## GRAND ISLAND CENTRAL SCHOOL DISTRICT

## DISTRICT GUIDANCE/SCHOOL COUNSELING PLAN

2024-2025

## GRAND ISLAND CENTRAL SCHOOL DISTRICT GRAND ISLAND, NEW YORK

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ASSISTANT SUPERINTENDENT OF HUMAN RESOURCES, CURRICULUM AND STAFF DEVELOPMENT

## SCHOOL ADMINISTRATION

Hillary Kretz-Harvey- High School Principal

Jaime Peld - High School Assistant Principal

Adam Hernandez - High School Assistant Principal

Felicia Pallaci - Middle School Principal Christina Heitz- Middle School Dean of Students

Maxwell Pikula- Huth Road Elementary Principal David Janicki-Howe- William Kaegebein Elementary Principal Michael Antonelli - Sidway Elementary Principal

## DISTRICT GUIDANCE/SCHOOL COUNSELING STAFF

Mrs. Grace Butler, Ms. Sheryl Kavanagh, Mrs. Christina Kensy, Mrs. Victoria Coyne - High School Guidance Counselors
Mrs. Laurie Cordero, Mrs. Michelle Paige - Middle School Counselors
Mrs. Alyssa Brown- Elementary School Counselor
Mrs. Michelle Smock- High School Psychologist
Mrs. Alexis Reddien- Middle School Psychologist
Mrs. Katelynn Fisher- Huth School Psychologist
Mrs. Jacquelyn Masker - Kaegebein School Psychologist
Mrs. Lauren Stang- Sidway School Psychologist
Mr. Brodie Kaiser- High School Social Worker
Mrs. Jessica Hutchings - School Social Worker
Miss Kathleen Shrader - Middle School Social Worker
Miss Melissa Keem- Kaegebein School Social Worker
Miss Melissa Keem- Kaegebein School Social Worker
Miss Melissa Keem- Kaegebein School Social Worker

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#### **ANNUAL REVIEW**

An ongoing informal review of the District Guidance/Counseling Plan will take place as the year proceeds. Appropriate administrators, certified counselors, and school personnel will review the guidance/counseling objectives, activities, and outcomes. As a result, these objectives, activities, and outcomes will be revised, deleted, or added to meet the needs of the current student population. *During this school year 2024-2025, the counseling staff will work hard to adhere to any state guidelines, while following the district plan put into place. The counseling staff will remain flexible and make changes as needed in order to keep our students and staff safe.* 

#### **ADVISORY COUNCIL**

This Comprehensive K-12 School Counseling/Guidance Program is the result of a collaborative effort of many stakeholders in our district. The school/guidance counselors worked diligently to revise the Comprehensive School Counseling Program. This is a working document and as a result the Comprehensive School Counseling Program will need to be revised in order to maintain the rigorous standards outlined by national and state standards.

The advisory council will provide stakeholders with the opportunity to review, advise on, and support implementation of the program. The advisory council is responsible for reviewing the goals, competencies and results and participates in recommendations to the school counseling department and the administration. The advisory council's function will vary depending on a number of variables (i.e. the number of years an educational program is in existence, community needs).

Professional school counselors will use data to analyze the program effectiveness and to make decisions with regard to changes in the program content and delivery. The council functions as a communication link between the school counseling program and the various groups served (students, parents/guardians, educators, business and the community).

The advisory will meet a minimum of twice a year; once in October and one time in March. Additional meetings may be desired or needed and are at the discretion of the school district. The advisory council will create an agenda at each meeting and the minutes taken from the meeting will be submitted to the board of education as an annual report. The advisory council's role in reviewing implementation of the program provides an important link in the annual program development, review and revision process.

## **BOARD OF EDUCATION POLICY**

District Guidance/Counseling Program:

School counseling is a support service concerned with enhancing the learning process of all students. The school counseling program takes a holistic approach, by incorporating all dimensions of student development in relation to their life and school experiences. This approach focuses on academic/personal/social and career development.

The focus of the school counseling program, academically, is to help students identify and develop skills, knowledge and attitudes, which can be useful as they exercise their options in planning their lives. The objective of career development is for students to acquire skills, employ strategies and understand relationships between personal qualities, education and training, and the world of work to make sound decisions about their futures. Counselors also play a supportive role in assisting students in personal/social development by helping them to understand and respect others. The overall goal is for students to recognize their personal strengths, acquire decision-making skills and understand personal safety issues which pertain to their lives.

The school counseling program is an integral part of the school. The counselors work directly with students, and are a resource for students, parents, teachers and administrators in helping children meet their developmental needs. This is achieved through a service delivery approach, which incorporates counseling, collaboration, consultation and developmental classroom instruction.

These opportunities are provided for all students regardless of race, sex, age, economic status, national origin or disability.

Since September 1, 1983, a District Guidance Plan (K-12) has been available and implemented in each school in the district. The plan has been evaluated and revised annually.

Legal Reference: Commissioner's reg. 100.1 (g) Policy adopted by the Board of Education: August 29, 1983 Grand Island Central School District

## N.Y. State District Guidance Goals

## Counseling programs for students in grades K -8 include:

Goal: Provide ongoing support to promote social and emotional growth.Goal: Prepare students to participate effectively in their current and future educational programs.Goal: Teach students about various careers and help them to develop career planning skills.Goal: Help students with attendance, academic, behavioral or adjustment problems.Goal: Encourage parental involvement in the educational process.

## Counseling/Guidance programs for students in grades 9-12 include:

Goal: Review each student's educational progress, career directions and future plans annually.

Goal: Help students learn about various careers and develop career planning skills. Provide advisory assistance to enable students to benefit from the curriculum.

Goal: Provide advisory assistance to help students develop and implement post-secondary educational and career plans.

Goal: Provide advisory assistance for students who exhibit attendance problems.

Goal: Provide advisory assistance for students who exhibit behavioral and/or adjustment problems.

Goal: Encourage parental involvement in the educational process.

| Domain   | Activity/Program       | Goal  | Evaluation Method  | Grad<br>e<br>Level | Delivery<br>Model | Provider   |
|----------|------------------------|---|--|--------------------|-------------------|--|
| Academic | Check-in/<br>Check-out | To increase student<br>motivation; school<br>engagement and<br>responsibility necessary for<br>effective learning in school | Daily Check in/Check Out,<br>Check & Connect,<br>Student Interviews,<br>Targeted observations of<br>student behaviors,<br>Teacher, parent feedback and<br>consultation<br>Attendance | K-5                | Individual        | School Social Worker,<br>School Psychologist, School<br>Counselor, Various School<br>Personnel |

## **Elementary Counseling Program**

| Academic         | Attendance<br>Monitoring   | To decrease barriers<br>impacting school<br>engagement<br>To increase meaningful<br>participation in school   | Attendance Monitoring,<br>Report Card Review,<br>Teacher/Parent feedback,<br>Student interview,<br>Home visits                      | K-5        | Individual                                | School Social Worker,<br>School Counselor,<br>Attendance Committee                                 |
|------------------|--|---|---|------------|---|--|
| Academic         | Attendance<br>Meetings   | To discuss attendance<br>concerns and improve<br>student's overall<br>attendance  | Attendance Monitoring,<br>Report Card Review,<br>Teacher/Parent feedback,<br>Student interview,<br>Home visits                      | K-5        | Team                                      | School Social Worker,<br>School Counselor,<br>Attendance Committee                                 |
| Academic         | Direct instruction<br>of effective<br>learning strategies                                    | To increase effective<br>learning strategies in<br>classroom:<br>Active Listening,<br>following directions,<br>taking turns, personal<br>boundaries, decision<br>making, homework<br>completion, organization<br>of materials                           | Targeted Observation of<br>student behavior,<br>Teacher Feedback,<br>Daily report card,<br>Parent/teacher consultation              | K- 5       | Classroom<br>Small<br>Group<br>Individual | School Social Worker,<br>School Psychologist, School<br>Counselor                                  |
| Academic         | Daily Report Card  | To increase effective<br>learning strategies in<br>classroom  | Monitoring progress through<br>daily report card<br>Targeted observation of<br>student behavior<br>Teacher/parent feedback          | K-5        | Individual                                | School Social Worker,<br>School Psychologist, School<br>Counselor, Teacher                         |
| Social/Emotional | Direct instruction<br>of friendship skills,<br>including bullying<br>prevention<br>education | Student will<br>develop/improve<br>interpersonal skills<br>Student will establish &<br>maintain positive peer<br>relationships<br>Student will identify<br>bullying behaviors and<br>how to respond to bullying<br>both as a victim and/or<br>bystander | Targeted observation of<br>behavior, Review of<br>attendance, academic and/or<br>discipline records,<br>Parent/teacher consultation | Pre<br>K-5 | Classroom<br>Small<br>Group               | School Social<br>Worker, School<br>Psychologist,<br>School Counselor,<br>Teacher,<br>Administrator |
| Social/Emotional | Direct instruction<br>of basic social<br>skills for students                                 | To build interpersonal<br>skills in the areas of<br>communications and play<br>To develop an awareness<br>of feelings in self and<br>others   | Targeted observation of<br>behavior, Review of<br>attendance, academic and/or<br>discipline records, Parent<br>teacher consultation | K-5        | Classroom<br>Small<br>Group               | School Social Worker,<br>School Psychologist, School<br>Counselor                                  |

