



























Lunch Menu

Suffern Middle School

February 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Crispy Popcorn Chicken Yellow Rice Buttered Corn Cucumber Coins Fresh Orange	4 Soft Tacos Turkey Taco Filling Fiesta Corn Black Beans Fresh Strawberries	5 Homemade Baked Pasta with Cheese  with Meatballs  Steamed Carrots Cauliflower Popcorn Diced Pear Cup	6 Yard Bird Classic Chicken Sandwich Baked French Fries Chilled Red Pepper Strips Sliced Apples	7 Classic Cheese Pizza   Pepperoni Pizza  Steamed Broccoli Fresh Baby Carrots Fresh NY Local Apple  Or Pizza Sticks
10 Mozzarella stick with french fries  Spicy Four Bean Salad Celery Sticks Fresh Grapes	11 Baked Scoops Turkey Taco Filling Shredded Cheddar Cheese Salsa Black Beans Sweet Corn Diced Pear Cup	12 Homemade Mac & Cheese   Whole Wheat Dinner Roll Chilled Red Pepper Strips Cucumber Coins Fresh Orange	13 BBQ Chicken Steamed Carrots Yellow Rice Dinner Rolls Fresh Peach	14 Classic Cheese Pizza   Pepperoni Pizza  Chilled Red Pepper Strips Side Salad Fresh NY Local Apple Or Calzone
17 	18	19 Homemade Baked Pasta with Cheese  With Meatballs  Steamed Carrots Cauliflower Popcorn Diced Pear Cup	20 Chicken & Cheese Quesadilla Fiesta Corn Black Bean and Pepper Salad Fresh Strawberries	21 Classic Cheese Pizza   Pepperoni Pizza  Green Beans Fresh Baby Carrots Fresh NY Local Apple Or Pizza Sticks
24 Baked Chicken Tenders Whole Wheat Dinner Roll Crispy Potato Puffs Fresh Baby Carrots Fresh Orange	25 Baked Scoops Turkey Taco Filling Shredded Cheddar Cheese Salsa Black Beans Sweet Corn Diced Peaches	26 Homemade Pasta & Meatballs   Side Salad Whole Wheat Dinner Roll Steamed Carrots Kiwi	27 BBQ Chicken Wrap  Chicken Caesar Wrap  Steamed Brussel Sprouts Baked Beans Diced Pear Cup	28 Classic Cheese Pizza   Pepperoni Pizza  Mixed Vegetables Caesar Salad Fresh Orange  Or Calzone



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

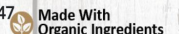
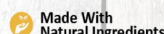
Lunch consists of:

- Choice of entree * 100% Juice *
- Choice of Milk: Low Fat White, Fat Free Chocolate or White *
- Fruit * Grain * Vegetable

If you have any questions please Contact your Food Service Director

Lunch Daily Offerings: Assorted Sandwiches, Peanut Butter & Jelly, Cheese Sandwiches
Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola
Assorted Salads Garden Side Salad, Variety of Veggies & Fruits (Sliced Apples, Oranges & Bananas) All grains are whole grains or whole wheat

Janet Ginocchio, Food Service Director @ jginocchio1@sufferncentral.org



or 845-357-783 ext 11247