Sierra Pacific High School

Mid-Year School Counseling Update

Freshman Class

GET TO KNOW STUDENT SERVICES LESSON: In September, school counselors in collaboration with the Students Services Department delivered a lesson to all freshmen during PE classes. Freshmen were introduced to their designated school counselor and to the various Students Services team members and roles. Information about academic support and emotional and mental health resources was shared.

Senior Class

ACADEMIC, COLLEGE & CAREER MEETINGS: During August & September, school counselors met individually with all 255 seniors to discuss goals and plans to prepare students for the year ahead and ensure each student was prepared with the classes, information, and resources needed to assist them in reaching and achieving their post-secondary goals.

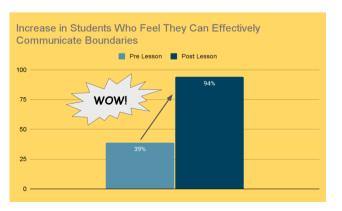


Percent change measures how much a quantity has increased or decreased relative to its original value, expressed as a percentage. It helps you understand the scale of the change in relation to the starting point.

ACADEMIC PLAN LESSON: In November, school counselors delivered an Academic Plan lesson to freshmen students in biology classes covering graduation requirements, postsecondary paths, and college/university requirements. Students were guided through completing their academic plan in AERIES. As a result of this lesson, 99.7% of freshmen completed their academic plan. Individual advising meetings will take place with all students starting the end of January.

Sophomore Class

HEALTHY BOUNDARIES LESSON: School counselors visited sophomore World History classes in October providing a lesson on healthy boundaries. This was a new social-emotional lesson designed to help students understand and practice setting personal boundaries in various aspects of their lives. The lesson was well received, and in the graph below, you will see its impact on students.





COUNSELING CONTACTS by domain

Academic: 1410 College & Career: 579 Social Emotional: 390 Parent Contact: 160 Other: 28 Total contacts: 2603

EARLY COLLEGE CREDIT (Dual/Concurrent Enrollment)

College permission forms signed: 45 Approved college courses: 52 Counselor contacts for dual/concurrent enrollment: 316 (compared to 177 contacts fall 2023)

MTSS TEAM

The MTSS team meets weekly to focus on students who are struggling in multiple areas. The goal is to implement targeted interventions and monitor progress to help students achieve academic, social-emotional, and attendance goals. During Fall 2024, the team identified 47 students facing challenges and implemented a range of interventions, including individual and group counseling, counselor check-ins, Check & Connect, tutoring, zero hour, and SSTs.