



# HAWTHORN MIDDLE SCHOOL BREAKFAST MENU FEBRUARY 2025

Menu subject to change.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>Egg &amp; Cheese Muffin Blueberry Muffin Assorted Whole Grain Cereals Graham Cracker Whole Apple Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>4</b></p> <p>Sun-butter Banana Wrap Oatmeal Granola Bar Assorted Whole Grain Cereals Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>5</b></p> <p>Breakfast Taco Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>6</b></p> <p>Blueberry Lemon Scone Assorted Whole Grain Cereals Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>7</b></p> <p>Egg &amp; Cheese Bagel Assorted Whole Grain Cereals Graham Cracker Fresh Banana Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk</p>
<p><b>10</b></p> <p>Pancake w/Syrup Assorted Whole Grain Cereals Graham Cracker Whole Apple Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>11</b></p> <p>Hot Honey Chicken Biscuit Oatmeal Granola Bar Assorted Whole Grain Cereals Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>12</b></p> <p>Apple Nutri-Grain Bar Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>13</b></p> <p>Egg &amp; Cheese Quesadilla Assorted Whole Grain Cereals Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>14</b></p> <p><b>NO SCHOOL</b></p>
<p><b>17</b></p> <p><b>NO SCHOOL</b></p>	<p><b>18</b></p> <p>French Toast Bites Oatmeal Granola Bar Assorted Whole Grain Cereals Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>19</b></p> <p>Strawberry Nutri-Grain Bar Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>20</b></p> <p>Egg, Bacon &amp; Cheese Biscuit Assorted Whole Grain Cereals Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>21</b></p> <p>Blueberry Yogurt Parfait Assorted Whole Grain Cereals Graham Cracker Fresh Banana Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk</p>
<p><b>24</b></p> <p>Blueberry Muffin Assorted Whole Grain Cereals Whole Apple Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>25</b></p> <p>Egg &amp; Cheese Muffin Oatmeal Granola Bar Assorted Whole Grain Cereals Graham Cracker Fresh Grapes Strawberry Kiwi Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>26</b></p> <p>Apple Nutri-Grain Bar Assorted Whole Grain Cereals Graham Cracker Whole Apple Very Berry Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>27</b></p> <p>Egg &amp; Cheese Bagel Assorted Whole Grain Cereals Graham Cracker Fresh Orange Apple Juice 1% Milk Fat Free Chocolate Milk</p>	<p><b>28</b></p> <p>Mango Yogurt Parfait Assorted Whole Grain Cereals Graham Cracker Fresh Banana Orange Tangerine Juice 1% Milk Fat Free Chocolate Milk</p>

In accordance with Federal Law and the US Department of Agriculture Policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age or disability.

### STUDENT MEAL INCLUDES:

- 1 Entrée
- Fruit
- Juice
- Choice of Fat-Free Chocolate Milk or 1% White Milk

### ALLERGIES?

Please reach out to your child's school nurse so they can notify Quest employees

### SEASONAL FRUITS OFFERED

AT LEAST ½ CUP SERVING

- Apple
- Grapes
- Orange
- Banana

### ASSORTED WHOLE GRAIN CEREAL OFFERED:

- Cheerios
- Trix
- Cocoa Puffs
- Cinnamon Toast Crunch



# HAWTHORN MIDDLE SCHOOL LUNCH MENU

## FEBRUARY 2025

Menu subject to change.

