

This Week's Specials

02/03/2025-02/07/2025



Monday- Philly Steak Sandwich with a side of Onion Rings or Celery/Carrot sticks with sauce- \$7.00

Tuesday- Popcorn Chicken Bowl with Mashed Potatoes & Corn with Chicken Gravy - \$6.75

Wednesday- Chicken Parmesan with Buttered Egg Noodles, Seasonal Roasted Vegetables and Garlic Bread-\$6.75

Thursday- Breaded Chicken Sandwich dipped in your favorite sauce with House Made Potato Salad & House Made Coleslaw- \$8.00

Friday- Pasta Bar- with your choice of House Made Alfredo Sauce or Marinara Sauce, Penne Noodles, Grilled Chicken, Garlic Bread, Broccoli and Parmesan or Crushed Red Pepper - \$6.75

\$6 Meal Deal

**Chicken Ceasar Wrap with
House Made Chips, Whole
Fruit and Milk or Water**

Quest Food prioritizes the health and wellness of our guests through chef-crafted recipes and scratch made cooking techniques using fresh, high-quality ingredients that are flavorful, wholesome, and responsibly sourced.



Dash Specials

\$4.25/each

**Pepperoni Pizzable
Snack Pack**

*Flatbread, Pepperoni, Marinara,
Mozzarella Cheese*

**Chocolate ChickPea
Snack Pack**

*Chocolate ChickPea Spread,
Fresh Strawberries, Mini Pretzels*

WHERE TO FIND QUEST CHOICE OPTIONS:

DASH

DASH- DAILY

- Simple Turkey & Cheese Sandwich with Choice of Toppings, Whole Fruit or Veggie Cup, Milk or Water
- Entrée Chicken Ceasar Salad with Whole Fruit or Veggie Cup, Milk or Water

LUNCH

GRILL -MONDAY

- Cheeseburger, Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN- TUESDAY

- Popcorn Chicken Bowl, Whole Fruit or Veggie Cup, Milk or Water

DASH- WEDNESDAY

- Deluxe Turkey & Cheese Wrap with Whole Fruit or Veggie Cup, Milk or Water

GRILL -THURSDAY

- Chicken Corn Dog with Ketchup, Mustard, Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN- FRIDAY

- Pasta Bar with Whole Fruit, Milk or Water

CRUST- DAILY

- Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water

BREAD & BOWL- DAILY

- Chicken Noodle Soup with Crackers, Whole Fruit or Veggie Cup, Milk or Water

BEVERAGES

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water



LOOK FOR THE
QUEST CHOICE ICONS
IN THE CAFETERIA



**A QUEST CHOICE
MEAL INCLUDES:**

1

**Choice of Entrée
and a Side Dish**

2

**Fresh
Vegetable**

3

**Fresh
Fruit**

&

**½ Pint Milk or
16.9oz Bottled Water**

This Week's Specials

02/10/2025-02/14/2025



Monday- Chicken (2) & Waffles (2) with Fresh Fruit Salad and Syrup- \$7.75

Tuesday- Build your own Nachos- Choose from Ground Beef or Chicken Tinga, Lettuce, Tomato, Beans, Cheese, Sour Cream, Salsa, Jalapenos and Black Olives -\$7.25
Meat & Cheese Only- \$3.00, Chips & Cheese Only- \$2.75

Wednesday- Italian Beef Sandwich with Peppers, Onions and your Choice of Cheese served with Italian Cucumber Salad- \$7.50, Sandwich & Giardinera Only- \$5.25

Thursday- Breaded Chicken Sandwich dipped in your favorite sauce with House Made Potato Salad & House Made Coleslaw- \$8.00

Friday- Build your own Stir Fry Bar- choose Noodles or Veggie Fried Rice, Chicken or Beef with a Veggie Roll and your choice of Broccoli, Chow Mein, Peppers, Onions, Baby Corn, Teriyaki Sauce, Orange Sauce or Sweet Chili Sauce- \$7.50

\$6 Meal Deal

**Buffalo Chicken Wrap with
House Made Chips, Whole
Fruit and Milk or Water**

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Dash Features

Yogurt Parfaits - \$3.00
Vanilla Yogurt, Fruit & Granola

Hummus Snack Pack- \$4.25
Hummus, Pretzels, Celery & Carrots

WHERE TO FIND QUEST CHOICE OPTIONS:

DASH

DASH- DAILY

- Simple Turkey & Cheese Sandwich with Choice of Toppings, Whole Fruit or Veggie Cup, Milk or Water
- Entrée Chicken Ceasar Salad with Whole Fruit or Veggie Cup, Milk or Water

LUNCH

GRILL -MONDAY

- Chicken Nuggets, Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN- TUESDAY

- Popcorn Chicken Bowl, Whole Fruit or Veggie Cup, Milk or Water

DASH- WEDNESDAY

- Deluxe Turkey & Cheese Wrap with Whole Fruit or Veggie Cup, Milk or Water

BREAD & BOWL -THURSDAY

- BLT Wrap, Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN- FRIDAY

- Pasta Bar with Whole Fruit, Milk or Water

CRUST- DAILY

- Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water

BREAD & BOWL- DAILY

- Minestrone Soup with Crackers, Whole Fruit or Veggie Cup, Milk or Water

BEVERAGES

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water



LOOK FOR THE
QUEST CHOICE ICONS
IN THE CAFETERIA



**A QUEST CHOICE
MEAL INCLUDES:**

1

**Choice of Entrée
and a Side Dish**

2

**Fresh
Vegetable**

3

**Fresh
Fruit**

&

**½ Pint Milk or
16.9oz Bottled Water**



A QUEST CHOICE MEAL INCLUDES:



LOOK FOR THE
QUEST CHOICE ICONS
IN THE CAFETERIA

1

***Choice of Entrée
and a Side Dish***



***Fresh
Vegetable***

2

***Fresh
Fruit***

3



***½ Pint Milk or
16.9oz Bottled Water***



QUESTFOOD
MANAGEMENT SERVICES



QUEST CHOICE

QUEST CHOICE PROGRAM:



ADDITIONAL PURCHASES

If a student wants to purchase any item outside of the Quest Choice program, they are permitted to do so through the school's dining account or with cash payment at check-out. When funds are added to the dining account, students will be able to access those funds by showing their student ID at check-out, and the cost of the additional item(s) will be automatically deducted from their account.

QUEST CHOICE SYMBOL

The Quest Choice symbol is used throughout serving areas so that students can easily identify the items included in the program, allowing them easy and discreet access to their meals. The Quest Choice symbol is featured next to qualifying items on menu signage at each station, and oftentimes next to the item itself on the serving line or pick-up location.

ABOUT QUEST FOOD MANAGEMENT SERVICES

Quest Food Management Services is a premier food service provider for schools throughout the Midwest. Quest is committed to using scratch made cooking techniques and fresh, high-quality ingredients to offer students nutritious meals that fuel their development and learning.

FOR MORE INFORMATION

If a student or caregiver is having difficulty understanding what is included in the Quest Choice program at their school, our dining team is available to provide further details. Students and caregivers can contact **Vivian Robles, District Manager** by email at vrobles@questfms.com or phone at 331-645-8857, or email QuestChoice@QuestFMS.com to request more information.