

ALL STUDENTS AT
THAMES RIVER
MYSTIC RIVER &
CATHERINE
KOLNASKI
WILL EAT BREAKFAST AND LUNCH
AT NO COST TO
THE FAMILIES THIS
SCHOOL YEAR!!

LUNCH PRIC-ING FULL PAY- \$3.25 MILK ONLY-.50 STAFF LUNCH-\$5.00

Thanks to the State of Connecticut all students eligible for reduced price meals will eat at no cost this school year

Bento Boxes served daily as an alternate lunch, please check your students school for the weekly options

This Institution is an equal opportunity

## February flementary funch

| Mon   | Tue  | Wed  | Thu   | Fri   |
|---|--|--|---|---|
| 3<br>CHICKEN TENDERS<br>DINNER ROLL<br>POTATO WEDGES                        | 4 BRUNCH! FRENCH TOAST STICKS TURKEY SAUSAGE HASH BROWNS | 5 GRILLED HAM & CHEESE ON A CROISSANT DORITOS CELERY STICKS  | 6 CHICKEN QUESADILLA STEAMED CARROTS SEASONED BROWN RICE SALSA & SOUR CREAM | 7<br>STUFFED CRUST PIZZA<br>CAESAR SALAD  |
| I 0 CHICKEN & WAFFLES! CHICKENT TENDERS OVEN FRESH WAFFLES CINNAMON CARROTS | II TURKEY & PROVALONE GRINDER DORITOS CHERRY TOMATOS     | 12 NACHOS! SEASONED BEEF CRUMBLES CREAMY CHEESE SAUCE TORTILLA CHIPS SEASONED BROWN RICE STEAMED CORN SALSA & SOUR CREAM | 13<br>PIZZA CRUNCHERS<br>CAESAR SALAD                                       | I4 HEART SHAPED NUGGETS DINNER ROLL EMOJI FRIES STEAMED PEAS VALENTINE COOKIE  HAPPY VALENTINES DAY |
| 17 PRESIDENTS DAY RECESS!!  | 18 PRESIDENTS DAY RECESS!!                               | 19<br>MANDARIN ORANGE<br>CHICKEN<br>FRIED RICE<br>STEAMED GREEN<br>BEANS   | 20<br>CHEESEBURGER ON A<br>WHEAT ROLL<br>POTATO WEDGES                      | 2I<br>CHEESE PIZZA<br>CAESAR SALAD  |
| 24 CRISPY CHICKEN WRAP SWEET POTATO FRIES STEAMED CAULIFLOWER               | 25<br>ROTINI WITH MEAT<br>SAUCE<br>DINNER ROLL           | 26<br>MINI CORN DOGS<br>ROASTED RED<br>POTATOS   | 27<br>BRUNCH!<br>DUTCH WAFFLE<br>TURKEY SAUSAGE<br>HASH BROWNS              | 28<br>STUFFED CRUST PIZZA<br>CAESAR SALAD   |

8 oz low fat or fat-free milk, our fantastic fruit tray and rainbow veggie tray offered with every