|                  |  |  |   |     | Individual                                |   |
|------------------|--|--|---|-----|---|---|
| Social/Emotional | Direct instruction<br>of communication<br>skills:<br>Assertiveness, Self<br>Esteem | To improve ability to<br>communicate thoughts,<br>wants, needs and feelings<br>effectively<br>To improve confidence in<br>interpersonal relationships<br>Improve self esteem | Targeted observation of<br>behavior, Review of<br>attendance, academic and/or<br>discipline records,<br>Parent/teacher consultation | K-5 | Classroom<br>Small<br>Group<br>Individual | School Social Worker,<br>School Psychologist, School<br>Counselor |

| Social/Emotional | Direct instruction<br>of coping skills to<br>manage:<br>Anger, Anxiety,<br>Stress, Impulsivity   | To develop a<br>self-awareness of<br>emotions; thoughts and<br>behaviors<br>To build skills to<br>responsibly manage one's<br>own behavior and<br>emotions                      | Targeted observation of<br>behavior, Review of<br>attendance, academic<br>and/or discipline records,<br>Parent/teacher consultation | K-5 | Classroom<br>Small<br>Group<br>Individual | School Social Worker,<br>School Psychologist, School<br>Counselor |
|------------------|--|---|---|-----|---|---|
| Social/Emotional | Direct instruction<br>of problem solving<br>and conflict<br>resolution skills  | To build interpersonal<br>responsibility and respect for<br>others<br>Students will learn to make<br>decisions, set goals and take<br>the necessary actions to<br>achieve goals | Targeted observation of<br>behavior, Review of<br>attendance, academic<br>and/or discipline records,<br>Parent/teacher consultation | K-5 | Classroom<br>Small<br>group<br>Individual | School Social Worker,<br>School Psychologist, School<br>Counselor |
| Social/Emotional | Individualized<br>support to cope<br>with life transitions<br>and family<br>changes:<br>Including: grief,<br>divorce, moving,<br>building transitions<br>Family Support<br>Referrals | To provide a supportive<br>environment in which<br>students can express feelings<br>and build healthy coping<br>skills<br>To make a successful<br>transition                    | Targeted observation of<br>behavior, Review of<br>attendance, academic<br>and/or discipline records,<br>Parent/teacher consultation | K-5 | Small<br>Group<br>Individual              | School Social Worker,<br>School Psychologist, School<br>Counselor |

| Social/Emotional | Check and connect                                 | To increase student<br>engagement by providing<br>caring school climate and<br>positive adult relationships  | Teacher, student and<br>parent interviews,<br>academic and discipline<br>review of records  | K-1        | Individual                                       | School Social Worker,<br>School Psychologist, School<br>Counselor, Various School<br>Personnel |
|------------------|---|--|---|------------|--|--|
| Social/Emotional | Peer mediations                                   | To act as a mediator and<br>assist in solving conflicts<br>among peers   | Student feedback<br>Parent and Teacher<br>feedback  | K-5        | Individual<br>Small<br>Group                     | School Counselor, School<br>Social Worker, School<br>Psychologist                              |
| Social/Emotional | PATHS curriculum                                  | To improve social emotional<br>skills by identifying<br>emotions, recognizing others'<br>feelings and perspectives and<br>responding sensitively to<br>others.<br>To increase students' ability<br>to control their impulses and<br>solve problems.<br>To decrease aggression by<br>teaching students to recognize<br>and manage their angry<br>feelings and use calming<br>strategies and problem<br>solving skills to resolve<br>conflicts.<br>Tier 1 and Tier 2<br>interventions. | Academic and/or<br>discipline records<br>Targeted observation of<br>behavior<br>Parent and teacher<br>feedback<br>Student interview | K-1        | Classroom  | Teacher, School Counselor,<br>School Psychologist, School<br>Social Worker                     |
| Social/Emotional | Character Trait of<br>the Month                   | To showcase students who<br>exemplify different positive<br>character traits throughout the<br>building  | Student and teacher feedback  | 2-5        | Building   | School Counselors, School<br>Social Workers, School<br>Psychologists, Teachers                 |
| Social/Emotional | Restorative Circles                               | To build relationships and<br>community in the classrooms<br>To solve conflicts  | Teacher observation of behavior   | K-5        | Classroom  | Teacher, School Counselor,<br>School Social Worker,<br>School Psychologist                     |
| Social/Emotional | IEP/504 Direct<br>Services & Case<br>Coordination | To Progress & achieve annual<br>IEP/504 goals through<br>ongoing<br>consultation/meetings/commu<br>nication between<br>parents/students/staff/agencie  | Student Interview<br>Target observation of<br>behavior<br>Parent & teacher feedback   | Pre<br>K-5 | Individual<br>Small<br>Group<br>Team<br>meetings | School Social Worker,<br>School Psychologist, School<br>Counselor, Teacher                     |

|                  |   | s, students will receive<br>appropriate<br>academic/social/emotional/be<br>havioral supports  |                   |      | IEP/504<br>meetings  |   |
|------------------|---|---|-------------------|------|----------------------|---|
| Social/Emotional | Initiate reports of<br>suspected cases of<br>child abuse<br>according to<br>district guidelines | To protect students from<br>suspected abuse   | Student Interview | K-5  | Individual           | Counselors, Administrator,<br>Nurse, Teachers, Social<br>Workers, School<br>Psychologist, CPS Liaison |
| Social/Emotional | Home visits   | To check in on students who<br>have social-emotional<br>concerns or academic<br>concerns  |                   | K-5  | Individual<br>Family | School Counselor, School<br>Social Worker, School<br>Psychologist, Administrator                      |
| Social/Emotional | Youth Mental<br>Health First Aid<br>Training  | To train staff on mental health<br>awareness and skills to<br>support and refer   | Staff feedback    | K-12 | District<br>Wide     | School Counselor, School<br>Social Workers,<br>Administration, Teachers,<br>Nurses                    |
| Social/Emotional | SMART<br>Collaborative  | To collaborate with P-12<br>educators in school districts,<br>community agencies, and<br>representatives on mental<br>health  | Feedback          | K-5  |                      | School Social Workers,<br>School Counselors,<br>Administration  |
| Social/Emotional | District Wide<br>Wellness<br>Committee  | To collaborate as a district to<br>enforce health and wellness  | Feedback          | K-12 | District<br>Wide     | School Counselors, School<br>Social Workers, PE<br>teachers, Administration                           |
| Social/Emotional | Health and<br>Wellness Week   | To celebrate health and wellness  | Feedback          | K-12 | District<br>Wide     | School Counselors, School<br>Social Workers, PE<br>teachers, Administration                           |
| Social/Emotional | Vikings Care<br>Initiative  | To strengthen the relationship<br>between the school and the<br>community. Vikings Care is<br>an opportunity for every<br>student in the school district<br>to give back to the<br>community. | Feedback          | K-12 | District<br>Wide     | School Counselors, School<br>Social Workers, School<br>Psychologists, Teachers,<br>Administration     |

