

Wellness Committee Meeting Notes October 15, 2024

Meeting called to order 3:09 PM

All participants signed in to the meeting

Recap of the Whole Child Wellness Committee Purpose:

Goal Four of the Strategic Plan: District 73 will ensure the success of the whole child by providing comprehensive approaches and programming, grounded in the belief that each child deserves to be healthy, safe, engaged, supported and challenged.

Reviewed of work from 23-24 school year:

1. Defined whole child wellness
2. Completed indicator inventory for each tenant of the whole child (see bullets below)
 - Healthy
 - Supported
 - Challenged
 - Engaged
 - Safe
3. Behavior review
4. Wellness Policy Review

Introduction and Warm Up-

Hopes and Headlines Activity (sample of answers below):

- Hope
 - That kids will miss school on the weekends
 - All kids can identify at least 1 safe adult in their school
 - Include student voice as much as possible in all things
 - Help kids when they are feeling uncomfortable in any situation
- Headlines
 - Reduce bullying 50% and kids want school to continue through the summer
 - SOAR to Social Emotional Learning Excellence
 - District 73 creates a moment of togetherness and understanding as they address _____ insert moment here...
 - Hawthorn D73 Students and Staff lead with open hearts with help from the D73 Wellness Committee

The group then transitioned to Task One:

The group divided into five separate groups (one for each tenant) and reviewed the 10 indicators for each tenant to determine if any indicator needed to be deleted, added, or updated.

- Healthy
- Supported
- Challenged
- Engaged
- Safe

The group then transitioned to Task Two:

The group reviewed the Wellness Committee, specifically focusing on the SOAR store at the Middle School and the ability for students to use LiveSchool points to purchase snacks/candy at the school store.

Meeting adjourned at 4:31 PM

Respectfully submitted, Megan Goldman

Alicia Corrigan, Assistant Superintendent of Student Services

Julie Clifford, Board Member

Date Minutes Approved: _____