

Breakfast Menu

Suffern High School

February 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

3 Ham & Cheese Bagel Melt **P**
WW Honey Bun
Fresh Orange
100% Apple Juice

Tuesday

4 Whole Grain French Toast Slices
Strawberry Nutri-Grain Bar
Graham Crackers
Fresh Orange
100% Apple Juice

Wednesday

5 Ham and Egg Sandwich **P**
Blueberry Muffin
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

Thursday

6 Fluffy Whole Grain Pancakes
Brown Sugar Cinnamon Pop Tart
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

Friday

7 Breakfast Burrito

Cocoa Puffs Cereal Bar
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

10 Mini Blueberry Bash Waffles
Chocolate Chip Muffin
Graham Crackers
Fresh Orange
100% Apple Juice

11 Egg and Cheese Sandwich
Raspberry Nutri-Grain Bar
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

12 Bacon, Egg and Cheese Breakfast Sandwich **P**
WG Cherry Muffin
Graham Crackers
Fresh Banana
100% Apple Juice

13 Sausage, Egg and Cheese Sandwich
Soft Filled Cinnamon Toast Crunch Bar
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

14 Fluffy Whole Grain Pancakes
Strawberry Pop Tart
Graham Crackers
Fresh Orange
100% Apple Juice

17



18

19 Breakfast Burrito

Brown Sugar Cinnamon Pop Tart
Graham Crackers
Fresh Banana
100% Apple Juice

20 Whole Grain French Toast Slices
Strawberry Nutri-Grain Bar
Graham Crackers
Fresh Orange
100% Apple Juice

21 Sausage, Egg & Cheese Burrito*
Not-A-Nut Butter Bagel Sandwich
Fresh NY Local Apple
100% Orange
Tangerine
Graham Crackers

24 Mini Blueberry Bash Waffles
Chocolate Chip Muffin
Graham Crackers
Fresh Orange
100% Apple Juice

25 Bacon, Egg and Cheese Wrap **P**
Strawberry Mini Bagel
Fresh NY Local Apple
100% Orange
Tangerine

26 Sausage, Egg and Cheese Sandwich
Cocoa Puffs Cereal Bar
Graham Crackers
Fresh Banana
100% Apple Juice

27 Egg and Cheese Sandwich
Blueberry Nutri-Grain Bar
Graham Crackers
Fresh Orange
100% Apple Juice

28 Fluffy Whole Grain Pancakes
Brown Sugar Cinnamon Pop Tart
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

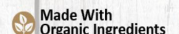
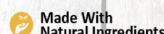
If you have questions regarding this menu please contact

Janet Ginocchio - Food Service Director
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Available Daily

Egg Sandwiches Red. Sugar WG Cereal, Yogurt Parfait, Bagel w/butter or cream cheese Assorted Fresh Fruit(Sliced Oranges, Apples & Bananas) 100% Fruit Juice All Grain products are Whole Grain or Whole Wheat

Choice of Low Fat White Milk, Fat Free White or



Chocolate Milk