

Approved Smart Snack Foods List

Revised 3/24/22



Bars (Cereals, Granola, Flats)		
Brand	Product Item	Serving Size
Quaker	Chewy Girl Scout Thin Mint Granola Bar	1 bar (24g)
Quaker	Chewy Granola Bar, Oatmeal Raisin	1 bar (24g)
Quaker	Chewy Granola Bar, Peanut Butter Chocolate Chip	1 bar (24g)
Quaker	Chewy Granola Bar, S'mores	1 bar (24g)
Betty Croker	Oatmeal Bar, Butterscotch	1 bar (35g)
Betty Croker	Oatmeal Bar, Chocolate Chip	1 bar (35g)
Clif Kid	Z Bar, Chocolate Brownie	1 bar (36g)
Clif Kid	Z Bar, S'mores	1 bar (36g)
General Mills	Cereal Bar, Golden Grahams	1 bar (40g)
General Mills	Cereal Bar, Team Cheerios, Strawberry	1 bar (40g)
General Mills	Cereal Bar, Fruity Cheerios	1 bar (40g)
Nature Valley	Chewy Trail Mix Granola Bars, Fruit & Nut	1 bar (35g)
Nature Valley	Granola Bar, Crunchy Oats 'N Honey	2 bars (42g)
Kellogg's	Soft Baked Breakfast Bars, Mixed Berry	1 bar (37g)
Kind	Grain Bar, Dark Chocolate Chunk	1 bar (35g)
Kind	Kids Bar, Chewy Chocolate Chip	1 bar (23g)
Cookies and Treats		
Brand	Product Item	Serving Size
Kellogg's	Rice Krispies Treats	1 bar (22g)
Kellogg's	Scooby-Doo!, Graham Crackers Snacks, Cinnamon	1 pouch (28g)
Frito-Lay	Grandma's Mini Chocolate Chip Cookies	1 pkg (1.2oz)
Annie's	Friends Bunny Grahams Honey, Graham Snacks	1 pkg (28g)
Fiber one	Soft-Baked Cookies, Oatmeal Raisin	1 Cookie (34g)
Chips, Pretzels, Popcorn & Snack Mix		
Brand	Product Item	Serving Size
Frito-Lay	Cheetos Puff Reduced Fat, Cheese Flavored Snack	1 pkg (0.7oz)
Frito-Lay	Cheetos Puffs Reduced Fat, Flamin' Cheese Flavored Snack	1 pkg (0.7oz)
Frito-Lay	Doritos Reduced Fat Cool Ranch Flavored, Tortilla Chips	1 pkg (1oz)
Frito-Lay	Doritos Reduced Fat Nacho Cheese Flavored, Tortilla Chips	1 pkg (1oz)
Frito-Lay	Lay's Oven Baked Barbecue Flavored Potato Chips	1 pkg (1 1/8oz)
Frito-Lay	Lay's Oven Baked Original Potato Chips	1 pkg (1 1/8oz)
Frito-Lay	Rold Gold Hartzels Heart Shaped Pretzels	1 pkg (0.7oz)
Frito-Lay	Munchies, Munch Mix, Snack Mix	1 pkg (1oz)
Pop Chips	Pop Chips Potato, Barbeque	1 pkg (0.8oz)
Pop Chips	Pop Chips Potato, Sea Salt	1 pkg (0.8oz)
Pop Chips	Pop Chips Potato, Sour Cream & Onion	1 pkg (0.8oz)
General Mills	Simply Chex Mix, Strawberry Yogurt	1 pouch (29g)
General Mills	Simply Chex Mix, Cheddar	1 pouch (26g)
General Mills	Simply Chex Mix, Chocolate Caramel	1 pouch (29g)
Nabisco	Teddy Grahams Honey, Graham Snacks	1 pack (28g)
Nabisco	Wheat Thins Original, Whole Grain Wheat Crackers	1 pack (28g)
Others		
Brand	Product Item	Serving Size
	Fruit Cups, No Sugar added	1 cup (113g)

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	100% Fruit or Vegetable Juices	Eat here. Succeed anywhere.
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All foods offered on the school campus are encouraged to meet or exceed the USDA nutrition standards. Foods must meet nutrient standards for calories, sodium, fat, and sugar. Beverages must meet certain calorie and size limits. **Classroom snacks brought by parents can include but are not limited to the list below.** Other items such as ice cream, sweets, or yogurt may meet nutrition compliance. To determine if your snack is compliant visit <https://foodplanner.healthiergeneration.org/calculator/>