| Social/Emotional | Use of Columbia<br>Suicide Severity<br>Rating Scale<br>Contact Spectrum<br>CARES for further<br>assessment | To assess risk of harm to self   |  | K-5  | Individual  | School Counselors, School<br>Social Workers, School<br>Psychologist<br>Spectrum CARES<br>Representative |
|------------------|--|--|--|------|---|---|
| Social/Emotional | Harm to Others<br>Assessment   | To assess risk of harm to others   |  | K-5  | Individual  | School Counselors, School<br>Social Workers, John<br>Fitzpatrick  |
| Social/Emotional | Evaluative Beings  | Provides assessments for staff<br>and student well-being. The<br>assessments for students look<br>at personality traits,<br>relationships with peers at<br>school and relationships with<br>adults at school   | Feedback   | 5    | Individual<br>or<br>Classroom                         | Counselors, Social Workers,<br>Family Support Service<br>Coordinator, Administration                    |
| Social/Emotional | District Mental<br>Health Website  | To provide information and<br>resources to the Grand Island<br>Central School District<br>community  |  | K-12 | District<br>Wide                                      | School Counselors, School<br>Social Worker, School<br>Psychologists,<br>Administration                  |
| Career           | School Jobs<br>Initiative  | To prepare students to<br>participate effectively in their<br>current and future educational<br>programs, to provide<br>information related to college<br>and careers, and to assist<br>students who may exhibit<br>challenges to academic<br>success, including but not<br>limited to attendance or<br>behavioral concerns. | Review of attendance,<br>academic and/or discipline<br>records<br>Targeted observation of<br>behavior<br>Parent and teacher<br>feedback<br>Student interview | 2-5  | Building<br>Classroom<br>Small<br>Group<br>Individual | School Counselor,<br>Administration, Teacher,<br>Support Staff  |
| Career           | Career Week  | To prepare students to<br>participate effectively in their<br>current and future educational   | Parent and teacher<br>feedback,<br>Student interview   | K-5  | Building  | School Counselor,<br>Administration, Teacher,<br>Support Staff  |

| Additional<br>Supports | Behavioral Support  | programs, to provide<br>information related to college<br>and careers<br>To provide<br>support/consultation to<br>families, teachers, students<br>and buildings to improve the<br>behavior of individual<br>students in school and at<br>home.                                      | Teacher and parent<br>interviews and<br>consultation<br>Targeted observation of<br>behavior<br>Review of attendance,<br>academic and/or discipline  | K-5        | Classroom<br>Individual | School Social Worker,<br>School Psychologist, School<br>Counselor, District<br>Behavioral Specialist                       |
|------------------------|---|---|---|------------|-------------------------|--|
| Additional             | Home-School   | To assist in the development<br>of FBA and behavior<br>intervention plans<br>To assist with generalization  | records<br>Teacher and parent   | K-5        | Individual              | School Social Worker,  |
| Supports               | Connection  | of skills across settings.<br>To assist with communication<br>between home and school.<br>To participate in parent<br>conferences   | feedback  |            |                         | School Psychologist,<br>School Counselor<br>Family Support<br>Coordinator  |
| Additional<br>Supports | Crisis Intervention   | To provide immediate support<br>to students, staff and families<br>demonstrating an acute crisis<br>situation.<br>To provide families with<br>appropriate referrals to<br>community supports for any<br>long term assistance<br>To assist in development of<br>crisis response plan | Teacher, student and<br>parent interviews<br>Monitor effectiveness of<br>response plan<br>Review of attendance,<br>academic & discipline<br>records | K-5        | Individual              | School Social Worker,<br>School Psychologist,<br>School Counselor, CPI<br>Trained Staff, District<br>Behavioral Specialist |
| Additional<br>Supports | School-<br>Community<br>Connection/<br>Family Support &<br>Services | Provide seamless transition<br>between outside service<br>providers information &<br>referral to outside agencies &<br>resources  | Teacher/parent<br>Outside service provider<br>feedback  | Pre<br>K-5 | Individual<br>Family    | School Social Worker,<br>School Psychologist,<br>School Counselor<br>Family Support<br>Coordinator                         |

| Additional<br>Supports | Re-Entry Meeting                    | Participating in re-entry<br>meetings post suspension<br>and/or inpatient stays to<br>determine needs/supports<br>required |                                | K-5   | Individual<br>Family  | School Social Worker,<br>School Psychologist,<br>School Counselor |
|------------------------|-------------------------------------|--|--------------------------------|-------|-----------------------|---|
| Additional<br>Supports | Child Advocacy<br>Center of Niagara | To provide Erin's Law<br>Presentation to all students  | Teacher/ Parent feedback       | K-5   | Classroom             | CAC Representative  |
| Pre-school<br>Support  | Counseling/ SEIT<br>Services        | To provide social or<br>emotional supports to<br>preschool students  | Parent referral to the<br>CPSE | Pre K | Determined<br>by CPSE | County  |

## Middle School Guidance/Counseling Program

| Domain   | Activity/Program                                       | Goal   | Evaluation Method  | Grad<br>e<br>Level      | Delivery<br>Model | Provider                            |
|----------|--|--|--|-------------------------|-------------------|-------------------------------------|
| Academic | Review of<br>academic progress                         | To identify student<br>strengths and needed areas<br>of improvement to promote<br>academic success   | Review of report cards,<br>Infinite Campus individual<br>assignment/test/quiz grades,<br>state assessments and<br>teacher input                | 6-8                     | Individual        | School Counselor                    |
| Academic | Parent teacher<br>conferences and<br>phone conferences | To discuss strengths and<br>areas of improvement in<br>order to formulate a plan to<br>increase student success  | Review of grades after<br>conference/ observation of<br>behavior/teacher feedback  | 6-8<br>as<br>neede<br>d | Individual        | Teacher, School Counselor as needed |
| Academic | Agenda,<br>Daily/weekly<br>progress sheet              | To encourage students at<br>academic risk to use their<br>agenda effectively and<br>consistently.<br>To facilitate parent teacher<br>communication to promote<br>student success | Review of agenda, Infinite<br>Campus individual<br>assignment/test + quiz<br>grades or daily/weekly<br>progress sheet and<br>monitoring grades | 6-8<br>as<br>neede<br>d | Individual        | Teacher, School Counselor           |

| Academic | Conferences with 5 <sup>th</sup> grade teachers           | To increase awareness of<br>needs for incoming 6 <sup>th</sup><br>graders  | Teacher feedback, counselor<br>and social worker feedback  | Incom<br>ing 6 <sup>th</sup><br>grader<br>s | Individual                   | School Counselor, 5th grade<br>teachers, social worker                       |
|----------|---|--|--|---|------------------------------|--|
| Academic | Attendance<br>monitoring                                  | To decrease barriers<br>impacting school<br>engagement<br>Attendance letters<br>reviewed at 9-11 days out<br>and 12-15 days out  | Attendance monitoring<br>Report card review<br>Teacher/parent feedback<br>Student interview<br>Home visits                 | 6-8   | Individual                   | School Counselor, Teachers,<br>Administration, CPS liaison,<br>Social Worker |
| Academic | Attendance<br>Meetings                                    | To discuss attendance<br>concerns and improve<br>student's overall<br>attendance   | Attendance monitoring<br>Report card review<br>Teacher/parent feedback<br>Student interview<br>Home visits                 | 6-8   | Team                         | School Social Worker,<br>School Counselor,<br>Attendance Committee           |
| Academic | Direct instruction<br>of effective<br>learning strategies | To increase effective<br>learning strategies in<br>classroom: listening,<br>following directions,<br>personal boundaries,<br>decision making,<br>homework completion,<br>organization of materials | Targeted observation of<br>student behavior.<br>Teacher feedback<br>Daily check sheet<br>Parent/teacher consultation       | 6-8   | Small<br>Group<br>Individual | School Counselor, Teacher  |
| Academic | Daily check sheet   | To increase effective<br>learning strategies in<br>classroom   | Monitoring progress through<br>daily check sheet<br>Targeted observation of<br>student behavior<br>Teacher/parent Feedback | 6-8<br>and as<br>neede<br>d                 | Individual                   | Teacher, School Counselor,<br>Social Worker                                  |

