

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:

Walnut Grove Elementary

Month and year of current assessment: 10/2024

Date of last Local Wellness Policy revision: 12/2023

Website address for the wellness policy and/or information on how the public can access a copy:

Policy is available upon request from: <https://www.wwgschools.org/food-service/food-service-forms-an>

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 4

Designated School Wellness Leader

Name	Job Title	Email Address
Derrick Jenniges	Elementary Principal	jennigesfac@wwgschools.org

School Wellness Committee Members

Name	Job Title	Email Address
Angie Benson	4th grade teacher	abensonfac@wwgschools.org
Tyson Crosby	PE/Health teacher	crosbyfac@wwgschools.org
Brody Wright	Extension Educator	bwright@umn.edu
Kyle Jans	School Nurse	jansfac@wwgschools.org
Michele Freeburg	Food Director	freeburgfac@wwgschools.org
Becky Foster	School Board Member/Parent	Rebecca.Foster@sanfordhealth.org

Section 3. Comparison to Model School Wellness Policies

Complete the [WellsAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellsAT 3.0 example policy language
- Other (please specify): MSBA model policy

Describe how your wellness policy compares to model wellness policies.

Walnut Grove Elementary's Wellness Policy was reviewed and significant changes were made by the principal, SHIP staff and food service director in November, 2023 through MDE's Community of Practice. The final policy revision and adoption by the school board occurred in August 2024, when the policy was combined with the HS policy and posted in the student handbook.

At this time, WWG's policy follows the MSBA model policy closely. The Nutrition Education components are the most comprehensive while the Nutrition Standards for Competitive and Other Foods and Beverages have the strongest policy language. Wellness Promotion and Marketing have the most to gain according to the

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
See Section III Wellness Goals of the WWG Policy #533. Our policy is quite similar to the MSBA policy after the 2023/2024 updates specific to the language for		x		The SHI and WellSAT allow for benchmarking opportunities but the food service has also pursued additional projects captured in

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Compared to the MSBA Policy, the WWG wellness policy has similar language for physical activity with goals identified in Section III Wellness Goals. We		x		Student-focused physical activity is addressed in every Walnut Grove wellness meeting. Teachers have consistently been offered

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Language specific to student wellness is identified in the General Statement of Policy and Wellness Goals, consistent with the MSBA model. In the WellSAT,		x		Student wellness is an agenda item at every Walnut Grove wellness meeting. A recent 'win' includes a grant to install a water bottle filling

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
WWG's policy #533 mirrors the MSBA policy for Section IV Standards and Nutrition Guidelines, with goal language also mentioned in Section III		x		The WellSAT and SHI serve as good benchmarking tools to continue reviewing current policy and practices within WWG. The WWG policy

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Language regarding Other Foods and Beverages Made Available to Students is similar to the MSBA Policy. WellSAT questions NS9 and NS 12 are both rated strongly		x		Availability of free drinking water throughout the school day is an existing practice that could be considered in future policy revisions. WWG

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
WWG's marketing and advertising language currently matches that of the MSBA model policy. Questions specific to this topic are included in both Sections 3 and 5	x			Because of the strong policy wording of MSBA's model policy, this is currently the most complete portion of WWG's policy #533. The

Include any additional notes, if necessary:

Additional Wellness Committee members include a Sanford Fit representative (who may not be available at the meeting time but receives updates via email) and local public health through the SHIP program.

SHIP provides technical assistance to the wellness team as they meet quarterly. School involvement with SHIP is optional and WG Elementary has a strong history of partnering with SHIP. The wellness team has successfully leveraged its participants to develop student wellness at WWG with the diversity of roles represented being a strength over the years.