



Living with a complex condition?

Get extra support at no cost to you

We get it. Living with a rare or complex condition can sometimes be challenging. If you need a little help, Accordant Flex lets you talk to a nurse **any time – day or night**. And it's part of your benefit plan, so there's no cost to you.

Accordant Flex[®] is for patients or parents of children with an autoimmune or genetic condition, epilepsy, HIV, or other complex or rare condition (see below for a full list).

Once you sign up, you'll have access to an Accordant Flex nurse and a resource specialist who can help you:

- Get answers and learn more about your health
- Set goals and stay on track
- Spot risks early, before they affect your health
- Find support in your community
- Make lifestyle changes for better health
- Get the care you need by working with your doctor and health care team

Whether you need a lot of support, or you just have a question now and then, Accordant Flex is tailored to your needs. Along with one-on-one phone support, you'll have digital tools to help you keep track of your health.

If you, or a covered family member, is living with one of the conditions listed below, you may be eligible for Accordant Flex. For more information and to get started, call us at 1-844-905-0855 or visit **Accordant.com**.

Conditions:

- Amyotrophic Lateral Sclerosis (ALS)
- Chronic Inflammatory Demyelinating Polyradiculoneuropathy (CIDP)
- Chronic Kidney Disease (CKD)
- Crohn's Disease
- Cystic Fibrosis
- Dermatomyositis
- Epilepsy (Seizures)
- Gaucher Disease
- Hemophilia
- Hereditary Angioedema
- Human Immunodeficiency Virus (HIV)
- Inclusion Body Myositis (IBM)
- Juvenile Idiopathic Arthritis (JIA)
- Multiple Sclerosis
- Myasthenia Gravis
- Parkinson's Disease
- Polymyositis
- Pulmonary Arterial Hypertension (PAH)
- Rheumatoid Arthritis
- Scleroderma
- Sickle Cell Disease
- Systemic Lupus Erythematosus (SLE or Lupus)
- Ulcerative Colitis

HealthTrust Retirees and Enrollees in plans that do not include CVS Caremark[®] prescription coverage are not eligible for the Accordant Flex program.

Ready to get started? Find out if you're eligible by calling 1-844-905-0855
(TTY users dial 1-800-735-2962, Monday through Friday, 8 a.m. to 9 p.m. ET)

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