| Academic | Counselors review<br>grades and meet<br>with the students<br>who have severe<br>and persistent | Increase motivation and academic performance                   | Academic records, report<br>cards, Infinite Campus<br>individual<br>assignment/test/quiz grades | 6-8 | Individual<br>sessions &<br>Parent/Tea<br>cher<br>Consultatio | School Counselors  |
|----------|--|--|---|-----|---|--|
| Academic | academic concerns<br>Counselors identify<br>students who are in<br>need of additional          | Increase interventions and<br>services for students in<br>need | NYS assessments, teacher<br>and counselor observations,<br>academic records                     | 6-8 | n<br>Individual<br>sessions                                   | School counselors, parents,<br>school psychologist, social |

|                  | academic<br>assistance and<br>make arrangements<br>to provide<br>appropriate<br>remedial and/or<br>special education<br>services                           |   |   |                  | Parent/teac<br>her<br>consultatio<br>ns          | worker, teachers, AIS<br>providers, administrators                         |
|------------------|--|---|---|------------------|--|--|
| Academic         | Parent outreach<br>(phone calls,<br>emails, meetings,<br>etc.) to confirm<br>major change in<br>student's schedules<br>and pre-registration<br>for courses | Improve home school<br>communication<br>regarding scheduling  | Parent feedback,<br>student schedules   | 6-8              | Individual                                       | School Counselors  |
| Academic         | Involvement in<br>home instruction<br>process through<br>communication<br>with teachers,<br>liaison and<br>administration.                                 | Meet students'<br>academic needs  | Student grades  | 6-8              | Individual                                       | Teachers, School<br>counselors, administration,<br>Social Worker, Liaison  |
| Social/Emotional | Direct instruction<br>of basic social<br>skills for students<br>identified.  | To build interpersonal<br>skills in the areas of<br>communication<br>To develop an awareness<br>of feelings in self and<br>others   | Targeted observation of<br>student behavior<br>Teacher/parent feedback              | 6-8 as<br>needed | Small<br>Group<br>Individual                     | School Counselor, School<br>Social Worker, School<br>Psychologist          |
| Social/Emotional | IEP/504 Direct<br>Services and Case<br>Coordination  | To Progress & achieve<br>annual IEP/504 goals<br>through ongoing<br>consultation/meetings/com<br>munication between<br>parents/students/staff/agen<br>cies, students will receive<br>appropriate<br>academic/social/emotional/<br>behavioral supports | Student Interview<br>Target observation of<br>behavior<br>Parent & teacher feedback | 6-8              | Individual<br>Small<br>Group<br>Team<br>Meetings | School Psychologist, School<br>Counselor, School Social<br>Worker, Teacher |

|                  |   |   |  |                     | IEP/504<br>Meetings                       |   |
|------------------|---|---|--|---------------------|---|---|
| Social/Emotional | Direct instruction<br>of communication<br>skills for students<br>identified.<br>(Assertiveness/Self<br>-Esteem)                 | To improve ability to<br>communicate thoughts,<br>wants, needs, and feelings<br>effectively<br>To improve confidence in<br>interpersonal relationships<br>Improve self esteem                           | Targeted observation of<br>student behavior<br>Teacher/parent Feedback | 6-8                 | Small<br>group<br>Individual<br>Classroom | School Counselor, School<br>Social WorkeSchool<br>Psychologistr,  |
| Social/Emotional | Direct instruction<br>of coping skills to<br>identified students<br>to manage:<br>-Anxiety<br>-Anger<br>-Stress<br>-Impulsivity | To develop awareness of<br>emotions, thoughts and<br>behaviors<br>To build skills to<br>responsibly manage one's<br>own behavior and<br>emotions  | Targeted observation of<br>student behavior<br>Teacher/parent feedback | 6-8                 | Classroom<br>Small<br>group<br>Individual | School Counselor, School<br>Social Worker, School<br>Psychologist |
| Social/Emotional | Direct instruction<br>of problem solving<br>and conflict<br>resolution skills   | To build interpersonal<br>competence, personal<br>responsibility and respect<br>for others<br>Students will learn to make<br>decisions, set goals and<br>take the necessary actions<br>to achieve goals | Targeted observation of<br>student behavior<br>Teacher/parent feedback | 6-8<br>as<br>needed | Small<br>group<br>Individual              | School Counselor, School<br>Social Worker, School<br>Psychologist |
| Social/Emotional | Peer mediations   | To act as a mediator and<br>assist in solving conflicts<br>among peers  | Student feedback<br>Parent and Teacher<br>feedback                     | 6-8                 | Individual<br>Small<br>group              | School Counselor, School<br>Social Worker, School<br>Psychologist |
| Social/Emotional | Individualized<br>support to cope<br>with life transitions<br>and family<br>changes:  | To provide a supportive<br>environment in which<br>students can express<br>feelings and build healthy<br>coping skills  | Targeted observation of<br>student behavior<br>Teacher/parent feedback | 6-8                 | Small<br>group<br>Individual              | School Counselor, School<br>Social Worker, School<br>Psychologist |

|                   | -grief<br>-divorce<br>-moving<br>-building transition<br>Referral to family<br>support services                   | To facilitate & support a<br>successful transition to 6 <sup>th</sup><br>grade and for new Connor<br>MS students   |  |                        |   |  |
|-------------------|---|--|--|------------------------|---|--|
| Social/Emotional  | Bullying/<br>cyberbullying  | To be able to define<br>bullying, describe<br>types of bullying.<br>To learn strategies to<br>respond to a bully, either as<br>a victim or bystander.<br>To increase student<br>knowledge of cyber<br>bullying risks, how to<br>avoid bullies and strategies<br>to respond to a cyber-<br>bully. | Pre/post tests,<br>classroom<br>discussion, counselor<br>appointment requests,<br>student interview                      | 6-8                    | Classroom,<br>individual,<br>School<br>wide | School Counselor   |
| Social/ Emotional | Cyber bullying  |  | Pre/post tests,<br>classroom<br>discussion,<br>student Interview   | 7                      | Classroom                                   | School Counselor   |
| Social/Emotional  | Intro to counselor  | Be able to explain the role<br>of a school counselor,<br>how he/she is able to help<br>and how to ask for<br>appointments  | Student interview,<br>use of appointment<br>slips, verbal<br>requests for<br>appointments,<br>observation of<br>behavior | 6 &<br>new<br>students | Classroom<br>Individual                     | School Counselor   |
| Social/Emotional  | Students in need of<br>additional<br>academic<br>assistance are<br>identified and<br>provided remedial<br>service | To improve students'<br>academic performance &<br>self- engagement   | Teacher feedback, NYS<br>assessments, parent teacher<br>conferences, teacher<br>feedback                                 | 6-8                    | Parent<br>conference<br>s                   | School counselor, teachers,<br>school psychologist, Special<br>education teachers, Social<br>worker, AIS providers |

| Social/Emotional | Referrals to school<br>psychologist,<br>administrators, IST<br>or Family Support<br>Services               | To identify student needs   | Teacher, counselor, student,<br>parent, and administrator<br>feedback and observation | 6-8  | Individual           | Counselors, Teachers, Social<br>worker, AIS providers  |
|------------------|--|---|---|------|----------------------|--|
| Social/Emotional | Initiate reports of<br>suspected cases of<br>child abuse<br>according to<br>district guidelines            | To protect students from suspected abuse  | Student Interview   | 6-8  | Individual           | Counselors, administrator,<br>Nurse, Teachers, School<br>Psychologist, social worker,<br>CPS liaison     |
| Social/Emotional | Use of Columbia<br>Suicide Severity<br>Rating Scale<br>Contact Spectrum<br>CARES for further<br>assessment | To assess risk of harm to self  |   | 6-8  | Individual           | School Counselors, School<br>Social Workers, School<br>Psychologists<br>Spectrum CARES<br>representative |
| Social/Emotional | Use of Harm to<br>Others Assessment  | To assess risk of harm to others  |   | 6-8  | Individual           | School Counselors, School<br>Social Workers, School<br>Psychologist, John<br>Fitzpatrick                 |
| Social/Emotional | Home visits  | To check in on students<br>who have<br>social-emotional concerns<br>or academic concerns  |   | 6-8  | Individual<br>Family | School counselor, school<br>psychologist, school social<br>worker, Administrator                         |
| Social/Emotional | Youth Mental<br>Health First Aid<br>Training   | To train staff on mental<br>health awareness and<br>skills to support and refer   |   | K-12 | District<br>Wide     | School Counselor, School<br>Social Workers,<br>Administration, Teachers,<br>Nurses                       |
| Social/Emotional | SMART<br>Collaborative   | To collaborate with P-12<br>educators in school<br>districts, community<br>agencies, and<br>representatives on mental<br>health | Feedback  | 6-8  |                      | Social Worker,<br>Administration   |

