

Middle/High School Breakfast Menu

Revised 07/01/24

***Menu Subject to Change**



Questions? Contact Judy Naughton, U-46 District Dietitian, at judithnaughton@u-46.org or call 847-888-5000 ext. 5034

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Choice of up to two fruits, two vegetables, and one milk choice, either 1% plain or flavored or unflavored fat-free milk with all entrees.</i>			1	2
5	6	7	8	9
12	FIRST DAY OF SCHOOL French Toast 13	Biscuit Breakfast Sandwich 14	Powdered Donut Holes 15	Cheesy Eggs w/ Tater Tots 16
Dutch Waffles 19	Yogurt Parfait 20	Turkey Sausage & Cheese Bagel Sandwich 21	Chocolate Chip Loaf Bread 22	Egg & Cheese Breakfast Tacos 23
Turkey Pancake Wraps 26	Donuts 27	Egg & Cheese Bagel 28	Banana Bread 29	Scrambled Egg Skillet 30

In addition to main breakfast entrees, Grab & Go, cereal, cereal bars, and frudels ect. may be available.

Check your school's menu board for current daily options

Middle/High School

Lunch Menu

Revised 07/01/24



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5	6	7	8	9
12	FIRST DAY OF SCHOOL 13 Chicken Patty OR Italian Cheesy Pull Apart	14 Philly Cheesesteak OR Pizza Crunchers	15 Hot Turkey Ham & Cheese Croissant OR Cheese Quesadilla	16 Pizza Cheese, Pepperoni, Buffalo Chicken
19 Chicken Wrap OR Plant Based Chicken Nuggets	20 Beef Rib Sandwich OR Mini Cheese Pizza Pocket	21 Beef Hot Dog OR Grilled Cheese	22 Orange Chicken + Fried Rice OR Mozzarella Sticks	23 Pizza Cheese, Pepperoni, Buffalo Chicken
26 Taco Pizza Bites OR Galaxy Cheese Pizza	27 Chicken & Cheese Empanada OR Mac & Cheese + Birthday Cake Bar	28 Beef Hamburger OR Vegetarian Potstickers	29 Comfort Bowl OR Bosco Sticks	30 Pizza Cheese, Pepperoni, Buffalo Chicken

In addition to hot entrees, Grab & Go, PB&J's and Salads, Chicken Tenders or Chicken Patties, Pizza, Mini-Corndogs, Jumbo Pretzels w/ Cheese, or Bosco Sticks w/ Marinara ect. may be available.

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