



Essentia Health

St. Mary's Foundation

Sister Anne Scholarship Program

The Program

St. Mary's Foundation has established a scholarship program in memory of Sister Anne Goulet, to encourage undergraduate academic pursuits for a clinical career in health care.

Funded by St. Mary's Foundation, scholarships are given without regard to race, color, creed, religion, gender, sexual orientation, disability or national origin.

Eligibility

Applicants must have earned a high school diploma or equivalent by spring of the year they are applying. A person may receive only one Sister Anne Scholarship in his/her lifetime. Eligible applicants must reside within the Essentia Health St. Mary's service area and may NOT be related to a member of the selection committee, officer, manager or above, or director/trustee of Essentia or any of their family members.

Scholarship Awards

Scholarships are \$1,000 each per year to be used for tuition, books, supplies and fees. Three awards may be granted per year for academic pursuits in clinical healthcare careers. Additional awards may be granted at the discretion of the Administrative Team subject to the financial status of the endowment.

The scholarship(s) may be awarded after consideration of all presented information.

Application – print and submit the application on the next page or [Click here to submit an electronic application](#)

Applications are available via the Essentia Health website. Specific documents must be mailed or emailed, by the deadline, as directed in the application.

Applicants are solely responsible for gathering and submitting all necessary information. All information submitted is confidential and will be reviewed only by the selection committee.

Completed applications with required documents must be received no later than March 31st with scholarships being awarded on or about May 15, 2025.

Recipient Selection

The Sister Anne Scholarship Committee selects recipients after review of academic achievement, financial need, leadership and participation in school and community activities, honors, work experience, statement of education and career goals and letters of recommendation by a direct supervisor or faculty member.

The number of scholarships awarded will be based on St. Mary's selection procedures and available funds. Not all applicants will receive awards.

Obligations

Scholarship recipients must enroll in the educational programs no later than the fall of the year in which the award is given. Recipients are required to provide St. Mary's with most recent transcripts and to notify St. Mary's of any changes in address, school enrollment or other pertinent information.

Payment of Awards

St. Mary's Administrative Team authorizes scholarship payments. Payments are made in one installment. Checks are mailed to each recipient's home address and are payable jointly to the student and the school and must be endorsed by both.

Revision Policy

The general conditions and procedures under which scholarships are made are subject to periodic review by St. Mary's, including termination of the program.



Essentia Health

St. Mary's Foundation

Sister Anne Scholarship Application

First Name:

Email Address:

Last Name:

Phone Number:

Permanent Home Address:

College you will attend:

Degree Pursuing (must be healthcare/patient care related):

Expected Graduation Date:

Career Preparation / Employment Experiences (please list recent volunteer, internship and/or paid work experiences)

Experience Name / Location	Length of Time	Type of Work Performed / Main Responsibilities

Leadership / Community or School Involvement

Honors / Recognition (obtained through school or professional/work experiences)

Financial Circumstances (please describe any circumstances that may affect your ability to pursue your educational goals)

Please attach the following items to this application:

- Essay describing your education and career goals
- Your most recent transcript of grades (unofficial or copy of official is okay)
- Two (2) letters of recommendation by a direct supervisor, instructor, or community member

Send application and attachments to St. Mary's Foundation, 1027 Washington Ave, Detroit Lakes, MN 56501

Thank you for your application! We're delighted you are pursuing education in a healthcare-related field.



Essentia Health

St. Mary's Foundation

Sister Anne Goulet - a brief history

Rose Anne Goulet was born in Crookston, the first of five children in the family of John and Alphonsine (St. Martin) Goulet. Compelled by a desire to dedicate her life to the service of God, Rose joined the Benedictine community at Mount Saint Benedict in December, 1924, and made her permanent monastic profession in 1929.

Sister Anne became a registered nurse in 1931, and, in 1941, after training in Chicago, she became a medical laboratory technician and a registered x-ray technologist.

Sister Anne was put in charge of the x-ray and laboratory departments at Saint Anthony Hospital in Mahanomen, MN, in 1949, and at the same time served as administrator of the twenty-five bed hospital.

At Saint Mary's hospital in Detroit Lakes, she supervised laboratory, x-ray and emergency services - and initiated Saint Mary's School of x-ray Technology and the Becker County Blood Bank.

In 1955, Sister Anne collaborated with Eileen Mahoney Oxley to organize Saint Mary's Hospital Auxiliary, an enterprise which became the most rewarding experience of Sister Anne's twenty-eight years at Saint Mary's.

Under her guidance, auxiliary volunteers known as Pink Ladies, Blue Men and Candy Strippers went into action in every department of the hospital. From 1963 to 1971, as Assistant Administrator and Personnel Director, Sister Anne organized the Pastoral Care Department, which she directed until her retirement in 1978. She was active in the *Detroit Lakes Business and Professional Women's Club* (BPWC), a group which named her *Woman of the Year* in 1976.

After her retirement from hospital work, Sister Anne did home nursing in Fargo, East Grand Forks and Bemidji.