

## **School Health Advisory Board**

October 16, 2024

Attendees:

Lorita Brown  
Donna Guzman  
Dr. Paul Arnold  
Sara Liddle  
Sara Vigneault  
Lorena Williams  
Renee Norden  
Courtney Pifer

5:04 p.m. Lorita Brown start meeting: Introductions

Committee phased out in 2012, is currently restarting.

### **CGM**

A parent has requested a device to monitor BG levels for their student.

- Upon investigation we found:
  - Manassas City – No monitoring
  - Culpeper County – No monitoring
  - Portsmouth City – No monitoring
  - Stafford County - Provides tablet and parents pay for app.
  - Frederick County – Student specific and parents provide the device.

### **Vaccines**

Parents states no information was provided from schools.

Information can be found:

- On website, emails, reminders, weekly rundowns, nurses look up on VIIS.
- Doctors are aware of student's vaccinations

New ways to notify parents:

- Signs at office, handouts at Back to School Nights
- School supply lists at end of year

Ways to support parents:

- Vax Clinic during school hours
- Vax Clinic at Back to School Fairs
- Can VDH sign off on Fauquier County Public School nurses to give vaccine?
- Will check with the local Health Department.

## **Mental Health**

02/24 – Needs assessment with counselors.

- Elementary – Monthly topics → Mental Wellness in September
- Secondary – Quarterly Topics- Examples: bullying, kindness, substance abuse, anxiety, and depression.
- 10<sup>th</sup> grade teen mental health first aid

In a recent survey students state:

- Positive Relationships were high
- Relationships with adults were high
- Felt safe at school

Mental Health First Aid

How many staff per building?

600 total in county who took mental health training in 23/24 school year.

## **VMAP**

Piedmont – Peace in Warrenton

- Chats
- Youth dialogues for survey results

Voting for Officers.

Chair = Lorita Brown

Co-Chair = Sara Vigneault

Secretary – Lorena Williams

Possible topics for next meetings:

- CPR for Teachers
- → CPR Classes
- → Costs? Nurse budget covers 30 CPR classes for school nurses.
- → Title IV may be able to cover cost?
- → Anxiety with possible inservice.
- → Bus driver education in mental health.

Meeting ended at 6:00 p.m.

Next Meeting January 15, 2025 at 5:00 P.M.