| Social/Emotional | District Wide<br>Wellness<br>Committee | To collaborate as a<br>district to enforce health<br>and wellness   | Feedback                 | K-12 | District<br>Wide              | Family Services<br>Coordinator, Assistant<br>Superintendent, School<br>Board Member, Town<br>Member |
|------------------|--|---|--------------------------|------|-------------------------------|---|
| Social/Emotional | Health and<br>Wellness Week            | To celebrate health and wellness  | Feedback                 | K-12 | District<br>Wide              | Family Services<br>Coordinator, Assistant<br>Superintendent, School<br>Board Member, Town<br>Member |
| Social/Emotional | Building Wellness<br>Committee         | Discuss opportunities to<br>support the emotional<br>wellness of our students,<br>families, and the<br>community.   | Observation and feedback | 6-8  | School<br>Wide                | School Counselors, School<br>Social Workers,<br>Administration, Athletic<br>Dept                    |
| Social/Emotional | Family Support<br>Services Video       | Educate families and<br>faculty/staff about the<br>services and programs<br>that are available through<br>the Family Support<br>Services program.   | Feedback                 | All  | District<br>Wide              | Family Services Coordinator   |
| Social/Emotional | Evaluative Beings                      | Provides assessments for<br>staff and student<br>well-being. The<br>assessments for students<br>look at personality traits,<br>relationships with peers at<br>school and relationships<br>with adults at school | Feedback                 | 6-8  | Individual<br>or<br>Classroom | Counselors, Social Workers,<br>Family Support Service<br>Coordinator, Administration                |
| Social/Emotional | District Mental<br>Health Website      | To provide information<br>and resources to the<br>Grand Island Central<br>School District<br>community  |                          | K-12 | District<br>Wide              | School Counselors, School<br>Social Workers, School<br>Psychologists,<br>Administration             |
| Social/Emotional | Vikings Care<br>Initiative             | To strengthen the<br>relationship between the<br>school and the<br>community. Vikings Care<br>is an opportunity for   | Feedback                 | K-12 | District<br>Wide              | School Counselors, School<br>Social Workers, School<br>Psychologists, Teachers,<br>Administration   |

| Career                 | Learning and                             | every student in the<br>school district to give<br>back to the community.<br>To reveal each students'  | Maia Learning                                       | 6   | Classroom                     | Classroom Teacher, School   |
|------------------------|--|--|---|-----|-------------------------------|---|
|                        | Productivity<br>Assessment               | sensory, environmental,<br>and emotional<br>preferences; and how<br>those relate to learning<br>and productivity.  |   |     |                               | Counselor   |
| Career                 | Intelligences<br>Assessment              | To identify student<br>strengths and for them to<br>develop an understanding<br>of their intelligences<br>based upon Gardner's<br>theory of multiple<br>intelligences. | Maia Learning                                       | 7   | Classroom                     | Classroom Teacher, School<br>Counselor                                      |
| Career                 | Career Interest<br>Profiler              | To reflect an<br>understanding of<br>interests, abilities and<br>aptitudes; to become<br>aware of personal and<br>career goals   | Maia Learning                                       | 8   | Classroom                     | Classroom Teacher, School<br>Counselor                                      |
| Career                 | 9 <sup>th</sup> Grade Course<br>Schedule | To choose 9 <sup>th</sup> grade<br>courses based upon their<br>interests, abilities,<br>aptitudes in relation to<br>graduation requirements                            | Review of selected 9 <sup>th</sup> grade<br>courses | 8   | Classroom<br>or<br>individual | School Counselors   |
| Career                 | Emerging Leaders<br>Conference           | To expose students to a<br>variety of career options<br>and the opportunity to<br>learn from those currently<br>in the field   | Student response                                    | 8   | 8th grade<br>class            | CTE teachers  |
| Additional<br>Supports | Clothes Closet                           | To provide support to<br>students and families in<br>time of need through  | Student, parent and teacher input                   | 6-8 | Individual,<br>as needed      | School Counselors, School<br>psychologist, social worker,<br>administration |

|                        |   | clothing and school supply donations   |  |     |                               |  |
|------------------------|---|--|--|-----|-------------------------------|--|
| Additional<br>Supports | Kids Fund   | To provide support to<br>students and families in<br>time of need  | Student, parent and teacher input  | 6-8 | Individual,<br>as needed      | School Counselors, School<br>psychologist, social worker,<br>administration                  |
| Additional<br>Supports | Behavioral Support  | To provide support to<br>families, teachers, and<br>students to improve<br>the behavior of<br>individual student's in<br>school and at home.<br>To assist in the<br>development of FBA's<br>and behavior<br>intervention plans | Various methods of data<br>collection; i.e. observations,<br>interviews, standardized<br>measures,<br>behavior rating scales | 6-8 | Classroom<br>or<br>Individual | School Psychologist, Social<br>Worker, District Behavior<br>Specialist                       |
| Additional<br>Supports | Re-Entry Meetings   | Participating in re-entry<br>meetings post suspension<br>and/or inpatient stays to<br>determine needs/supports<br>required   |  | 6-8 | Individual<br>Family          | School Counselor, School<br>Social Worker, School<br>Psychologist                            |
| Additional<br>Supports | Home School<br>Connection                                 | To assist with<br>generalization of skills<br>across settings<br>To assist with<br>communication<br>between home and<br>school<br>To participate in parent<br>conferences  | Teacher and parent feedback  | 6-8 | Individual                    | School Counselor, School<br>Social Worker, School<br>Psychologist<br>Family Support Services |
| Additional<br>Supports | School Community<br>Connection/Family<br>Support Services | To provide seamless<br>transition between outside<br>service providers and<br>school.<br>To make referrals to<br>outside agencies &<br>resources   | Teacher, parent, outside<br>service provider feedback  | 6-8 | Individual                    | School Counselor, School<br>Psychologist<br>School Social Worker,<br>Family Support Services |
| Additional<br>Supports | Crisis Intervention                                       | To provide immediate<br>support to students,<br>staff and families<br>demonstrating an<br>acute crisis situation   | Teacher, student and parent<br>interviews,<br>monitor effectiveness of<br>response plan,                                     | 6-8 | Individual                    | School Counselor,<br>School Psychologist<br>School Social Worker                             |

|                        |   | To provide families<br>with appropriate<br>referrals to community<br>supports for any long<br>term assistance<br>To assist in<br>development of crisis<br>response plans | attendance, academic and<br>discipline review of records                          |     |                                       |   |
|------------------------|---|--|---|-----|---------------------------------------|---|
| Additional<br>Supports | Mental Health<br>Advocates: Youth<br>Peer Support                                 | To advance mental health<br>awareness and support to<br>youth  | Pre & Post surveys<br>Teacher/parent  | 6-8 | Individual,<br>Group,Clas<br>s,Family | Certified Youth Peer<br>Advocate from Mental<br>Health Advocates of WNY |
| Additional<br>Supports | Erin's Law<br>Presentation  | To provide Erin's Law presentation to students   | Feedback  | 6-7 | Classroom                             | CAC Representative  |
| Additional<br>Supports | WEB- Where<br>Everyone Belongs-<br>Orientation                                    | Support for the academic,<br>social and emotional well<br>being of incoming 6th<br>grade students  | Targeted observation of<br>Behavior, teacher feedback<br>and student self reports | 6   | Group                                 | WEB Leaders   |
| Additional<br>Supports | WEB- Where<br>Everyone Belongs<br>- Social Emotional<br>Learning & Web<br>Socials | Support for the academic,<br>social and emotional well<br>being of incoming 6th<br>grade students  | Targeted observation of<br>Behavior, teacher feedback<br>and student self reports | 6   | Group                                 | WEB Leaders   |
| Additional<br>Supports | WEB- Where<br>Everyone Belongs-<br>Classroom Lessons                              | Monthly classroom lessons<br>to support social emotional<br>learning   | Targeted observation of<br>Behavior, teacher feedback<br>and student self reports | 7&8 | Classroom                             | WEB Leaders   |

