School hallway doors will remain locked throughout lunch. If you need to visit a teacher's classroom, be sure to have a pass from that teacher. All food must be consumed in the Student Center or Courtyard before entering the gym or Middle School Commons. Good morning, this week we are celebrating National School Counseling Week. Did you know that thriving at school includes ensuring we all enjoy a positive school environment? Thriving in your school environment means feeling safe, included, and valued. Counselors along with your teachers, administrators, and all school staff, are dedicated to creating a space where everyone can feel respected and supported. We do this in several ways, including:*

- *Promoting respect and inclusivity, celebrating different cultures, backgrounds and perspectives.*
- *Building strong relationships among everyone in our school community with open communication, active listening, and empathy.*
- *Creating engaging and interactive learning environments that respond to different learning styles.*
- *Supporting mental health and well-being, as well as physical health, through sports and exercise*
- *Encouraging student voice and leadership.*
- *Celebrating student achievements and encouraging accomplishments.*
- *Ensuring our school facilities are accessible to students and staff of all abilities and are safe and welcoming, giving students spaces to relax and socialize while learning. Today, do something positive to help our community thrive.*

### **GO BILLIES!**

Congratulations to Archer Ferguson for placing 1st and Kamdyn Greene for placing 4th at The Oregon State Wrestling Championships, 16 and under.

### **HIGH SCHOOL CLUB SPORTS**

We are offering three new club sports for our high school students, including Boys & Girls Golf, Boys Volleyball, and Girls Flag Football. Students interested in these club sports may get registered through [Final Forms](#). Students participating in club sports will be responsible for providing their own equipment and transportation for contests and practices. For your convenience, you may pay your \$150 club sport registration fees online here: [Payment Portal](#)

### **BILLIES ATHLETICS**

MS Boys Basketball teams play against Creswell at home today at 4:30.

HS Basketball teams play at La Pine on Thursday at 4:30, 6:00, and 7:30.

HS Wrestling competes at Cottage Grove HS on Friday at 1pm and on Saturday at 10am.

HS Cheer competes in the OE Classic on Saturday at the Oregon State Fair Pavilion at 9am.

**BAGS OF LOVE DONATIONS NEEDED**

Donations are being accepted for Bags of Love through Feb. 14th. Bags of Love is a local organization that provides personal necessities and comfort items for children in crisis. New or gently used items, such as winter coats, clothing, shoes, hygiene items, books, school supplies, stuffed animals, or toys may be dropped off in the front office or room 3.

**HS STUDENTS - CANDY HEART GUESSING GAME**

Can you correctly guess how many candy hearts are in a container? Stop by Mr. Gray's room and enter your guess for a chance to win a box of chocolates - and the candy hearts too! The winner will be announced on Friday.