

Hudson City School District

Diversity, Equity, & Inclusion

Fulfilling the District's mission for every child

Cultural Proficiency	y Advisory	Committee	Recommer	ndation

☐ Policies and Procedures	☐ Professional Development
☐ Curriculum	☑ Cultural Programming
☐ Behavioral Health	

MULTICULTURAL COOKBOOK

Description

1-2 sentence project description

Food is a great connector that brings people together. This cookbook is a way to celebrate the diversity of cultures within our student body by inviting our students to submit their favorite family recipes with stories about the traditions/history or cultural significance behind them.

Objective

Which objective(s) does this recommendation address?

This recommendation addresses objective 10 by supporting and encouraging dialogue, team and community building, and a positive school climate. It can also be customized by grade levels, based on complexity of the recipes.

Rationale

How does this recommendation help advance cultural proficiency in Hudson City Schools?

We all come from various backgrounds and have many differences in how we view the world and how we live our lives. While different cultures may be separated by several factors, there is one unifying thread that runs through all of us—the need and desire to eat. This makes food an easy intersection to bridge the cultural divides we face in our interactions with others.

Bringing together students from diverse backgrounds to share personal memories, recipes and meals in the context of their unique cultural backgrounds offers a fun and enriching way to build empathy and promote cultural awareness. Sharing a recipe or meal is a sensitive, respectful way to understand, learn and start a conversation about our heritage, home and history, which opens the door and often segues into relevant and important conversations of today.

Grades

Which grade is this recommendation geared toward?

□ PreK-2 □ 3-5 □ 6-8 □ 9-12

Team

Who are the lead and support people or groups for this recommendation?

This initiative would ideally be managed by a student-led group and include:

- Team Captain student
- Editor student
- 3 Graphic Designers student
- Comms/Promo student/staff
- Budget Manager & Fundraiser student/staff
- Yearbook Rep student
- Campus Reps staff
- Morning Announcement Rep student/staff
- HCS Communications Rep staff
- Cafeteria / Food & Nutrition Rep staff

Timeline

What is the start and end dates of this project? Include key dates in between. This section can be general (e.g. fall semester; second quarter; October)

- Present to CPAC Steering Committee for feedback at 11/18/21 meeting (or 12/2/22 meeting if that one is not doable)
- Present at the Community Engagement Meeting on 1/19/22
- Roll out cookbook art contest (cover, section dividers, etc.) and call for recipes (appetizers, entrees, desserts) on 1/26/22
- Deadline to submit art and recipes by 2/26/22
- Cookbooks ready for distribution by 4/26/22

We can dedicate a special section in the yearbook to cover the inaugural launch and feature pics and quotes of the leg work throughout the process.

Anticipated Outcomes

What do we hope to gain as a result of this recommendation?

The foods people eat tell a story about who they are and where they come from. Unlike learning a culture's difficult dance, language or extensive history, consuming food is instinctual and essential; it allows for natural conversation about its significance. We hope students will gain a better understanding of each other, learn to appreciate what makes them different (and what connects them) and engage in more meaningful dialogue with each other, thereby creating a more inclusive and welcoming culture.

We hope the cookbook will peak their interests in other diverse groups, sparking questions and research, enabling them to better engage with people and groups who are different from them.

The anticipated outcome is that our students will inherently learn more about their peers and appreciate the things that make them different.

The cookbook also provides an opportunity for everyone to be and feel included, to feel like they and their stories matter.

Budget

What are the costs associated with this recommendation?

APS quotes to print 50 and 100 page book: Full Sheet 50 pp / \$7.75 each | 100 pp / \$15.25 each Half Sheet 50 pp / \$3.90 each | 100 pp / \$7.75 each

Team will explore opportunities for underwriters, grants, and/or fundraising -- this year or next.

Sustainability/Replicability

Is this recommendation ongoing? If so, what is needed to enable it to continue?

Yes. This can and should be an ongoing thing with the opportunity for new students to provide recipes each year (volume 1, 2, etc.).