## Grand Island High School Comprehensive School Counseling Program

Goal 1: Students and counselors work together to create a comprehensive four-year academic graduation plan that aligns with the student's individual post-secondary goals; students participate in activities to support the goals stated in his/her plan.

| Domain Activity/Program | When | Evaluation Method | Grad<br>e<br>Level | Delivery<br>Model | Provider |
|-------------------------|------|-------------------|--------------------|-------------------|----------|
|-------------------------|------|-------------------|--------------------|-------------------|----------|

| Academic | Students develop an academic<br>high school graduation plan that<br>guides course choices and<br>post-secondary options as related<br>to the student's individual future<br>plans and interests               | Fall                           | Graduation plan<br>document         | 9     | Individual<br>Session or<br>Group Session | School Counselor |
|----------|---|--------------------------------|-------------------------------------|-------|---|------------------|
| Academic | Students review their academic<br>progress, update their graduation<br>plans, and discuss post-high<br>school options.  | Ongoing                        | Updated graduation<br>plan document | 10-12 | Individual<br>Session                     | School Counselor |
| Academic | Counselor reviews the course<br>selections and teacher<br>recommendations for each<br>student for the subsequent<br>school-year   | Spring                         | Course request sheets               | 9-11  | Group or<br>individual<br>sessions        | School Counselor |
| Academic | Counselor works with students<br>to make necessary schedule<br>adjustments  | September January<br>as needed | Student schedules                   | 9-12  | Individual<br>session                     | School Counselor |
| Academic | Counselor provides the Planning<br>Guide and Course Request Form<br>to students in order to support<br>them in making informed<br>decisions about registering for<br>courses in the subsequent school<br>year | January-February               | Course request sheets               | 9-11  | Group Session                             | School Counselor |

Goal 2: Students and parents understand the academic expectations of students at Grand Island High School, the academic and testing requirements necessary to obtain a NYS diploma, and the different diploma types available.

| Domain   | Activity/Program   | When                | Evaluation Method                             | Grad<br>e<br>Level | Delivery<br>Model | Provider  |
|----------|--|---------------------|---|--------------------|-------------------|---|
| Academic | 8 <sup>th</sup> graders participate in an<br>information session that<br>introduces them to high school<br>academic expectations, course | January<br>February | 9 <sup>th</sup> grade course<br>request sheet | 8                  | Classroom         | Middle School<br>Counselors &<br>Administrators |

|          | offerings, extracurricular<br>opportunities, and graduation<br>requirements   |         |   |      |                        |   |
|----------|---|---------|---|------|------------------------|---|
| Academic | 8 <sup>th</sup> graders participate in a tour<br>of the high school that allows<br>them to get a feel for the<br>physical space as well as learn<br>about the variety of different<br>elective courses available; they<br>meet with the school counselors<br>to learn about academic planning<br>and the role of the high school<br>counselor | January | Counselor<br>observations, 9 <sup>th</sup> grade<br>elective course<br>requests | 8    | Large group            | High school counselors,<br>elective teachers<br>MS & HS<br>Administration |
| Academic | Initial consultation with students<br>who are new to the district in<br>order to review their past<br>educational history and place<br>them in classes appropriate to<br>their interests, strengths, and<br>former schooling  | Ongoing | Academic records,<br>student schedule   | 9-12 | Individual<br>Sessions | School Counselor  |
| Academic | Attendance Monitoring to<br>decrease barriers impacting<br>school engagement<br>Attendance letters reviewed at<br>9-11 days out and 12-15 days<br>out   | Ongoing | Attendance records  | 9-12 | Individual             | School social worker  |
| Academic | Attendance Meetings to discuss<br>attendance concerns and<br>improve student's overall<br>attendance  | Ongoing | Attendance records  | 9-12 | Team                   | School Social Worker,<br>School Counselor,<br>Attendance Committee        |

Goal 3: Students understand the different post-secondary options that are available to them upon completion of high school as well as the requirements necessary to be admitted to each of those options; counselors maintain up-to-date resources on all aspects of the college admissions process.

| Domain   | Activity/Program  | When              | Evaluation Method                             | Grad<br>e<br>Level | Delivery<br>Model | Provider  |
|----------|---|-------------------|---|--------------------|-------------------|---|
| Academic | Students participate in the<br>"Beyond Graduation" planning<br>session. At this time they will<br>learn about their post-high<br>school options, different types of<br>colleges, college entrance<br>requirements, college<br>applications procedures,<br>standardized testing, and future<br>planning. | Spring            | Counselor observation<br>and student feedback | 11                 | Individual        | School Counselor  |
| Academic | Counselors organize a field trip<br>to the annual Western New York<br>College Fair; students meet and<br>network with college<br>representatives from all over the<br>country   | Spring            | Counselor observation,<br>student feedback    | 11                 | Field trip        | School Counselor,<br>outside resources                    |
| Academic | Career & Trade Fair   | Spring            | Student feedback                              | 11-12              | Large Group       | School Counselors   |
| Academic | Students participate in a<br>presentation during which they<br>learn about the details of the<br>college application process and<br>ways to prepare for life after<br>high school   | September/October | College applications                          | 12                 | Classroom         | School Counselor  |
| Academic | Counselors host a "College<br>Information Night" for students,<br>parents, and the community that<br>focuses on college options,<br>college application procedures,<br>college entrance requirements,<br>standardized testing, and<br>financial aid   | Spring            | Program feedback<br>forms                     | 9-11               | Large Group       | School Counselors and<br>local college<br>representatives |

| Academic | Counselors host a "Financial Aid<br>Information Night" for students,<br>parents, and the community that<br>details the intricacies of paying<br>for college, applying for<br>financial aid, and navigating<br>scholarship searches                                      | October | Parent and student feedback                   | 11-12  | Large Group                | School Counselors and<br>financial aid officers<br>from local institutions |
|----------|---|---------|---|--------|----------------------------|--|
| Academic | Counselors maintain current<br>information on post-secondary<br>options available in a variety of<br>different sources, including the<br>GIHS website, Maia Learning,<br>bulletin boards, PA alerts and in<br>the counseling department office                          | Ongoing | Student and parent<br>feedback                | 9-12   | Varies                     | School Counselors  |
| Academic | Counselors host individual<br>college representatives and a<br>Western New York College Fair<br>each school year. Students have<br>the opportunity to meeting what<br>these reps to learn more about<br>their colleges (admission<br>requirements, scholarships, etc.). | Fall    | Counselor observation<br>and student feedback | 11 -12 | Group,<br>Individual       | School Counselor   |
| Academic | Coordinate and administer<br>standardized tests for college<br>admissions on site   | Ongoing | Standardized test<br>results                  | 10-12  | Classroom                  | School Counselors,<br>Teachers   |
| Academic | Make students who need testing<br>accommodations aware of the<br>process for applying to receive<br>accommodations on<br>standardized tests for college<br>admissions and facilitate the<br>process   | Ongoing | Test accommodation<br>applications            | 9-12   | Small group                | School Counselors and<br>School Psychologist                               |
| Academic | Counseling staff supports special<br>education staff in helping<br>students explore and formulate<br>transition goals   | Ongoing | Completed transition<br>section of IEP        | 9-12   | Consultation<br>with staff | School Psychologist &<br>Counselors  |

| Academic | Offer special education students<br>updated evaluations to help them<br>to have the necessary<br>documentation to qualify for<br>services at a college level.  | Spring  | Requests for retesting<br>and completed<br>evaluations | 12    | Individual<br>assessment  | School Psychologist                      |
|----------|--|---------|--|-------|---|--|
| Academic | Disseminate resources for<br>services for special needs<br>students at the college level   | Ongoing | Student, parent,<br>teacher feedback                   | 9 -12 | Posting and<br>circulating<br>flyers, etc. on<br>college nights<br>for students<br>with<br>disabilities, etc. | School Counselors<br>School Psychologist |
| Academic | Counselors manage the<br>processing of all academic<br>records (transcripts, secondary<br>school reports, standardized<br>testing history, etc.) that are<br>requested by post-secondary<br>institutions | Ongoing | Completed college<br>applications                      | 12    | Individual  | Schools Counselors,<br>Support Staff     |

