

NASSAU  
COUNTY



POLICE ACTIVITY LEAGUE  
WANTAGH-SEAFORD UNIT

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**PAL CALENDAR OF EVENTS AND REGISTRATIONS FOR SPRING 2025**

**THERE IS ABSOLUTELY NO REQUESTS FOR COACHES AND FOR A TEAMMATE  
IT IS ONE FOR ONE (YOU PUT A FRIEND'S NAME DOWN AND THEY PUT YOU)  
DUE TO LIMITED SPACE SOME ACTIVITIES MAY CLOSE BEFORE THE FINAL  
REGISTRATION. TRY TO REGISTER AS SOON AS POSSIBLE.**

**No refunds will be issued after the start of any activity, which includes practices. Late fees  
and insurance are not refundable.**

**JANUARY**

**KARATE** – Fridays at 7pm at Wantagh Elementary, 1765 Beech St, Wantagh, NY 11793. It is for boys and girls ages 7 to 18. After the initial 10 weeks another session will begin. Registration is ongoing. Cost is \$70.00 for 10 weeks. Highly qualified instructors.

**LACROSSE** – registration online until 2/15/2025 when a wait list will start with no guarantees to be placed. Register online at [www.nassaucountypal.org/units/ncpal-wantagh-seaford/](http://www.nassaucountypal.org/units/ncpal-wantagh-seaford/)

**FEBRUARY**

**SOCCER SPRING CLINIC**- register online from 2/1/2025 until 3/27/25. After 3/28/2025 registration is closed, **NO EXCEPTIONS**. It is for Pre-PK (going into Kdg. 9/2026), Pre-K (going into Kdg. 9/2025) and current KDG and up. **Session dates are Sundays 4/6, 4/13, 4/27, 5/4, 5/18, 6/1 and rain date 6/8.** All at Seaman's Neck Park. Times—PPK:9-9:45a.m. and PK:10-10:45a.m., K:11-12:00p.m., 1<sup>st</sup> and 2<sup>nd</sup> grade 12:15-1:30p.m.. Exact times dependent on enrollment for each group and groups can be merged to have different times. Cost is \$80 per player. Register online at [www.nassaucountypal.org/units/ncpal-wantagh-seaford/](http://www.nassaucountypal.org/units/ncpal-wantagh-seaford/). If unable to register online, visit [www.wantaghseafordpal.org](http://www.wantaghseafordpal.org) or [www.facebook.com/WSPALSoccer](https://www.facebook.com/WSPALSoccer) for more information on how to register.

**TRACK**- registration online until 2/28/2025 for girls and boys ages 5-13. Held April- June, Thursday practices. Saturday 8:30 a.m. track meets. Cost is \$40 for one, \$75 for two and \$100 max. Register online at [www.nassaucountypal.org/units/ncpal-wantagh-seaford/](http://www.nassaucountypal.org/units/ncpal-wantagh-seaford/).

The distribution of this flyer by the Seaford School Dist. And the Wantagh school district is a courtesy extended to the activities of this organization. In no way does Seaford or Wantagh Schools sponsor or accept any responsibility for these activities.

IT IS BETTER TO BUILD YOUTH THAN TO MEND ADULTS