



Founded in 1990, the Sibling Support Project is the first national program dedicated to the life-long and ever-changing concerns of millions of brothers and sisters of people with special health, developmental, and mental health concerns.

Sibshops offer brothers and sisters of children with a variety of special needs a place to meet other siblings in a relaxed, fun and supportive setting. The meetings are celebrations of the many contributions made by brothers and sisters of kids with special needs. Participants discuss their common joys and concerns, learn to handle sibling-specific “sticky situations” and have fun! They reflect a belief that brothers and sisters have much to offer one another – if they are given a chance.

The LMSD Elementary School Counselors are pleased to offer virtual Sibshops sessions led by trained Sibshops facilitators and school counselors, Lisa Ruzzi and Deb Wilson-Leslie. We have designed sessions to be engaging and interactive, including games, art projects, discussion activities and more. This 6-session Sibshops series will take place via Zoom on Thursdays, 5:00 to 6:00 pm. We’ll start with a brief family **and** child Zoom practice on February 20<sup>th</sup> at 5:00. Session one will be held on February 27<sup>th</sup>. There is no cost to attend but we would appreciate participants attending all sessions.

Participants will be in grades 3, 4, 5 and 6. Sorry, we are not holding sessions for younger sibs at this time and cannot make exceptions for younger children. Why? Children are expected to manage Zoom independently because privacy is important. Confidentiality will be reviewed in the first session and families are expected to ensure participants are situated away from distractions so they may talk freely.

The Zoom link will be provided shortly before the first session. To register please email:

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