## Goal 4: Every student's academic progress is reviewed annually, by both the student and the counselor.

| Domain   | Activity/Program   | When     | Evaluation Method  | Grad<br>e<br>Level | Delivery<br>Model                       | Provider         |
|----------|--|----------|--|--------------------|---|------------------|
| Academic | Students review their progress<br>toward graduation and<br>understand the requirements for<br>the type of diploma for which<br>they anticipate earning | Ongoing  | Counselor observation,<br>copy of student's<br>transcripts | 9-12               | Individual<br>meeting with<br>counselor | School Counselor |
| Academic | Counselors interpret students'<br>test results on the PSAT and<br>relate their results to<br>achievement and future plans                              | December | Counselor observation,<br>copy of PSAT results             | 10-11              | Classroom                               | School Counselor |

| Academic | Counselors certify the students<br>who are eligible for graduation  | May/June, ongoing | Academic record  | 12   | Individual   | School Counselor   |
|----------|---|-------------------|--|------|--|--|
| Academic | Counselors meet with students<br>who have severe and persistent<br>academic concerns  | Ongoing           | Academic records,<br>report cards, progress<br>reports                         | 9-12 | Individual<br>sessions &<br>Parent/Teacher<br>Consultation | School Counselors  |
| Academic | Counselors identify students<br>who are in need of additional<br>academic assistance and make<br>arrangements to provide<br>appropriate remedial and/or<br>special education services | Ongoing           | NYS assessments,<br>teacher and counselor<br>Observations,<br>academic records | 9-12 | Individual<br>sessions                                     | School counselors,<br>parents, school<br>psychologist, teachers,<br>administrators |

Goal 5: Counselors work with students and their parents/guardians in order to support each student's academic progress and post-secondary goals.

| Domain   | Activity/Program  | When    | Evaluation Method                     | Grad<br>e<br>Level | Delivery<br>Model     | Provider                                       |
|----------|---|---------|---------------------------------------|--------------------|-----------------------|--|
| Academic | Parent conferences to discuss<br>future planning, academic<br>concerns, personal<br>circumstances that may be<br>impacting the student at school,<br>etc. | Ongoing | Parent feedback                       | 9-12               | Individual            | School Counselors                              |
| Academic | Parent outreach (phone calls,<br>emails, meetings, etc.) to<br>confirm major change in<br>student's schedules and<br>pre-registration for courses         | Ongoing | Parent feedback,<br>student schedules | 9-12               | Individual<br>session | School Counselors                              |
| Academic | Coordinate and participate in<br>conferences with teachers and<br>parents when requested by the<br>parent   | Ongoing | Parent, teacher, student<br>feedback  | 9-12               | Small group session   | School Counselors,<br>teachers, administrators |

| Academic | Important departmental<br>announcements, special<br>events/activities and updates that<br>distributed to parents via e-blast<br>and in print in various local<br>publications | Ongoing      | Parent feedback  | 9-12  | Varies      | School Counselors and<br>Support Staff |
|----------|---|--------------|--|-------|-------------|--|
| Academic | Counselors act as a liaison<br>between students on Home<br>Instruction, their teachers (both<br>in school and at home) parents<br>and administrators                          | Ongoing      | Student records,<br>feedback from<br>students, parents and<br>teachers | 9-12  | Individual  | School Counselor                       |
| Academic | On-site PSAT, SAT, and ACT test administration  | Fall, Spring | Total number of<br>students taking<br>standardized tests<br>on-site    | 10-12 | Large Group | School Counselors and<br>Teachers      |

Goal 6: Students will develop a career plan based on their strengths and interests; students will understand the steps and skills involved in making their career plans a reality (the college/career connection)

| Domain | Activity/Program  | When    | Evaluation Method  | Grade<br>Level | Delivery<br>Model                 | Provider                               |
|--------|---|---------|--|----------------|-----------------------------------|--|
| Career | Students participate in a<br>classroom presentation on<br>career and technical learning<br>opportunities  | Fall    | Student feedback and participation                                     | 10             | Classroom                         | School Counselors                      |
| Career | Students visit career and student<br>initiated technical centers<br>(BOCES)   | Winter  | Student feedback,<br>participation                                     | 10             | Field Trip                        | School Counselor                       |
| Career | Students use a computer based<br>program and other resources to<br>explore and research different<br>careers; students learn about the<br>post-secondary training needed<br>to pursue careers of interest | Ongoing | Student feedback,<br>Computer based<br>survey , Maia<br>Learning,ASVAB | 9-12           | Group or<br>Individual<br>session | School Counselor,<br>business teachers |

| Career | Core curriculum instruction<br>provided to student by CDOS,<br>in order to address their<br>competencies related to<br>career/college readiness by<br>completing individual career<br>plans | Ongoing | Student feedback,<br>participation, teacher<br>feedback | 9-12 | Classroom<br>Small Group<br>Individual         | School Counselors<br>Teachers                                |
|--------|---|---------|---|------|--|--|
| Career | Counseling office provides<br>information on local job<br>opportunities, career fairs,<br>workshops, internship programs,<br>and volunteer positions  | Ongoing | Student feedback,<br>participation                      | 9-12 | Counseling<br>office resource                  | School Counselors and<br>support staff, Business<br>Teachers |
| Career | Students complete interest<br>inventories and work with<br>counselors to interpret results  | Ongoing | Interest inventory<br>results, Maia Learning            | 9-12 | Group<br>classroom or<br>individual<br>session | School Counselors<br>and/or business teachers                |

# Goal 7: The School Counseling Department will provide services to support students in developing a positive self-image, meaningful social relationships, and appropriate school habits and behaviors.

| Domain           | Activity/Program   | When           | Evaluation Method                    | Grade<br>Level | Delivery<br>Model                 | Provider   |
|------------------|--|----------------|--------------------------------------|----------------|-----------------------------------|--|
| Social/Emotional | An initial counselor meeting in<br>the first part of a student's<br>freshman year to orient the<br>student with counseling services<br>and begin to develop a<br>graduation plan | First Semester | Graduation plan                      | 9              | Group or<br>individual<br>session | School Counselor   |
| Social/Emotional | Students in need of additional<br>academic assistance are<br>identified and provided remedial<br>and/or special education services   | Ongoing        | Teacher feedback,<br>NYS Assessments | 9-12           | Individual<br>family<br>meetings  | School Counselor,<br>Teachers, School<br>Psychologist, Special<br>Education Teachers |

