

Wellness Committee Meeting Notes April 16, 2024

Meeting called to order 3:06 PM

Meeting notes from 1.23.24 were reviewed and approved

Meeting notes were signed by Julie Clifford, Board Member

All participants signed in to the meeting

Public Comments - None

Recap of the Whole Child Wellness Committee Purpose:

Goal Four of the Strategic Plan: District 73 will ensure the success of the whole child by providing comprehensive approaches and programming, grounded in the belief that each child deserves to be healthy, safe, engaged, supported and challenged.

Warm-Up Activity

Name, position, number of years in the district, "if you had a magic wand..."

Session 1 and 2 Recap:

1. What is whole child education? Presentation from EAB representative
2. Whole child defined: Group Brainstorm
3. Initiative inventory activity
4. Indicators for Whole Child Success Brainstorm
5. Food Service Discussion/Sharing Tables
6. Behavior Discipline Review

Five Pillars of Whole Child from ASCD:

- Healthy
- Supported
- Challenged
- Engaged
- Safe

Each of the 5 pillars (above) has 10 indicators. Committee members were divided into the 5 pillars and provided the 10 indicators. Committee members reviewed any indicators highlighted in yellow and determined if any measurements were missing. The entire team then voted fist to five to meet consensus. There was a robust discussion around measurements of safety and what the data captures. Two student representatives shared examples of times inappropriate language was used in the middle school settings that were racist and antisemitic in nature.

**Both situations were investigated promptly following the Wellness committee meeting and addressed by building administration.*

The team transitioned to the Quest - Food Service presentation:

Middle School students participated in food advisory committee meetings this year in order to share feedback about the current food service and menu choices. Lauren explained the changes to food services made based on the feedback from the student food advisory committee.

Breakfast carts for the 24-25 school year are being explored. Stay tuned!

Each group reviewed the Wellness Policy and provided feedback for adjustments. If any member of the team has feedback on the Wellness Policy that was not captured during the meeting, they should send them directly to Megan Goldman.

Discipline data (January 2024 - April 20224) was reviewed. District wide office referral incident comparison was reviewed. Data trends continue to decline for office referral. The team then discussed “wonderings” around the data?

Meeting dismissed at 4:35PM

Respectfully submitted, Megan Goldman

Alicia Corrigan, Assistant Superintendent of Student Services

Julie Clifford, Board Member

Date Minutes Approved: _____