

Suffern High School

Welcome to our Lunch Cafe

2/3/2025 - 2/7/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Cheeseburger
burger topped with
cheese on a freshly
toasted bun
Beef Hot Dog on Bun
Baked French Fries
Cucumber Coins
Pineapple and
Grapes Cup

Wing Shack Classic
Buffalo Chicken
Wings
an American classic,
tossed in spicy buffalo
sauce
Wing Shack BBQ
Style Chicken Wings

BBQ Chicken
chicken coated in BBQ
sauce
Mashed Potatoes
Brown Gravy
Steamed Broccoli
Homemade Peach
Cobbler

Homemade Ham,
Pepperoni and
Cheese Stromboli
ham, pepperoni and
melted cheese wrapped
in a pizza dough P 🍷

Cheese Pizza
fresh pizza dough
layered with tomato
sauce, topped with
cheese and baked until
crisp 🍷
Pepperoni Pizza P

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



Chicken Fajita Pizza
cheesy pizza slice topped
with fajita chicken, onions
and peppers 🍷

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and peppers 🍷

Chicken Fajita Pizza
cheesy pizza slice topped
with fajita chicken, onions
and peppers 🍷

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Chicken Ranch Wrap
tender chicken tossed in
buttermilk ranch dressing
with lettuce and tomatoes
in a wrap 🍷

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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Italian Combo
Sandwich
freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato P 🍷

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and cheese on a roll
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and tomato P 🍷

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!



NY Fruity Yogurt
Parfait with Graham
Crackers
	local NY low fat
vanilla yogurt layered
with fruit and graham
crackers 🍷

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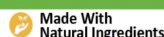
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.



Suffern High School

Welcome to our
Lunch Cafe

2/10/2025 - 2/14/2025



Monday

Tuesday

Wednesday

Thursday

Friday



Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Spicy Four Bean Salad
Baked Potato

Sloppy Joe on a Bun
homemade sloppy joe served on a soft bun 🍔
Sweet Corn
Fresh Strawberries

Classic Tex Mex Burrito
mexi-style meat, rice and shredded cheese folded inside a soft tortilla 🍔
Refried Beans
Steamed Broccoli
Fresh NY Local Apple

Homemade Pasta & Meatballs
freshly baked meatballs with tomato sauce over pasta 🍔
Green Beans
Side Garden Salad
Watermelon Cup 🍉

Crispy Potato Puffs
crisp potato puffs baked to perfection
Fresh Baby Carrots
Fresh Banana



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Broccoli Pizza
freshly made pizza topped with fresh mozzarella cheese and crisp broccoli florets 🍔

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Broccoli Pizza
freshly made pizza topped with fresh mozzarella cheese and crisp broccoli florets 🍔

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Club Griller
grilled cheese sandwich with Swiss cheese, tomatoes, bacon, ranch and American cheese 🍔

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grilled cheese sandwich with Swiss cheese, tomatoes, bacon, ranch and American cheese 🍔

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Buffalo Chicken Sandwich
warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato 🍔

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warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato 🍔

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warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato 🍔

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!



Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola 🍌

NY Fruity Yogurt Parfait with Granola
local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🍌

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local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🍌

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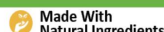
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Suffern High School

Welcome to our
Lunch Cafe

2/17/2025 - 2/21/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Parmesan
Over Pasta
oven baked chicken
topped with sauce and
melted cheese, all over
pasta 🍴
Sauteed Zucchini
Green Bean Salad
Fresh NY Local

Chicken Fajita
seasoned chicken
Cucumber Coins
Mixed Vegetables
Seasoned Rice

Cheese Pizza
fresh pizza dough
layered with tomato
sauce, topped with
cheese and baked until
crisp 🍴
Pepperoni Pizza 🍴
P

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo
Chicken Pizza
fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp 🍴

Hand Crafted Buffalo
Chicken Pizza
fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp 🍴

Hand Crafted Buffalo
Chicken Pizza
fresh dough layered with
sauce, topped with
cheese and Buffalo
chicken pieces and
baked until crisp 🍴

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



South of the Border
Wrap
warm chicken, seasoned
rice, and cheddar cheese
wrapped in a tortilla 🍴

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Wrap
warm chicken, seasoned
rice, and cheddar cheese
wrapped in a tortilla 🍴

South of the Border
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warm chicken, seasoned
rice, and cheddar cheese
wrapped in a tortilla 🍴

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Toasty Garlic
Mozzarella Sandwich
with Tomato
toasted garlic bread
sandwich stuffed with
mozzarella and tomato
🍴

Toasty Garlic
Mozzarella Sandwich
with Tomato
toasted garlic bread
sandwich stuffed with
mozzarella and tomato
🍴

Toasty Garlic
Mozzarella Sandwich
with Tomato
toasted garlic bread
sandwich stuffed with
mozzarella and tomato
🍴

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Wraps, Rolls & Condiments Made to Order and ALWAYS Fresh!



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layered with fruit and
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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk

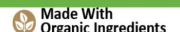
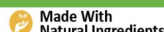
Fresh Orange



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Suffern High School

Welcome to our Lunch Cafe

2/24/2025 - 2/28/2025



Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Baked Pasta with Cheese
pasta topped with melted cheese, baked to perfection
Roasted Garlic Cauliflower
Caesar Salad
Diced Peaches

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Classic Tex Mex Burrito
Cinnamon & Honey Roasted Beans
Celery

Chicken Lo Mein
tender chicken sauteed with vegetables and lo mein noodles
Cucumber Coins
Homemade Peach Cobbler

Roasted Turkey with Gravy
oven roasted turkey breast smothered with gravy
Mashed Potatoes
Pear and Pineapple Cup
Cranberry Sauce

Cheese Pizza
fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp
Pepperoni Pizza

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Onion Pizza
freshly prepared in-house cheese pizza topped with sliced onions

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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese
Marinara Sauce

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baked bread sticks filled with melted cheese

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baked bread sticks filled with melted cheese
Marinara Sauce

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Meltdown Cafe Grilled Cheese with Bacon
grilled cheese with layers of crisp bacon on toasty bread

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grilled cheese with layers of crisp bacon on toasty bread

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NY Fruity Yogurt Parfait with Granola
local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola

NY Fruity Yogurt Parfait with Graham Crackers
local NY low fat vanilla yogurt layered with fruit and graham crackers

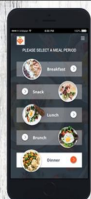
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