| Social/Emotional | Core curriculum instruction<br>provided, in combination with<br>student's Health classes, and are<br>used to address student's<br>competencies in overall<br>social/emotional development.           | Ongoing | Teacher feedback,<br>Classroom<br>assessments  | 9-12 | Classroom                         | School Counselor,<br>School Social Worker,<br>Health Teacher  |
|------------------|--|---------|--|------|-----------------------------------|---|
| Social/Emotional | Consultation to address issues<br>relating to a student's behavior,<br>attendance, or other concerns   | Ongoing | Teacher, Counselor,<br>Social worker, student,<br>parent and<br>administrator feedback<br>and observation    | 9-12 | Large Group<br>session            | Counselors, Attendance<br>Personnel,<br>Administration, School<br>Psychologist, School<br>Social Worker, District<br>Behavior Specialist<br>Erie County Social<br>Services Case Manager |
| Social/Emotional | Consultation to provide<br>alternative educational<br>opportunities to students with<br>chronic attendance, behavior<br>and or adjustment concerns   | Ongoing | Teacher, counselor,<br>social worker, student,<br>parent and<br>administrator feedback<br>and observation    | 9-12 | Group or<br>individual<br>session | Counselors, Attendance<br>Personnel,<br>Administration, School<br>Psychologist, School<br>Social worker, District<br>Behavior Specialist  |
| Social/Emotional | Consultation to provide referrals<br>to outside agencies for students<br>in need of mental and physical<br>health related supports   | Ongoing | Teacher, counselor,<br>social worker, student,<br>parent and<br>Administrator<br>feedback and<br>observation | 9-12 | Individual<br>family<br>meetings  | Counselors, School<br>Psychologist,<br>Administrators, School<br>Social Worker<br>Erie County Social<br>Services Case Manager   |
| Social/Emotional | Counseling session to support<br>students in developing<br>appropriate decision-making<br>skills, positive self-image,<br>academic motivation and<br>responsibility, and effectively<br>study skills | Ongoing | Student progress,<br>teacher feedback and<br>observation   | 9-12 | Group or<br>individual<br>session | School Counselors,<br>School Psychologist<br>School Social Worker   |

| Social/Emotional | Facilitate peer mediations to act<br>as a mediator and assist in<br>solving conflicts among peers  | Ongoing     | Student feedback<br>Teacher and parent<br>feedback                                       | 9-12 | Individual<br>Small Group   | School Counselors,<br>School Social Workers,<br>School Psychologist  |
|------------------|--|-------------|--|------|---|--|
| Social/Emotional | Referrals to school psychologist,<br>administrators, or other<br>specialized school personnel IST  | Ongoing     | Teacher, counselor,<br>student, parent, and<br>administrator feedback<br>and observation | 9-12 | Individual<br>session   | School Counselors<br>School Social Worker  |
| Social/Emotional | Use of Columbia Suicide<br>Severity Rating Scale for<br>schools to assess risk<br>Contact Spectrum CARES for<br>further assessment   | When needed |  | 9-12 | Individual<br>session   | Social worker, school<br>counselor, school<br>psychologist<br>Spectrum CARES<br>representative                             |
| Social/Emotional | Use of Harm to Others<br>Assessment  | When needed |  | 9-12 | Individual  | School counselors,<br>school social worker,<br>John Fitzpatrick  |
| Social/Emotional | Initiate reports of suspected<br>cases of child abuse according to<br>district guidelines  | Ongoing     |  | 9-12 | Individual<br>sessions  | School Counselors,<br>Social Workers,<br>Administrators, Nurse,<br>Teachers<br>Erie County Social<br>Services Case Manager |
| Social/Emotional | IEP/504 Direct Services and<br>Case CoordinationTo Progress & achieve annual<br>IEP/504 goals through ongoing<br>consultation/meetings/communi<br>cation between<br>parents/students/staff/agencies,<br>students will receive appropriate<br>academic/social/emotional/beha<br>vioral supports | Ongoing     | Student Interview<br>Target observation of<br>behavior<br>Parent & teacher<br>feedback   | 9-12 | Individual<br>Small Group<br>Team Meetings<br>IEP/504<br>Meetings | School Counselor,<br>School Psychologist,<br>School Social Worker,<br>Teacher  |

| Social/Emotional | Home visits to check in on<br>students who have<br>social-emotional concerns or<br>academic concerns   | Ongoing | Target observation of behavior | 9-12 | Individual<br>Family | School Counselor,<br>School Social Worker,<br>School Psychologist   |
|------------------|--|---------|--------------------------------|------|----------------------|---|
| Social/Emotional | Consultation with parents in<br>order to address a student's<br>personal or emotional concerns<br>relating to such issues as<br>relocation, abuse, divorce, death,<br>etc. | Ongoing | Parent feedback                | 9-12 | Individual<br>Family | Counselors, Crisis<br>Response Team, School<br>Psychologist, Social<br>Worker, Erie County<br>Social Services Case<br>Manager<br>Administrators |
| Social/Emotional | Mental Health Presentation with<br>Athletic Teams to discuss mental<br>health signs and symptoms   | Yearly  | Feedback                       | 9-12 | Group                | Social workers  |
| Social/Emotional | Mental Health Presentation with<br>extracurricular activities to<br>discuss mental health signs and<br>symptoms  | Fall    | Feedback                       | 9-12 | Group                | Social workers  |
| Social/Emotional | Suicide Prevention Education in<br>Health Class  | Yearly  | Feedback                       | 9-12 | Classroom            | Social workers  |
| Social/Emotional | Parent education on<br>social-emotional topics<br>Sending monthly mental health/<br>social issue info in the parent<br>newsletter  | Ongoing | Parent feedback                | 9-12 | Family               | Social workers  |
| Social/Emotional | Collaboration with Teachers<br>about students of concern   | Ongoing | Feedback                       | 9-12 | Individual           | Social worker, school<br>counselor, school<br>psychologist  |
| Social/Emotional | District Wide Wellness<br>Committee to collaborate and<br>enforce health and wellness  | Ongoing | Feedback                       | K-12 | District Wide        | School Counselors,<br>School Social Workers,<br>Administration, Athletic<br>Department  |

| Social/Emotional                       | Health and Wellness Week  | Week        | Feedback | K-12 | District Wide          | School Counselors,<br>School Social Workers,<br>Administration, Athletic<br>Department            |
|--|---|-------------|----------|------|------------------------|---|
| Social/Emotional                       | District Mental Health Website  | Ongoing     |          | K-12 | District Wide          | School Counselors,<br>School Social Workers,<br>School Psychologists<br>Administration            |
| Social/Emotional                       | Youth Mental Health First Aid<br>Training   | Ongoing     |          | K-12 | District Wide          | School Counselor,<br>School Social Workers,<br>Administration,<br>Teachers, Nurses                |
| Social/Emotional                       | Vikings Care Initiative's goal is<br>to strengthen the relationship<br>between the school and the<br>community. Vikings Care is an<br>opportunity for every student in<br>the school district to give back<br>to the community. | October     | Feedback | K-12 | District Wide          | School Counselors,<br>School Social Workers,<br>School Psychologists,<br>Teachers, Administration |
| Social/Emotional<br>Academic<br>Career | Blue Crew Academy is an<br>opportunity for students to meet<br>in their designated "crews" and<br>receive monthly lessons on<br>specific social-emotional and<br>academic based topics  | Monthly     | Feedback | 9-12 | Building               | School Counselor,<br>School Social Workers  |
| Additional<br>Supports                 | Providing vaping education to<br>students caught on campus in<br>possession of a vape device<br>Small Group Presentation<br>Youth Court Referral  | When needed |          | 9-12 | Individual or<br>group | Social workers  |
| Additional<br>Supports                 | Providing student and parent<br>resources about interventions<br>available  | When needed |          | 9-12 | Individual<br>Family   | Social Workers  |

| Additional<br>Supports | Participating in re-entry<br>meetings post suspension and/or<br>inpatient stays to determine<br>needs/supports required  | When needed  |  | 9-12 | Individual                                      | Social Workers, School<br>Counselors, School<br>Psychologists   |
|------------------------|--|--|--|------|---|---|
| Additional<br>Supports | School-Community<br>Connection/family support<br>services<br>Provide seamless transition<br>between outside services<br>providers<br>Information & referral to outside<br>agencies & resources | Ongoing  | Teacher, parent,<br>outside service<br>provider feedback | 9-12 | Individual<br>Family                            | School Social Worker,<br>School Psychologists<br>Erie County Social<br>Services Case Manager<br>Family Support<br>Coordinator |
| Additional<br>Supports | Mental Health Advocates of<br>WNY: Youth Peer Support  | To advance mental<br>health awareness<br>and support to<br>youth | Pre & Post Survey,<br>Teacher, Parent<br>feedback        | 9-12 | Individual,<br>Group,<br>Classroom,Fa<br>milies | Certified Youth Peer<br>Advocate from Mental<br>Health Advocate of<br>WNY   |