### SPECIAL PROMOTIONS:

Feb. 13<sup>th</sup>: Strawberry Milk Day



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Popcorn Chicken Bowl <sup>3</sup> Cheese Quesadilla with Fresh Salsa Cobb Salad 100% All Beef Hamburger Grilled Chicken Sandwich</p> <p>Steamed Corn Applesauce Whole Banana</p>	<p>Chicken Caesar Wrap <sup>4</sup> Hummus &amp; Vegetable Plate Turkey, Bacon, Cheese Wrap 100% All Beef Cheeseburger Baked Chicken Sandwich</p> <p>Fresh Banana Fresh pineapple Chunks Baked Curly Fries</p>	<p>Spaghetti &amp; Meatballs <sup>5</sup> Spaghetti w/Plant Based Bolognese Chopped Chicken Salad Boneless Wings with Roll 100% All Beef Hot Dog</p> <p>Steamed Broccoli Peaches Whole Apple</p>	<p>Pancakes with Strawberry Compote <sup>6</sup> and Turkey Sausage or String Cheese Spinach &amp; Berry Salad with Garlic Herb Breadstick 100% All Beef Hamburger Spicy Chicken Sandwich</p> <p>Fresh Banana Orange Wedges Baked Curly Fries</p>	<p>Sweet &amp; Sour Chicken Bowl <sup>7</sup> Sweet &amp; Sour Tofu Bowl Hummus &amp; Roasted Veggie Wrap Bosco Sticks with Marinara Sauce 100% All Beef Cheeseburger</p> <p>Edamame Fresh Pineapple Whole Pear</p>
<p>Beef Tacos Vegetarian Burrito Bowl <sup>10</sup> Cobb Salad 100% All Beef Hamburger Baked Chicken Tenders</p> <p>Fresh Salsa Seasoned Black Beans Fresh Pineapple Whole Apples</p>	<p>Chicken Nuggets <sup>11</sup> Grilled Cheese Sandwich 100% All Beef Cheeseburger Bosco Sticks with Marinara Sauce Baked Chicken Sandwich</p> <p>Steamed Corn Sweet Potato Fries Fresh Banana Fresh Pineapple Chunks</p>	<p>BBQ Beef Rib Sandwich <sup>12</sup> Hummus &amp; Vegetable Plate Boneless Wings with Roll Mozzarella Sticks with Marinara Sauce</p> <p>Peaches Whole Apple</p>	<p>Cheese Tortellini with Marinara Sauce <sup>13</sup> and Garlic Breadstick Turkey, Bacon, Cheese Wrap 100% All Beef Cheeseburger Baked Chicken Tenders</p> <p>Sweet Potato Fries Fresh Banana Orange Wedges</p>	<p><b>NO SCHOOL</b></p>
<p><b>NO SCHOOL</b></p>	<p>Beef Nachos <sup>18</sup> Cheesy Nachos 100% All Beef Cheeseburger Baked Chicken Sandwich</p> <p>Fresh Salsa Seasoned Black Beans Roasted Potato Wedges Fresh Banana Fresh Pineapple Chunks</p>	<p>Chicken Alfredo <sup>19</sup> Penne Alfredo Chopped Chicken Salad Boneless Wing 100% All Beef Hot Dog</p> <p>Steamed Broccoli Peaches Whole Apple</p>	<p>Homemade French Toast with Turkey <sup>20</sup> Sausage Spinach &amp; Berry Salad 100% All Beef Cheeseburger Baked Chicken Tenders</p> <p>Roasted Potato Wedges Fresh Banana Orange Wedges</p>	<p>Pulled BBQ Chicken Sandwich <sup>21</sup> Sun-Butter &amp; Jelly Sandwich Bosco Sticks with Marinara Sauce 100% All Beef Cheeseburger</p> <p>Vegetarian Baked Beans Fresh pineapple Whole Pear</p>
<p>Herb Roasted Turkey Breast with Roll <sup>24</sup> Macaroni and Cheese Hummus &amp; Roasted Vegetable Wrap 100% All Beef Hamburger Baked Chicken Tenders</p> <p>Roasted Carrots Fresh Pineapple Whole Apples</p>	<p>Chicken Fajita Bowl <sup>25</sup> Black Bean Fajita Bowl Cobb Salad 100% All Beef Cheeseburger Baked Chicken Sandwich</p> <p>Mexican Street Corn Baked Curly Fries Fresh Banana Applesauce</p>	<p>Meatball Sub <sup>26</sup> Cheese Ravioli with Marinara Sauce and Whole Grain Breadstick Turkey, Bacon and Cheese Wrap Boneless Wings Steamed Broccoli Peaches Whole Apple</p>	<p>Chicken Nuggets <sup>27</sup> Macaroni and Cheese Chicken Chopped Salad 100% All Beef Cheeseburger Grilled Cheese Sandwich</p> <p>Steamed Green Beans Baked Curly Fries Fresh Banana Orange Wedges</p>	<p>Chicken &amp; Broccoli over Brown Rice <sup>28</sup> Tofu &amp; Broccoli Stir Fry over Brown Rice 100% All Beef Hamburger Baked Spicy Chicken Sandwich Bosco Sticks with Marinara Sauce</p> <p>Edamame Baked Curly Fries Fresh Pineapple Whole Pear</p>

In accordance with Federal Law and the US Department of Agriculture Policy, this institution is prohibited from discrimination based on race, color, national origin, sex, age or disability.

#### STUDENT MEAL CONSIST OF:

1 Entrée  
Fruit & Veggie Bar  
Choice of Fat-Free Chocolate Milk or 1% White Milk

#### ALLERGIES?

Please reach out to your child's school nurse so they can notify Quest employees.

#### SEASONAL FRUITS OFFERED

AT LEAST ½ CUP SERVING

Applesauce Apples  
Banana Oranges  
Pineapple Pear  
Peaches

#### SEASONAL VEGGIES OFFERED

AT LEAST ½ CUP SERVING

Romaine Lettuce Tomatoes  
Cucumbers Broccoli  
Celery Bell Peppers  
Carrots

#### PIZZA OFFERED

Cheese (Mon – Fri)  
Pepperoni (M/W/F)  
Roasted Vegetable (Tue/Thur)